# MINUTES DEPARTMENTAL BUDGET HEARINGS LANCASTER COUNTY BOARD OF COMMISSIONERS COUNTY-CITY BUILDING

ROOM 212 THURSDAY, MAY 20, 2004 12:30 P.M.

Commissioners Present: Larry Hudkins, Vice Chair

Bernie Heier Deb Schorr

Commissioners Absent: Ray Stevens, Chair

Bob Workman

Others Present: Kerry Eagan, Chief Administrative Officer

Gwen Thorpe, Deputy Chief Administrative Officer

Dave Kroeker, Budget and Fiscal Officer Trish Owen, Chief Deputy County Clerk

The meeting was called to order at 12:40 p.m..

# <u>Property Management (066)/County-City Property Management</u> (065)/Building Fund (051)

Present was Don Killeen, County Property Manager.

Killeen gave an overview of the Property Management budget, explaining that the increase for the Juvenile Detention Center was due to increases for utilities, snow removal and grounds maintenance.

The large variation at Trabert Hall, Killeen said, was because the building was fully occupied, noting that the revenues would offset the expenses.

Killeen also stated that there was an increase for the Community Mental Health Center because of snow removal and mechanical items.

Killeen referred to the County-City Property Management budget stating there would be an increase of less than one percent.

# <u>Property Management (066)/County-City Property Management (065)/Building Fund (051) continued:</u>

Killeen reported on the Building Fund (051) stating that isolation valves and mechanical damper and zone controls would need to be installed at Trabert Hall and Community Mental Health would need to have a fuel tank replaced and a carpet shampoo machine purchased.

#### County Court (622)

Present was Becky Bruckner, Judicial Administrator, and Judge Jean Lovell.

Judge Lovell gave an overview of the budget, noting an increase of \$3,300 in Line Item 4217 (Other Equipment) for a new sound system in Courtroom 10. She added that they were also requesting that the bar association fees for the judges be paid (Line Item 3408 - Other Fees and Services).

Board consensus was to no longer pay for bar association dues for district court or county court judges.

#### County Attorney (652)

Present was Gary Lacey, County Attorney.

Lacey reported no significant increases, however, he reiterated the need for one attorney position for the traffic and misdemeanor docket.

Also noted was an increase in parking stalls.

# County Board (601)

Kroeker reported no change.

#### Administrative Services (613)

Kroeker reported no change.

## **Budget and Fiscal (611)**

Kroeker reported no change.

#### **Information Services (610)**

Kroeker gave a brief overview of the Information Services budget.

#### Public Defender (625)

Present was Dennis Keefe, Public Defender, and Monica Ross, Administrative Services Officer.

Keefe stated he was requesting a five percent increase for personnel and an increase for interpreters (Line Item 3424) and mileage (Line Item 3204).

Also noted was a request for additional parking stalls at \$30 per stall.

#### County Assessor/Register of Deeds (605)

Present was Rob Ogden, Chief Field Deputy, and Scott Gaines, Chief Administrative Deputy for the County Assessor/Register of Deeds.

Ogden stated there were two changes: \$30,000 for replacement computers (Line Item 4219) which will be compatible Orion.

The other increase was in Line Item 4201 (Vehicles). Ogden indicated that Norm Agena, County Assessor/Register of Deeds, has discussed with the Lincoln Police Department (LPD) the purchase of some of their vehicles. He added that LPD vehicles have approximately half the miles of the Sheriff's vehicles when they are put into surplus.

General discussion took place regarding Line Item 3404 (Membership and Dues) and Line Item 3407 (Licensing).

Board consensus was to move \$30,000 for replacement computer (Line Item 4219) to the Microcomputer Fund.

# Election Commissioner (607) & Jury Commission (627)

Present were Dave Shively, Election Commissioner, Maura Kelly-Tolzin, Chief Deputy Election Commissioner and Rebecca Hight-Moravec, Administrative Aide.

#### Election Commissioner (607) & Jury Commission (627) continued:

Shively disseminated and reviewed documentation highlighting the following areas of the budget for the Election Commissioner/Jury Commissioner for Fiscal Year 2004-2005 (Exhibit 1):

- ► Three elections (Presidential General, City Primary and City General)
- Temporary salaries
- Increase in other areas
- Possible change in minimum wage
- Jury Commissioner Budget Increase in Regular Salaries

Also disseminated and discussed was a memorandum dated May 20, 2004 regarding Line Item 3604 (Rent Buildings) (Exhibit 2). Shively indicated the total added to Line Item 3604 should be \$14,455.

#### **Emergency Management (693)**

Present was Doug Ahlberg, Emergency Management Director.

Ahlberg stated he has requested additional sirens for the City of Lincoln, in addition to the three he requested relating to the replacement schedule. He stated the cost of the sirens for the City was to be included in the infrastructure cost, however, it was his understanding that Mayor Wesley deleted that cost which has put the City behind where they need to be. Ahlberg stated he took the liberty of taking some of the older systems and placing them in some of the additional areas that have been annexed into the City, however, he stated there are some areas with no warning system. He added that he would be rebuilding some of the older Thunderbolt systems and installing those in those areas with no sirens.

Kroeker indicated that \$19,000 for new software and database for the telephone warning system is not included in the budget.

Ahlberg informed the Board that the radio maintenance contract (Line Item 3076) increased from \$4,000 to \$17,000 because of an increase in total number of radios.

## **Extension Office (645)**

Present were Gary Bergman, Unit Leader, and Kay Coffey, Administrative Aide.

Bergman gave a brief overview of the budget and reported no significant changes.

#### Extension Office (645) continued:

General discussion took place relating to the replacement of the roof.

Bergman disseminated and gave an overview of the 2002-2003 Annual Report (Exhibit 3).

Kroeker inquired about rental fees relating to the auditorium.

Bergman stated those fees are used for maintenance on the auditorium.

Kroeker suggested that those fees be placed in the County General Fund.

Bergman indicated they would place those funds wherever directed.

#### Mental Health Center (063)

Present was Dean Settle, Community Mental Health Center Administrator, and Judy Tannahill, Administrative Services Officer.

Settle distributed and discussed a memorandum regarding the Community Mental Health Center's budget (Exhibit 4) indicating that no additional funds would be needed.

General discussion took place regarding a fund to accommodate the medical expenses of persons served, mental health reform, the single point of entry and medical services personnel.

Budget hearings were adjourned at 4:28 p.m..

Bruce Medcalf	
County Clerk	

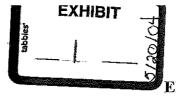


Commissioner

Chief Deputy

David J. Shively

Maura Kelly Tolzin



Election Commissioner

601 North 46<sup>th</sup> Street Lincoln, Nebraska 68503-3720

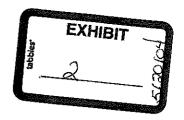
Telephone: (402) 441-7311

TDD: 441-8200 FAX: 441-6379

# Election Commissioner/Jury Commissioner 607/627 Fiscal Year 2004-2005 Budget Request

## Highlights of Budget

- 1) Three elections will be conducted during 2003-2004. Compared to the one election held in 2003-2004.
  - a) Presidential General November 2, 2004
  - b) City Primary April 5, 2005
  - c) City General May 3, 2005
- 2) Temporary Salaries Increase in help for Presidential Election and Petition Verification during July or August of 2004. There are currently at least four petition efforts on the streets that could reach the number to be verified. The Secretary of State's office indicates that if all four turn in their petitions, we would probably have over 150,000 signatures to verify.
- 3) Increase in other areas is due to three elections opposed to one held in 2003-2004.
- 4) Please note that any change in the minimum wage (since poll workers are paid minimum wage) would add additional costs as would any increase in postage rates.
- 5) Jury Commissioner Budget increase in regular salaries, etc. is due to the addition of a half time court services clerk shared with the Clerk of the District Court.



# Memo

To:

Dave Kroeker, Budget Office

From:

David J. Shively, Election Commissioner

Date:

May 20, 2004

Subject:

Item left out of Election Commissioner Budget

In preparing the Election Commissioner Budget for 2004-2005, I accidently left out a small but important part of our budget. I failed to include a portion in line **Item 3604 Rent Buildings** in which we use to pay a stipend to non-tax supported polling locations. Therefore, I need to add that portion into the budget as follows:

November 2004	\$ 5,355.00
April 2005	\$ 4,550.00
May 2005	\$ 4,550.00
Total added to item 3604	\$14,455.00

Please be advised that all of these costs for April and May of 2005 will be billed to the City, Lincoln Public School and the Airport Authority. Approximately one third of the November 2004 costs will be bill to the political sub-divisions.



444 Cherrycreek Rd., Suite A, Lincoln, NE 68528 • (402) 441-7180 • Web Site: lancaster.unl.edu

# **Extension** Provides Reliable, Research-Based Information

## Horticulture

- Horticulture education
- Plant problem diagnosis
- Master Gardener volunteers
- Yard waste management



# 4-H Youth Development

- Hands-on projects
- Gaining life skills
- Career development



# Pest Management

- Insect pest identification
- Low-toxic solutions Wildlife educational
- resources



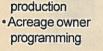
# Food, Nutrition & Food Safety

- Nutrition, food safety and food preparation
- Stretching food dollars



# Farms & Acreages

- Farm management
- Crop & livestock





## Strong **Families**

- Parenting/child care
- Marriage relationships
- Resource management



# **Environment** of the Home

- · Indoor air quality
- Home maintenance and safety
- · Reduce, reuse, recycle

# Leadership Development

- · Families and youth
- Neighborhoods
- Organizations



# **New to Extension in 2003**

UNL Cooperative Extension in Lancaster County is committed to being relevant and responsive to the evolving needs of Lancaster County residents. Here are some new developments in extension programs.

#### **Heart of 4-H Award**

Lancaster County 4-H and 4-H Council established the monthly "Heart of 4-H Award" in January 2003 to recognize outstanding volunteers. Information about all 12 of this year's honorees are online at lancaster.unl.edu/4h/Clubs/

ClubSpotlights. More than 750 adults volunteer their time and talents through 4-H to help youth develop life skills.

## **NEP Program Kits** for Early Head Start

This past year, the Lancaster County Nutrition Education Program (NEP) developed and piloted 12 Early Head Start kits which rotated monthly between five child development centers.

Each kit focuses on a nutrition-related topic and includes a teacher's curriculum, supplies needed for hands-on activities, a supplied snack and a parent letter. While the kits emphasize healthy eating and food safety practices, the activities are also aimed at developing literacy and improving fine/gross motor skills.

More than 400 youth participated in kit-related activities.

## **NEP Teams Up** With Every **Woman Matters**

New this year, NEP collaborated with the Lincoln-Lancaster County Health Department to provide nutrition education for participants in the Every Woman Matters program (women age 40-65 who are low to moderate income level). Each ses-

sion encourages women to Aim for Fitness, Build a Healthy Base and Choose Sensibly.

## **Food Safety for Home Cooking** on Web Site

In May 2003 a special section on "Food Safety for Home Cooking" was added to extension's Food

Web site at lancaster.unl.edu/food/ foodsafety.htm. Consumers can find information on everything from storing to preparing foods safely. It also



includes food safety recommendations on everything from canning and freezing instructions to microwave, slow cooker and grilling guidelines. Content for the site is provided in partnership with the Lincoln-Lancaster County

## Health Department. "Ask Lorene"

For years, Extension Educator Lorene Bartos has given expert information on household management, shopping



**EXHIBIT** 

One of this year's "Can You Guess It?" photos. Answer — it is a close up of moldy bread from a 4th grade classroom doing an experiment from a Nutrition Education Program (NEP) School Enrichment kit.

# "Can You Guess It?" "Can You Guess It?" — fo-

cusing on a timely topic - debuted in September in THE NEBLINE and on extension's Web site. Each answer provides related educational information.

## Nitrogen & Irrigation Management **Training**

In cooperation with the Lower Platte South Natural Resources District, UNL Cooperative Extension in Lancaster County presented "Nitrogen and Irrigation Management Training" seminars as part of the educational requirements for agricultural producers in the Lower Salt Creek groundwater management area.

## 4-H Involvement in "Holiday of Trees"

For the first time, 4-H became involved in Heritage League of Lincoln's Holiday of Trees which raises funds for various community projects.

4-H'ers created homemade ornaments and decorated three trees: "4-H is Alive at the County Fair," "4-H Memories" and "The Wild Side of 4-H." Funds benefitted the Salvation Army After School Hot Lunch Program.

## Preschoolers at Carol Youkam Early Head Start place picture pieces on a magnet board as the book "Big Hungry Bear" is read to them. This activity is part of the "Fun With Fruit" kit developed by the Nutrition Education Program. smart and recycling through THE NEBLINE, her Sunday column in the "Journal Star" and via phone inquiries to extension. Starting in April 2003, people could get answers online via a new feature on extension's Web site, "Ask Lorene." Acreage Small Farm Nebraska

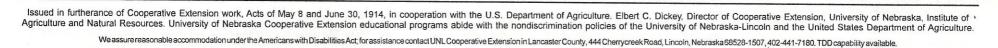
## Acreage & Small Farm Insights **eNews**

University of Nebraska Cooperative Extension began publishing a free monthly e-

mail newsletter in March 2003. "Acreage & Small Farm Insights eNews" helps acreage and small farm owners better manage their rural living environment. People can sign up for the e-newsletter by going to dodge.unl.edu/Webforms/ AcreageSub.htm.



ornaments for Heritage League's Holiday of Trees fundraising event.



# **Pioneering** New **Frontiers**



University of Nebraska Cooperative Extension in Lancaster County accomplishes the University Nebraska's landgrant mission by delivering reliable,

research-based information that you can use every day. Extension uses multiple delivery methods, ranging from direct teaching and publications to exciting new technologies such as satellite delivery and the Internet to link information of value to you and your family.

In our mission of "Putting Knowledge to Work," we've collaborated with more than 240 agencies, organizations, businesses and schools to develop and deliver educational programs which strengthen individuals, families, businesses and communities.

Many of our local extension programs have attracted statewide, regional, national and international attention.



During a recent tour, elected officials and UNL administrators and faculty were able to experience first-hand some of Lancaster County extension's programs.

With this annual report, we invite you to take an in-depth look at our program accomplishments over the past year.

Gary Bergman. **Extension Educator and Unit Leader** 

About the

Extension Board

an advocate for UNL Cooperative

Extension in Lancaster County. The

board provides assistance to exten-

sion staff in establishing and accom-

plishing extension education program

goals and objectives. Annually, it as-

sists in developing an operating bud-

The 2003 Extension Board mem-

get and local educational priorities.

· Wayne Heyen (pres.)

Deb Arends (vice pres.)

· Sheila Kepler (sec./treas.)

The extension board serves as

# Local Extension Programs Attract Regional, **National & International Attention**

"Ants: Know Your Target" — training materials developed by UNL Cooperative Extension in Lancaster County were integrated into a pest control operators recertification course delivered live via the Web to locations in South and North Dakota.



"Cockroach Control Manual" — this manual written by extension educators is being used as the basis of a fact sheet about cockroach control for the Washington, D.C. Asthma Coalition and is used extensively by many states in training activities.

earth wellness festival — organizers of Earth Awareness Researchers for Tomorrow's Habitat (Wichita, Kansas) and

Georgia Children's Water Festival (Atlanta, Georgia) have patterned their events after Lincoln's successful earth wellness festival.

4-H Embryology Web Site (with Egg Cam) — one of 22 Web sites selected for inclusion in the American Library Association's 2003 Great Web Sites for Kids; Egg Cam was highlighted on goCyberCamp, a virtual camp for youth developed by University of Minnesota Extension Service.



Food Web Site - Continues to be rated "Among the Best" by Tufts University Nutrition Navigator; Cook It Quick section selected as "Site of the Day" by Refdesk; 72 other Web sites link to UNL Cooperative Extension in Lancaster County's Food Web site.





Food-related Educational Materials three handouts and a PowerPoint developed for local classes were selected for inclusion on the Centers for Disease Control and Prevention (CDC) "Resource CD" sent to all 5 A Day (of fruits and vegetables) coordinators nationwide.

Handwashing Poster — the U.S. Department of Agriculture and the Food Safety Training & Education Alliance Web sites link to handwashing posters developed by UNL Cooperative Extension in Lancaster County and Lincoln-Lancaster County Health Department for county use and shared worldwide via the Internet.

Grain Storage Management — University of Missouri Outreach & Extension

incorporated UNL Cooperative Extension in Lancaster County's presentation, "Grain Storage Management to Minimize Molds and Mycotoxins," into a regional certified crop advisor training.

**Nutrition Educa**tion Program (NEP) School Enrichment Curriculum & Kits extension offices and schools from 13 states and Canada have requested information about



NEP's School Enrichment kits and may replicate the program.

"Removing Head Lice Safely" - more than 1,600 videotapes of this award-winning video has been sold nationally. The Korean Broadcasting System and French Société Radio Canada have requested to use the video in documentaries about

Termite Control — the Minnesota Department of Agriculture and the City of Windom requested a termite workshop developed by UNL Cooperative Extension be conducted in Windom. MN; extension offices from Maryland, Florida, Arkansas have requested information and may replicate program; termite information was presented at national meeting of Entomology Society of America.

Web Site Has Over 3,750 Pages, 2.5 Million Hits Annually

UNL Cooperative Extension in Lancaster County's Web site, lancaster.unl.edu, has more than 3,750 pages of content and receives nearly 2.5 million hits annually.

Visitors can easily navigate the site and find extensive educational resources in extension's program areas. The site is updated daily and has interactive features such as movie clips, virtual panoramics, online registration forms, quizzes, searchable database and Master Gardener Diagnostic Center.

Not only do Lancaster County residents, Nebraskans and Americans utilize the site, the site also has Web users from more than 100 countries monthly.

"Thank you for globalizing your knowledge! I'm a mum living in London, England who had an unexpected visitor in my home last night a spider ... I stumbled across your Web site and with your help have found it to be a harmless wood louse hunter! I only wish we had such a comprehensive and expansive link here in the UK,"



# **UNL Cooperative Extension in Lancaster County** 2002-03 Honors and Awards



Extension Educator Lorene Bartos — 4-H Meritorious Service Award presented by National Association of Extension 4-H Agents (NAE4-HA); Outstanding Service Award presented by Nebraska Cooperative Extension Association (NCEA)

Extension Educator Gary C. Bergman — Epsilon Sigma Phi certificate of achievement; selected to co-present poster session at national

Urban Extension Conference; appointed Lancaster County representative to Nebraska Great Plains Resource Conservation & Development

Extension Educator Tom Dorn — Regional Finalist, Fact sheet category, National Association of County Agricultural Agents (NACAA) Communication Award

earth wellness festival — special honor for achieving nearly 6,000 volunteer hours, presented by Ventures in Partnerships

Graduate Assistant William Freitas - selected to copresent poster session at national Urban Extension Conference

Extension Associate Arlene Hanna — Continuing Service Award presented by Ventures in Partnerships

**Extension Educator Alice** Henneman — selected to copresent poster session at national Urban Extension Conference; selected to co-present poster presentation at national meeting of Food and Nutrition Extension Educators and meeting of Society for Nutrition Education



**Extension Assistant Vicki** 

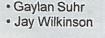
Jedlicka — Commissioner's Award of Excellence presented by Lancaster County Commissioners

Extension Educator LaDeane Jha — selected to present workshop and co-present two poster sessions at national Urban Extension Conference; co-authored article in national "Journal of Extension"

Extension Associate Deanna Karmazin — co-authored article in national "Journal of Extension"

Extension Associate Tracy Kulm — Achievement in Service Award presented by National Association of Extension 4-H Agents (NAE4-HA)

Extension Associate Karen Wobig/Extension Educator Maureen Burson — selected to present workshop and poster presentation at Urban Extension Conference



Clarice Steffens

Keith Dey

Alice Doane

· Phil Rooney

Dean Lesoing

Kendra Penrod

bers were:

# **Helping Every Time People Eat!**

Two messages are emphasized in all of UNL Cooperative Extension in Lancaster County's food programs — the importance of nutrition as well as food

#### The Great Taste of **Good Nutrition**

Eating a healthy diet helps promote good health and reduces risk for chronic diseases such as heart disease, certain types of cancer,

diabetes, stroke and osteoporosis — the leading causes of death and disability among Americans.

Extension Educator Alice Henneman helps people select and prepare healthy, enjoyable foods. One

of her programs this year was "Eat Smart: How to Fill Up, Not Out." of foodborne disease occur each



Handling

Food include food safety quizzes. Safely

An estimated 76 million cases are related to an estimated: 325,000

year in the United States according to the Centers for Disease Control and Prevention (CDC). On a yearly basis, foodborne diseases hospitalizations, 5,000 deaths, \$3

# "Oh my gosh what a wonderful web site! You have no idea how much I NEEDED this information."

—"Cook It Quick" e-newsletter subscriber

billion cost of hospitalizations, \$20-40 billion cost of lost productivity.

Extension is the lead agency in Lancaster County for educating consumers about food safety. Many consumers call the extension office with home food safety

Henneman, in partnership with the Lincoln-Lancaster County Health Department, has developed several educational materials to promote food safety, including articles, posters, flyers and table tents.

## **Blending It All** Together

decisions and food safety proce- 6,600 subscribers.

dures go hand in hand. Extension blends nutrition, food safety and food preparation information in user-friendly ways.

Extension's Food Web site, lancaster.unl.edu/food, offers a variety of materials to help people select and prepare healthy food. The site received more than 650,000 hits last year.

"Food Reflections," an e-mail newsletter, is sent to more than 8,500 health professionals, educators and consumers. Articles are also archived on the Web site.

"Cook It Quick" is a section of the Web site with a monthly In food preparation, nutrition e-newsletter which has more than

# "You provide the most practical and easy-to-understand information I have found online. Thank you!"

Displays at health fairs

- "Food Reflections" e-newsletter subscriber

# Spotlight on Extending **Program Outreach: Cooking with Spices & Herbs**

mats and distribution channels, 12,297 hits. One Web user reextension is able to extend the outreach of programs from hundreds of people to thousands.

Extension Educator Alice Henneman presented a free class "Healthy Cooking with Spices & Herbs" as part of BryanLGH Medical Center's Wellness series. 350 people attended the program. A radio program was also done on the topic.

tion Education Program incorporated materials into their lessons.

Program handouts were posted on extension's Food Web

By using multiple media for- site and have received a total of sponded, "My husband is recuperating from triple bypass cardiac surgery. I am always looking for ideas to keep him on track nutritionally. Thank you for this series."

The PowerPoint slideshow was posted online for other nutrition educators to use in their programming. It has been downloaded 2,540 times.

The Centers for Disease Con-The Lancaster County Nutri- trol and Prevention (CDC) saw the materials and included them on a "Resource CD" sent to all 5 A Day coordinators nationwide.

# **Limited-Income Residents Stay Healthy Through Nutrition Education Program**

Lancaster County Nutrition Education Program (NEP) helps limited resource families learn to prepare nutritious and safe foods while stretching their food dollars.

In NEP, qualifying adults learn through small groups at agency or community sites, or individually through home visits, mail lessons or phone consultations.

This past year, the Lancaster County NEP staff taught 2,014 nutrition education lessons to

6,845 family members.

NEP partners with more than 165 agencies, classrooms and coalitions and receives funding from the Expanded Food and Nutrition Education Program (EFNEP) through USDA, the Food Stamp Nutrition Education Program



Participants in a Nutrition Education Program class learn about the Food Guide Pyramid.

1,844 people who care for (FSNEP) through Health and Hu- participant reported. She almost man Services, Lincoln Housing always plans meals ahead of Authority, Early Head Start time as a result of the program through Lincoln Action Program and saves money by eating most and other sources. Women, In- meals at home.

fants and Children (WIC) continues to be a primary partner.

New this year, NEP was able to provide classes in Arabic and Persian.

Program evaluations show graduates positive made changes in nutrition practices, food resource management and food safety.

"I've eaten a veggie at every meal and have added fruit to breakfast," one

Research shows for every dollar invested in NEP programs, there is a projected health care cost savings of \$8.82.

# **Promoting Healthy and Safe Homes**

Extension Educator Lorene Bartos modeled a dress made from highway department scrap during WasteCap's Business R&R Event.

In the past year, Extension Educator Lorene Bartos has disseminated information on home maintenance, indoor air quality, lead paint hazards, safety in the home, shopping smart and recycling through THE NEBLINE,

extension's Web site, her weekly column in the "Lincoln Journal Star" and other outreach

methods.

Bartos is a member of the advisory board for WasteCap of Lincoln. WasteCap promotes waste reduction and recycling by

providing local businesses technical assistance and recycling services. The training and education committee (of which Bartos is also part of) developed a technical guide, "Recycling 101: Train and Maintain."

More than 220 child care providers gain inservice hours by participating in three day-long Child Care Conferences organized by extension and other Lincoln agencies. The conferences help increase participants' knowledge and skills in the areas of child development and age related activities.

# **Extension Builds Strong Families, Communities** Extension partners with a variety of community agencies to strengthen families

and communities.

This year, Parents Forever classes, part of the Lancaster County Coalition to assist Children of Parents Experiencing Divorce (COPED), taught 75 divorcing parents how children might be affected by divorce. Ac-

cording to one participant, "These programs have taught us some positive techniques to strengthen our family, thank you. Through Real Colors Matrixx workshops conducted by extension staff, more than 270 people gained a bet-

ter understanding of people and personalities, and how to communicate better.

Extension promotes character education of youth and adults with Character Counts! and other character education programs.

The Neighbors Working Together (NWT) Project — one of four projects in the Community Outreach Partnership Center's (COPC) program — collaborates with other partners such as the Community Learning Centers (CLC) and Neighborhoods, Inc. to help develop leadership through trainings and other methods.



A Community Outreach Partnership Center meeting for community leaders.

Family and Community Education Clubs



FCE members collected 160 pounds of food for the Food Bank at this year's Achievement Night.

Family and Community Education (FCE) clubs are an educational, social and community-oriented program designed to meet the needs and interests of Nebraska homemakers. FCE members help strengthen communities and families through education, leadership and action. Community service continues to be a major emphasis. FCE awards an annual scholarship to a student majoring in Family & Consumer Science or a health occupation.

To become involved in FCE, contact a current member or the extension office at 441-7180.

# The Buzz on Controlling Insects and Other Pests

Invaded by ants? Mortified by mice? Spooked by spiders? UNL Cooperative Extension in Lancaster County has extensive resources to help identify pests and suggest management options.

Last year, Extension Educator Barb Ogg and Extension Associate Soni Cochran responded to more than 2,500 phone calls, 750 walk-in identifications and 400 e-mail requests for information. Extension's pest and wildlife Web pages received more than 1.4 million hits.

Ogg often works with community organizations and industry professionals in training and disseminating pest control resources and assistance.

She is part of a team which recently authored results of a survey of Nebraska school officials about pest management practices. She also contributed material for several chapters in "Integrated Schools: A How To Manual." The IPM in Schools team is comprised



At this year's Home & Garden Show, Extension Educator Barb Ogg (right) educated attendees about home pest problems.

Health and Human Services and other organizations.

"Cockroach Control Pest Management (IPM) in Manual," written by extension educators, has been widely acclaimed as an easy-to-read manual that of UNL faculty, Nebraska Depart- teaches low-toxic methods of con-

ments of Agriculture, Education, trolling cockroaches. Translated into Japanese, both versions on the Internet receive more than 600,000 hits annually.

> Ogg and Cochran have developed extensive head lice resources, including printed material, photos and an award-winning video, "Removing Head Lice Safely." Translated into Spanish and Arabic, it plays more than 27 times per month on Lincoln Cable Channel.

> Or, just V. Pedibhotla, Ph.D., Product Development - The Scotts Company, wrote, "I am a frequent visitor to your Web page. Being an entomologist, I am particularly interested in the insects and the information that goes with your publications. I hope a lot of homeowners would find your web-page useful just like I did."

# **Termite Workshops Help Consumers Make Better Decisions**

Since 1995, "Everything Homeowners Need to Know About Termites & Termite Control," has been presented 35 times in Lincoln, Omaha and greater Nebraska. More than 1,450 people

UNL Cooperative Extension conducts the workshops to educate consumers to make more informed decisions about termites and termite control options. The program covers termite biology and behavior, preventing termite damage, inspecting homes, and understanding treatments and termiticide labels.

According to a post-workshop survey, 98 percent of those attending had more confidence in their ability to make decisions about termite control and 82 percent said the

workshop helped save them

Because applications are so expensive, educated consumers can save thousands of dollars.

Extension also has a manual, "Subterranean Termites: A Handbook for Homeowners," which is available on the Internet.

Tim Creger, Nebraska Department of Agriculture Pesticide Program Manager, credits the termite workshops for making consumers more aware about improper applications and helping his department uncover compliance problems with termiticide applications. The problem termiticide misapplications are not new, but people who are better educated about them understand what constitutes a proper application.



Termite swarmers (above) in a Lincoln home with an extensive termite infestation. There was more than \$30,000 of damage to the house, including a destroyed house beam (below).



# **Plant and Pest Diagnostic Services**



**Extension Associate** Mary Jane Frogge looks at a plant specimen.

Throughout the year, Lancaster County residents bring sick plant parts and an assortment of insects, pests and wildlife "signs" to the UNL Cooperative Extension in Lancaster County of-

A free service, extension horticulturists and entomologists identify insects, weeds and diseases in and around the home and garden and make

recommendations about the best way to help manage these problems.

People can

save money, protect trees and ornamentals and their home and eliminate nuisance pests often with less pesticides - by having a correct diagnosis and using expert recom-



Photo of a drugstore and cigarette beetle taken with a digital microscope and used to illustrate educational materials

"Soni Cochran and Barb Ogg have been 'regulars' on KFOR's "Problems & Solutions" show, answering a variety of calls from our listeners. Whenever they are on, we know it will be wall-to-wall phone calls and their wealth of knowledge (with no notes) never ceases to amaze me."

-Cathy Blythe, host of "Problems & Solutions" weekdays 9:10-10 a.m. on KFOR 1240AM

# **Cultivating Smart Yard and Garden Practices**

spaces help make cities more enjoyable, liveable and sustainable. UNL Cooperative Extension plays a vital role in teaching communities horticulture issues customized pest conditions.

Extension also helps property energy efficient and less dependant scapes. on pesticides.

In 2003, Extension Educator Don Janssen and Extension Assoassistance of Master Gardeners:

- · Presented 104 educational programs to groups and through other venues such as home and garden shows.
- Disseminated information through the media, such as "Garden Gossip," a weekly column in the "Lincoln Journal Star;" "Lincoln Live" on KFOR radio; and "Backyard Farmer" on Nebraska ETV.
- · Answered more than 7,200 telephone calls.
- · Diagnosed problems via samples brought to the extension office or on-site.
- · Continued adding educational resources to the gardening section of the Web site.

Extension also educates employees in the horticulture indus-

Gardens and other green try through the Nebraska Commercial Horticulture Clinics and videos. This year, two videos were developed: "Annuals for the Landscape" and "Perennial Selection and Care."

A teaching curriculum, "The for local weather, water, soil and Dynamics and Profitability of Landscaping: Beyond Escrow Flowers," was presented to 125 real estate and owners develop healthy, diverse land appraiser professionals to proand functional landscapes that are mote functional and sustainable land-

#### **Managing Yard Waste**

Extension conducted 18 handsciate Mary Jane Frogge, with the on composting presentations throughout Lincoln to teach citizens how to successfully compost yard



Extension Educator Don Janssen in "Perennial Selection and Care." a video developed to educate employees in the horticulture industry.

waste in their own backyards. More than 350 residents attended these presentations. An estimated 3,000 residents participate in an informal, self-guided tour of the composting demonstration site at University Place Park, 50th and Colby Streets.

Extension horticulturists also educate the public on the benefits of mulching grass clippings through a "Bag-No-More" campaign.

The City of Lincoln Recycling Office estimates these educational programs will extend the life of the Bluffs Road landfill by three to five years over the next 25 years.

# **Master Gardeners Field Calls from Public**

The Master Gardener Training Program is a volunteer program where people are given training by University of Nebraska personnel and then in return provide 40 hours of volunteer time to educational extension programs such as:

- Answering horticulture phone calls
- Presenting educational programs and workshops
- · Assisting in 4-H and other youth programs
- Establishing and maintaining community beautification projects

Extension Associate Mary Jane Frogge coordinates the Master Gardener program for Lancaster County.

The City of Lincoln Parks and Recreation Department offer support to the Master Gardener trainings and in return, Master Gardeners provide educational information at public gardens.

In 2003, 40 Lancaster County Master Gardeners logged 2,028 volunteer hours and had 12,429 direct clientele contacts.



Master Gardeners answer horticulture calls during the growing season.

# Agricultural Programs Support Nebraska's Premiere Industry

Lancaster County has approximately 1,540 commercial farms covering 421,000 acres farm products bring in more than \$82 million annually. UNL Cooperative Extension continues to make agricultural profitability and sustainability a priority issue. Extension Educator Tom Dorn fulfills this goal through numerous workshops and meetings, educational resources, person-to-person contacts and a Web site.

A Crop Protection Clinic was offered to help ag producers make informed weed, insect and disease management decisions. Particiof the program to be \$5.37 per offered in the surrounding counacre — a total benefit of \$1.6 million to participants.



Financial Record Keeping workshops help farm operators develop

more accurate financial records A series of four Financial pants reported an estimated value Record Keeping workshops were

ties to farm operators. Of the re-

sponses, 82 percent said they

learned to create reports that will help them make better management decisions and 58 percent expected to save time and/or money when preparing their income tax

Crop producers continue to take the Irrigation Home Study Course (developed by UNL Cooperative Extension in 1998) which teaches irrigation management schemes. Responses indicate an average savings of \$4.22 per acre. - an estimated annual savings of \$3.5 million to participants.

Two Waste Pesticide Collections in Lancaster County last year safely disposed of 17,331 pounds of pesticide products and PCB's. These collections were held in cooperation with the Nebraska Department of Agriculture, Nebraska Fertilizer & Ag Chemical Association and Nebraska Department of Environmental Quality.

Through the Pesticide Container Recycling program, about 9,500 pounds of pesticide containers were collected and recycled in Lancaster County last year.

# **Understanding the** 2003 Farm Bill

Six seminars were presented to help farmers take advantage of the new farm legislation to reduce risk and maximize profitability. There were 316 producers, ag lenders and farm managers who attended. These seminars were presented in cooperation with the Lancaster County Farm Service Agency.

Information on the farm bill was also made available through UNL Cooperative Extension's Web site, including a link to the Texas A&M Base and Yield Analyzer (BYA). The BYA Web site was accessed 2,304 times for farms in Lancaster County reflecting 459,580 acres (represented essentially all of the crop land in the county).

In one case, Extension Educator Tom Dorn helped two brothers who are farming more than 3,500 acres. The calculated program payments using the best option according to the BYA were more than \$10,000 per year higher (\$60,000 over the six years of the farm bill) than the option they were previously considering.

# **Biosolids Program Saves \$4.5 million**

After the 2003 harvest, Mark Benes had one field that yielded 10 percent more corn than ever before. This fact was even more amazing considering the lack of rain during the heat of the summer. He also had 50 acres of pasture that grew grass so lush that he could have grazed more cattle on it. He believes Lincoln's nutrient-rich

biosolids, which were applied to these fields, was the reason for the increased yields.

**Extension Technologist** 

Dave Smith (above)

takes soil samples to

determine the amount

of biosolids to apply.

Biosolids are organic solids that are separated from wastewater and biologically processed during wastewater treatment to make them safe for land application.

UNL Cooperative Extension in Lancaster County coordinates distribution and application of biosolids to agricultural cropland for the City of Lincoln Wastewater and Solid Waste Division.

Mark Benes was one of 20 farmers who used

biosolids in 2003. This past year more than 37,000 tons of biosolids were delivered and/or applied to 55 fields and 1,319 acres of crop land.

While results vary, Mark is not alone in seeing a significant improvement in crop yields. Most farmers report higher yields for several years af-

ter just one biosolids application. Studies have shown the nutrient value of biosolids is worth at least \$25 per acre for the first year's crop.

Since 1992, when the City of Lincoln's Biosolids Land Application program began, more than 285,000 tons of biosolids have been distributed to crop fields. This program has saved taxpayers \$4.5 million by keeping this recyclable material out of the land-

Mark says biosolids are "worth their weight in gold" and will continue using them to improve his soil and crop yields.

# **Increasing Outreach Through** "Training the Trainer"

In addition to direct outreach, UNL Cooperative Extension trains individuals who, in turn, impact or teach others. This includes teachers, business professionals, food and other service industry workers, government employees, health professionals, childcare providers, master gardeners and community volunteers.

Here are some ways Cooperative Extension "trains the trainer" in Lancaster County:

professionals, health care ture clinics and videos. professionals and social workers.

Provides training for Commercial Pesticide Applicaat the Lancaster Extension Edu- ming. cation Center in 2003.

ter Gardener volunteers who then share the information with the public through phone calls, direct contacts, educational programs and special events.

Offers termite and landscaping workshops which Real estate licensees receive continuing education credits from the richment, provides 1-5 teach-Nebraska Real Estate Commission for attending.

Educates Commercial Provides integrated pest horticulture industry em-

Offers extensive resources attending. on the Food Web site and e-newsletters for health pro- sources used by many health fessionals and educators to tor certification. More than 300 use for more successful food, people were trained or recertified nutrition and food safety program-

Presents leader training

Provides training for Mas- lessons to Family and Community Education club members and other community leaders.

Through 4-H, provides ongoing leadership training to 4-H leaders and parents and Livestock Quality Assurance training to 4-H farm families.

Through 4-H School Eners with curriculum, training and materials for hands-on classroom activities.

In cooperation with other management (IPM) educational ployees on localized horticulture agencies, offers child care conferresources for pest control issues with commercial horticul- ences which Child Care Providers gain inservice hours for

> Developed head lice reprofessionals.

> Developed a teaching program for real estate and land appraiser professionals to help promote functional and sustainable landscapes.

Developed an award-winning game "Don't Get Bugged by a Foodborne Illness," for nutrition educators to teach consumers important food safety practices. More than 3,000 copies of the game have been sold to educators nationally and interna-

Through Neighbors Working Together, has led or facilitated several leadership trainings for neighborhood leaders.

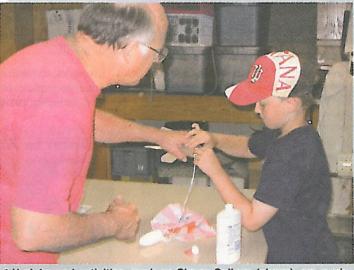
Has conducted Success Marker/Journey Mapping trainings for extension staff across the state.



"Extension's programs turn knowledge into action which helps create a stronger Nebraska."

-Wayne Heyen, Lancaster County Extension Board

# **Volunteers Contribute** to Extension's Success



4-H clubs and activities, such as Clover College (above), are made possible by numerous volunteers donating their time and talents.

Last year, UNL Cooperative Extension in Lancaster County programs benefitted from 1,320 volunteers investing 29,127 hours of time for a total value of \$481,761.\* Extension trains and supports, as well as coordinates the efforts of, a variety of volunteers: 4-H leaders and superintendents, Master Gardeners, Family Community Education (FCE) volunteers, NEP volunteers and earth wellness festival presenters and assistants. 4-H and FCE members often volunteer in community-related projects. Thanks to all these volunteers who help make extension's programs successful!

\*Independent Sector values volunteer time at \$16.54/hour.



Extension Educator Tom Dorn demonstrates protective clothing and equipment during a pesticide certification training.

# 4-H Teaches Science and Life Skills in

4-H is University of Nebraska Cooperative Extension's youth development program. In the past year, 4-H reached 22,994 youth in Lancaster County (44 percent of the eligible youth).





"4-H scholarships give high school students an incentive to stick with 4-H throughout high school. I am grateful now that I stayed in 4-H until senior year because of all the skills that I have received from the program."

-Rebecca Fiala, 4-H Council and Teen Counci member

# 4-H Clubs and Projects Emphasize Learning By Doing

Youth ages 5-19 can become 4-H members by joining one or more 4-H clubs or becoming an independent member who works on projects individually. Some clubs complete several projects a year and some focus on particular project area.

4-H has more than 150 project areas available, includ-

ing: bicycles, chess, child development, youth gain in 4-H. Youth also have fun in clothing, computers, electricity, entomology, flowers/gardening, foods, home environment, horses, household pets, livestock (beef, dairy, swine, sheep, goats, llamas), photography, rocketry, small engines and woodworking.

In addition to teaching practical skills, 4-H develops life skills such as thinking



The Checkmates chess club sponsored their first statewide tournaments this year.

critically, solving problems, respecting self and communicating.

Youth enjoy 4-H because they choose which projects they participate in and they receive personalized attention from their leaders and parents while working on projects. These adult/child mentoring relationships are crucial to the positive learning experiences

4-H and develop new friends.

In 2003, Lancaster County had 99 active 4-H clubs. Independent membership was up 23 percent.

Youth interested in joining 4-H can contact Tracy Kulm at 441-7180 or visit the Web site at lancaster.unl.edu/4H.

## Spotlight on a 4-H Club: Pet Pals

The members of Pet Pals 4-H Club share an interest in learning more about the health and well-being of their small pets. The club holds meetings 8 to 10 times a year. A typical meeting is attended by 5 to 12 of its 22 members, with many parents and siblings joining

Sheri Ramirez and Shirley Condon are co-leaders. Meetings follow an agenda of old and new

business, announcements, the evening's rating a tree scheduling the next meeting date. Often Trees." 4-H'ers bring their pets to show.

speakers to community service projects. Wesleyan with rats from the Rat Olym-hold Pet Show. pics, a researcher who studies bees (he brought a box of bumblebees!), a specialty pet food manufacturer and representatives from animal rescue organizations. One meeting was held at a pet a tour and tips on animal care.

This year's community service booth at the Kiwanis Karnival and deco-from their pets in return.



Members of the 4-H Pet Pals Club organize a yearly petting zoo at the Children's Museum.

activity, treats provided by a family and at the Heritage League's "Holiday of

Club members also brought pets Meeting activities range from guest and answered questions at the 4-H Kick Off. The club donated money from its Past speakers have included a chinchilla treasury for special ribbons awarded at breeder, a graduate student from the Lancaster County Fair 4-H House-

This year, club members exhibited a total of 10 animals and three educational posters at the Lancaster County Fair 4-H Household Pet Show and Quiz Bowl. All animals earned purple ribbons, store where club members were given in addition to six rosettes and a Grand Champion trophy.

For 4-H'ers, however, the best reprojects included organizing the club's wards are learning about taking responannual petting zoo at the Lincoln sibility for the health and care of their Children's Museum, staffing a game pets, and receiving unconditional love

"4-H teaches responsibility and citizenship. Clubs actively involve youth in service projects so 4-H'ers have opportunities to give back to the community."

-Keith Dey, 4-H Council president

## About 4-H Council



Paula Peterson (left) was one of many 4-H Council members who assisted at this year's 4-H Kick Off.

Lancaster County 4-H Council is responsible for determining long- and short-term goals and policy for Lancaster County 4-H. They also raises funds by staffing a snack booth at the Lancaster County Fair. These funds help support 4-H programs and activities.

The 2003 4-H Council members were

- . Keith Dey (pres.)
- Emily Veburg (vice-pres.)
- · Karen Rutt (treas.)
- Connie Lemke (sec.)
- Deb Arends
- Kathleen Arends
- · Rebecca Fiala Cindy Fiala
- Jolene Fujan
- Monica Fujan
- Jean Pedersen
- Nicole Pedersen
- · Paula Peterson Denise Schachenmeyer
- Gene Veburg

# **Opportunities for Personal Growth and Leadership**

and opportunities which help teach youth the Ak-Sar-Ben 4-H Livestock Expo. decision-making skills and build self-con-

Record keeping of projects teaches 4-H'ers record keeping, writing and responsibility.

Youth learn public speaking in the Speech and Demonstration Contests. Ian Badeer says, "By participating in the Speech Contest, I learned the ability to write and deliver a speech properly. rest of my life.'

Livestock exhibitors have several opthe state, including progress shows, the seniors.

4-H offers youth a variety of activities District Horse Show, State Fair and

Fifty-one 4-H'ers currently participate in Citizen Washington Focus (CWF), which organizes an educational trip to Washington D.C. every three years. This year, CWF members raised \$60,000 through various fundraisers for their June 2005 trip.

4-H Council includes youth members (see left). 4-H Teen Council members assist with many 4-H activities such as Speech Contest and Fair Fun Day. They These speaking abilities will help me the also plan, organize and lead a 5th and 6th grade overnight Lock-In.

This year, more than \$6,100 in 4-H portunities to participate in activities across scholarships was given to graduating



4-H Teen Council hosted many activities at the 2003 Lancaster County Fair, including the Ice Cream Social.

## **Open to All Youth**



Many activities are open to 4-H and non-4-H youth. Clover College is a four-day series of workshops held each June. The annual overnight 5th & 6th Grade Lock-In is held in January. More than 35 4-H Camps are offered each summer at the three Nebraska 4-H camp facilities.



The Lancaster County Fair has one of the largest county fair horse shows in the state.

# **County Fair** Showcases Projects

The County Fair marks the end of the activity year for 4-H members, who work the rest of the year on projects, many of which are exhibited. Winners at the county level go on to State Fair.

At the 2003 Lancaster County Fair, 3,866 exhibits were showcased by 632 4-H mem-

This fair marked the start of a new, local Future Agriculturist Incentive and Rewards (F.A.I.R.) program funded, in part, by Alumni Showmanship contests.

New this year was a potato bar sponsored by 4-H Council.

# Clubs, Schools and on the Web Thanks to

# **4-H School Enrichment Programs Feature Hands-On Learning Activities**

School Enrichment programs have been a part of Nebraska's 4-H program since 1974. These programs include teacher guides, videos, books, posters, experiments, games and more. Extension staff develop the programs, train teachers on their use and go into the classrooms for hands-on activities with

In the 2002-03 school year, UNL Cooperative Extension in Lancaster County educated 17,498 youth in 61 schools through the following scienceoriented School Enrichment programs:

#### **Embryology**

Through incubating and hatching baby chicks in the classroom, third graders study life-cycles. A core (required) subject in the science program of the Lincoln Public Schools, Embryology meets the National and Nebraska Learning Standards of Excellence.

#### Garbology

Garbology is a curriculum and kit with hands-on activities which introduces second graders to solid waste management and the three R's: Reduce, Reuse, Recycle. curriculum at Lincoln Public Schools.



2nd graders at McPhee discover vermicomosting with worms.

#### Vermicomposting

Second graders learn a new way to red wigglers can eat up to three to five pounds of kitchen scraps a week. Their

# This unit is a core subject in the science compost in Vermicomposting. About 1,000

"The 4-H school enrichment program is a tremendous asset to the Lincoln Public Schools science curriculum. Students

truly benefit from and enjoy using

the following materials." -Lois Mayo, science curriculum specialist at Lincoln Public Schools

Nebraska

( ) Water EGG Cam NOW

# **Egg Cam Provides Bird's Eye** View of Chicks Hatching on Web

4-H Embryology

Web viewers can take part in the 4-H Embryology program via Egg Cam and other embryology resources online. Youth, families and classrooms can access information (including photos and movies) about incubating, candling and hatching eggs. Egg Cam has featured chickens, ducks, turkeys, peacocks, quail, pheasant and Guinea fowl successfully hatching.

Nathan (age 8) e-mailed, "It is cool to watch the chicks

hatch. Since almost all the kids are just thinking about when is the chick going to hatch they don't think about themselves learning."

A parent wrote, "Great site! I'm helping my daughters' classes hatch duck eggs as a parent volunteer project. I've looked all over the web and your site is by far the best."

castings can then be added to potting or garden soil for richer plantings.

## **Blue Sky Below My Feet**

Blue Sky Below My Feet links space technology to the everyday interests of fourth grade students. Youth learn about gravity, taste space food and communicate with NASA via the Internet.

#### **4-H Water Riches**

With an emphasis on quantity and quality, 4-H Water Riches looks at the complexities of one of our most precious resources - water.

#### earth wellness festival



5th graders from Maxey explore "Furs, Feathers and Scales!"

Extension collaborates with 10 community partners to present the earth wellness festival (ewf), a yearlong school curriculum with a one-day festival offering approximately 3,000 fifth graders handson experiences to discover the interdependency of land, water, air and living resources.

## Ag Awareness Festival



4th graders from Hamlow learn about changes in farm technology.

Fourth graders who attend the Ag Awareness Festival gain a greater understanding of agriculture and how it impacts their daily lives. This is the third year the festival has been held in Lincoln.

### Rebecca L. Arnold, D.V.M, Ph.D. Applebee's Audio-Visual Avon - Holly Wittstruck Awards Unlimited Chet Axthelm Memorial Cup

Grimm-Axthelm Memorial Jim and Cindy Bauman Bauman Livestock Feed & Supply - Martell Beacon Hills Belmont Veterinary Clinic Krystal Bloomquist Blue Stem Valley Farm John & Pam Branson Burden Sales, Inc.

Amigos, Inc. Animal Care Clinic Animal Pet Haven Hospital

Anonymous

Burlington Northern Railroad Buzzard Billy's Cabin Realty and Ag Services Campbell's Cultivating

Capitol Animal Clinic, P.C. Capitol Aviation, Inc. Capitol Pork Producers Kathy Calvert, D.V.M. Chapelle Polled Herefords David and Kim Cheney

Family Warren Cheney Family Circle D Ranch City of Lincoln Citizen Information Center City of Lincoln Recycling

Clear Choice Water Comfort Inn Condon Family Cook's Family Foods The Cookie Company Comhusker Bank Crawford Family Shorthorns DJTJ Angus Dairy Council of Nebraska Ted DeHass & Sons
Designs By Yvonne
Ted and Alice Doane
Don Dierberger Family
Dorchester Farmers

Cooperative Douglas Theatre Company Ron Dowding Family Robert & Sandra Dresser Eagle State Bank Dick Earl Earl May Nursery & Garden Centers Experian

Environmental Health Systems, Inc. Environmental Protection Agency – Region 7 4-H Council 4-H Teen Council 4N Angus Fairbury Hotdogs Famous Dave's Farm Bureau Lancaste

County
Farm Credit Services of Farmers Bank of Cook Farmers Bank - Waverly Farmers Cooperative Co. Waverly Farmers National Company

Finke Gardens & Nursery First State Bank - Hickman Firth Cooperative Co. Fitch Trucking, Inc.
Forney Animal Center
The Fort Western Outfitters Four Winds Farm Joe, Lois and Julia French Julia French Show Cattle Melvin and Linda Gagner Gana/Nisley Show Cattle The Garden Café Gateway Bowl Blayne Glissman Family Godfather's Pizza Goodrich Dairy LaKaBrTyDe Farms Laverne Grage Family Haes Contracting, Inc. Hancock Fabrics Hanna Architects Linda Hanigan Livestock Alumni Show

participants and donors Harlan's Automotive, Inc. Heidtbrink Feeds Irene Heidtbrink Memorial Hobby Lobby Rod Hollman Holthus Family Hoppe & Hamer, Attorneys at Law Wayne, Joyce and Eric House Larry and Senator Carol Hudkins

Husker Electric Supply Hyline Hatchery Deanna and Steve Karmazin Family Jaycees of Waverly David and Tina Johnson Keech Trees Kent Feeds

Lancaster County
Agricultural Society
Land for the Seventh

# Sponsors

The educational experience of 4-H'ers is enhanced by support from business and individuals who donate money or in-kind gifts to 4-H events, activities and programs. Lancaster County 4-H would like to thank all of its sponsors.

> LAN-OTOE Farm Lazlo's Mr. and Mrs. Mike Lessmann Lincoln Center Kiwanis Lincoln Paint Center, Inc. Lincoln Public Schools Lincoln Solid Waste Management Association Lincoln Women's Chamber

of Commerce Lower Platte South Natural Resources District Mail Plus Misty's Restaurant & Lounge Macaroni Grill Cleo and Don Madden McDonald's Restaurants Merle's Food & Drink

Modern Methods Mueller Farms Clyde & Helen Naber NE Beef Council NE Corn Growers Association NE Department of

Environmental Quality NE Environmental Trust **NE Humanities Council** NE Pork Producers NE Soybean Board NE Water Environment Association

Abbey & Cortney Neemann lan Neemann Steven & Stephanie Nelson Nisley Brother's Shorthorns Norris FFA Alumni Novartis Consumer Health,

Oak Creek Plants & Flowers Oak Creek Valley Bank Barb and Clyde Ogg Paragon Sanitation Duane Parrish Family Parrott Family Patterson Supply Company/ Tom Filipi, agent - Davey Larry Pershing Larry Persning
Pepsi-Cola Bottling
Company
The Pet Ark
Pet Pats 4-H Club
The Pet Stop
Pfizer Global Manufacturing

Pineland Tree Farm Pinnacle Bank Pitt's Veterinary Hospital Lois Princ Radio Shack Rainbows End Raymond Central FFA Alumni Recycling Enterprises, Inc. Rick, Tammy, Nick and Andra Rasby Rixstine Trophy Co., Inc. Roberts Dairy Co. Rock Creek Ranchers Ervin Rolofson/Raymond

Grand Rotellas Bakery Ruby Tuesday Russell Princ Registered Angus. Russ's IGA Pat and Larry Ruth

Saline State Insurance Agency/Dan James, agent Salt Valley Grange #413 Sandhills Publishing Company Schaefer's TV and Appliance Center Sew Creative

Allen and Charlene Sieck Sieck Show Cattle Shepherd of the Hills Skeeter Barnes Ron and Donna Snover Southeast Community College - Lincoln Sprague Country Club Star City Dog Agility Club Staybridge Suites Steele Business Services TGI Friday's

Kaye Thurston TierOne Bank Tractor Supply Co. Triple RRR Farms Union Bank and Trust

Company Union Bank & Trust Co., Ag Loan Dept.
UNL Department of Animal Science Valentino's Inc Michael Vaughn Family Vo-Acres Dairy Wachal Pet Health Center Wal-Mart Waverly FFA Waverly Grange #369 Wells Fargo Bank NE Welp, Inc. Westfield Shopping Center Western Struck

Gateway

Wether-Ewe Farm — Doug and Cheryl Johnson

Wilkinson Sheep Farm

Dwayne and Joan

Witstruck

Wolfe Ace Hardware

# **Nutrition Education Program Teaches Healthy Eating**

Lancaster County's Nutrition Education Program (NEP) offers several School Enrichment programs to qualifying, limited-resource schools.

During the 2002-2003 school year, 1,900 Lancaster County youth in 104 classrooms participated in NEP youth presentations. Teachers averaged 11 hours of nutrition instruction in their classrooms per school year, up from two hours in 1998/



5th Graders from Norwood Park make yogurt parfaits.

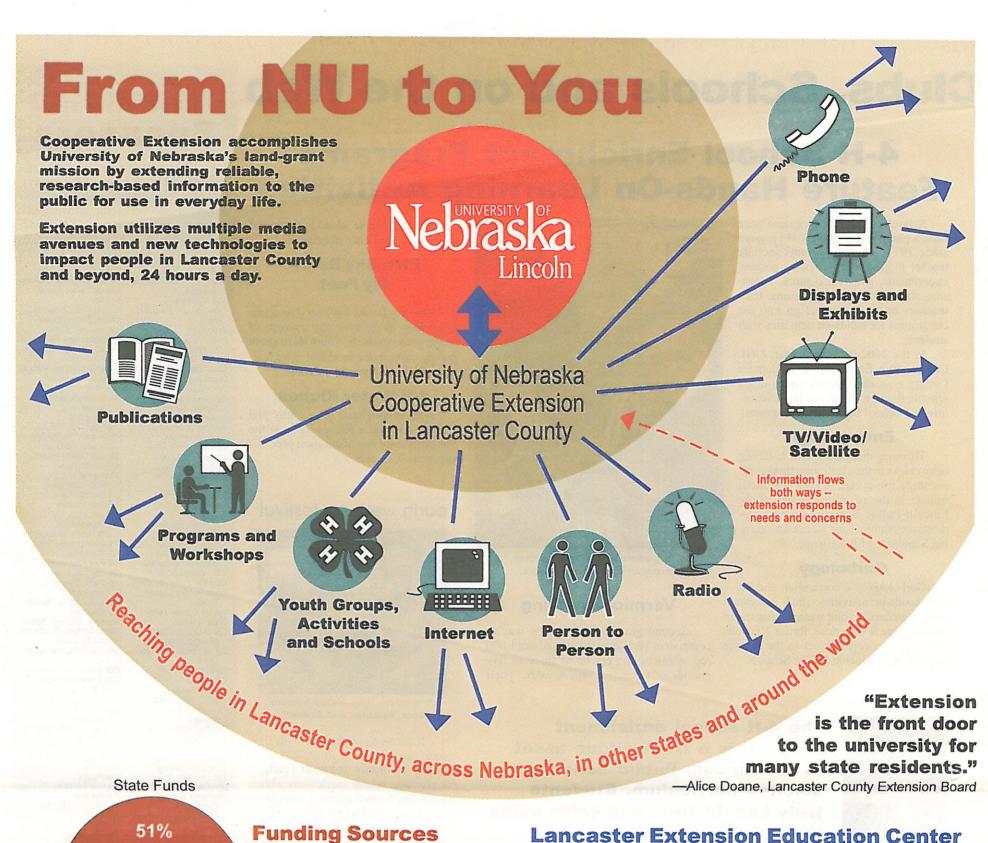
of hands-on educational experiences de- may request these kits for three-week pesigned to enhance first, fourth and fifth riods, and an extension staff member pre- programs.

sents a handwashing and healthy snack food preparation activity in the classrooms as part of the program.

For grades kindergarten, second and third, NEP offers classroom presentations teaching proper handwashing and healthy eating through the food guide pyramid.

In addition to School Enrichment programs, NEP provides nutrition programs at a variety of community sites such as summer youth

NEP has developed supplemental kits grade school health curriculum. Teachers camps, preschool and school-age childcare centers and teen residential treatment



# **Partnering with** the Community

County Funds

11%

15%

Federal

4-H Teen Council

Family Service

America

Center

Goodwill

Waverly

F Street Recreation Center Faces of the Middle East

Faith Lutheran School

Farm Credit Services of

Farm Service Agency

Farmers Cooperative Co. — Waverly and Bennet Farmers & Merchants Bank -Firth

Farmers National Company

First Plymouth Church Firth Adolescent Treatment

Firth Coop Folsom Children's Zoo and

Good Neighbor Community

The Groundwater Foundation

Hamlow Elementary School -

Gordon Chapelle Hoof

Trimming Inc. Great Plains Girl Scout

Botanical Gardens Food Bank of Lincoln

Friendship Home

Farmers Union Coop - Gretna

**Funds** 

Through numerous partnerships and collaborations, Cooperative Extension leverages its resources and those of the community to reach larger audiences and maximize impact. In the past year, UNL Cooperative Extension in Lancaster County has partnered with the following organizations, agencies, businesses and schools:

A Page in Time Agriliance (Farmland and Cenex Land O'Lakes) America Recycles Day American Dairy Association/ Dairy Council of Nebraska American Heart Association -Americorps/VISTA Arends Interiors
Asian Cultural and Community

23%

Grants/

Contracts/Fees

Asset Building Coalition Audubon Spring Creek Prairie Audubon Nebraska Blessed Sacrament School Kate Brooke - Opossum Track

BryanLGH Medical Center Burke Plaza Senior Housing Burton Tyrrell's Flowers Cabin Realty & Ag Services Capitol Child Care Carol Yoakum Family Resource Center Cathedral of the Risen Christ

Cedar Ridge Spraying

Cedars Centennial Mall Child Cedars Youth Services Cheney Elementary School

City of Lincoln Animal Control City of Lincoln Citizen Information Center

City of Lincoln Parks and Recreation Department City of Lincoln Public Works and Utilities City of Lincoln Recycling Office City of Lincoln Wastewater Division

City of Lincoln Water System Clinton Neighborhood Organization Commodity Supplemental

Food Program Community Health Partners Foundation Community Learning Centers Community Outreach Partnership Center

Council of Family Centers Crossroads House Senior Housing Dairy Council of Nebraska Doane College Downtown Neighborhood

Organization Eagle Elementary School Early Head Start East Campus Neighborhood Organization Eastern Nebraska 4-H Center

Employment First Everett Neighborhood Organization

Extension's work is

carried out in accordance with state, federal and county laws and agreements. Funding for Cooperative Extension, which is part of UNL's Institute of Agriculture and Natural Resources, is shown on the pie chart.

Hartley Neighborhood Organization Head Start

Heartland Center Helen Hyatt Elementary

Hispanic Community Center Human Services Federation

Irvingdale Neighborhood

Organization lowa State University

Indian Center JTPA

Keep America Beautiful Keep Lincoln-Lancaster

Keep Nebraska Beautiful

Lancaster County Red Cross

Lancaster County Agricultural

Lancaster/Saunders School

Lincoln Center Kiwanis Club

Lincoln Christian Schools

Lincoln Interfaith Council

Lincoln Journal Star Lincoln Lancaster County

Health Department

Immunization and

Vaccination Effort

Lincoln Literacy Council Lincoln Medical Education

Lincoln-Lancaster

Program

Food and Hunger Coalition Lincoln-Lancaster County

Children's Museum

Lancaster Event Center

Lincoln Action Program

County Beautiful

Society

to Career

School Henry Doorly Zoo

INFORM

# **Lancaster Extension Education Center Facilitates Community Programs**

As part of extension's commitment to community learning, the conference facilities at Lancaster Extension Education Center are made available to other nonprofit and governmental organizations at a nominal cost. Last year, more than 2,100 hours of meetings were held at the Education Center.

Lower Platte North Natural Resources District Lower Platte South Natural Resources District Lutheran Family Service Mahoney Manor Senior

Housing Malcolm Public Schools Malone Neighborhood Organization March of Dimes Matt Talbott Kitchen

McCullough-Landell Implement Mediation Center Messiah Lutheran School Metropolitan Community College

Midland Recycling Milford Elementary School NASA Natural Resources

Conservation Service – Lancaster and Nebraska Near South Neighborhood Organization NE Ag in the Classroom NE Agrelations Council NE Agribusiness Association

Lincoln Community
Development Block Grant NE Beef Council NE Beekeepers Association Program Lincoln Council on Alcohol NE Cattleman's Association Lincoln/Seward County and Drugs Lincoln Dietetic Association **Affiliates** Lincoln Housing Authority Lincoln Indian Center **NE Community Nutrition** 

Partnership Council NE Cooperative Development Center NE Corn Development, Utilization & Marketing Board

NE Corn Growers Association NE Com Fed Beef NE Credit Union League NE Department of Agriculture NE Department of Education NE Department of

Foundation Pathways **Environmental Quality** NE Department of Health and Pantry Network Human Services Lincoln Public Schools **NE** Department of Natural Lincoln Saltdogs Resources
Lincoln Women's Chamber of NE Department of Tourism

NE Farm Bureau - State Office and Lancaster County

Chapter NE Fertilizer & Ag Chemical Association NE Game and Parks Commission NE Great Plains Resource

Conservation & Development NE Home Builders Association NE LEAD Program NE Nurserymen Association NE Pest Control Association

Members NE Pork Producers NE Real Estate Commission NE Restaurant Association The NE Rural Development Commission

NE School Age Childcare Association NF State Forester NE Sovbean Board NE Well Drillers Association NE Wheat Board Neighborhoods Inc. Norris High School Vocational

and Industrial Clubs of America Norris Public Schools North American Martyrs School North Bottoms Neighborhood

Organization Northeast Family Center Northwood Early Head Start Center – Cedars Novartis Consumer Health, Oak Valley School

Olsson Associates Otte Oil, Fertilizer, and Propane – Wahoo Omaha Agri-business Club Papio-Missouri River Natural Resources District Partners for a Safer Community People's City Mission

6 Nebraska 10th West O St Three Eagles Broadcasting neer Early Childhood TierOne, Clocktower Branch TLC Child Development Development Center Pioneer HiBred International

Pioneers Park Nature Center Professional Lawncare

Association Providers Network

Valparaiso

Program Rotary Club #14

Sacred Heart School

Salvation Army St. Elizabeth's Regional

Medical Center
St. Elizabeth Burn Center

Mary's Catholic School

St. Patrick's Catholic School

Peter Catholic School

St. Teresa's Catholic School

School Districts #69, #152, #153, #158 South Salt Creek Neighbor-

Lincoln
Southeast Nebraska Area

Southwood Lutheran Church

State Farm Insurance

Taylor Productions

Center

Program

SAFE Kids Coalition

ReBuild Associates Real Estate Owners and

Managers Association Red Hawk Nursery

Center Touchstones
Transitional Living Group –
Cedars Youth Services
Trinity Lutheran School Trinity United Methodist

Psychotherapy Associates Turning Point - Cedars Youth Services University of Minnesota Extension Service -Center for 4-H Youth Retired and Senior Volunteer Development University of Nebraska

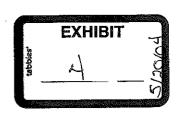
Collegiate 4-H University Place Neighborhood Organization Urban Indian Center US Army Corps of Engineers
US Environmental Protection

St. John's Catholic School St. Joseph's Catholic School St. Mark's Methodist Church Agency US Department of Agriculture Ventures in Partnerships Wachiska Audubon Society WasteCap Water Environment Federation Waverly FFA

Waverly Public Schools Wise Woman - Lincoln/ hood Organization Southeast Community College Lancaster County Health Department Producers Cooperative Southpointe Family Resource

Women, Infants and Children (WIC) Advisory Committee Williams Garden Center Women Involved in Farm **Economics** Woods Park Neighborhood

State Fire Marshall's Office Organization World Bird Sanctuary Tabitha Intergenerational Young Families Program – LMEF Teddy Bear Cottage Teen Pregnancy Prevention YWCA



May 20, 2004

#### MEMORANDUM

To: Lancaster County Board of Commissioners

Re: CMHC Budget Hearing

From: Dean Settle, Executive Director

Community Mental Health Center of Lancaster County

Our department will complete the fiscal year within approved expenditure parameters. Revenues are sufficient to meet our needs. No additional funding will be needed from you for the year ending June 30, 2004.

The Board needs to consider a fund for all departments to accommodate the medical expenses of persons served. At CMHC, most usually, those costs are generated in the Crisis Center. This past year we have incurred sizable costs for medical evaluation and surgical procedures in the hospital. We have no logical way to plan or budget for these types of expenditures.

Mental Health Reform will mean more dollars flowing into the community for services provided by CMHC. Region V Systems has initiated planning efforts for phase I and II, we are told the new dollars will begin after July 1<sup>st</sup>. I have been assured by state and regional officials that no additional county dollars will be needed! Additional service units will be allowed for current services i.e. medical management, day treatment, out patient services, day rehabilitation, and community support as per the Region's Plan. Some new and expanded services will be developed i.e. more short term treatment beds, programming for dual diagnosed, there has been talk of another Heather (residential treatment program) and more. The need is great as our county continues to grow in population, deinstitutionalization will drive up numbers served/waiting. The impact of unemployment and insurance with no behavioral health coverage is causing more demand for our services. We see more working poor than ever before. We are serving nearly 1,400 - medication management. Those waiting for a case manager/community support total 96, several individuals have been waiting since July, 2002. When I checked today, 95 persons are waiting for out patient services. By June 30, we will have set an all time high number of emergency contacts for any fiscal year 7440.

Several grants have been submitted this spring, and if funded, will impact our 2005 budget, areas pursued include homeless outreach and treatment, community based treatment for sex offenders and peer to peer support employment and training. Also, Community Health Endowment is providing funding for medical transportation, (Adams Street Center drivers), and some start-up monies for the new day rehabilitation site at 30<sup>th</sup> and O. Our collaborators include CenterPointe and Adult Drug Court.

#### Page 2

The proposed budget is the current level with minor adjustments which you are aware of, i.e. The Single Point of Entry, an increase in medication costs and a short fall for the Harvest Project, please see the attached letter. We have increased the projected hours of the contracted Psychiatric Nurse Practitioner and increased the hourly rate by \$5, as well.

Concerns I want to share with you today include: the need for increasing an open half-time out patient therapist position to full time, remember 95 people are waiting, out patient commitments have effected this service and the waiting list greatly, this year.

Medical Services personnel are overwhelmed, 27 new patients each month this year and no downturn in referrals, more nursing hours are recommended from 64 hours up to 80. Note that BLGH West has also indicated that the hourly rate will be increased again. It is time to look at our use and demand for an additional Psychiatrist.

The board should also be aware that the People Health Clinic on N. 27<sup>th</sup> must expand its services the second year of its Public Health Grant to include mental health services, CMHC has begun discussions with their executive director to explore a possible collaboration.

Last, I remain concerned regarding the support personnel needed in a growing organization, client charts, billing demands HIPAA, accreditation, IT support, fiscal management, all of these functions are critically under staffed. Our long-time hard working fiscal officer is a one person office and we need to plan for an assistant and/or coworker.



Dean B. Settle, M.A. Executive Director

of Lancaster County

Paulo R. Bahr, M.D., F.A.P.A. Medical Director

2200 St. Mary's Avenue ~ Lincoln, Nebraska 68502 ~ Phone: 402/441-7940 ~ Fax: 402/441-8625

May 20, 2004

C. J. Johnson, Regional Administrator Region V Systems 1645 "N" Street, Suite A Lincoln, NE 68508

Dear C. J.,

I am writing you today because it is our county budget hearing this afternoon. I am again going before the County Board without having confirmation of funding for a very successful intensive case management program called the Harvest Project. The project has been funded by Community Health Endowment for four and a half years and that is due to their positive assessment of the Harvest Project and the impact that the project has on those we serve.

The focus of this particular project, which is a collaborative effort between CenterPointe, Area Agency on Aging, and Community Mental Health Center, is to deliver community support services to individuals with co-occurring diagnoses who are over the age of fifty-five. Their primary healthcare is another major issue in maintaining wellness and is yet another barrier in their attempt to become as independent as possible.

Historically, as you know C. J., Region V Systems used to fund programs for elderly and that was abandoned some years ago, and those monies have been reassigned to other needs. I am formally requesting, on behalf of the collaborating agencies, consideration for funding of the intensive case management services provided by the Harvest Project.

Our total annual budget (Community Mental Health Center is the fiscal agent) is approximately \$149,000. The three case managers average fifteen to eighteen cases each at any given time. We provide services on a demand basis, so we do not have a waiting list. We would hope to have every consideration given to funding community support for elderly with co-occurring diagnoses in Region V's Phase Two expansion plan.

Please let me know if there is any additional information you would require. We can give you historical financial information, service information, and we have some excellent outcome studies. The collaborating organizations look forward to hearing from you regarding this urgent request for funding.

Sincerely,

Dean B. Settle, M.A. Executive Director

Community Mental Health Center

of Lancaster County

DBS:pd

pc: Topher Hansen, CenterPointe

June Pederson, Area Agency on Aging Lancaster County Board of Commissioners