

**MINUTES  
LANCASTER COUNTY BOARD OF COMMISSIONERS  
COUNTY-CITY BUILDING, ROOM 112  
TUESDAY, APRIL 16, 2019  
9:00 A.M.**

*Advance public notice of the Board of Commissioners meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on April 12, 2019.*

Commissioners present: Jennifer Brinkman, Chair; Sean Flowerday, Deb Schorr and Rick Vest

Commissioners absent: Roma Amundson, Vice Chair

Others present: Kerry Eagan, Chief Administrative Officer; Ann Ames, Deputy Chief Administrative Officer; Jenifer Holloway, Deputy County Attorney; Dan Nolte, County Clerk; Cori Beattie, Deputy County Clerk; and Monét McCullen, County Clerk's Office

*The meeting was called to order at 9:00 a.m., the Pledge of Allegiance was recited and the location of the Nebraska Open Meetings Act was announced.*

**1) MINUTES:**

- A. Approval of the minutes of the Board of Commissioners meeting held on Tuesday, April 9, 2019.**

**MOTION:** Flowerday moved and Vest seconded approval of the minutes. Flowerday, Vest and Brinkman voted yes. Amundson and Schorr were absent. Motion carried 3-0.

**2) CLAIMS:**

- A. Approval of all claims processed through April 16, 2019.**

**MOTION:** Flowerday moved and Vest seconded approval of the claims. Vest, Flowerday and Brinkman voted yes. Amundson and Schorr were absent. Motion carried 3-0.

Commissioner Schorr entered the meeting at 9:03 a.m.

- 3) CONSENT ITEMS: These are routine business items that are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:**

- A. Utility Permit No. 1783 allowing NebraskaLink to install approximately 2,700 linear feet of new fiber optic cable under South 1<sup>st</sup> Street and Pioneers Boulevard to a point westerly along Calvert Street. There is no cost to the County. (C-19-0295)**

**B. Amendments to the following County contracts:**

- 1. C-18-0168 with All Needs Computer & Mailing Services Inc., for Annual Requirements – Pre-Sort Mailing Services. (Quote No. 5802. The amendment renews the contract from April 15, 2019 through April 14, 2020. The estimated cost to the County is not to exceed \$5,000.) (C-19-0296)**
- 2. C-17-0286 with Walker Tire/Quick Nick's (Walker Tire Company of Lincoln), for Preventative Maintenance Services for Automobile and Light Trucks. (Bid No. 17-042. This amendment renews the contract for an additional one-year term beginning April 23, 2019 through April 22, 2020. The cost to the County is not to exceed \$3,000.) (C-19-0297)**
- 3. C-17-0285 with Metzger's Auto Service & Lincoln Lube for Preventative Maintenance Services for Automobile and Light Trucks. (Bid No. 17-042. This amendment renews the contract for an additional one-year term beginning April 23, 2019 through April 22, 2020. The cost to the County is not to exceed \$5,000.) (C-19-0298)**
- 4. C-18-0196 with United Seeds, Inc., for Grass Seed. (Bid No. 18-048. This amendment renews the contract with a price increase for an additional one-year term beginning May 8, 2019 through May 7, 2020. The cost to the County is not to exceed \$4,500.) (C-19-0299)**
- 5. C-18-0195 with Miller Seed Company for Grass Seed. (Bid No. 18-048. This amendment renews the contract for an additional one-year term beginning May 8, 2019 through May 7, 2020. The cost to the County is not to exceed \$25,000.) (C-19-0300)**
- 6. C-18-0230 with Genoa Healthcare, LLC for the Pharmacy Services for General Assistance Clients. (RFP No. 18-025. This amendment renews the contract from April 17, 2019 through April 16, 2020. The estimated cost to the County is not to exceed \$385,000 during the contract term.) (C-19-0301)**
- 7. C-15-0500 with Lawson Products, Inc., using the Region 4 and TCPN Solicitation No. 14-21 for Maintenance, Repair and Operations (MRO) Supplies and Related Services. (This amendment renews the contract from April 1, 2019 through March 31, 2020. The estimated cost to the County is not to exceed \$10,500.) (C-19-0302)**
- 8. C-16-0438 with Transit Works for Additional HPRTK Network Subscriptions. (The amendment adds subscription services to equipment purchased by the County Engineer Office (PO 20885 OD). The expenditure for this contract will be increased by \$4,000 for the remainder of the contract term with a revised total amount of \$13,000.) (C-19-0305)**
- 9. C-16-0010 with the Nebraska Secretary of State, Records Management Division, to provide microfilming imaging services. (The amendment renews the agreement from April 1, 2019 through March 31, 2020.) (C-19-0306)**
- 10. C-17-0390 with LexisNexis VitalChek Network Inc., for Lancaster County Online Payments/Point of Sale. (Bid No. 17-079. The amendment amends the contract to add Attachment A – Pricing Fee Schedule. There is no cost to the County for this additional document.) (C-19-0307)**

- C. **Right-of-way contracts with the following:**
  - 1. **Douglas A. Kuster, South 82nd Street between Roca Road and Saltillo Road, in the amount of \$2,665. (C-19-0313)**
  - 2. **Jon M. and Patricia J. Enevoldsen, Co-Trustee, South 1st Street and Yankee Hill Road, in the amount of \$235. (C-19-0314)**
- D. **Received and placed on file the County Attorney's quarterly report for January 1, 2019 through March 31, 2019.**
- E. **Setting a public hearing on Tuesday, April 23, 2019 at 9:00 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln) for the purpose of increasing the appropriations for the Workers Compensation Loss Fund and establishing the Fleet Management Fund and the County-Wide Sinking Fund.**

**MOTION:** Schorr moved and Vest seconded approval of the consent items. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

**4) SPECIAL PRESENTATION:**

- A. **Region V Annual Report - Dave Merrill, Region V Services and C. J. Johnson, Region V Systems.**

C.J. Johnson, Region V Systems Regional Administrator, gave a brief presentation on Region V programs (Exhibit A).

Dave Merrill, Region V Services, said Region V provides direct support for individuals with developmental disabilities. He gave a brief overview of the available services (Exhibit B).

**5) NEW BUSINESS:**

- A. **Special designated license application from Top Spin, LLC for an event at 11401 Van Dorn Street, Walton, Nebraska on May 4, 2019.**

Matt Taylor, Tavern on the Square Owner, discussed the event and noted he expects around 300 people in attendance.

Schorr inquired about the fundraiser that Mr. Taylor mentioned on his application. Taylor said it is for Jumping Julips, an organization that provides horse therapy.

**MOTION:** Vest moved and Flowerday seconded approval of the special designated license application. Schorr, Flowerday, Vest and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- B. **Special designated license application from Spring Creek Prairie Audubon Center for an event at 11700 Southwest 100th Street, Denton, Nebraska on May 11, 2019.**

Meghan Sittler, Spring Creek Prairie Audubon Center Director, said this is their second annual outreach program event.

**MOTION:** Schorr moved and Flowerday seconded approval of the special designated license application. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

**C. Special designated license application from Sesostris Shrine for an event at 1050 Saltillo Road, Roca, Nebraska on August 17, 2019.**

Keith Plummer, Sesostris Shrine Office Manager appeared with Doug Koozer, Event Coordinator and said this event is for a beer garden that is outside of their existing building (Exhibit C).

**MOTION:** Schorr moved and Vest seconded approval of the special designated license application. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

**D. Amusement license renewal application from Jan and Darril Hauser d/b/a Pine Creek Farms for an event at 11505 North 14th Street, Raymond, Nebraska on May 4, 2019.**

Jan Hauser, applicant, clarified she was only expecting around 300 individuals to attend and has never had any issues with her previous events. She noted there will be no parking on N. 14<sup>th</sup> Street.

**MOTION:** Vest moved and Flowerday seconded approval of the amusement license renewal application.

Schorr asked if Ms. Hauser saw the request for electronic signs to notify the traveling public of the event. Hauser explained she purchased signs that were not electronic and they have worked well in the past. There will be people at the end of the driveway to assist with traffic. She noted there are smaller signs being used in addition to a flashing light that was placed on the larger sign.

**ROLL CALL:** Flowerday, Vest, Schorr and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

**E. Resolution authorizing the installation of traffic control devices in Lancaster County. (R-19-0029)**

**MOTION:** Vest moved and Schorr seconded approval of the resolution.

Ken Schroeder, Lancaster County Engineering Department, said this is for signage to notify the public of the change in speed limits (Exhibit D).

**ROLL CALL:** Schorr, Flowerday, Vest and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

**F. Resolution in the matter of the emergency closure of Bridge A-140. (R-19-0030)**

Schroeder explained that this structure is actually a box culvert.

Flowerday asked if this was the second or third closure on Little Salt Creek Road. Schroeder confirmed this is the second closure in this area (Exhibit E).

**MOTION:** Vest moved and Flowerday seconded approval of the resolution. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- G. Recommendation from the Purchasing Agent and County Engineer to award a contract to Midwest Infrastructure Inc., for Culvert Maintenance 2019 (Phase II, Bid No. 19-093) The total amount of the contract is \$677,091.95. (B-19-0093)**

**MOTION:** Schorr moved and Vest seconded approval of the recommendation. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- H. Recommendation from the Purchasing Agent and County Engineer to award and execute a purchase order to Hamm Pawnee City for rock based on the emergency declaration by the County. The total amount of the order is \$354,000. (C-19-0308)**

LeRoy "Bud" Geistlinger, Assistant Road Maintenance Superintendent, said this rock is needed for stabilization of roads due to the impact of recent weather events.

**MOTION:** Schorr moved and Flowerday seconded approval of the recommendation. Flowerday, Vest, Schorr and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- I. Lease Agreement between Lancaster County as lessor and CenterPointe, a Nebraska nonprofit corporation, as lessee for the Old Juvenile Attention Center Building located at 2220 S. 10th Street in Lincoln, Nebraska. The lease term is March 1, 2019 through April 30, 2024. (C-19-0309)**

Kerin Peterson, Facilities and Properties Director, County-City Property Management, said this is a renewal of an existing lease as CenterPointe has occupied the building since 2005. The renewal term will be for five (5) years with the lease rates remaining static for two years and increasing by 2% for years three through five.

**MOTION:** Flowerday moved and Vest seconded approval of the lease agreement. Schorr, Flowerday, Vest and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- J. Recommendations from the Personnel Policy Board to:**

- 1. Create the classification of Laborer II (G09, \$37,702.08 - \$48,289.28)**
- 2. Change the title of Heavy Truck Operator to Equipment Operator and revise the classification.**
- 3. Delete the classification of Equipment Operator I**
- 4. Amend Rule 17.19 of the Personnel Rules – Shift Differential.**

Doug McDaniel, Human Resources Director, explained that item 4 is a clean-up item that has outgrown negotiations with one of the Unions.

**MOTION:** Schorr moved and Vest seconded approval of the recommendations. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- K. Contract with WatchGuard Video using the HGAC-EF04-19 contract to provide Law Enforcement Speed Detection & Video Equipment (MOU050). The term of the contract is from April 1, 2019 through March 31, 2020. The pricing will be pursuant to the HGAC contract. The cost to the County is not to exceed \$55,000. (C-19-0303)**

**MOTION:** Vest moved and Schorr seconded approval of the contract. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- L. Grant contracts with the City of Lincoln Police Department (LPD) for the Shields Unity program for the period of July 1, 2018 through June 30, 2019 funded by the following:**
  - 1. Nebraska Commission on Law Enforcement and Criminal Justice Community-Based Juvenile Services Aid Grant in the amount of \$8,000. (C-19-0310)**
  - 2. Lancaster County General Funds in the amount of \$3,000. (C-19-0311)**

**MOTION:** Schorr moved and Vest seconded approval of the grant contracts. Flowerday, Vest, Schorr and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- M. Adoption of the 2019 Lancaster County Board of Equalization Policies and Procedures for property valuation protests.**

**MOTION:** Flowerday moved and Vest seconded approval of the 2019 Lancaster County Board of Equalization Policies and Procedures. Schorr, Flowerday, Vest and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- N. Space rental agreement between the (Lancaster Agricultural Society) Lancaster Event Center and Lancaster County, on behalf of the Lancaster County Clerk, for meeting space in conjunction with referee hearings from June 26, 2019 to July 22, 2019. (C-19-0312)**

**MOTION:** Flowerday moved and Schorr seconded approval of the space rental agreement. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- O. Contract with Safety-Kleen Systems for Annual Service – Parts Washer Services/Recycling Solvent (Quote 5993). The contract is for one-year with the option to renew for three additional one-year terms. The cost to the County is not to exceed \$1,500. (C-19-0304)**

**MOTION:** Schorr moved and Vest seconded approval of the contract. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- P. **Professional services contract with Felsburg Holt & Ullevig for wetland delineation and permitting services for project 19-20. The anticipated completion date is December 31, 2020. The cost to the County is \$4,541. (C-19-0315)**

**MOTION:** Vest moved and Flowerday seconded approval of the professional services contract. Flowerday, Vest, Schorr and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- Q. **Reappointment of Katherine Garcia and Tom Randa to the Lincoln-Lancaster County Board of Health for a term to expire on April 15, 2022.**

**MOTION:** Flowerday moved and Vest seconded approval of the reappointments.

The Commissioners thanked both appointees for their service.

**ROLL CALL:** Schorr, Flowerday, Vest and Brinkman voted yes. Amundson was absent. Motion carried 4-0.

- 6) **PUBLIC COMMENT: Those wishing to speak on items relating to County business not on the agenda may do so at this time.**

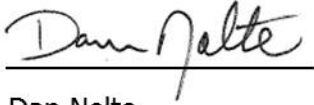
No one appeared for public comment.

7) **ANNOUNCEMENTS:**

- A. **The Lancaster County Board of Commissioners will hold a staff meeting on Thursday, April 18, 2019 at 8:30 a.m., in the Bill Luxford Studio (Room 113) of the County-City Building (555 S. 10th Street, Lincoln).**
- B. **The Lancaster County Board of Commissioners will hold its next regular meeting on Tuesday, April 23, 2019 at 9:00 a.m., in Room 112 of the County-City Building (555 S. 10<sup>th</sup> Street, Lincoln).**
- C. **The Lancaster County Board of Commissioners will hold a public hearing on Tuesday, April 23, 2019 and Tuesday, April 30, 2019 at 9:00 a.m. in Room 112 of the County-City Building (555 S 10th Street, Lincoln) regarding a manager application for Michael McClelland in connection with a Class B liquor license for Branched Oak Marina, 10001 West Davey Road, Raymond, Nebraska.**
- D. **County Commissioners can be reached at 402-441-7447 or [commish@lancaster.ne.gov](mailto:commish@lancaster.ne.gov).**
- E. **The Lancaster County Board of Commissioners meeting is broadcast live on LNKTv City. For the rebroadcast schedule visit [lincoln.ne.gov](http://lincoln.ne.gov) (keyword: LNKTv). Meetings are also streamed live on LNKTv and can be viewed on YouTube (LNKTvcity).**

8) ADJOURNMENT

**MOTION:** Schorr moved and Vest seconded to adjourn the Lancaster County Board of Commissioners meeting at 9:35 a.m. Vest, Schorr, Flowerday and Brinkman voted yes. Amundson was absent. Motion carried 4-0.



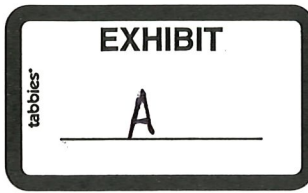
Dan Nolte  
Lancaster County Clerk







REGION **V** SYSTEMS



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*PROMOTING COMPREHENSIVE  
PARTNERSHIPS IN BEHAVIORAL HEALTH*

# FY 17-18 Lancaster County Report



This logo represents Region V Systems' commitment to promote comprehensive partnerships in behavioral health. Partnerships with providers, consumers, DHHS, and other stakeholders are ever evolving through evaluation, assessment, and implementation of programming to best meet the needs of the behavioral health system and its consumers.



Published March 2019

## Dear Colleagues,

We would like to sincerely thank the Regional Governing Board members, the Behavioral Health Advisory Committee members, Network Providers, the Department of Health and Human Services representatives, Legislative representatives, individuals we serve, and many other stakeholders who help us carry out our strategic intent, “promoting comprehensive partnerships in behavioral health.” Fiscal Year 17-18 saw a number of initiatives begin to build foundations that will support the newly emerging behavioral health landscape in Nebraska. Increased awareness that vulnerable populations exist in all of our public systems of care have promoted increased communication and collaborations across long-standing silos.

Here are a few highlights from Fiscal Year 17-18:

**Nebraska System of Care:** As Nebraska moved into the second year of its System of Care federal grant, several focus areas began to emerge. Cluster-based Planning (CBP) became a significant discussion point as population management across multiple systems became an increasing challenge. Many saw this planning approach as a way to create a common language across systems as well as provide a methodology for looking at outcomes and service needs throughout the youth-serving systems. In addition, Youth Crisis Response has been well established within the regional system. Local workgroups began looking at other service gaps and began making recommendations for service development using future funds and/or carryover dollars from the original grant.

**State-Targeted Response:** This opioid-targeted grant brought into the Region prevention and treatment activities. Prevention focused on education and medication disposal. Medication Assisted Treatment utilizing Buprenorphine was initiated for those with an opioid addiction. Narcan was introduced to treatment providers, law enforcement, and other groups to address incidents of overdose.

**Electronic Billing System:** The Division of Behavioral Health (DBH) began the utilization of its Electronic Billing System (EBS). As with the implementation of any new system, there have been challenges, and the fiscal managers have been working through any glitches with DBH throughout the year.

**NebraskaBehavioralHealthJobs.com:** Through the collaboration with the Behavioral Health Education Center of Nebraska (BHECN) and Region V, the Nebraska Association of Behavioral Health Organizations (NABHO) was awarded \$10,000 following its involvement in an evaluation project. NABHO used this funding to sponsor a behavioral health conference in the fall of 2018.



**Cluster-Based Planning:** Region V Systems' Family & Youth Investment Program implemented a Level of Care approach to its Cluster-Based Planning. After development with Synthesis, Inc. over the last year, it will identify specific activities for a progression of phases that each youth and their families work through. Specific outcomes by cluster designation and phase have been identified to help guide the intervention process within the program. Throughout the Provider Network, staff have continued to receive their training in assigning consumers to the various clusters, and this information is enhancing the overall data for system-wide evaluation.

**System of Care Continuous Quality Improvement:** Each of the Network Providers are utilizing an identified outcome evaluation tool to measure consumer functioning. These tools monitor and measure consumers' outcomes by comparing enrollment scores to discharge scores. Fifty-three percent of consumers showed "improvement" to "meaningful improvement" after receiving behavioral health services. Region V participates on the Statewide Quality Improvement Team and facilitates the Regional Quality Improvement Team that focuses on specific quality outcome measures.

**Prevention:** Regional Prevention activities continue to move Evidence-Based Practices into all 16 counties, which includes substance use and mental health prevention activities. Another aspect of the prevention activities has focused on increasing the relationships with the public health departments to maximize funding and coordinate activities.

**Veterans Homelessness:** In 2015, the Nebraska Commission on Housing & Homelessness developed *Opening Doors: 10 Year Plan to Prevent and End Homelessness in the State of Nebraska*. One of the primary goals of the Plan was "Ending Homelessness for Veterans." Region V Systems' Housing Department has been actively involved in Coordinated Entry since its inception, meeting with community partners to develop housing plans for Veterans. In 2017, the Balance of State Continuum of Care, encompassing the rural counties of Nebraska, received a federal designation of reaching the goal of ending veterans' homelessness and indicated that the city of Lincoln had made significant progress towards the goal.

**CARF Accreditation:** Region V Systems received its national CARF accreditation for its Family & Youth Investment Program and Prevention Program. In addition, a Network Management accreditation was received following the first effort to receive that accreditation.



Thank you again to all our system partners who make our work possible. We look for new partnerships to promote a recovery and wellness system for both children and adults in southeast Nebraska.

Sincerely,



Handwritten signature of Dennis M. Byars in black ink.

Dennis Byars  
Regional Governing Board Chair

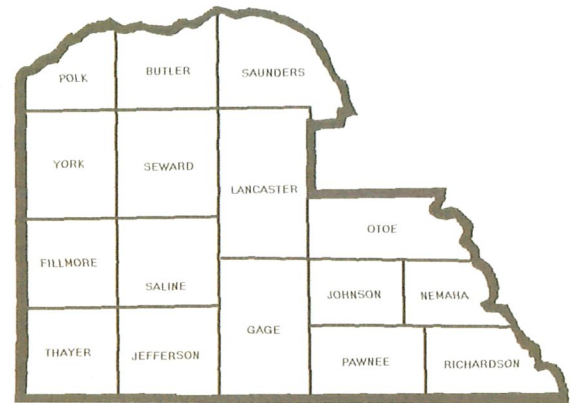
Handwritten signature of C.J. Johnson in black ink.

C.J. Johnson  
Regional Administrator

# Our Mission

*The mission of Region V Systems is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.*

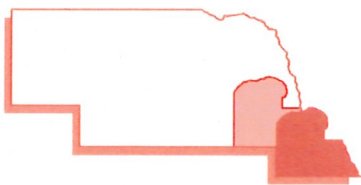
As one of Nebraska’s six behavioral health regions, Region V Systems was originally created by state statute in 1974 as a quasi-governmental entity with the responsibility of coordinating and overseeing the delivery of publicly funded mental health services for the 16 counties making up the Region V geographical area. Two years later, the Legislature added responsibility to each of the six regions for the development and coordination of substance abuse services.



In 2004, LB 1083 (the Behavioral Health Services Act) was passed, repealing the original statutes but re-establishing and renaming the regions as “Behavioral Health Authorities.” These Behavioral Health Authorities make up Nebraska’s public behavioral health system. Region V Systems’ statutory responsibilities as a behavioral health authority include:

- Administration and management of the regional behavioral health authority.
- Comprehensive planning, development, integration, and coordination of an array of publicly funded, community-based behavioral health treatment and rehabilitation services for children and adults.
- Initiation and oversight of contracts for the provision of publicly funded behavioral health services.
- Fiscal management and accountability, including preparation of an annual budget and proposed plan for the funding and administration of services.
- Coordinating and conducting of audits of publicly funded behavioral health services.
- Evaluation and quality management.
- Advocacy and involvement of consumers in all aspects of service planning and delivery within the Region.

Region V Systems’ major functions are described in this report. For more information on Region V Systems, please visit our website at [www.region5systems.net](http://www.region5systems.net).



Region V covers approximately 9,308 square miles. According to U.S. Census 2010, Region V has a population of 444,920, constituting approximately 24 percent of the state’s population.

## Regional Governing Board (RGB)

Each Behavioral Health Authority is governed by a Regional Governing Board, comprised of an appointed county commissioner from each of the counties it serves.

**Current membership includes:**

|                        |                   |                         |                  |
|------------------------|-------------------|-------------------------|------------------|
| Butler County .....    | Greg Janak        | Pawnee County.....      | Jan Lang         |
| Fillmore County .....  | Kenny Harre       | Polk County.....        | Jerry Westring   |
| Gage County .....      | Dennis Byars      | Richardson County ..... | John Caverzagie  |
| Jefferson County ..... | Gale Pohlmann     | Saline County.....      | Janet Henning    |
| Johnson County.....    | Jim Erickson      | Saunders County.....    | Doris Karloff    |
| Lancaster County.....  | Jennifer Brinkman | Seward County .....     | Ken Schmieding   |
| Nemaha County.....     | Larry Holtzman    | Thayer County .....     | Dean Krueger     |
| Otoe County .....      | Dean Speth        | York County .....       | Bill Bamesberger |

# Behavioral Health Advisory Committee (BHAC)

By statute, the RGB is required to appoint a Behavioral Health Advisory Committee, responsible for advising the RGB on behavioral health issues and funding allocations. Consideration for membership is given to geographic residence, direct and indirect consumers, cultural diversification, and the community at large.

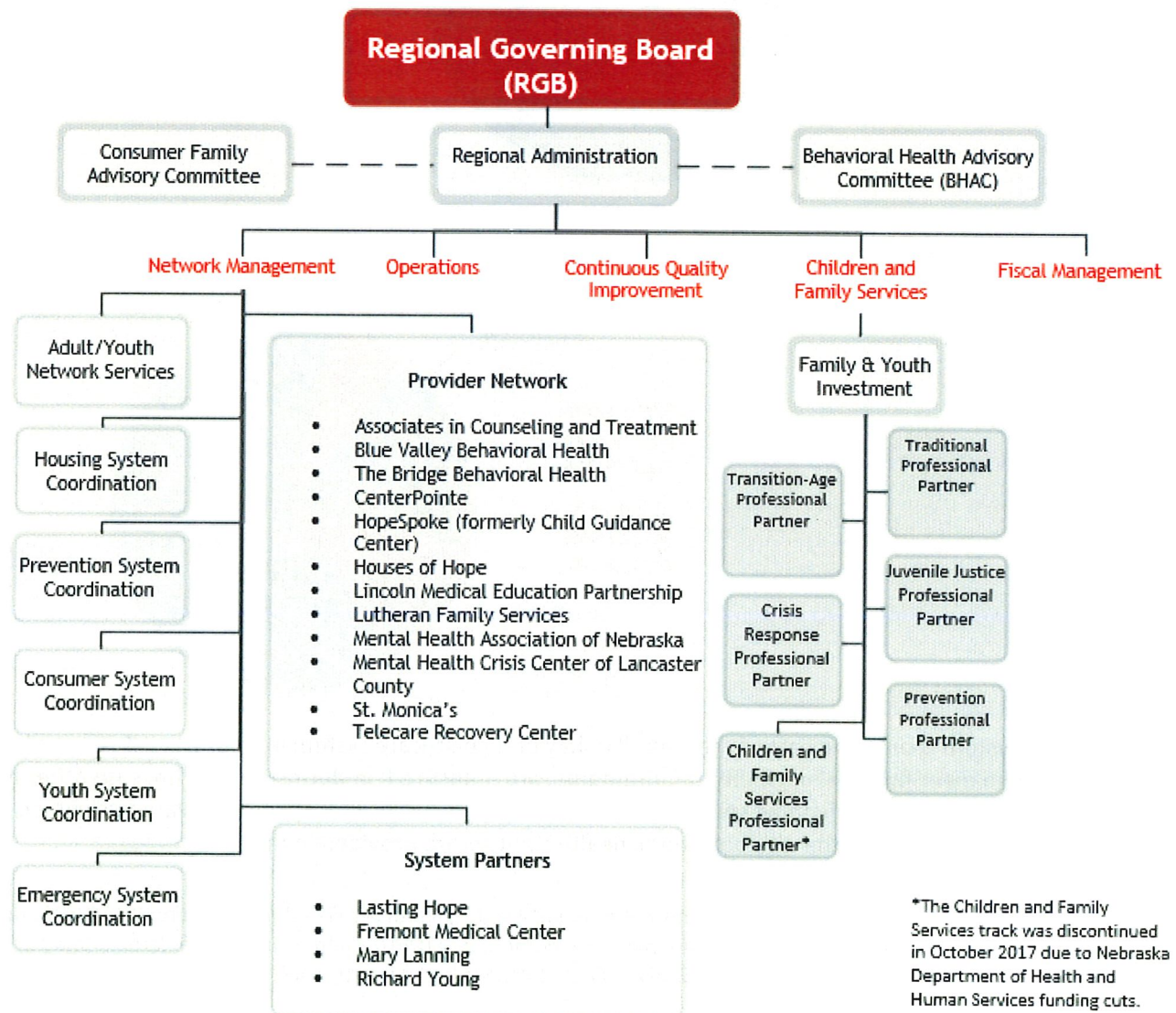
**Current membership includes:**

- |                    |   |
|--------------------|---|
| Gene Cotter        | Rebecca Meinders                          |
| Megan Hinrichs     | Barbara Murphy                            |
| Sara Hoyle (Chair) | Tracy Pella                               |
| Corrine Jarecke    | Richard Pethoud                           |
| Jennifer Jennings  | Melissa Ripley                            |
| J. Rock Johnson    | Darla Winslow                             |
| Stephanie Knight   | Constance (C.J.) Zimmer (Member at Large) |
| Jill Kuzelka       |   |

*Thanks to the past members of the RGB and BHAC, who served during FY 17-18, for your dedication and support toward the Regional System of Care.*

|                      |                       |
|----------------------|-----------------------|
| Les Agena (RGB)      | Susan Johnson (RGB)   |
| Marvin Bohling (RGB) | Tammy Sassaman (BHAC) |
| Jim Davidson (RGB)   | Brenda Tracy (BHAC)   |
| Roger Glawatz (RGB)  | Todd Wiltgen (RGB)    |

## Governance Structure



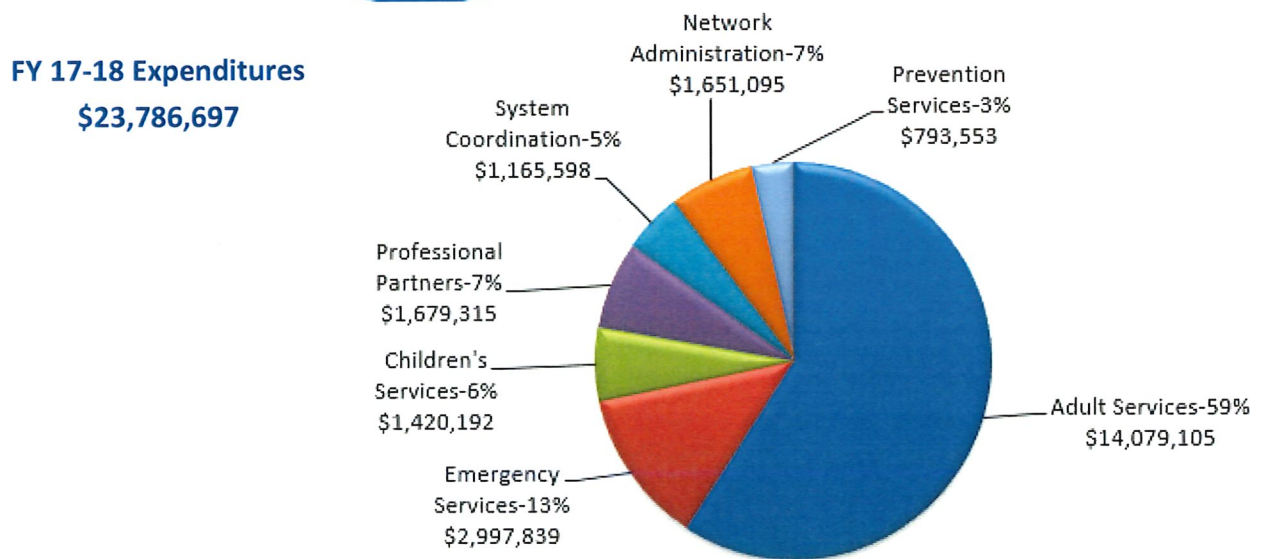
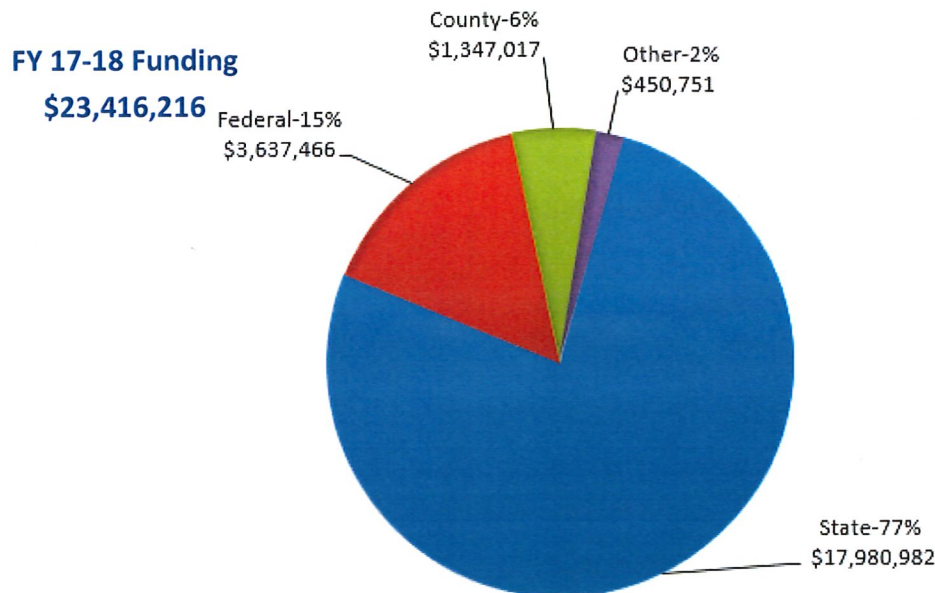
\*The Children and Family Services track was discontinued in October 2017 due to Nebraska Department of Health and Human Services funding cuts.

# Funding and Expenditures

Region V Systems’ fiscal management ensures the effective use of financial resources, transparency, and accountability.

Funding is received from a variety of resources, including state and federal dollars through Nebraska’s Department of Health and Human Services’ Division of Behavioral Health and the Division of Children and Family Services, local and federal grants, and a county match from each of the 16 counties that make up Region V Systems’ geographical area.

Region V Systems then distributes funding through contracts with local providers and works with system partners that offer many levels of treatment and a broad array of services. To ensure contractual and financial compliance, Region V Systems’ staff conduct contract performance reviews and fiscal audits.



This **publicly funded system** is only one part of the overall behavioral healthcare system in Nebraska. It is considered the *safety net* for those who **meet financial eligibility requirements, are uninsured, underinsured, or have no other means to pay for behavioral healthcare.** Other funding sources such as Medicaid, insurance companies, private businesses, and individuals themselves also influence the way behavioral health services are provided in the state.

*Region V Systems is funded in part from the federal Substance Abuse and Mental Health Services Administration (SAMHSA) and the Nebraska Department of Health and Human Services, Division of Behavioral Health (DBH). Funding includes federal Catalog of Federal Domestic Assistance (CFDA) grant #93.959 and #95.958 (\$3,637,500 or 15%), state funding through DBH contract #37139-Y3 (\$17,981,000 or 77%), and local county dollars (\$1,797,700 or 8%).*

## Network Administration

Region V Systems partners with state agencies, community partners, consumers, families, and other community primary care and behavioral health entities to support a system of care that is integrated and supports the Triple Aim of:

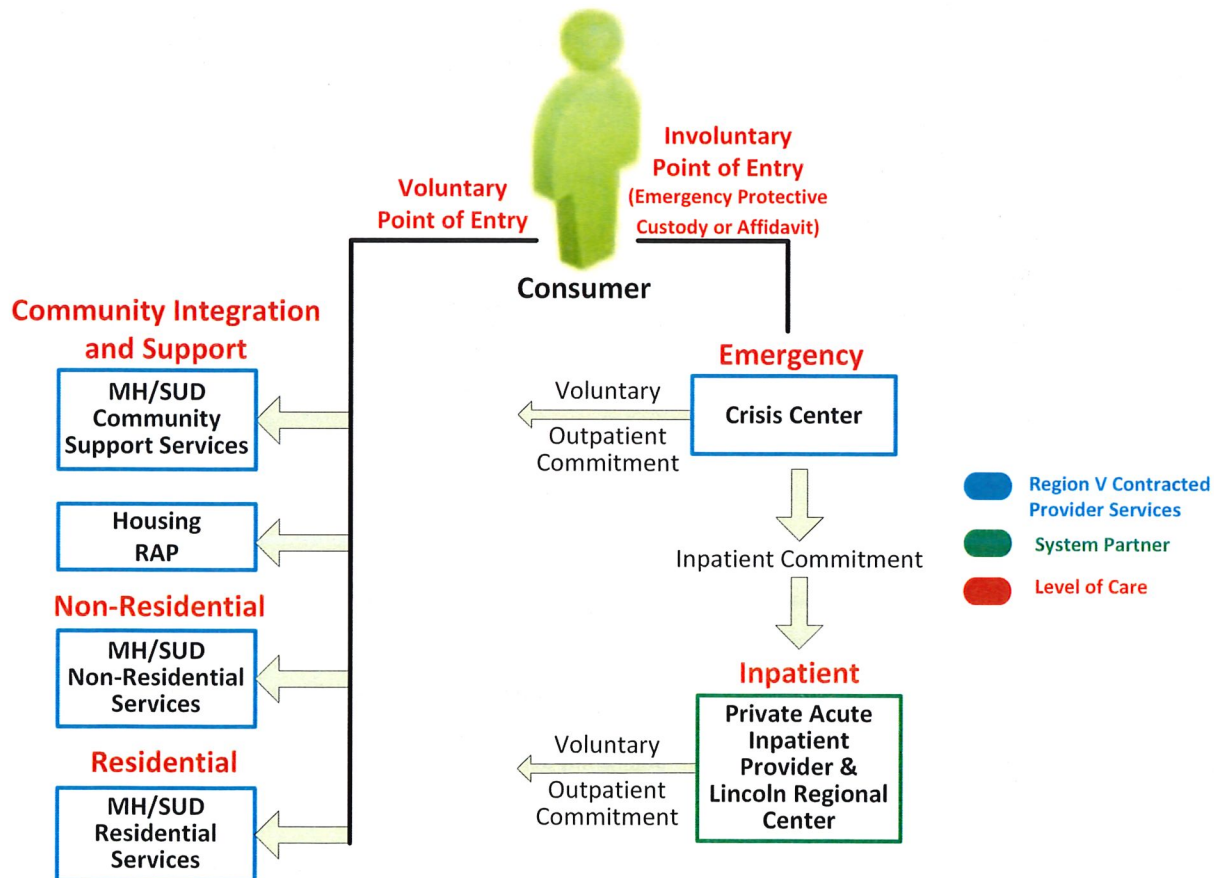
- Enhancing an individual's experience of care (availability, accessibility, quality, and reliability);
- Improving the health outcomes of individuals; and
- Promoting services that are efficient, effective, and in the right amount.

Region V Systems has contractual relationships with a network of behavioral health providers that have met the minimum standards, including national accreditation, to be a part of the Region V Systems' Provider Network and provide publicly funded behavioral health services to the uninsured and underinsured.

In FY 17-18, 12 agencies were part of the Provider Network providing access to an array of quality behavioral health services that promote wellness and recovery. Services are categorized by level of care, including inpatient, residential, non-residential, community integration/support, children's and emergency, based on the intensity of treatment and supports needed. These services are designed to assist youth, adults, and families to reach the goal of recovery to live, work, and participate in their communities.

Following is a chart identifying the different entry points for adult consumers voluntarily and involuntarily entering and moving through the levels of care of the public behavioral health system.

## Adult Behavioral Health System



MH: Mental Health  
SUD: Substance Use Disorder

## REGION V SYSTEMS' SERVICE ARRAY

- Associates in Counseling and Treatment**  
600 North Cotner Boulevard  
Ste. 119  
Lincoln, NE 68505  
Phone: 402-261-6667  
[www.actnebraska.net](http://www.actnebraska.net)  
Assessments - SUD
- Blue Valley Behavioral Health**  
1123 North 9th Street  
Beatrice, NE 68310  
Phone: 402-528-3386  
[www.bvbh.net](http://www.bvbh.net)  
24-Hour Crisis Line; Community Support - MH; Intensive Outpatient - SUD; Medication Management; Outpatient Therapy - MH & SUD; Assessments - SUD
- The Bridge Behavioral Health**  
721 'K' Street  
Lincoln, NE 68508  
Phone: 402-477-3951  
[www.thebridgnebraska.org](http://www.thebridgnebraska.org)  
Emergency Protective Custody; Short-Term Residential - SUD; Intermediate Residential - SUD; Post-Commitment Days; Short-Term Respite; Passages Extended Respite; Social Detoxification
- CenterPointe**  
2633 'P' Street  
Lincoln, NE 68503  
Phone: 402-261-6667  
[www.actnebraska.net](http://www.actnebraska.net)  
Community Support - MH & SUD; Day Rehabilitation (MidPointe); Outpatient Therapy - MH & SUD; Medication Management; Dual Disorder Residential; Assertive Community Treatment (PIER); Recovery Support-MH & SUD; Projects in Assistance to Transition from Homelessness (PATH); Supportive Living; 24 Hour Crisis Line; Psychiatric Residential Rehabilitation (Community Transitions); Peer Specialist; SSI/SSDI Outreach Access and Recovery (SOAR); Youth Mobile Crisis Response
- HopeSpoke (formerly Child Guidance Center)**  
2444 'O' Street  
Lincoln, NE 68510  
Phone: 402-475-7666  
[www.hopespoke.org](http://www.hopespoke.org)  
Assessments - MH & SUD; Outpatient Therapy - MH & SUD; Therapeutic Consultation - MH
- Houses of Hope**  
1124 North Cotner Boulevard  
Lincoln NE 68505  
Phone: 402-435-3165  
[www.housesofhope.com](http://www.housesofhope.com)  
Halfway House; Targeted Adult Service Coordination (TASC); Intensive Community Services - MH; Emergency Community Support - MH & SUD; Crisis Response Team; Recovery Support - MH & SUD; Short-Term Residential (Touchstone); Youth Mobile Crisis Response (TASC)
- Lincoln Medical Education Partnership**  
4600 Valley Road  
Lincoln, NE 68510  
Phone: 402-483-4581  
[www.lmep.com](http://www.lmep.com)  
Assessments-SUD; Adult Outpatient-SUD; Family Support & Advocacy
- Lutheran Family Services**  
2301 'O' Street  
Lincoln, NE 68510  
Phone: 402-435-2910  
[www.lfsneb.org](http://www.lfsneb.org)  
Intensive Outpatient-SUD; Outpatient Therapy-MH & SUD; Community Support -MH; Medication Management; Assessments - SUD; Peer Specialist; Emergency Community Support (Harvest Project)
- Mental Health Association**  
1645 'N' Street  
Lincoln, NE 68508  
Phone: 402-441-4371  
[www.mha-ne.org](http://www.mha-ne.org)  
Supported Employment (HOPE); Hospital Diversion (Keya House)
- Mental Health Crisis Center**  
825 'J' Street  
Lincoln, NE 68508  
Phone: 402-441-8276  
[www.lancaster.ne.gov/mental](http://www.lancaster.ne.gov/mental)  
Emergency Protective Custody; Emergency Crisis Assessment - SUD; Post-Commitment Days
- Region V Systems**  
1645 'N' Street  
Lincoln, NE 68508  
Phone: 402-441-4343  
[www.region5systems.net](http://www.region5systems.net)  
Housing Coordination; Emergency System Coordination; Prevention System Coordination; Consumer Services Coordination; Adult System Coordination; Youth System Coordination Professional Partner Programs: Traditional, Children and Family Services, Prevention, Transition Age, Crisis Response, Juvenile Justice
- St Monica's**  
120 Wedgewood Drive  
Lincoln, NE 68510  
Phone: 402-441-3768  
[www.stmonicas.com](http://www.stmonicas.com)  
Community Support-SUD; Outpatient Therapy-SUD; Intensive Outpatient-SUD; Short-Term Residential; Therapeutic Community; Peer Specialist
- TeleCare Recovery Center at Sarpy**  
2231 Lincoln Road  
Bellevue, NE 68005  
[www.telecarecorp.com](http://www.telecarecorp.com)  
Secure Residential

Adult Community Integration Support

Adult Non-Residential

Adult Residential

Adult Emergency

Youth Non-Residential

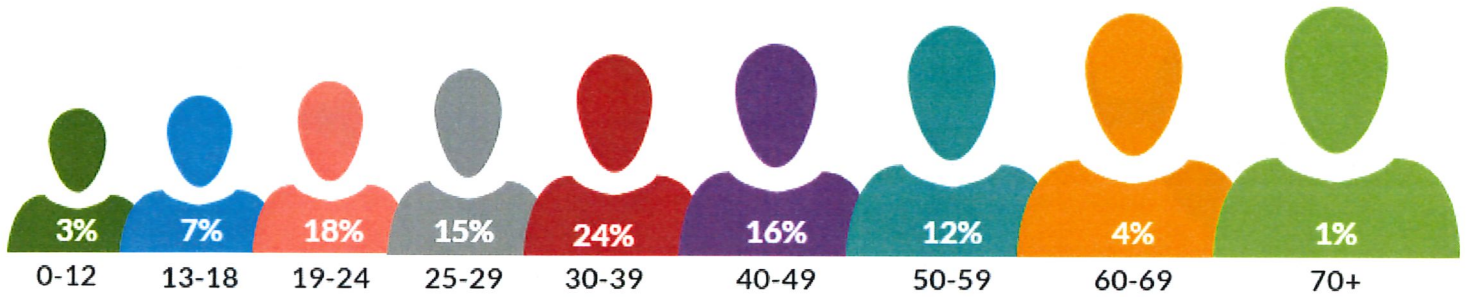
View online:

<http://region5systems.net/who-we-are/provider-network/>



# Behavioral Health Data for Region V-Funded Services

## AGE



|                       | Mental Health | Substance Use Disorder | Total |
|-----------------------|---------------|------------------------|-------|
| Unique Persons Served | 5,436         | 4,762                  | 9,111 |

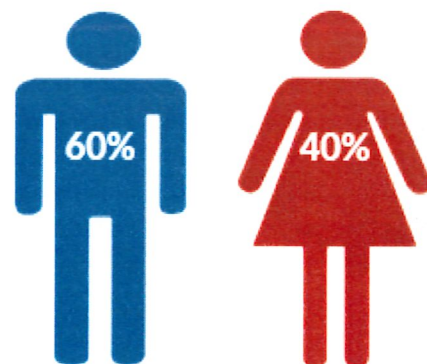
| County of Residence                 | County Residents Served | New Admissions FY 17-18* |
|-------------------------------------|-------------------------|--------------------------|
| Butler                              | 91                      | 111                      |
| Fillmore                            | 93                      | 123                      |
| Gage                                | 494                     | 618                      |
| Jefferson                           | 147                     | 202                      |
| Johnson                             | 46                      | 61                       |
| Lancaster                           | 6,022                   | 9,808                    |
| Nemaha                              | 84                      | 104                      |
| Otoe                                | 198                     | 280                      |
| Pawnee                              | 33                      | 34                       |
| Polk                                | 55                      | 66                       |
| Richardson                          | 135                     | 173                      |
| Saline                              | 197                     | 241                      |
| Saunders                            | 152                     | 206                      |
| Seward                              | 168                     | 197                      |
| Thayer                              | 56                      | 65                       |
| York                                | 310                     | 355                      |
| All Other including "Not Available" | 1,326                   | 2,004                    |
| <b>Region Total</b>                 | <b>9,607**</b>          | <b>14,648</b>            |

## Race



- White (75.30%)
- Black (7.40%)
- American Indian/Alaska Native (3.40%)
- Not Available (8.90%)
- Two or More Races (1.70%)
- Other (2.50%)
- Asian (0.80%)

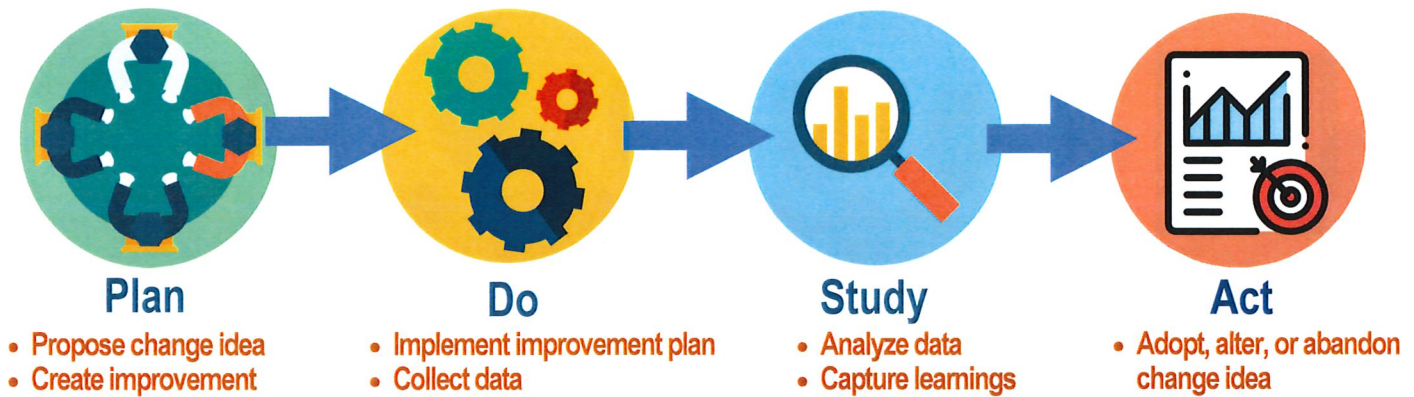
## Gender



\* New Admission: counts only admissions that occurred in FY 17-18 and not admissions in previous year. Some individuals may have been admitted into more than one service.

\*\*Some individuals may have lived in more than one county in FY 17-18.

Region V Systems continually strives to improve the quality of care for consumers by better identifying *who the consumers of services are, what types of services are needed, and what can best be offered to meet their needs.*

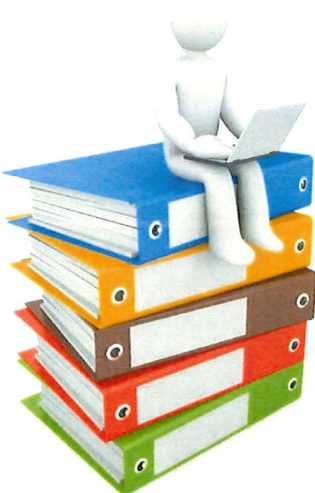


## Regional Quality Improvement

The Regional Quality Improvement Team (RQIT) establishes network accountability for continuous quality improvement by using data to plan, identify, analyze, implement, and report ongoing improvements and celebrates progress, change, and success. RQIT oversees data participation, reporting, quality, and analysis, and provides recommendations or reports to Region V Systems and Network Providers. RQIT also interfaces with the Statewide Quality Improvement Team (SQIT) and the Division of Behavioral Health (DBH). Through Continuous Quality Improvement (CQI) coordination, Region V Systems ensures:

- Services are appropriate to each consumer's needs and are accessible;
- Consumers and families participate in all processes of the CQI program, and their views and perspectives are valued;
- Services provided incorporate best practice, evidence-based practice, and effective practices; and
- Services are of high quality and provided in the most cost-effective manner.

## Compass



Region V Systems contracts with H4 Technology, LLC to create an electronic health record software system called Compass for records management. Compass assists Region V Systems to achieve its goals of: 1) elimination of dual entry, 2) simplifying workflows, 3) maintaining data consistency between Region V Systems and the Division of Behavioral Health's Central Data System, 4) supporting all providers in the network with the exchange of information in their preferred fashion, and 5) creating analytic and reporting dashboards.

Compass will act as a reporting mechanism for filtering and comparing data. It allows Region V Systems and the Network Providers to customize dashboards to quickly and easily obtain critical region-wide information to assist in making data-driven decisions based on predefined, measurable outcomes. Compass will assist the System of Care with making observations, identifying trends, performance improvement, and planning for consumers' access to services, effectiveness, efficiency, satisfaction, and utilization.

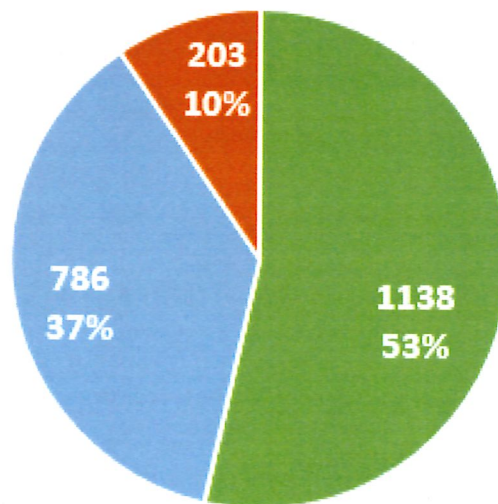
## Outcomes: Measuring Consumer Recovery

Each Network Provider identifies and implements an outcome evaluation tool to measure consumer functioning and report individual consumer scores for consumers receiving services funded by Region V Systems. Tools utilized are:

- Daily Living Activities-20 (DLA-20);
- Brief Addiction Monitor-Revised (BAM-R);
- Basis-24;
- Child Adolescent Functioning Scale (CAFAS);
- Quality of Life Attainment Scale (QLA); and
- Outcome Questionnaire (OQ 45.2, YOO, YOQ-SR, SOQ).

Functioning tools monitor and measure consumers' outcomes by comparing enrollment scores to discharge scores, showing progress or improvement in the consumer's road to recovery.

**Consumer Recovery Outcomes**  
**When Comparing Admission to Discharge/Most Recent Scores**  
**FY 17-18**  
**n=2,127**



■ **Significant Improvement**   ■ **No Change**   ■ **Significant Decline**

**Significant Improvement:** statistically (not likely to have happened by chance) and/or clinically significant (real effect on daily life) improvement

**No Change:** no significant difference between admission and discharge/most recent scores

**Significant Decline:** statistically (not likely to have happened by chance) and/or clinically significant (real effect on daily life) decline

## Cluster-Based Planning (CBP)

In 2010, Region V Systems implemented Cluster-Based Planning (CBP) in partnership with its creator, Bill Rubin, Synthesis, Inc., as a tool for Region V Systems' Network Providers to improve care for adults with Severe and Persistent Mental Illness (SPMI) or Alcohol and Other Drugs (AOD) and for youth with behavioral health issues. CBP believes consumers should not receive services as a single homogenous group. Instead, they should be comprised of distinct natural subgroups, or "clusters."

CBP is an emerging best practice that identifies subgroups (clusters) of individuals who share common bio-psychosocial histories, problems, strengths, and life situations. By describing different clusters, better identifying and measuring targeted outcomes, and tracking accompanying services and costs, the system can begin to answer the questions of "what works, for whom, and at what cost."

The following charts indicate a snapshot of a few consumer outcomes by cluster (consumers served by network providers):

| Behavioral Health Landscape | Proportion of People Served (unduplicated) | Cluster Membership | Proportion of People Served with Significant Improvement                        |         |      |
|-----------------------------|--|--------------------|---|---------|------|
| Persons with SPMI           | 190/1545                                   | 12%                | 3A- Severely Disabled in Many Life Areas  | 26/40   | 65%  |
|                             | 91/1545                                    | 6%                 | 5- Functioned Well in Community   | 20/33   | 61%  |
|                             | 393/1545                                   | 25%                | 4A- Anxiety and Depression and Avoid Growth                                     | 43/79   | 54%  |
|                             | 115/1545                                   | 7%                 | 2B- Severe Substance Abuse/Less Severe Mental Health Problems                   | 30/57   | 53%  |
|                             | 96/1545                                    | 6%                 | 1- Chronic and Serious Physical Health Conditions/Psychiatric Disabilities      | 14/28   | 50%  |
|                             | 535/1545                                   | 35%                | 2A- Serious Substance Abuse/Mental Health and Community Living Problems         | 100/209 | 48%  |
|                             | 65/1545                                    | 4%                 | 3B- Severe Psychiatric Illnesses Began More Recently/Not Convinced of Treatment | 10/26   | 38%  |
|                             | 60/1545                                    | 4%                 | 4B- Anxiety and Focus on Physical Health  | 2/6     | 33%  |
| Adults<br>AOD-Men           | 59/624                                     | 9%                 | M2- Unable to Deal with High Expectations                                       | 54/59   | 92%  |
|                             | 248/624                                    | 40%                | M8- Substance Abuse with Less Severe Mental Health Problems                     | 134/156 | 86%  |
|                             | 28/624                                     | 4%                 | M4- Culturally Isolated - No Need to Change                                     | 14/18   | 78%  |
|                             | 43/624                                     | 7%                 | M1- Expect Others to Meet Their Needs   | 23/30   | 77%  |
|                             | 172/624                                    | 28%                | M7- Substance Abuse & Severe Mental Health Problems                             | 80/104  | 77%  |
|                             | 42/624                                     | 7%                 | M3- Use Threats/Intimidation to Get Needs Met                                   | 18/24   | 75%  |
|                             | 22/624                                     | 4%                 | M5- Addicted to Opiates or Pain Medications                                     | 14/19   | 74%  |
|                             | 10/624                                     | 2%                 | M6- Younger Men Addicted To Heroin or Cocaine & On Streets                      | 9/13    | 69%  |
| Adults<br>AOD-Women         | 24/431                                     | 6%                 | W7- Controlled by Others with Limited Expectations                              | 15/15   | 100% |
|                             | 11/431                                     | 3%                 | W1- More Mature Addicted to Crack, Narcotics and Other Street Drugs             | 8/9     | 89%  |
|                             | 18/431                                     | 4%                 | W10- Worn Down from Generational Poverty & Addiction                            | 15/17   | 88%  |
|                             | 82/431                                     | 19%                | W8- Use to Deal with Family/Social Issues                                       | 56/65   | 86%  |
|                             | 29/431                                     | 7%                 | W4- More Mature Alcohol Abusers   | 22/26   | 85%  |
|                             | 29/431                                     | 7%                 | W2- Addicted to Exciting Lifestyle  | 19/23   | 83%  |
|                             | 33/431                                     | 8%                 | W9- Unintentionally Dependent on Drugs  | 28/36   | 78%  |
|                             | 76/431                                     | 18%                | W5- Substance Abuse with Severe Mental Health Problems                          | 22/34   | 65%  |
|                             | 15/431                                     | 3%                 | W3- Addicted to Medications or Other Drugs/Avoid Consequences                   | 7/11    | 64%  |
|                             | 114/431                                    | 26%                | W6- Mental Health Problems & Survivors of Trauma                                | 48/77   | 62%  |
| Youth<br>Youth              | 2/371                                      | 1%                 | 9- Involved in Sexual Offenses  | 3/3     | 100% |
|                             | 124/371                                    | 33%                | 8- Youth Struggling with Life Crises  | 11/15   | 73%  |
|                             | 15/371                                     | 4%                 | 4- Sexually/Physically Abused   | 7/10    | 70%  |
|                             | 51/371                                     | 14%                | 1- Neuro-Behavioral Conditions  | 20/31   | 65%  |
|                             | 19/371                                     | 5%                 | 10- Cognitive Limitations & Behavior Problems                                   | 12/19   | 63%  |
|                             | 52/371                                     | 14%                | 2- Depressed/Suicidal   | 14/24   | 58%  |
|                             | 14/371                                     | 4%                 | 6- Problems with Substance Abuse  | 7/12    | 58%  |
|                             | 35/371                                     | 9%                 | 3- Severe Behavior Problems   | 10/21   | 48%  |
|                             | 34/371                                     | 9%                 | 7- Very Anxious Youth   | 4/9     | 44%  |
|                             | 25/371                                     | 7%                 | 5- Affected by Trauma   | 5/12    | 42%  |

# National Outcome Measures (NOMs)

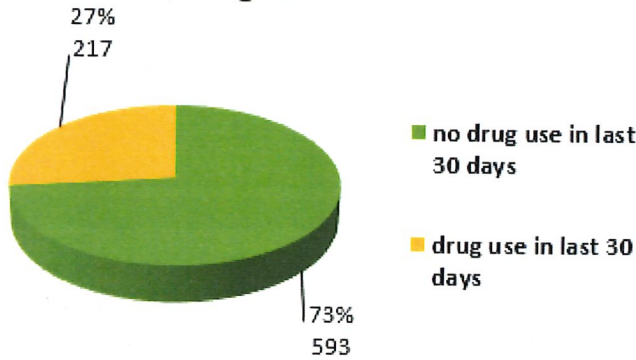
National Outcome Measures developed by Substance Abuse and Mental Health Services Administration (SAMHSA), in collaboration with the states, have identified domains as our National Outcome Measures, or NOMs. The domains embody meaningful, real life outcomes for people who are striving to attain and sustain recovery, build resilience, and work, learn, live, and participate fully in their communities.

Region V Systems' Compass software assists us in automating the collection, computing of scores, and graphically illustrating consumers' progress in achieving national outcome measures.

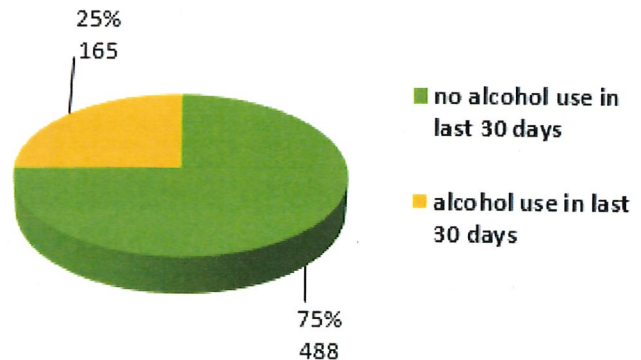
The NOMs domains focus on consumers achieving/sustaining employment or enrollment in school (Employment/Education), reduce arrests (Crime & Criminal Justice), increase stability in housing (Stability in Housing), abstinence or reduction from drug/alcohol use (Reduced Morbidity).

NOMs are calculated by comparing a consumer's status at enrollment vs. discharge. The following charts indicate a snapshot of Region V Systems' aggregate performance of the NOMs in relation to employment, crime, housing, and drug/alcohol use.\*

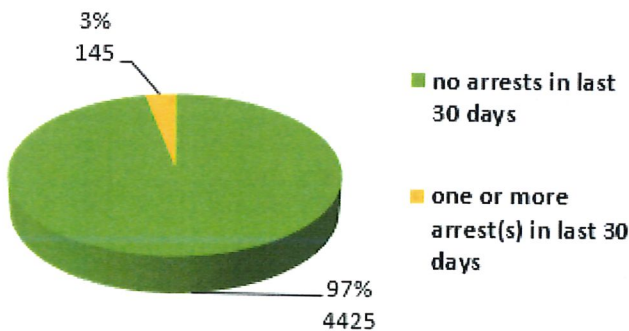
### Drug Abstinence



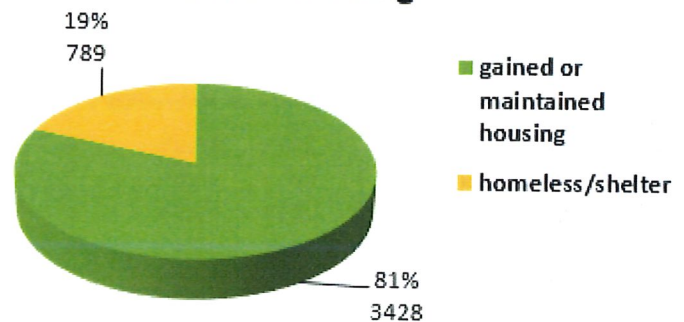
### Alcohol Abstinence



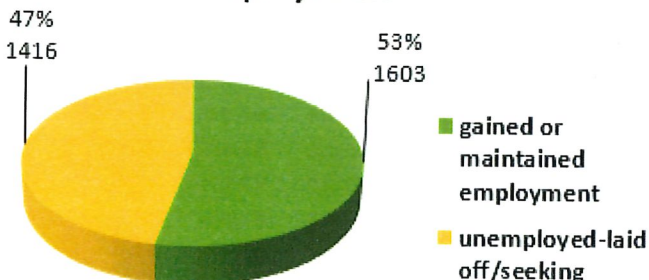
### Criminal Justice



### Stable Housing



### Employment



\*There is exclusion criteria for each of the National Outcomes Measures. For example, persons not in the labor force (i.e. disabled, retired, unemployed-not seeking, etc.) are excluded from the Employment NOM calculation.

## Perception of Care

In an effort to assess the consumer's point of view as to the quality and effectiveness of services delivered, Region V Systems' Provider Network added two questions to a consumer survey collected by each agency at various points of service and at discharge:

1. Would they return to this provider if they needed services in the future? and
2. Would they recommend this provider to a friend or a family member?

The graph below illustrates an aggregate of consumer responses from all providers in the network by fiscal year.

### ACTUAL PERFORMANCE

| Fiscal Year (FY) | Return to Provider | Recommended Provider | Target | Lower Threshold |
|------------------|--------------------|----------------------|--------|-----------------|
| FY 17-18         | 91%                | 91%                  | 100%   | 85%             |
| FY 16-17         | 91%                | 92%                  | 100%   | 85%             |
| FY 15-16         | 93%                | 93%                  | 100%   | 85%             |
| FY 14-15         | 91%                | 88%                  | 100%   | 85%             |
| FY 13-14         | 90%                | 90%                  | 100%   | 85%             |
| FY 12-13         | 93%                | 94%                  | 100%   | 85%             |
| FY 11-12         | 93%                | 94%                  | 100%   | 85%             |

## Mental Health Statistics Improvement Program (MHSIP) Consumer Satisfaction Survey

The Department of Health and Human Services' Division of Behavioral Health administers a behavioral health consumer survey to solicit input from persons receiving mental health and/or substance use services on the quality and impact of services received. Survey areas include: access, quality, outcomes, participation in treatment planning, general satisfaction, functioning, and social connectedness. For a complete viewing of the report visit [http://dhhs.ne.gov/Behavioral\\_Health/Pages/behavioral\\_health\\_index.aspx](http://dhhs.ne.gov/Behavioral_Health/Pages/behavioral_health_index.aspx). Below are a few outcomes comparing Region V Systems' performance to statewide average data:



### Satisfied with Services Received

| Region V Systems |       | State of Nebraska |       |
|------------------|-------|-------------------|-------|
| 2013             | 84.9% | 2013              | 85.0% |
| 2014             | 80.8% | 2014              | 78.8% |
| 2015             | 85.7% | 2015              | 86.6% |
| 2016             | 82.5% | 2016              | 84.1% |
| 2017             | 85.2% | 2017              | 86.1% |



### Improved Level of Functioning

| Region V Systems |       | State of Nebraska |       |
|------------------|-------|-------------------|-------|
| 2013             | 70.9% | 2013              | 71.2% |
| 2014             | 70.3% | 2014              | 74.3% |
| 2015             | 75.1% | 2015              | 73.1% |
| 2016             | 65.6% | 2016              | 68%   |
| 2017             | 70.4% | 2017              | 69.9% |



### Services Were Appropriate and of Good Quality

| Region V Systems |       | State of Nebraska |       |
|------------------|-------|-------------------|-------|
| 2013             | 84.3% | 2013              | 86.2% |
| 2014             | 84.8% | 2014              | 84.8% |
| 2015             | 85%   | 2015              | 87.4% |
| 2016             | 83%   | 2016              | 86%   |
| 2017             | 83.3% | 2017              | 85.9% |



### Services were Accessible

| Region V Systems |       | State of Nebraska |       |
|------------------|-------|-------------------|-------|
| 2013             | 82.7% | 2013              | 82.3% |
| 2014             | 80.8% | 2014              | 81.4% |
| 2015             | 83.7% | 2015              | 82.8% |
| 2016             | 81.5% | 2016              | 81.3% |
| 2017             | 79.8% | 2017              | 82.3% |

Along with an array of mental health and substance abuse programs, Region V Systems engages in initiatives that augment existing community-based services. **Following are initiatives currently underway** with the intent to bolster the existing public behavioral health system:

## Complexity Capable Care

Since FY 12-13, Network Providers in all six Behavioral Health Regions have participated in a quality improvement initiative **utilizing the values and principles of “Complexity Capability” to advance both organizationally and clinically effective care for individuals and families with complex co-occurring mental health and substance abuse disorders.**

The initiative **links the COMPASS-EZ**, an organizational self-assessment tool, **with the evidence-based practice of *Stages of Change*** to create recovery plans that include appropriate stage-based interventions and seeks to remove organizational and clinical barriers to effective care. Statewide and local trainings were facilitated by Drs. Ken Minkoff and Christie Cline, ZIA Partners, Inc. and developers of the COMPASS-EZ, on the Comprehensive Continuous Integrated System of Care.

Network Providers administered the *COMPASS-EZ*, setting a baseline to identify each agency’s co-occurring capability in the following domains:

- Program Philosophy, Program Policies, Quality Improvement and Data
- Access, Screening and Identification, Recovery Orientation Assessment
- Person-Centered Planning, Recovery Programming, Recovery Relationships
- Recovery Program Policies, Psychopharmacology, Discharge/Transition Planning
- Collaboration/Partnerships, Staff Training, Staff Competency

Strengths, areas for continued growth, and plans for improvement were outlined. Reassessments of providers in FY 16-17 identified Region-wide progress in all domains.

## Trauma-Informed Care

Trauma-Informed Care is a statewide initiative to ensure all Network Providers:

- are informed about the effects of psychological trauma;
- screen for trauma symptoms and history of traumatic events;
- provide ongoing assessment of trauma symptoms and problems related to trauma;
- offer services that are recovery-oriented and trauma-sensitive;
- increase the provision of trauma-informed and trauma-specific services; and
- understand that re-traumatization may occur if safe, effective, and responsive services are not available for consumers.

Region V Systems facilitates a **Trauma-Informed Workgroup** comprised of consumers, Network Providers, Region V staff, and other community stakeholders, responsible for planning, developing, marketing, implementing, and evaluating strategies to increase awareness and promote a trauma-informed service delivery system. **In FY 17-18, the Trauma-Informed Workgroup focused on increasing evidence-based, trauma-specific treatment services** within Region V by sponsoring and coordinating Eye Movement Desensitization and Reprocessing (EMDR) training and ongoing consultation. Trauma funds also supported the annual Behavioral Threat Assessment Training (BETA), which is geared towards law enforcement with one training objective being to increase the understanding of trauma and increase trauma sensitivity amongst law enforcement officers who work with mutual consumers in our emergency services.

**BETA: 98 people trained; 21 agencies represented**

**EMDR: 30 people trained, 7 agencies represented**

## Culturally and Linguistically Appropriate Services (CLAS)

**CLAS is broadly defined as care and services that are respectful of and responsive to the cultural and linguistic needs of all individuals.** Health inequities result in disparities that directly affect quality of life. National CLAS standards have been defined to advance health equity, improve quality, and help eliminate health care disparities. CLAS Standards establish a blueprint to guide efforts that address racial and ethnic health disparities and implement culturally and linguistically appropriate services.

Since 2003, Region V Systems has hosted a CLAS Coalition to address cultural and linguistically specific issues. Coalition membership is open to anyone interested in cultural and linguistic services and supports.

Through CLAS identified funding, the Coalition helps to reimburse providers for interpretation services and other supports related to CLAS activities. The following chart identifies funding allocated:

| Agency   | Award   | Purpose  |
|--|---------|--|
| Blue Valley Behavioral Health                            | \$630   | Reimbursement of interpretation services   |
| CenterPointe   | \$105   | Reimbursement of interpretation services   |
| LMEP-SCIP (School Community Intervention and Prevention) | \$1,500 | Translation of parent materials into Arabic, Kurdish, Karen Vietnamese, Nuer, and Ukrainian.                             |
| LMEP – Stepping Stones for Families                      | \$1,500 | Translation of brochure, consumer satisfactions survey, and intake forms   |
| Lutheran Family Services                                 | \$1,500 | Provide CLAS training to LFS providers   |
| Lutheran Family Services                                 | \$4,025 | Reimbursement of interpretation services   |
| Mental Health Association of Nebraska                    | \$1,500 | Implement a 9-week Wellness Recovery Action Plan session for people who are deaf or hard of hearing in the Region V area |
| <b>TOTAL: \$10,760</b>                                   |         |  |

## Opioid Crisis Grant

Region V partnered with Nebraska Department of Health & Human Services, Division of Behavioral Health in implementing the State Targeted Response to the Opioid Crisis Grant, a grant funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT) and Center for Substance Abuse Prevention (CSAP). These funds aim to address the opioid crisis by increasing access to treatment, reducing unmet treatment need, and reducing opioid overdose-related deaths through the provision of prevention, treatment, and recovery activities for opioid use disorder (OUD) (including prescription opioids as well as illicit drugs such as heroin). In Region V, funds supported the following activities:

- Implementation of primary and secondary prevention using evidence-based methods defined by SAMHSA or CDC, proven to reduce the number of persons with OUDs and OUD-associated deaths.
- Expanded access to the clinically appropriate evidence-based practices (EBP) of medication-assisted treatment (MAT) for opioid disorders. Individuals received assistance with treatment and support of their path to recovery by providing funding for medication-assisted treatment through the use of the FDA-approved medication, buprenorphine.

For more information on the Prevention activities funded under the Opioid Crisis Grant, please see page 20.



## Behavioral Health/Primary Care Integration

Public behavioral health providers and primary care providers demonstrate a belief in and commitment to whole healthcare and understand that treating mental health, physical health, and substance use in an integrated care fashion maximizes consumer outcomes and recovery.

The purpose and focus of the behavioral health/primary care integration initiative in Region V has been to support a patient-centered medical home model and the integration of primary care and behavioral health care. Region V Systems has promoted integration since 2011 by supporting access for individuals to primary health care and a medical home at Bluestem Health, formerly known as People's Health Center (PHC), utilizing vouchers for consumers to receive behavioral health services. Conversely, Bluestem prioritizes behavioral health screening and referral to treatment. In FY 17-18, 256 persons served received primary health care services through Region V Systems' voucher funding.

## Medication Support

Medication support is a service enhancement and quality improvement component of services, attempting to favorably impact the clinical and economic outcomes for consumers. It provides:

- ancillary assistance in the delivery of medication management services in an outpatient behavioral health setting; and
- interim access to medications as other more sustainable means are secured for the persons served.

In FY 17-18, funding in the amount of \$55,261 was utilized for mental health services and \$42,761 for substance use disorder services to provide this ancillary service enhancement.

## Projects for Assistance in Transition From Homelessness (PATH)

### PATH Street Outreach

CenterPointe's street outreach program staff actively seek consumers who are homeless and have serious mental illness or co-occurring mental health and substance use issues. Outreach workers assist consumers living in shelters, on the streets, or in inappropriate settings through face-to-face contact. This allows the worker and consumer to tap into appropriate services for behavioral and primary healthcare, housing, and entitlement programs. Through the program, the participant's immediate needs are also addressed (e.g., crisis intervention, food, clean clothing, hygiene kits, and blankets).

### PATH Care Management Services

Through community referrals or street outreach contacts, enrolled participants are assigned a care manager who coordinates their care. Care management services are provided in a variety of locations including: the consumer's home, shelters, the street, soup kitchens, and program staff offices. Based on individual needs, PATH Care Management focuses on appropriate housing while addressing participants' behavioral and primary care issues.

In addition to initiatives, service enhancements, and network management, Region V Systems also provides **overall system coordination** in partnership with providers, consumers, community hospitals, local coalitions, housing providers, landlords, local schools, vocational/employment agencies, advocacy organizations, criminal justice, county services, the Department of Health and Human Services, probation, law enforcement, community youth-serving agencies, and other stakeholders. Five areas of System Coordination are provided: Prevention System Coordination, Housing Coordination, Consumer Coordination, Emergency System Coordination, and Youth System Coordination. System Coordination brings individuals/agencies together to plan, strategize, prioritize, reach solutions, and monitor to ensure services are accessible, available, and that duplication of efforts are minimized.

## Prevention System Coordination

Region V's Prevention System Coordination is a collaborative partnership among community coalitions, service providers, the Youth Action Board, and various community stakeholders to address substance abuse priorities and mental health promotion. The federal **Strategic Prevention Framework Model** is used to drive strategies in each community, which include: assessment, capacity development, planning, implementation, and evaluation. Prevention System Coordination provides ongoing technical assistance and trainings for all coalitions and stakeholders in southeast Nebraska as well as with statewide partnerships. Data collected every two years among participating schools drives coalitions' annual strategic plans to achieve measurable outcomes. A listing of coalitions can be found on page 18.

Prevention System Coordination manages funding from five different sources, which are identified below, to accomplish its strategic plan goals.

### Evidence-Based Practices (EBP)

Funding Source: SAMSHA Federal Block Grant



**100%**  
of funded coalitions  
are utilizing data-driven/  
evidence-based programs  
and strategies

Region V Systems provides funding, technical assistance, and coordination to coalitions within Region V Systems' service area. **These local prevention coalitions** submit an annual strategic plan based on data-driven prevention needs within their respective counties. A total of 16 evidence-based strategies and programs are implemented by the coalitions. All 16 counties received SAMSHA Prevention Grant Funding.

Multi-county strategies used in all 16 counties include: **Communities Mobilizing for Change, Second Step, and Responsible Beverage Training**. On the following page is a directory of the county coalitions in Region V, listing the additional Evidence Based Strategies utilized by each.

Alcohol inspections are a strategy within Communities Mobilizing for Change to conduct compliance checks on area retailers to ensure compliance with state liquor laws. Law enforcement partners with underage youth, trained by law enforcement, in conducting these checks throughout the Region. The goal of compliance checks is to reduce rates of sales to youth, increase awareness of liquor laws, support the business community with education and fair warnings of upcoming checks, and improve case outcomes for non-compliant businesses. **A 95% compliance rate is the regional target.**

| 2017-2018 Multi-County Alcohol Inspections (Compliance Checks) |     |
|--|-----|
| Number of Inspections  | 426 |
| Number Passed  | 384 |
| Percent of Inspections that Passed                             | 90% |

## PROMOTING COMPREHENSIVE PARTNERSHIPS IN BEHAVIORAL HEALTH THROUGH REGIONAL PREVENTION COORDINATION

Multi-county strategies utilized by all coalitions are:

- Communities Mobilizing for Change
- Compliance Checks
- Second Step
- TalkAboutAlcohol.org website

### Directory and listing of Evidence Based Practices (EBP) utilized by each county coalition

#### Butler County Believes in Youth Coalition

2850 County Road L  
Weston, NE 68070  
Sam Stecher  
[bbyccoordinator@gmail.com](mailto:bbyccoordinator@gmail.com)  
402-545-2081

EBP: D.A.R.E., Mentoring

#### Jefferson County Prevention Coalition

Public Health Solutions  
995 Hwy 33, Ste 1  
Crete, NE 68651  
Jill Kuzelka  
[jkuzelka@phsneb.org](mailto:jkuzelka@phsneb.org)  
402-826-3880

EBP: Circle of Security, Mentoring

#### Saline County (CURB) Prevention Coalition

421 W. Ash Street  
Wilber, NE 68465  
Tim McDermott  
[nebraskatim@gmail.com](mailto:nebraskatim@gmail.com)  
402-323-8868

#### Southeast District Prevention Partnerships (Johnson, Nemaha, Otoe, Pawnee, and Richardson counties)

2511 Schneider Avenue  
Auburn, NE 68305  
Amanda Drier  
[grant@sedhd.org](mailto:grant@sedhd.org)  
402-274-3993

EBP: Alcohol Wise, Circle of Security, D.A.R.E., Unique YOU

#### Fillmore County Coalition

Public Health Solutions  
995 Hwy 33, Ste 1  
Crete, NE 68651  
Jill Kuzelka  
[jkuzelka@phsneb.org](mailto:jkuzelka@phsneb.org)  
402-826-3880

EBP: Circle of Security

#### Lancaster Prevention Coalition

1645 N Street  
Lincoln, NE 68508  
Teri Effle  
[lancasterprevention@gmail.com](mailto:lancasterprevention@gmail.com)  
402-441-4367

EBP: 3rd Millennium, ALL Stars, Creating Lasting Family Connections, Love and Logic, WRAP

#### Saunders County Prevention Coalition

387 N. Chestnut Street, Suite 1  
Wahoo, NE 68066  
Amber Pelan  
[APelan@co.saunders.ne.us](mailto:APelan@co.saunders.ne.us)  
402-443-8107

EBP: ALL Stars, D.A.R.E, Mentoring, WRAP

#### Thayer County Healthy Communities Coalition

PO Box 91  
Hebron, NE 68370  
Phone: 402-441-4346  
Jill Kuzelka  
[jkuzelka@phsneb.org](mailto:jkuzelka@phsneb.org)  
402-826-3880

EBP: Stay on Track

#### Gage County MAPS Coalition

320 N. 5th Street  
Beatrice, NE 68310  
Christina Lyons  
[clyons@bpsnebr.org](mailto:clyons@bpsnebr.org)  
402-806-7783

EBP: Mentoring, Prescription Drug Take Back

#### Polk County Substance Abuse Coalition

330 N State Street, PO Box 316  
Osceola, NE 68651  
Darla Winslow  
[darlawins@yahoo.com](mailto:darlawins@yahoo.com)  
402-747-2211

EBP: Mentoring

#### Seward County Prevention Coalition

616 Bradford Street  
Seward, NE 68434  
Megan Kahler  
[Megan@CultivateSewardCounty.com](mailto:Megan@CultivateSewardCounty.com)  
402-643-4189

EBP: BIST, D.A.R.E., Mentoring

#### York County Prevention Network

1417 Kennedy Drive  
York, NE 68467  
Irene Duncan  
[iduncan@neb.rr.com](mailto:iduncan@neb.rr.com)  
402-362-5165

EBP: Mentoring

The Regional Prevention Coordination also provides support to the Southeast Nebraska **Native American Coalition (SENNAC)**, whose purpose is to fund behavioral health and cultural priorities among First Nation populations in southeast Nebraska and the **Culturally and Linguistically Appropriate Services (CLAS) Coalition**, whose focus is addressing culturally and linguistically specific issues in behavioral health. Please see page 15 for more information on CLAS activities.

## Prevention Mini-grants

Funding Source: SAMSHA Federal Block Grant

The purpose of prevention mini-grants is to build community capacity to support and sustain substance abuse prevention efforts throughout southeast Nebraska. The intent is that it be used as “seed” money to start programs, organizations, and community coalitions, ensuring comprehensive community approaches for preventing alcohol, tobacco, and other drug abuse. Priority for funding goes to activities including: parenting empowerment, environmental efforts, or education/alternatives for youth, including higher-risk populations. Preference is also given to smaller groups or organizations with fewer grant-writing resources in order to build their capacity to participate in prevention efforts. **In FY 17-18, \$20,690 in funding was granted for various prevention activities within Region V Systems’ service area.**

| Agency  | Award   | Purpose   |
|---|---------|---|
| Bruning-Davenport USD Thayer County Healthy Communities       | \$500   | Youth leadership summit   |
| Deshler Public Schools – Thayer County Healthy Communities    | \$1,200 | Youth Leadership summit   |
| Four Corners Health Department                                | \$2,541 | WRAP training   |
| Gage County MAPS Community Coalition                          | \$506   | Reaching Teens training materials   |
| Lincoln Medical Education Partnership (SCIP)                  | \$2,900 | 3rd Millennium online course for alcohol/marijuana                                    |
| Saunders County Youth Services / Prevention Coalition         | \$2,774 | Wellness Recovery Action plan training; presentation for brain and spinal cord injury |
| Seward High School  | \$2,750 | Pride and social media parent presentation  |
| Southeast Nebraska CASA                                       | \$500   | Youth activity book   |
| Southeast Nebraska Community Action Partnership, Inc. (SENCA) | \$1,000 | CASA training   |
| Southeast Nebraska Youth Empowerment council                  | \$1,240 | Youth training  |
| Thayer Central Community Schools – Thayer County Healthy      | \$600   | Speaker fee   |
| York County Drug Task Force                                   | \$3,000 | Community education on alcohol and drugs  |
| Yutan Public Schools  | \$1,179 | Second Step curriculum  |
| <b>TOTAL: \$20,690</b>  |         |   |

## Youth Action Board

Funding Source: SAMSHA Federal Block Grant



**100%**  
of all counties in  
Region V had youth  
representation on our  
Youth Action Board

Regional Prevention Coordination (RPC) works with a Youth Action Board (YAB), comprised of youth leaders who represent their respective local prevention coalitions. The YAB, in partnership with RPC, facilitates two annual regional youth events,

Red/White Tailgate and June Jam. Both events promote substance abuse prevention among underage youth in grades 7-12. In FY 17-18, over 700 youth and adult sponsors participated at the Red/White Tailgate, and 235 youth and adults at the June Jam event.

The YAB has also initiated, and is promoting, a social movement campaign, “I am One of Many.” The campaign encourages youth to be part of a larger group of youth that choose to abstain from alcohol and drugs, bullying, negative behaviors, and taking unhealthy risks. YAB promotes the movement regionally, with efforts to spread the message statewide.



YOUTH ACTION BOARD

**Lancaster Partnership for Success****Funding Source: SAMSHA Partnership for Success Grant**

This five-year grant supported strategies in Lancaster County in addressing parent/youth communication specific to alcohol and substance abuse, including a user-friendly website ([talkaboutalcohol.org](http://talkaboutalcohol.org)), and evidence-based programming, including Communities Mobilizing for Change, Creating Lasting Family Connections, and the placement of Second Step, a social-emotional learning curriculum, in all elementary and middle schools throughout Lincoln Public Schools.

**Mental Health First Aid (MHFA)****Funding Source: Mental Health First Aid Grant**

Region V has a team of certified trainers to conduct evidence-based MHFA training. MHFA is a public education program that helps the public to identify, understand, and respond to individuals showing signs of mental illness or substance use disorder. MHFA is an 8-hour interactive course where participants learn information on mental illness and addiction, risk factors, and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and how to connect an individual with help and support. There are two courses, Adult and Youth Mental Health First Aid. **99% of people completing the MHFA course would recommend the course to others.**

**Suicide Prevention****Funding Source: Garrett Lee Smith Suicide Prevention Grant**

Region V has been actively involved in suicide prevention efforts for the last four years. Nebraska is 37<sup>th</sup> in the nation for suicide rates in adults but in the top ten for youth suicide rates. Primary efforts are identified below:

- **Question, Persuade and Refer (QPR)** trainings are designed to reduce suicidal behavioral and save lives by providing innovative, practical, and proven strategies to assist someone in crisis. Within the last four years, over **8,500 individuals** throughout Region V have received this life-saving training.
- **Local Outreach to Suicide Survivors (LOSS) Teams** are based on a nationally-recognized postvention effort to bring immediate support to survivors of suicide. The team consists of survivor volunteers (persons who have experienced the suicide of a loved one) and trained mental health professionals activated by first response officials to the scene of a suicide to offer resources, support, and hope. Research has shown this intervention increases survivors' likelihood of seeking help and reduces the risk to attempt or complete suicide themselves. Lancaster County has a team in place, and two teams are being developed, one in Gage and Jefferson counties and one in Seward, York, Polk, and Butler in partnership with the Four Corners Health District.
- **Hope Squads** are a school-based peer-to-peer suicide prevention program. Students are selected by their peers and trained to recognize warning signs in depressed or suicidal peers and empowered to seek help and save a life. Middle and high schools in McCool Junction, Beatrice, Osceola, and York (K-12) were all trained in this model this year as well as trainings provided to Lincoln High, Southeast Community College, and Seward St. Johns Lutheran (elementary).

**Opioid Prevention****Funding Source: SAMSHA State Targeted Response to Opioid Crisis Grant**

One objective of the opioid crisis grant is implementation of primary and secondary prevention, using evidence-based methods. Some of the accomplishments in prevention in year one of the grant are as follows:

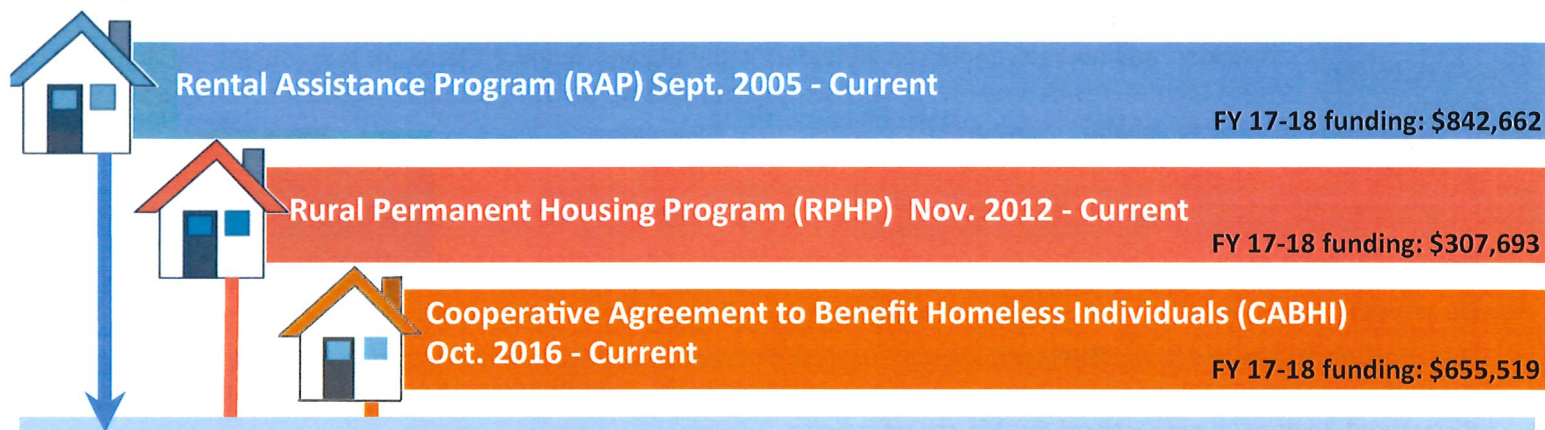
- Efforts supported **workforce development**; Southeast Nebraska Health District assisted with capacity development and engaging law enforcement and hospitals.
- The **Dose of Reality** media campaign was disseminated through movie trailers, radio spots, and posters strategically placed in doctors' offices, churches, and schools.
- **MedSafes** are a disposal system for unused and expired medications and meet the requirement of the DEA Controlled Substances Act. These receptacles were installed in rural hospitals in Richardson, Johnson, and Nemaha counties and the sheriff's department in Pawnee County.
- **Prescription drug monitoring guidelines** information was disseminated throughout the Region.

## Housing Coordination

Region V Systems' housing programs provide safe, secure, affordable housing – together with supportive services – so that consumers can begin to work toward recovery. Together with the state and local Continuums of Care for the Homeless, Region V works to house vulnerable adults who have mental health and substance abuse issues.

Region V Systems is an active member of both the Balance of State Continuum of Care (CoC) and the Lincoln CoC, also known as the Lincoln Homeless Coalition. The CoCs provide a strategic, focused approach to reducing and ending homelessness in Nebraska. Region V housing programs have contributed to the CoCs' collaborative efforts to address homelessness in Lincoln and the Balance of State through leadership in planning initiatives and participation in the Coordinated Entry System. The CoCs' efforts have led to an effective end to veterans' homelessness in the Balance of State and a significant decrease in the annual Point-In-Time count of homelessness in Lincoln.

### Housing Programs



RAP, through funding from DHHS, provides **safe, secure, affordable housing – together with support services – so that consumers can begin to work toward recovery**. The target population is consumers with serious and persistent mental illness, who are indigent or have extremely low income, and who are discharging from an inpatient Mental Health Board commitment, or those who are at risk of an inpatient commitment.

Region V Systems receives funding from Housing and Urban Development (HUD) to provide permanent supportive housing to **homeless consumers with disabilities** in Region V Systems' geographical area of **16 counties** in southeast Nebraska as well as the counties of Adams, Clay, Nuckolls, and Webster.

RPH receives referrals for assistance through the Nebraska Balance of State Coordinated Entry System called the **Most Vulnerable Review Team (MVRT)**. RPH provides **permanent supportive housing to single adults and families identified as the most vulnerable**, while adhering to a "housing first" philosophy which **offers consumer choice** in receiving services and immediate housing.

In 2016, a three-year, \$1.9 million grant from the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) was awarded to a collaboration of Lincoln agencies and University of Nebraska centers, led by Region V Systems. **The goal of the project is to end chronic homelessness in Lincoln, Nebraska.** Region V Systems, CenterPointe, and the Mental Health Association team up to provide housing, behavioral health treatment, and peer and employment **supports to persons experiencing chronic homelessness and serious behavioral health disorders**. The program **assists individuals in maximizing stability** through peer supports, employment, and treatment.

### Project Homeless Connect



**PROJECT HOMELESS CONNECT**

Project Homeless Connect Lincoln is an annual one-day, one-stop event for people experiencing homelessness or who are at risk. Guests attending the event are able to receive a wide variety of immediate, on-site services and support for unmet needs.

Medical, dental, and behavioral health professionals provide essential care while other organizations assist with needs such as social services applications, education/ employment, legal issues, and basic needs. Staff from Region V Systems' Housing Department provide planning leadership for the event, recruiting service providers, coordinating event details, and overseeing outreach efforts to consumers. Other Region V employees volunteer at the event and provide information about agency programs. In FY 17-18, 377 guests attended the event.

### In FY 17-18....

**341** mental health and substance use households received RAP benefits



**61** people were provided housing in the 20-county area



**CABHI**

**56** people were provided CABHI benefits from October 2016 through September 2017, which included: housing, peer support, case management, supported employment and benefit analysis



## Consumer Coordination

Consumer involvement and advocacy has been paramount as part of the Behavioral Health Services Act (LB 1083). The Act identified the following priorities for consumers:

- Ensure services are consumer focused.
- Create services that emphasize beneficial outcomes based on recovery principles.
- Ensure consumer involvement in all aspects of service planning and delivery.

These priorities are accomplished through:

### Consumer Specialist

Since 2007, a Consumer Specialist position has been funded in each Region to support and promote consumer and family involvement and provide opportunities for consumers to learn leadership.

One of the primary responsibilities of the specialist is to introduce the **Wellness Recovery Action Plan (WRAP®)** to consumers; a self-designed prevention and wellness process that anyone can use to get well, stay well, and make their life the way they want it to be. It was developed in 1997 by a group of people who were searching for ways to overcome their own mental health issues and move on to fulfilling their life dreams and goals. It is now used extensively by people in all kinds of circumstances and by health care and mental health systems all over the world to address all kinds of physical, mental health, and life issues. **WRAP® has been studied extensively in rigorous research projects and is listed in the National Registry of Evidence-based Programs and Practices.**

During FY 17-18, Consumer Specialist efforts focused on planning and implementing specialized WRAP classes, providing weekly peer services at the Mental Health Crisis Center, teaching Live Well classes, and providing monthly technical assistance to peer support providers in Region V. The Consumer Specialist is active in the community serving on the State Joint Advisory Board, the board of the Mental Health Association, and the People's Council through the Office of Consumer Affairs.

### Consumer Family Advisory Committee (CFAC)

Since its establishment in 2004, the CFAC has been involved in projects that benefit people with mental health and/or addiction problems and their families. These projects include Wellness Recovery Action Plan (WRAP®), self-advocacy, and community outreach. The CFAC also awards grants to support local projects.

| Grantee  | Amount  |
|--|---------|
| Children's Mental Health Awareness Event                             | \$2,000 |
| Depression Workshops   | \$3,098 |
| Family Education Group   | \$1,035 |
| International Association of Peer Supporters Conference Registration | \$6,464 |
| Pathways to Recovery at the VA Hospital                              | \$630   |
| Peer to Peer Support Group   | \$1,900 |
| Region V Consumer Conference   | \$5,230 |
| SRO Transitional Living Program (MHA)                                | \$3,050 |

| Grantee  | Amount  |
|--|---------|
| Take Flight Peer Equine Group                    | \$1,004 |
| Transportation for Re-entry Programs             | \$1,000 |
| Treatment Coins                                  | \$1,000 |
| Wellness Engagement Training                     | \$855   |
| WRAP Advanced Facilitator Training               | \$3,125 |
| WRAP Convergence                                 | \$3,315 |
| WRAP Groups (VA, The Orchard, LFS, CenterPointe) | \$6,788 |
| Yoga at MidPointe                                | \$1,192 |
| <b>Total: \$41,686</b>                           |         |



## Emergency System Coordination

Emergency System Coordination is designed to meet the needs of individuals experiencing a behavioral health crisis. To ensure the safety of consumers and the public, efforts are focused on organizing and coordinating law enforcement, hospitals, behavioral health professionals, Mental Health Boards, Mental Health Crisis Center, county attorneys, and other key stakeholders to provide a crisis response system.

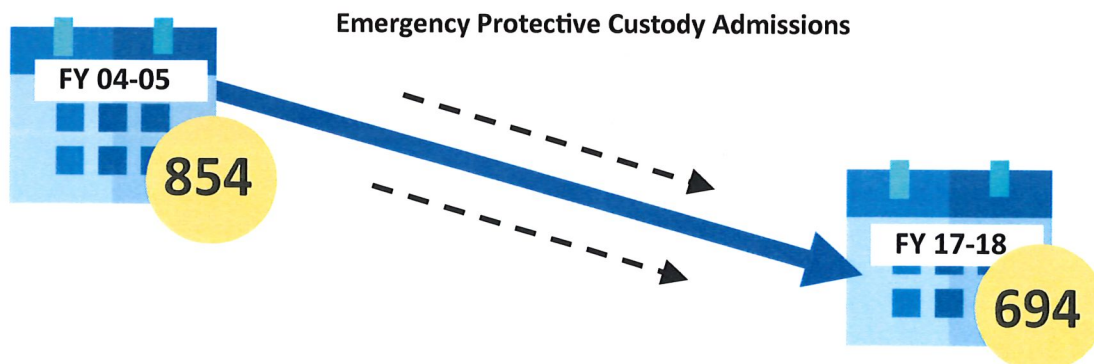
**Emergency Protective Custody** is a legal term and is often the “front door” to the emergency system for adults experiencing a behavioral health crisis. A law enforcement officer who has probable cause that a person may be **mentally ill** and **dangerous** may take the person into custody and have the person admitted to a medical treatment facility (Lancaster County Mental Health Crisis Center or community hospital) under an Emergency Protective Custody hold. A mental health professional will evaluate the person within 36 hours after admission. The person may be discharged with referral, outpatient committed to behavioral health services in the community, or inpatient committed to an acute inpatient setting in a community hospital or the Regional Center.

### Mobile Crisis Response Teams—An EPC Diversion Opportunity



In 2005, Region V implemented Mobile Crisis Response Teams for adults in an effort to provide licensed clinical support to law enforcement on behavioral health calls. The desired outcome of the Crisis Response Teams is diversion of adults experiencing a behavioral health crisis from being involuntarily placed under an Emergency Protective Custody hold when other crisis interventions can meet their needs. When activated by law enforcement, licensed clinicians go on scene to provide behavioral health assessment and safety planning services to persons experiencing a behavioral health crisis. Follow-up behavioral health services are also available. In FY 17-18, 270 adult calls were responded to by the rural Mobile Crisis Response Team (TASC), a 20% increase from FY 16-17. Of those 270 calls, 91% were diverted from an EPC. Crisis Response Teams are effective. They promote consumer voice and choice through voluntary treatment and reduce the pressure on the emergency system by reducing EPCs.

The data graph below demonstrates the impact of the Crisis Response Teams on EPC admissions since implementation.



### Behavioral Health Threat Assessment Training (BETA)

Another effort of Region V Systems is to educate members of law enforcement and other partners about best practices in serving persons in the emergency system. The 4-day, 32-hour BETA curriculum is designed to assist Nebraska law enforcement officers in obtaining better outcomes when interacting with persons experiencing a behavioral health crisis, improve the safety of the community by increasing officer skills and abilities in identifying signs and symptoms of mental illness, and being knowledgeable and aware of threat assessment and management techniques. In FY 17-18, in efforts to accommodate and reach our rural partners, Region V developed a one-day mini-BETA training and offered two sessions, one in Beatrice and one in Auburn. Thirty-six officers were trained in these mini-BETA sessions. **In the last 9 years, 559 members of law enforcement and partners of law enforcement have been BETA trained.** Law enforcement from Lincoln Police Department, Lincoln Sheriff's Office, UNL Police, FBI, US Marshall, Nebraska State Patrol, and various rural county police departments and sheriff offices have been benefited from the training.



Children and Family Services' primary responsibility is the oversight of Youth System Coordination functions in the Region V geographical area and the administration of the Family & Youth Investment (FYI) Program.

## Youth System Coordination



Youth System Coordination is a collaborative partnership with providers, family advocacy organizations, and other youth-serving agencies, including the Division of Children and Family Services and the Administrative Office of Probation, in planning for and development of the System of Care infrastructure to meet the needs of youth/young adults experiencing behavioral health disorders and their families.

Activities include:

- A monthly **Children's Level of Care Team** with other youth serving agencies to improve coordination and collaboration.
- A monthly **Transition Age Youth Review Team** for young adults, ages 18-24, with a mental health diagnosis, to assist in transition planning as they move from the youth System of Care to adult services.
- **Partnership with the Crisis Center** through weekly participation in its case staffing to review age-appropriate cases that could benefit from Transition Age Professional Partner (TAPP) services; Mental Health Board commitments are given priority admission to this program.
- **Rental Assistance Program partnership to provide housing to eligible young adults** through a limited number of targeted housing vouchers.
- Active participation on the state statute-driven **1184 Treatment and Non-Court Review Teams** in each county to staff, coordinate, develop, and monitor treatment plans of youth victims of child abuse and neglect.

Youth System Coordination has played a key role in the implementation of the **Nebraska System of Care Expansion Grant**, awarded by the Substance Abuse Services and Mental Health Services Administration (SAMHSA). The grant is in the second of its four-year award term. System of Care is a framework for designing mental health services and supports for children and youth who have a serious emotional disturbance, and their families, through a collaboration across and involving public and private agencies, families, and youth.

In Region V, youth crisis services include a Crisis Call Line and Crisis Walk-in Center, managed by CenterPointe. The System of Care grant has allowed for the strengthening of the crisis response continuum for youth and their families across Nebraska including:

- Implementation of **Youth Mobile Crisis Response (Y-MCR)**. Y-MCR is provided by CenterPointe in the city of Lincoln and Blue Valley Behavioral Health through its Targeted Adult Service Coordination (TASC) in the rural counties of Region V, including rural Lancaster County.



The goals of Y-MCR are to:

- Identify the nature of the issues causing the crisis and the danger or risk posed to the child or someone else.
- Prevent the need for out-of-home placement of the child in a psychiatric inpatient unit, residential treatment center, or detention facility.
- Initiate a crisis response and crisis plan in the child's home to stabilize the child and help reduce the incidence of a future crisis.
- Link the child and family to other community mental health services or other supports, as needed.
- Provide short-term peer advocacy/crisis stabilization and case management follow-up that focuses on reducing the need for other formal services.

Y-MCR is activated by law enforcement and provides law enforcement timely access to clinical consultation and support on juvenile mental health calls. **90% of the time the clinician comes on scene and meets in person with the youth and family to provide crisis support and intervention.** Consultation can also be provided via telephone or telehealth. Since implementation, **Y-MCR has been deployed 164 times, serving 149 youth and families.**

- Development of two **System of Care workgroups** that represent the urban and rural areas in Region V. The Urban Workgroup consists of broad representation of stakeholders from the city of Lincoln. The Rural Workgroup has representation from each county in Region V. The focus of each group has been to increase knowledge of System of Care principles and practices, identify service needs and gaps within the children's System of Care in their respective areas, and to identify potential responses to gaps and needs through existing resources and/or working to develop services and supports.

## Family & Youth Investment



The Professional Partner Program, known as **Family & Youth Investment (FYI)**, utilizes the Wraparound approach, which relies on the natural support systems of the family in its community. The approach begins with the principle of ensuring "voice and choice," which stipulates that the perspectives of the family—including the child—must be given primary importance during planning and other activities. Participants are provided a Professional Partner who coordinates services.

Through a family-centered team effort, Professional Partners coordinate and facilitate formal and informal services and supports necessary to assist the youth and their families in meeting their established goals. Wraparound further requires that the planning process itself, as well as the services and supports provided, are individualized, family driven, culturally competent, and community based.

The FYI Program's primary areas of focus are to:

- Avert children from becoming state wards, preventing expensive out-of-home placements or involvement in emergency services;
- Reduce juvenile crime or contact with adult criminal justice systems;
- Increase school performance; and
- Facilitate a seamless transition from the youth to the adult behavioral health system.

In FY 17-18, FYI administered six program tracks, with the Children and Family Services track being discontinued in October 2017 due to Nebraska Department of Health and Human Services funding cuts. Families must meet financial and diagnostic eligibility requirements to access Professional Partner support at no cost (does not include Child and Family Services and Juvenile Justice Tracks). For families not meeting program eligibility criteria, paying a monthly rate for participation is an option. Following are descriptions of the six FYI program tracks.

**Children and Family Services** track served youth under age 19 and their families who are referred by the Nebraska Department of Health and Human Services, Division of Children and Family Services to safely maintain children in the home and increase family stability. The youth does not need to have a serious emotional disturbance or a serious mental illness to be eligible to participate. The contract for the CFS track ended in October 2017.

**Crisis Response Professional Partners** (track funded through the SAMSHA System of Care Expansion Grant) serves youth/young adults, up to the age of 21 and their families who have experienced a mental health crisis scenario involving law enforcement placing the family at risk of disruption in their living environment and/or formal involvement for the youth/young adult in higher levels of care. See Page 26 for more information.

**Juvenile Justice Wraparound Support** (track funded through the Nebraska State Probation Administration) serves youth under age 19 involved with the probation system. Youth identified will be struggling to meet their probation requirements, are at risk for being placed out of home/out of state, or are preparing to return from an out of home/state placement. Clinical criteria, which have been present for 6 months prior to referral/enrollment, includes the presence or suspicion of a mental, behavioral, emotional, and/or substance use diagnosis/concern, which is creating functional limitations.

**Prevention Professional Partner** track focuses on prevention, serving children under age 19 and their families who are at risk of formal juvenile justice and child welfare involvement and are in need of intensive (90 days) case management and service coordination. To be eligible, the youth must have a serious emotional disturbance or a serious mental illness.

**Traditional** track serves children up to age 21 with a serious emotional disturbance. Anyone can refer an eligible youth to be a part of wraparound including families self-referring to FYI. In addition to a mental health diagnosis, the youth must meet criteria for functional problems across life-domains and the family must meet financial eligibility.

**Transition-Age Professional Partner** track serves young adults ages 18-24 who have serious mental illness and who are transitioning from the youth to the adult behavioral health system. Anyone can refer a youth to be a part of wraparound including a young adult self-referring. Priority enrollment is given to referrals coming from the mental health emergency system including the crisis center, psychiatric hospitalization, and the Lincoln Regional Center.

| TRACK                               | AVERAGE LENGTH OF STAY | NUMBER OF YOUTH SERVED |
|-------------------------------------|------------------------|------------------------|
| Children and Family Service         | 5.6 months             | 59                     |
| Juvenile Justice Wraparound Support | 5.2 months             | 30                     |
| Traditional                         | 13.9 months            | 101                    |

| TRACK                               | AVERAGE LENGTH OF STAY | NUMBER OF YOUTH SERVED |
|-------------------------------------|------------------------|------------------------|
| Crisis Response                     | 3.7 months             | 35                     |
| Prevention Professional Partner     | 5.3 months             | 66                     |
| Transition-Age Professional Partner | 15.3 months            | 63                     |



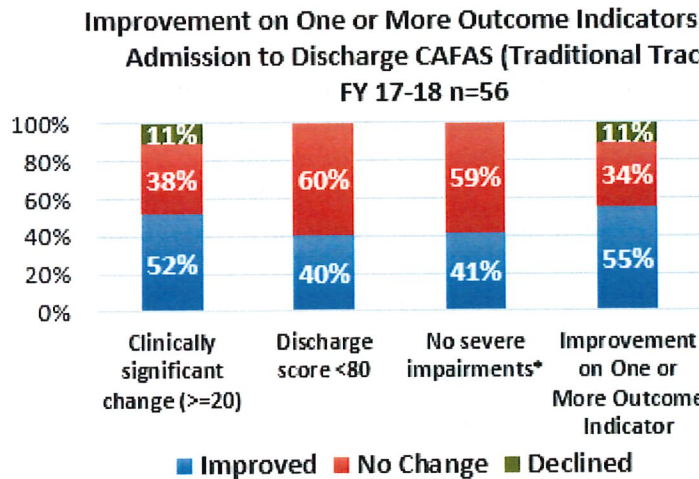
**Child and Adolescent Functioning Scale (CAFAS)**

The CAFAS is a tool designed to evaluate emotional, behavioral, substance abuse functioning, and the impact of eight psychosocial areas of a youth’s life. The lower the score the more improvement and less impairment exists for youth.

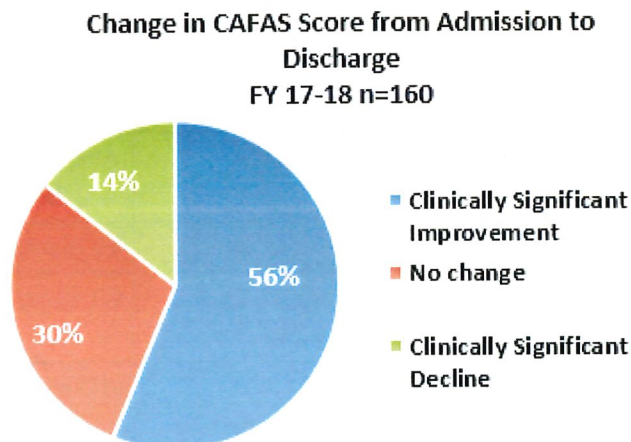
Region V Systems identifies three possible outcomes for youth:

1. Did youth decrease their total CAFAS by 20 points?
2. Did youth decrease their total CAFAS score below 80, the FYI admission criteria? or
3. Did youth decrease any of the 8 domains from 30 points = severe impairment to moderate, mild, or minimal impairment?

The graph below illustrates the number and percentage of youth achieving outcomes as a result of the FYI Program.

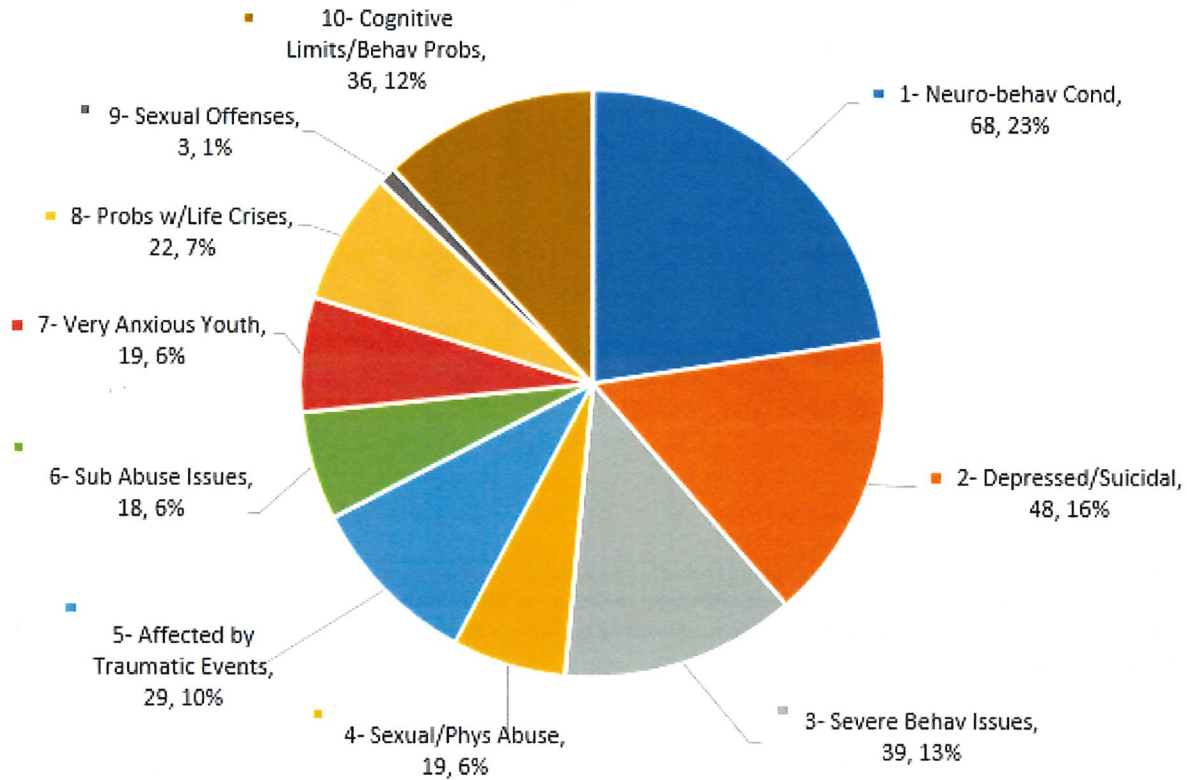


\*Only evaluated if there was one or more areas of severe impairment at intake.

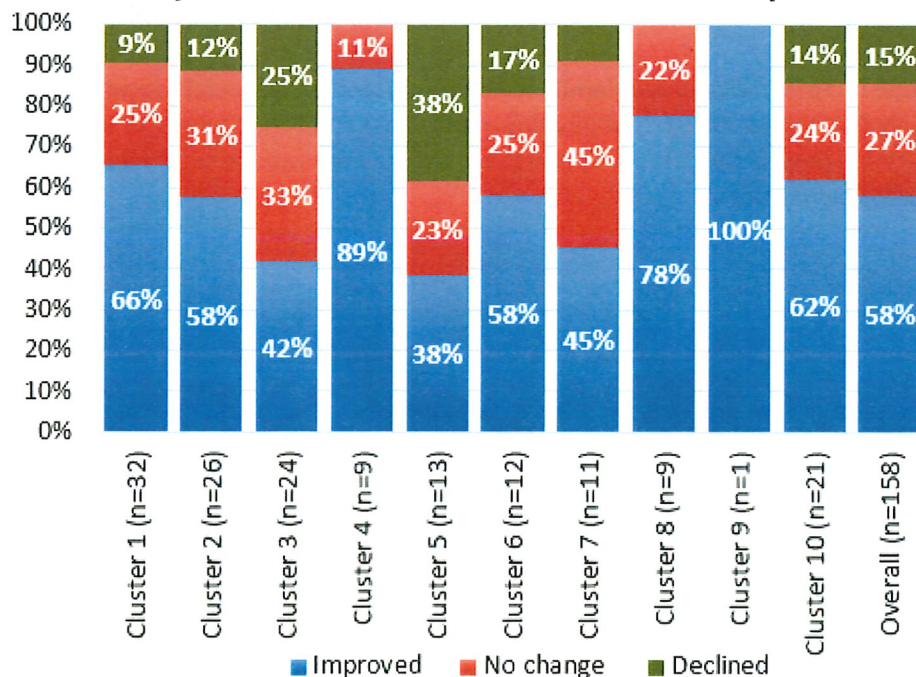


Cluster-Based Planning (CBP) is an emerging best practice that identifies subgroups (clusters) of individuals, who share common bio-psychosocial histories, problems, strengths, and life situations. For more information on CBP, see page 11 of this report. The charts below identify the percentage of youth and their respective cluster membership along with their progress towards recovery.

**Youth Served by Professional Partner By Cluster**  
July 2017-June 2018

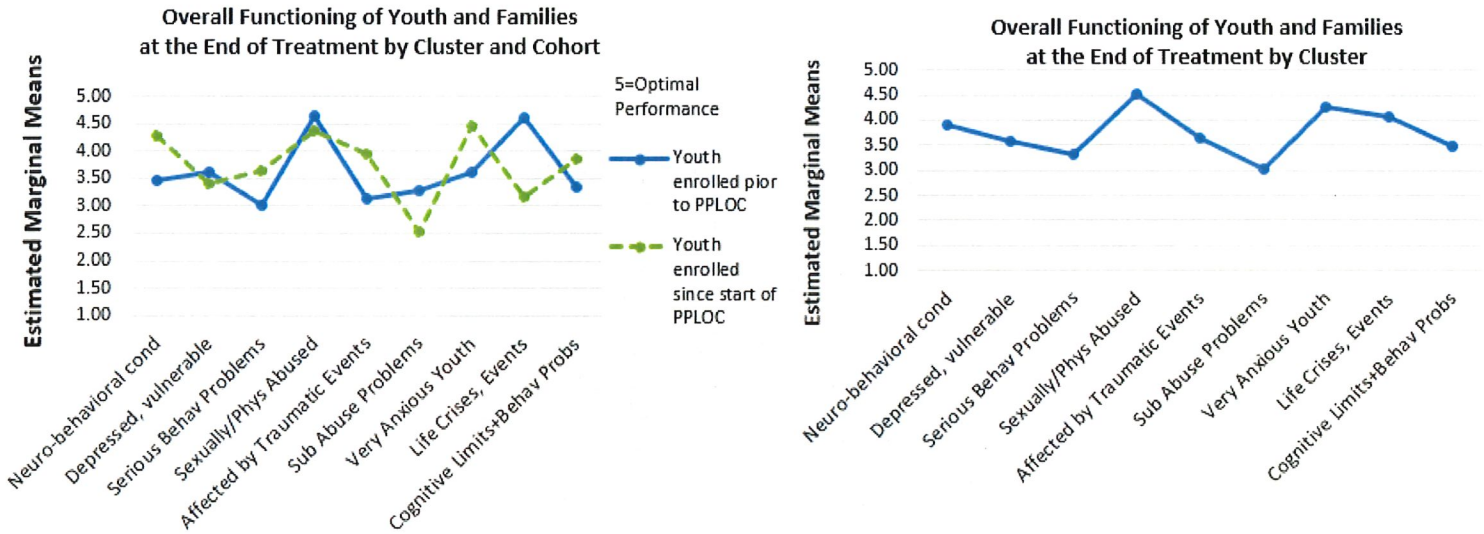


**Improvement on One or More Outcome Indicator by Cluster**



### Cluster-Based Planning Level of Care Development

The Family & Youth Investment Program (FYI) completed its first year of implementation for the **Cluster-based Planning Professional Partner Level of Care System (PPLOC System)** pilot. The system is designed to assist Professional Partners to identify stages of change and to provide stage match interventions. The system provides guidance and direction that identifies targeted goals, services, and supports (mini-job description for each youth cluster). The FYI Program staff worked closely with Synthesis, Inc. and Region V Systems' CQI Department to collect and analyze data to ensure there is no unintended system drift and to evaluate the overall effectiveness of the system.

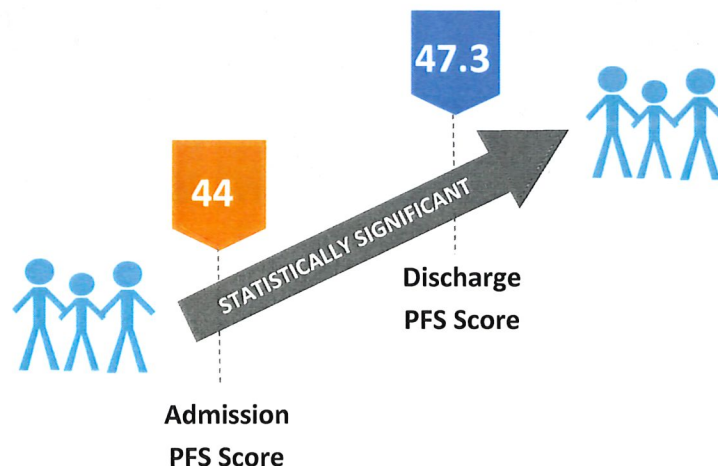


Statistical analyses showed a trend between the Clusters in terms of the overall level of performance on outcomes at discharge. So while across clusters, youth scored at about 3.66 on the 5-point scale at discharge, members of some clusters appeared to be doing much better (e.g., Sexual Abuse, Very Anxious Youth, Life Crises/Events) and some only moderately well (e.g., Serious Behavior Problems, Substance Abuse Problems). Note: the sample size makes these results preliminary.

### Protective Factors Survey for Children and Family Services Track

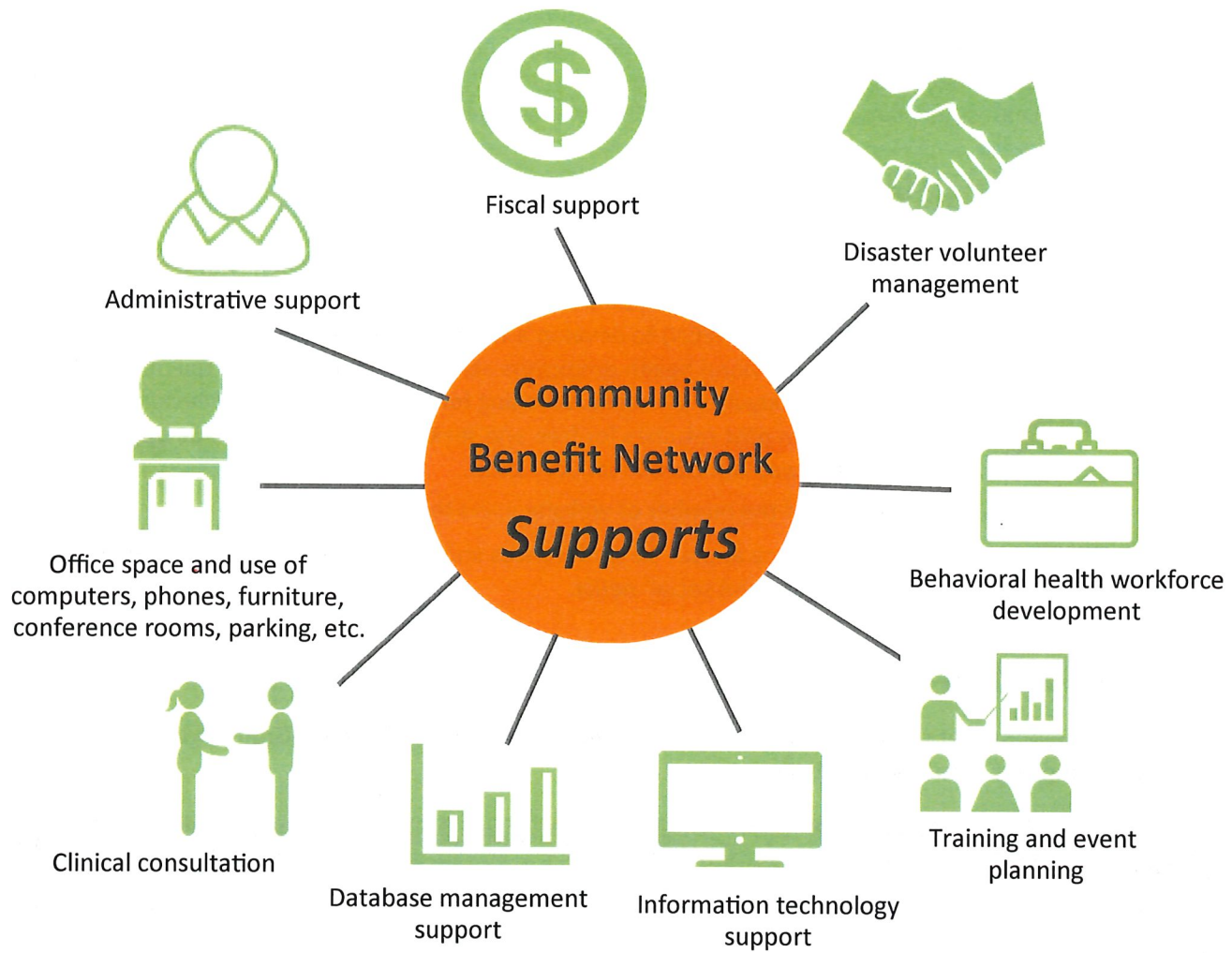
The Protective Factors Survey (PFS) is a 20-item measure **designed for use with caregivers receiving the child maltreatment prevention services** such as home visiting, parent education, and family support. It is a pre-post survey completed by the program participants, usually parents or caregivers. This tool was developed in 2004 by the University of Kansas, Institute for Educational Research and Public Service, as supported by the FRIENDS National Resource Center for Community-Based Child Abuse Prevention in Chapel Hill, NC.

The PFS measures protective factors in five areas: family functioning/resiliency, social support, concrete support, nurturing and attachment, and knowledge of parenting/child development. The higher the score, the more protective factors/assets a family possess. The illustration below shows 133 families leaving FYI services with an improved total protective factors score of 3.6 points, which is statistically significant.





Region V Systems' strategic intent is to **promote comprehensive partnerships in behavioral health**. One example of a partnership is Region V Systems' Community Benefit Network (CBN). During FY 17-18, Region V Systems offered a variety of supports to nonprofits through the CBN, such as:



This type of “shared services/shared space” philosophy allows organizations to build capacity and increase efficiencies, enhancing their ability to provide services and focus on the mission of their organization.

In FY 17-18, Region V Systems provided support to:

- Behavioral Health Education Center of Nebraska
- Cause Collective
- Families Inspiring Families
- Four Corners Public Health Solutions
- Lancaster Prevention Coalition
- Mental Health Association of Nebraska
- National Association of Case Management
- Southeast District Health Department

## National Association of Case Management

Region V Systems provides technical assistance to the National Association of Case Management. Members of the National Association of Case Management are part of a network of practicing professionals who are advocates for community-based case management systems. Members share ideas and work to minimize bureaucratic barriers, practice high ethical standards, support career growth, and promote the vitality and professional image of case management and service coordination. Region V Systems assists with fiscal management, facilitates board meetings and sub-committee meetings, manages the daily work of the association, and coordinates the planning for the Annual Case Management Conference.

## NebraskaBehavioralHealthJobs.com



In response to the Legislature's concern with growing behavioral health workforce challenges, Region V Systems collaborated with the Behavioral Health Education Center of Nebraska (BHECN) to develop a website – NebraskaBehavioralHealthJobs.com – where behavioral health employers across the state can post unlimited job openings for free. Likewise, job seekers looking for employment in a behavioral health-related career can post resumes for free and seek out job and internship opportunities. The website was launched in January 2015.

In FY 17-18, over 470 positions were posted, and the number of website users topped 9,400.

[NebraskaBehavioralHealthJobs.com](http://NebraskaBehavioralHealthJobs.com) had a presence at over 15 conferences and events, and various targeted marketing efforts were conducted through direct mailings, contests, and social media.

## Special Populations

There are special populations that require unique services to meet behavioral health needs. Grants are awarded to these special population groups for a variety of activities.

| Agency   | Award   | Purpose   |
|--|---------|---|
| Family Service Association                                   | \$1,000 | Provide therapy services for dealing with life stressors within school setting.   |
| LMEP—Stepping Stones for Families                            | \$1,013 | Assist clients with barriers to receiving treatment, etc. via assistance with bus passes to attend treatment, appointments and job opportunities. Provide assistance via emergency fund for rent, utilities, etc. Provide Self-Care Kits. |
| Lutheran Family Services                                     | \$1,000 | Laptops and/or tablets for pilot project using virtual interpretation for Limited English Proficiency.  |
| Mental Health Association and Lancaster Prevention Coalition | \$1,000 | Utilize funds to assist Moms WRAP Group including WRAP Books, trained facilitators, flyers and supplies.  |
| Mental Health Association of Nebraska                        | \$1,000 | Materials, supplies, and training costs for a 9-week WRAP session for people who are deaf or hard of hearing.   |
| Nebraska Commission for the Deaf and Hard of Hearing         | \$1,000 | Collaborate with MHA to provide a two-day WRAP training for Deaf and Hard of Hearing people in an effort to educate about WRAP Program. Funds needed for interpreters and CART.   |
| SE Nebraska Community Action Partnership                     | \$1,000 | Promotion and recruitment of volunteers for the CASA program in Nemaha County.  |
| <b>TOTAL:</b>  |         | <b>\$7,013</b>  |

## C.J. Johnson, Regional Administrator

### Children and Family Services

Renee Dozier, Director of Children and Family Services

|   |  |  |   |
|---|--|--|---|
| Robin Austen<br>Professional Partner            | Donita Baxter<br>Professional Partner          | Andrew Brown<br>Professional Partner                 | Dani DeVries<br>System of Care Coordinator  |
| Kelly DuBray<br>Professional Partner            | Annie Glenn<br>Professional Partner Supervisor | Eden Houska<br>Professional Partner                  | Munira Husovic<br>Professional Partner      |
| Elizabeth Kester<br>Professional Partner        | Laila Khoudeida<br>Professional Partner        | Kayla Leintz<br>Professional Partner                 | Katiana MacNaughton<br>Professional Partner |
| Malcom Miles<br>Professional Partner Supervisor | Lisa Moser<br>Professional Partner             | LaShawnda Nimox<br>Professional Partner              | Shelly Noerrlinger<br>Professional Partner  |
| Jaime Stephenson<br>Skill Builder               | Cherie Teague<br>Professional Partner          | Jessica Zimmerman<br>Service Coordination Specialist |   |

### Continuous Quality Improvement

Patrick Kreifels, CQI Director

|  |                            |  |  |
|--|----------------------------|--|--|
| Joseph Pastuszak<br>CQI Network Specialist | Erin Rourke<br>CQI Analyst |  |  |
|--|----------------------------|--|--|

### Fiscal

Paul Van De Water, Fiscal Director

|   |  |                                |                                 |
|---|--|--------------------------------|---------------------------------|
| Jill Davis-Haussler<br>Fiscal Associate | Tami DeShon<br>Assistant Fiscal Director | Pat Franks<br>Fiscal Associate | Linda Pope<br>Fiscal Specialist |
| Sarah Thompson-Krug<br>Fiscal Associate |  |                                |                                 |

### Network Management

Lee Heflebower, Director of Housing and Supported Living

Kristin Nelson, Director of Emergency Services

Sandy Morrissey, Prevention Director

Amanda Tyerman-Harper, Director of Network Services

|   |   |   |  |
|---|---|---|--|
| Rob Conway<br>Housing Outreach Specialist | Teri Effle<br>Prevention Specialist     | Theresa Henning<br>Regional Administrative Aide | Phyllis McCaul<br>Regional Consumer Specialist |
| Marti Rabe<br>Network Specialist          | Robin Schmid<br>CABHI Housing Assistant | Scott Stemper<br>Prevention Specialist          | Bridget Thompson<br>CABHI Housing Coordinator  |
| Kim Whaley<br>Housing Assistant           |   |   |  |

### Operations

Kim Michael, Director of Operations and Human Resources

|   |  |  |                                    |
|---|--|--|------------------------------------|
| Jean Barton<br>Continuing Education Associate | Betsy Bergman<br>Project Specialist        | Donna Dekker<br>Administrative Assistant   | Deanna Gregg<br>Operations Manager |
| Jon Kruse<br>Technology Systems Manager       | Susan Lybarger<br>Administrative Assistant | Gretchen Mills<br>Administrative Assistant | Andy Petrzilka<br>IT Associate     |

# Lancaster County Consumer Demographics

| County of Residence :       |   | Unduplicated Count of Persons Served *► | 3427        | 3316 |
|-----------------------------|---|---|-------------|------|
| Lancaster County            |   | New Admissions** ►                      | 4029        | 5785 |
| Demographic                 | Category                                    | MH                                      | SUD         |      |
| Service                     | 24 Hour Crisis Line - MH                    | 749                                     | 0           |      |
|                             | Acute Inpatient Hospitalization - MH        | 9                                       | 0           |      |
|                             | Assertive Community Treatment - MH          | 25                                      | 0           |      |
|                             | Assessment                                  | 12                                      | 561         |      |
|                             | Community Support                           | 403                                     | 103         |      |
|                             | CPC Services - SUD                          | 0                                       | 2913        |      |
|                             | Crisis Assessment - SUD                     | 0                                       | 170         |      |
|                             | Crisis Response - MH                        | 72                                      | 0           |      |
|                             | Day Rehabilitation - MH                     | 18                                      | 0           |      |
|                             | Day Support - MH                            | 1                                       | 0           |      |
|                             | Dual Disorder Residential                   | 5                                       | 52          |      |
|                             | Emergency Community Support - MH            | 153                                     | 0           |      |
|                             | Emergency Protective Custody - MH           | 582                                     | 0           |      |
|                             | Family Peer Support - MH                    | 52                                      | 0           |      |
|                             | Halfway House - SUD                         | 0                                       | 115         |      |
|                             | Hospital Diversion Less than 24 hours - MH  | 30                                      | 0           |      |
|                             | Hospital Diversion Over 24 hours - MH       | 180                                     | 0           |      |
|                             | Inpatient Post Commitment Treatment         | 25                                      | 8           |      |
|                             | Intensive Community Services - MH           | 65                                      | 0           |      |
|                             | Intensive Outpatient / Adult - SUD          | 0                                       | 219         |      |
|                             | Intermediate Residential - SUD              | 0                                       | 49          |      |
|                             | Medication Management - MH                  | 1639                                    | 0           |      |
|                             | Mental Health Respite                       | 21                                      | 190         |      |
|                             | Outpatient Psychotherapy                    | 1260                                    | 796         |      |
|                             | Professional Partner - MH                   | 192                                     | 0           |      |
|                             | Psychiatric Residential Rehabilitation - MH | 6                                       | 0           |      |
|                             | Recovery Support                            | 106                                     | 100         |      |
|                             | Secure Residential - MH                     | 5                                       | 0           |      |
|                             | Short Term Residential - SUD                | 0                                       | 304         |      |
|                             | Social Detoxification - SUD                 | 0                                       | 479         |      |
|                             | Supported Employment                        | 87                                      | 2           |      |
|                             | Supported Housing                           | 293                                     | 46          |      |
|                             | Supportive Living - MH                      | 23                                      | 0           |      |
| Therapeutic Community - SUD | 0   | 25                                      |             |      |
| <b>Service Type Total</b>   |   | <b>6013</b>                             | <b>6132</b> |      |
| Sex                         | Female                                      | 2959                                    | 1681        |      |
|                             | Male  | 2989                                    | 4436        |      |
|                             | Not Available                               | 65                                      | 15          |      |
| <b>Sex Total</b>            |   | <b>6013</b>                             | <b>6132</b> |      |

Total Encounters  
\*\*\*

# Lancaster County Consumer Demographics

| Demographic                                  | Category                               | MH          | SUD         |
|--|--|-------------|-------------|
| Race   | American Indian/Alaska Native          | 134         | 606         |
|  | Asian                                  | 50          | 40          |
|  | Black/African American                 | 480         | 651         |
|  | Native Hawaiian/Other Pacific Islander | 11          | 23          |
|  | Not Available                          | 1110        | 313         |
|  | Other                                  | 108         | 124         |
|  | Two or More Races                      | 176         | 67          |
|  | White                                  | 3944        | 4308        |
| <b>Race Total</b>                            |  | <b>6013</b> | <b>6132</b> |
| Age  | 1-5 Years of Age                       | 15          | 0           |
|  | 6-10 Years of Age                      | 134         | 0           |
|  | 11-15 Years of Age                     | 207         | 25          |
|  | 16-17 Years of Age                     | 81          | 47          |
|  | 18 Years of Age                        | 61          | 57          |
|  | 19-20 Years of Age                     | 155         | 244         |
|  | 21-25 Years of Age                     | 620         | 837         |
|  | 26-44 Years of Age                     | 2497        | 3132        |
|  | 45-64 Years of Age                     | 1728        | 1741        |
|  | 65+ Years of Age                       | 111         | 49          |
|  | Not Available                          | 404         | 0           |
| <b>Age Total</b>                             |  | <b>6013</b> | <b>6132</b> |
| Employment Status at Admission               | Active/Armed Forces (< 35 Hrs)         | 2           | 0           |
|  | Disabled                               | 849         | 292         |
|  | Employed Full Time (35+ Hrs)           | 630         | 1263        |
|  | Employed Part Time (< 35 Hrs)          | 626         | 525         |
|  | Homemaker                              | 42          | 7           |
|  | Not Available                          | 1076        | 358         |
|  | Resident of Institution                | 18          | 18          |
|  | Retired                                | 38          | 42          |
|  | Sheltered Workshop                     | 1           | 0           |
|  | Student                                | 326         | 207         |
|  | Supported Employment                   | 8           | 1           |
|  | Unemployed - Laid Off/Looking          | 1571        | 1150        |
|  | Unemployed - Not Seeking               | 791         | 2268        |
|  | Volunteer                              | 35          | 1           |
| <b>Employment Status at Admission Total</b>  |  | <b>6013</b> | <b>6132</b> |
| Insurance Coverage at Admission              | Child Welfare                          | 0           | 1           |
|  | HMO                                    | 4           | 3           |
|  | Indian Health Services                 | 0           | 5           |
|  | Medicaid                               | 429         | 212         |
|  | Medicare                               | 254         | 79          |
|  | No Insurance                           | 3167        | 4533        |
|  | Not Available                          | 1727        | 399         |
|  | Other Direct Federal                   | 0           | 1           |
|  | Other Direct State                     | 4           | 9           |
|  | Other Insurance                        | 124         | 552         |
|  | PPO                                    | 101         | 56          |
|  | Private Self Paid                      | 186         | 243         |
| Veterans Administration                      | 17                                     | 39          |             |
| <b>Insurance Coverage at Admission Total</b> |  | <b>6013</b> | <b>6132</b> |

Total Encounters  
\*\*\*

# Lancaster County Consumer Demographics

| Demographic                       | Category                                | MH                             | SUD         |             |
|-----------------------------------|---|--------------------------------|-------------|-------------|
| Total Encounters<br>***           | Legal Status at Admission               | Civil Protective Custody (CPC) | 28          | 2596        |
|                                   | Court Order                             | 86                             | 441         |             |
|                                   | Court: Competency Evaluation            | 1                              | 1           |             |
|                                   | Court: Juvenile Commitment              | 6                              | 1           |             |
|                                   | Court: Juvenile Evaluation              | 3                              | 0           |             |
|                                   | Court: Mentally disordered sex offender | 1                              | 0           |             |
|                                   | Court: Presentence Evaluation           | 5                              | 123         |             |
|                                   | Emergency Protective Custody (EPC)      | 537                            | 196         |             |
|                                   | Juvenile High Risk Offender             | 2                              | 0           |             |
|                                   | MHB Commitment                          | 207                            | 31          |             |
|                                   | MHB Hold/Custody Warrant                | 29                             | 0           |             |
|                                   | Not Available                           | 1514                           | 279         |             |
|                                   | Not responsible by reason of insanity   | 7                              | 2           |             |
|                                   | Parole                                  | 37                             | 61          |             |
|                                   | Probation                               | 92                             | 200         |             |
|                                   | Probation Due to Gambling               | 5                              | 0           |             |
|                                   | Voluntary                               | 3268                           | 2153        |             |
|                                   | Voluntary by Guardian                   | 180                            | 48          |             |
|                                   | Ward of the State                       | 5                              | 0           |             |
|                                   | <b>Legal Status at Admission Total</b>  |                                | <b>6013</b> | <b>6132</b> |
| Reason for Admission              | Dual Diag - Primary MH / Primary SUD    | 1040                           | 918         |             |
|                                   | Dual Diag - Primary MH / Secondary SUD  | 163                            | 29          |             |
|                                   | Dual Diag - Primary SUD / Secondary MH  | 32                             | 286         |             |
|                                   | Not Available                           | 1132                           | 171         |             |
|                                   | Primary Mental Health                   | 3530                           | 203         |             |
|                                   | Primary Sex Offender                    | 5                              | 14          |             |
|                                   | Primary Substance Abuse                 | 111                            | 4511        |             |
| <b>Reason for Admission Total</b> |   | <b>6013</b>                    | <b>6132</b> |             |

**Encounter:** Record created in CDS each time a person is admitted to a service.

\* **Unduplicated Count of Persons Served:** count of unique individuals in each service type (Mental Health and Substance Use Disorder) at any time during the fiscal year. Persons served are counted only once within each service type, regardless of how many encounters (registration for services) exist.

\*\* **New Admissions:** counts only encounters newly admitted to services in FY 17-18 and not admissions from previous years. Some persons served may have encounters in more than one service or multiple encounters in the same service. This is not an unduplicated count of persons served.

\*\*\* **Total Encounters:** counts the number of records in CDS during FY 17-18 (includes new admissions, and encounters created in previous years but continued to be open for at least some time in FY 17-18). Some persons served may have encounters in more than one service or multiple encounters in the same service. This is not an unduplicated count of persons served.

# Proposed County Contributions

## REGION V SYSTEMS

COUNTY CONTRIBUTION

(Proposed 4-8-19)

Potential Requirement (reflects Cost Model only)

| (MENTAL HEALTH) | 2010<br>POPULATION | FY 18-19   | PER POP. | Increase<br>7.56% | FY 19-20     | PER POP. |
|-----------------|--------------------|------------|----------|-------------------|--------------|----------|
| COUNTY          |                    |            |          |                   |              |          |
| Butler          | 8,395              | \$ 18,711  | 2.2287   | \$ 1,415          | \$ 20,126    | 2.3973   |
| Fillmore        | 5,890              | \$ 13,126  | 2.2287   | \$ 993            | \$ 14,119    | 2.3973   |
| Gage            | 22,311             | \$ 49,726  | 2.2287   | \$ 3,761          | \$ 53,487    | 2.3973   |
| Jefferson       | 7,547              | \$ 16,822  | 2.2287   | \$ 1,272          | \$ 18,094    | 2.3973   |
| Johnson         | 5,217              | \$ 11,628  | 2.2287   | \$ 879            | \$ 12,507    | 2.3973   |
| Lancaster       | 285,407            | \$ 636,094 | 2.2287   | \$ 48,106         | \$ 684,200   | 2.3973   |
| Nemaha          | 7,248              | \$ 16,154  | 2.2287   | \$ 1,222          | \$ 17,376    | 2.3973   |
| Otoe            | 15,740             | \$ 35,079  | 2.2287   | \$ 2,653          | \$ 37,732    | 2.3973   |
| Pawnee          | 2,773              | \$ 6,182   | 2.2287   | \$ 468            | \$ 6,650     | 2.3973   |
| Polk            | 5,406              | \$ 12,048  | 2.2287   | \$ 911            | \$ 12,959    | 2.3973   |
| Richardson      | 8,363              | \$ 18,639  | 2.2287   | \$ 1,410          | \$ 20,049    | 2.3973   |
| Saline          | 14,200             | \$ 31,648  | 2.2287   | \$ 2,393          | \$ 34,041    | 2.3973   |
| Saunders        | 20,780             | \$ 46,312  | 2.2287   | \$ 3,502          | \$ 49,814    | 2.3973   |
| Seward          | 16,750             | \$ 37,331  | 2.2287   | \$ 2,823          | \$ 40,154    | 2.3973   |
| Thayer          | 5,228              | \$ 11,652  | 2.2287   | \$ 881            | \$ 12,533    | 2.3973   |
| York            | 13,665             | \$ 30,458  | 2.2287   | \$ 2,303          | \$ 32,761    | 2.3973   |
| Total           | 444,920            | \$ 991,610 |          | \$ 74,993         | \$ 1,066,603 |          |

| (SUBSTANCE USE DISORDER) | 2010<br>POPULATION | FY 18-19   | PER POP. | Increase<br>7.56% | FY 19-20   | PER POP. |
|--------------------------|--------------------|------------|----------|-------------------|------------|----------|
| COUNTY                   |                    |            |          |                   |            |          |
| Butler                   | 8,395              | \$ 3,366   | 0.4009   | \$ 255            | \$ 3,621   | 0.4313   |
| Fillmore                 | 5,890              | \$ 2,361   | 0.4009   | \$ 179            | \$ 2,540   | 0.4313   |
| Gage                     | 22,311             | \$ 8,945   | 0.4009   | \$ 676            | \$ 9,621   | 0.4313   |
| Jefferson                | 7,547              | \$ 3,026   | 0.4009   | \$ 229            | \$ 3,255   | 0.4313   |
| Johnson                  | 5,217              | \$ 2,092   | 0.4009   | \$ 158            | \$ 2,250   | 0.4313   |
| Lancaster                | 285,407            | \$ 114,407 | 0.4009   | \$ 8,652          | \$ 123,059 | 0.4313   |
| Nemaha                   | 7,248              | \$ 2,904   | 0.4009   | \$ 220            | \$ 3,124   | 0.4313   |
| Otoe                     | 15,740             | \$ 6,311   | 0.4009   | \$ 477            | \$ 6,788   | 0.4313   |
| Pawnee                   | 2,773              | \$ 1,112   | 0.4009   | \$ 84             | \$ 1,196   | 0.4313   |
| Polk                     | 5,406              | \$ 2,166   | 0.4009   | \$ 164            | \$ 2,330   | 0.4313   |
| Richardson               | 8,363              | \$ 3,354   | 0.4009   | \$ 254            | \$ 3,608   | 0.4313   |
| Saline                   | 14,200             | \$ 5,695   | 0.4009   | \$ 431            | \$ 6,126   | 0.4313   |
| Saunders                 | 20,780             | \$ 8,332   | 0.4009   | \$ 630            | \$ 8,962   | 0.4313   |
| Seward                   | 16,750             | \$ 6,715   | 0.4009   | \$ 508            | \$ 7,223   | 0.4313   |
| Thayer                   | 5,228              | \$ 2,097   | 0.4009   | \$ 159            | \$ 2,256   | 0.4313   |
| York                     | 13,665             | \$ 5,482   | 0.4009   | \$ 415            | \$ 5,897   | 0.4313   |
| Total                    | 444,920            | \$ 178,365 |          | \$ 13,489         | \$ 191,854 |          |

**GRAND TOTAL**

**\$ 1,169,975**

**\$ 88,482**

**\$ 1,258,457**



Region V  
Services

Region V Services  
3600 Union Drive  
Lincoln, NE 68516  
Phone (402) 471-6400  
Fax (402) 471-2978  
www.region5services.com

MEMO

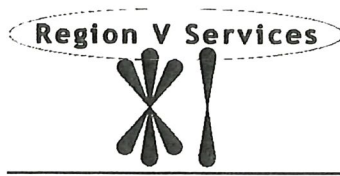
TO : Monet McCullen, Lancaster County Clerk's Office  
FROM : *Dave* Dave Merrill, Executive Director  
Region V Services  
DATE : April 15, 2019  
SUBJECT: County Per Capita Funding

The Region V Services Governing Board has established per capita funding for the counties for FY 19/20 at \$1.78 per capita. This is the 24<sup>th</sup> year that no increase is requested, please budget \$19,374 for Lancaster County for FY 19/20.

Region V Services provides direct supports to people with developmental disabilities and their families. You should receive a separate notification from Region V Systems for mental health and substance abuse services.

Thank you very much for your support.





Butler County: \$15,605

Fillmore County: \$11,809

Gage County: \$40,928

Jefferson County: \$14,833

Johnson County: \$7,989

Lancaster County: \$0

Nemaha County: \$13,485

Otoe County: \$27,405

Pawnee County: \$5,495

Polk County: \$10,037

Richardson County: \$16,965

Saline County: \$24,641

Saunders County: \$35,297

Seward County: \$29,363

Thayer County: \$10,778

York County: \$25,984



## Region V Services

Region V Services  
3600 Union Drive  
Lincoln, NE 68516  
Phone (402) 471-6400  
Fax (402) 471-2978  
[www.region5services.com](http://www.region5services.com)

Memo to : Region V Services Governing Board, Advisory Committee,  
all stakeholders  
From : *Dave* Dave Merrill, Executive Director  
Date : March 29, 2019  
Re : **APRIL Director's Report**

### **Employment First**

The Federal government through CMS has acknowledged that there is a difference between employment activities through Voc Rehab and pre-employment activities through the Division of Developmental Disabilities (DDD) and that DDD may provide those prevocational services through the Medicaid Waiver. We encourage DDD to implement these services as soon as possible to allow people to receive the supports that they need.

**The mission of Region V Services is to provide desired education and supports that promote relationships within community and lessen reliance upon agency services.**

### **Flooding . . .**

While we certainly experienced some disruptions in our lives due to the flooding in Nebraska, our hearts go out to those who experienced serious loss of lives and property. We understand that the flooding is a game changer in the priorities of the State of Nebraska and getting roads and bridges open will take resources from State and local sources. The assistance of the Federal government will not cover all the costs.

**Serving individuals with developmental disabilities**

Counties: Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

### **Financial Update**

At the end of January our revenues were \$28,499,108 and our expenses were \$27,664,862. Revenue exceeded expenses by \$834,246. January was a five week pay period and assuming health insurance expenses continue at the same rate we should be in good shape for this fiscal year to continue to meet our five week pay periods.

### **Waiver Update**

DDD reports that they have submitted the Waiver amendment to CMS which starts the 90 day period that CMS has to respond to the amendment. While they can stop that clock at any time with additional questions, it appears the new funding system may go into effect this summer.

### **Department of Roads Van Grants**

We have received notice that we will receive 16 new vehicles under the Department of Roads van grants. We have missed the last two cycles of the grant process and these vehicles are greatly needed. While the paper work and documentation for these vehicles is substantial, we would not be able to afford these vehicles without this program.

### **Auburn People First group celebrates 20 years!**

We congratulate the People First of Auburn group for 20 years of service. They have won the Nebraska Chapter of the Year award several times, attended national conventions and raised thousands of dollars for causes within their community.

## **County Visits**

CJ Johnson from Region V Systems and I are beginning county visits in April. We like to travel together so that County Commissioners and Supervisors can understand the differences between the two organizations.

## **Legislative Update**

The legislature has completed committee hearings and will be going to full day sessions on the floor. Through the Nebraska Association of Service Providers (NASP) we have testified on several bills associated with our field including several appropriations bills.

The infrastructure costs of the flooding add to the competing priorities that include property tax relief and other needs in the state of Nebraska.

## **Upcoming Events**

March 31<sup>st</sup> – Fine Arts Festival – 2:00 pm to 6:00 pm – Shriner’s Hall, Lincoln Ne

April 11<sup>th</sup> – Symposium – 9:30 registration – Holtus Center, York Ne

June 1<sup>st</sup> – Picnic – 11:00 am – Pioneer’s Park – Lincoln Ne

September 26<sup>th</sup> – Quality of Life Presentation – 9:30 – Cornhusker Hotel – Lincoln

October 19<sup>th</sup> – Dinner Dance – 5:00 pm – Lancaster Event Center – Lincoln Ne

**Page 4 is the calendar for April.**

# April 2019

| Sun   | Mon  | Tue   | Wed   | Thu   | Fri                                    | Sat |
|---|--|---|---|---|--|-----|
| <ul style="list-style-type: none"> <li>• <i>Deadlines</i></li> <li>• <i>Meetings</i></li> <li>• <i>Trainings</i></li> </ul> | 1  | 2<br><i>Outcomes: Room A</i><br><br><i>Advisory Committee: Room C</i> | 3   | 4<br><i>BART: Room A</i><br><br><i>Staff Development: Rooms B &amp; C</i> | 5                                      | 6   |
| 7<br><i>Therap Billing Due</i>  | 8<br><i>Governing Board: All Rooms</i>   | 9<br><i>Meaningful Day: Room A</i>                                    | 10  | 11  | 12<br><i>Time Card Cut-off</i>         | 13  |
| 14  | 15<br><i>Med Error Summaries &amp; Trend Analysis Reports &amp; Affirmative Action Reports Due</i> | 16  | 17<br><i>Lincoln Med Class: Room A</i><br><br><i>Profile Updates Due</i>    | 18<br><i>ARVAD</i><br><br><i>PEC Packets Due</i>                          | 19<br><i>Lincoln Med Class: Room A</i> | 20  |
| 21  | 22   | 23  | 24<br><i>PEC: Room A</i><br><br><i>Lincoln Med Essentials Class: Room C</i> | 25<br><i>Employment Action Committee: Room A</i>                          | 26                                     | 27  |
| 28  | 29<br><i>Orientation Day 2: All Rooms</i>  | 30<br><i>SS PAY DAY SS</i>  |   |   |  |     |



# Region V Services

## Mission Guidelines

The mission of Region V Services is to provide desired education and supports that promote relationships within community and lessen reliance on agency services.

### **Provide desired education and supports**

We use personal outcome measures and other discovery processes as our guide to determine what people want. The process of discovering what a person truly desires involves listening to the person, whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desires.

### **Promote relationships within community**

We will use principles from Social Role Valorization, Universal Enhancement, and Sensory Processing as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

- Showing respect through tone of voice and active listening.
- Providing people with experiences that offer both image and competency enhancement opportunities. People should look their best.
- Making sure that our habilitative efforts reflect a person's wishes.
- Remembering we support the individual and the family. We are professionals providing education and supports.
- Identifying and focusing on valued social roles for each person; understanding that roles impact self-image, acceptance, personal growth, relationships, freedom, status and opportunities.

### **Lessen reliance upon agency services**

We utilize everyday activities as opportunities for teachable moments. Virtually every daily activity provides an opportunity to teach something new.

We encourage utilizing natural supports from family, friends, co-workers, etc.

### **Vision Statement**

Our vision is that each person will be valued as members of their community with resources available that enable each person to control his/her life.

# Provide Desired Education and Supports

**We customize education and supports to meet the needs and expectations of each person. We build on the strengths and desires of each person by providing education and opportunities to experience life in a way that allows for informed choice and meaningful days.**

Personal outcome interviews and other discovery processes are used to identify the desired education and supports for the person. These outcome interviews and the discovery process allow us to have a deeper understanding of what a person truly wants.

We recognize that people change their minds about what they want, and that this is a natural reflection of getting new information. When people change their minds, we will respect their new choices.

We are an Employment First organization. This means the first options considered are employment options that promote active and visible community involvement. As a lifespan organization, retirement activities should include active and visible community involvement.

We are an Authentic Living organization. This means residential options will promote active and visible community involvement.

Education and supports will be designed to develop image and competency enhancement.

Sensory Processing is used to help people get ready to have roles and relationships that are meaningful. We identify valued social roles that reflect the person's choices and wants and sensory processing helps the person define and achieve those roles.

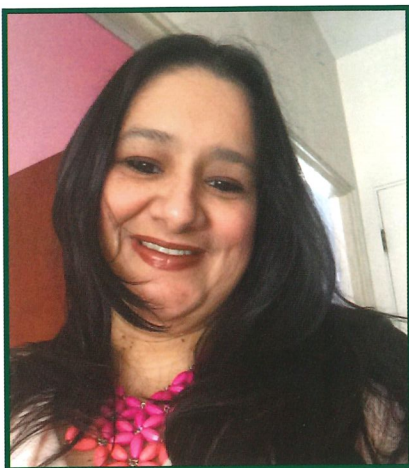
We explore with purpose areas such as:



**Employee**



**Volunteer**



**Spouse**

- What job, volunteer, and life experiences has the person acquired?
- What is the person interested in doing? Favorite activities, hobbies, experiences?
- Who does the person know who might help? Who do we know who might help?
- Can other providers be involved? (Vocational Rehabilitation, Local Housing Authority, League of Human Dignity, Lincoln Literacy, etc.)
- What community services can we support the person to access?

## Promote Relationships within Community

**Once we have identified desired education and supports, we will utilize principles of social role valorization and universal enhancement to design and deliver the supports.**

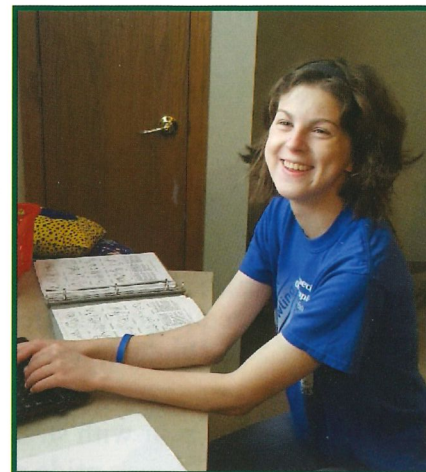
We identify valued social roles that reflect the person's choices and wants. Education and supports will be designed to develop image and competency enhancement.

**We respect each individual by having high expectations.**

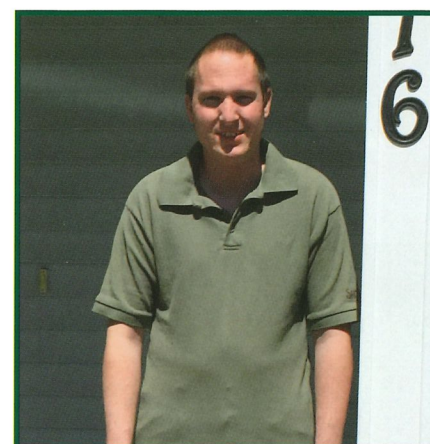
- Are supports and educational opportunities in which he/she participates challenging, interesting and important?
- Are they meaningful to the person?
- Do they enhance image and competence?
- Is progress measured and are adjustments made as needed?
- What has been done to personalize education and supports?
- Is the person involved in decisions affecting his/her life?

**We offer each person choices of opportunities and experiences that lead to a meaningful day.**

- As an Employment First agency, Region V Services will continue to promote employment as the best means for a person to achieve a better quality of life. The person will determine the nature of employment; how, when, or whether they choose to work.
- A variety of living supports will be explored to enhance the choices of the individual across his/her lifespan.
- We recognize that both work and leisure/personal time are important contributors to self-esteem and how a person is perceived and valued by others.
- We encourage and facilitate natural supports.
- Emphasis will be on opportunities outside of segregated settings.



**College Student**



**Home Owner**



**Board Member**



**Musician**



# Lessen Reliance on Agency Services

We emphasize natural supports.

We support people in the pursuit of meaningful lives which include relationships with family, friends, co-workers, etc.

Natural Supports are positive nonpaid meaningful relationships.

- Our mission commits us to “lessen reliance on agency services.” This can be accomplished when supports help people become more independent and interdependent. Positive relationships, family, friends, co-workers and acquaintances are an important part of a fulfilling life.
- We know it works.
- Long-term success on the job and at home is more likely to occur with strong relationships.
- A person’s pride and self-esteem are enhanced when he/she is more interdependent.
- All supports will be personalized with the organization in the role of supporter/facilitator.



**Public Speaker**

## Definitions and Related Organizations

**Personal Outcomes** – Personal outcomes are defined by the person, not the programs or program categories. The measure of success moves from how well the professionals and programs are doing to how well the individual is doing in those areas that are most important to him or her. We learn about personal outcomes only when we talk to the person and learn what is important to the person and why. Personal outcomes are not a measure of program efficiency or effectiveness.

**Social Role Valorization** – A framework for understanding that people are seen and judged by the social roles they occupy, realizing that people can learn the behaviors, duties and responsibilities of desired roles and offering methods for designing appropriate supports.

**Sensory Processing** – A process of determining whether behaviors are caused by sensory input and the development of plans to help alleviate the over/under stimulation. Region V Services will support and assist people in learning to independently incorporate their sensory plan into the natural flow of their day.



**Teacher**

## Related Organizations

**AAIDD** – American Association on Intellectual and Developmental Disabilities – A national Organization focusing on research, best practice, and professional networking.

**ACP** – Association of Community Professionals – A Nebraska training organization for people who are interested in the field of developmental disabilities.

**APSE** – Association of Persons in Supported Employment – A national organization with a Nebraska chapter supporting Employment First to facilitate the full inclusion of people with disabilities in the workplace and community.

**Arc of Nebraska** – An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.

**CMS** – Centers for Medicare and Medicaid Services – Federal agency that funds and regulates community supports.

**DDD** – Division of Developmental Disabilities – Division of DHSS devoted to specialized services for people with developmental disabilities.

**DHHS** – Department of Health and Human Services – State of Nebraska organization for human services.

**DRN** – Disability Rights Nebraska – A federally mandated advocacy organization.

**NADSP** – National Alliance for Direct Support Professionals – National organization for the professionalization of the field of developmental disabilities.

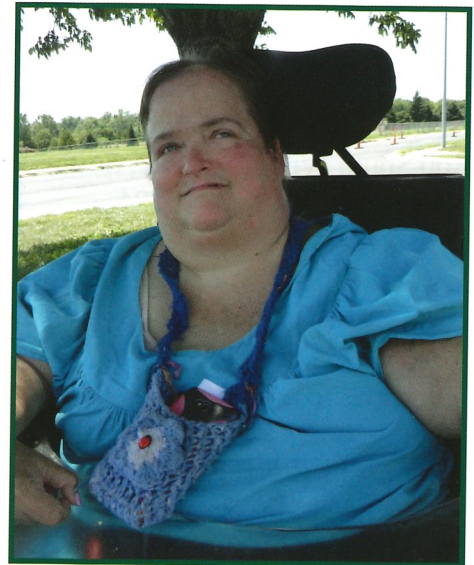
**NASP** – Nebraska Association of Service Providers – An association of certified providers and stakeholders committed to improving services in Nebraska.

**Nebraska VR** – Vocational Rehabilitation – State/Federal program to help people who experience disability to prepare for, find and/or keep a job.

**People First** – A self-advocacy organization for people with developmental disabilities that teaches members that they are the experts.



**Parent**



**Consultant**



**Hunter**

## Desired Education and Supports

For additional information on personal outcome measures contact:

The Council on Quality and Leadership in Supports for  
People with Disabilities.

The Council  
100 West Road, Suite 406  
Towson, MD 21204  
(410)583-0060  
[www.thecouncil.org](http://www.thecouncil.org)

## Promote Relationships within community

For additional information on Social Role Valorization contact:

Syracuse University Training Institute for Human Service Planning,  
Leadership and Change Agency.  
800 South Wilbur Avenue, Suite 3B1  
Syracuse, New York 13204  
(315)473-2978  
[www.socialrolevalorization.com](http://www.socialrolevalorization.com)

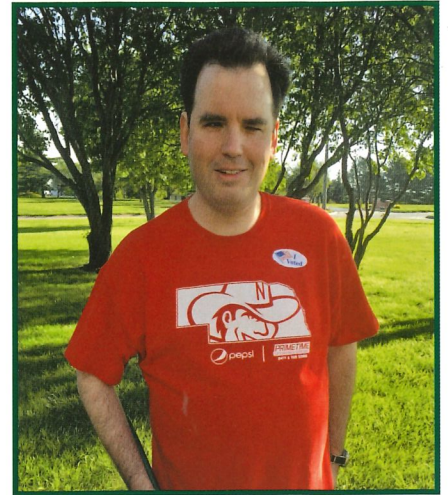
For additional information on Universal Enhancement contact:

Universal LifeStiles  
8126 Wellsbrook Drive  
Indianapolis, Indiana 46278  
(317)871-2096  
[tpomer@aol.com](mailto:tpomer@aol.com)  
[www.universallifestiles.com](http://www.universallifestiles.com)

## Lessen Reliance on Agency Services

For more information on Region V Services, sensory processing,  
or our mission contact:

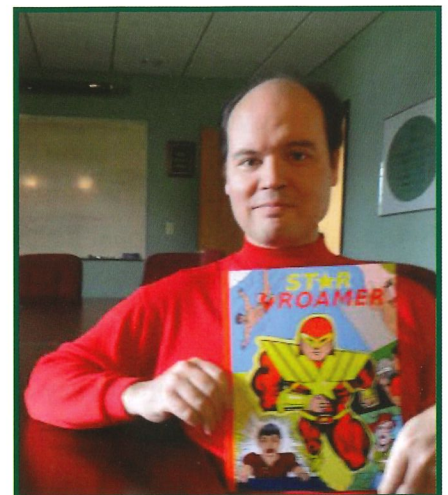
Region V Services  
1430 South Street, Suite 203  
Lincoln, Nebraska 68502  
(402) 471-6400  
[regvsl@ix.netcom.com](mailto:regvsl@ix.netcom.com)  
[www.regionvservices.com](http://www.regionvservices.com)



**Voter**



**Artist**



**Author**

# Region V Services

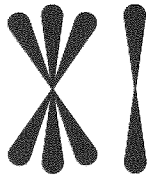
## 2018 Annual Report



[www.regionvservices.com](http://www.regionvservices.com)

## Who We Are

Region V Services is a political subdivision supporting people with developmental disabilities and similar needs in southeast Nebraska. We are governed by a board of 16 county commissioners and supervisors from each of the counties represented. There are approximately 950 staff providing supports to about 900 people throughout those 16 counties and a few other areas. There are 15 area programs in Auburn, Beatrice, Crete, David City, Fairbury, Gretna, Lincoln (six programs), Nebraska City, Wahoo and York. We also have “satellite” programs in Beatrice, Columbus, Bellevue, Hebron and Seward.



The Region V Logo is the biological symbol for “A new beginning.” Whether it is the life of a person experiencing developmental disabilities, the personal growth of a person working in Region V or the organization’s commitment to continuous improvement, the logo represent the value of new beginnings in life.

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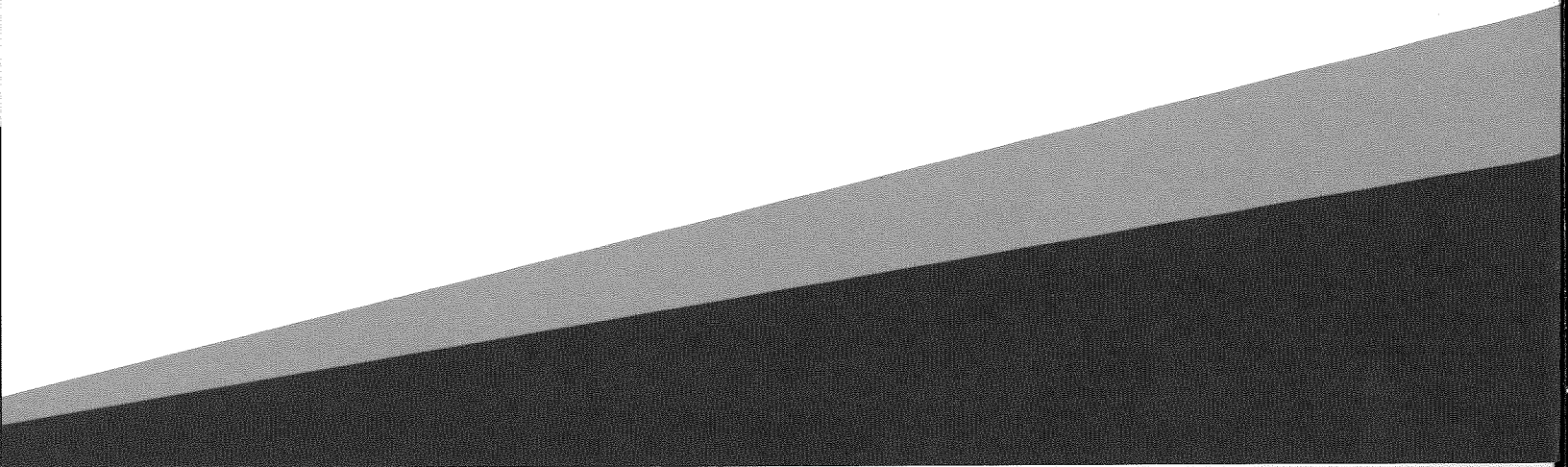


## **Mission Statement**

The mission of Region V Services is to provide desired education and supports that promote relationships within the community and lessen reliance on agency services.

## **Vision Statement**

Our Vision is that each person will be valued as members of their community with resources available that enable each person to control his/her life.



# Boards and Committees

## Governing Board

Butler County  
 Gregory Janak  
 Fillmore County  
 Susan Johnson  
 Gage County  
 Dennis Byars  
 Jefferson County  
 Gale Pohlmann  
 Johnson County  
 Les Agena  
 Lancaster County  
 Todd Wiltgen  
 Nemaha County  
 Marvin Bohling  
 Otoe County  
 Dean Speth  
 Pawnee County  
 Janice Lang  
 Polk County  
 LeRoy Gerrard  
 Richardson County  
 Jim Davidson  
 Saline County  
 Janet J. Henning  
 Saunders County  
 Doris M. Karloff  
 Seward County  
 Roger Glawatz  
 Thayer County  
 Dean Kreuger  
 York County  
 Bill Bamesberger

## Personnel Advisory

Darcy Hinrichsen - Auburn  
 Bill Hutchinson - Beatrice  
 Lori Gottfried - Central Office  
 Brittany Ratzlaff - Crete  
 Jenna Urban - David City/  
 Columbus  
 Amy Burkitt - Fairbury/Hebron  
 Kendra Ford - Gretna/Bellevue  
 Alyssa Mummey - Lincoln 1  
 Frank Bonsu - Lincoln 3  
 Betty Fink - Lincoln 4  
 Nicole Chermok - Lincoln 5  
 Mary Jo Heneger - Nebraska City  
 Rachael Deckard - ServiceLinc  
 Carey Shanahan - Wahoo  
 Lisa Turner - York/Seward

## Program Ethics Committee

Pat Cottingham  
 Bruce Cudly  
 Carol Cunningham  
 Bob Lassen  
 Loveda Mitchell  
 Leon Schiermeyer

## Advisory

Sue Boring  
 Susan Browne  
 Hazel Cummins  
 Mary Lou Diehl  
 Terry Dittmer  
 Courtney Kochner  
 Trudy Kubicek  
 Ann McNemar  
 Beth Sposato  
 Leonard Glenn

## Staff Development

Carol Cunningham - Central  
 Office  
 Todd Scholz - Central Office  
 Shannon Dunekacke - Auburn  
 Cami Erb - Crete  
 Tessa Humann - Beatrice  
 Traci Ryba-Grant - David City/  
 Columbus  
 Amber Cervantes - Fairbury/  
 Hebron  
 Mackenzie Derby - Lincoln 1  
 Ashley Tanner - Lincoln 2  
 Shanna Stefkovich - Lincoln 3  
 Richard Soule - Lincoln 4  
 Lisa Bahle - Lincoln 5  
 Linda Plager - Nebraska City  
 Jenn Walker - Nebraska City  
 Greg Hasselman - ServiceLinc  
 Bob Hayak - Wahoo  
 Anni Schaldecker - York/Seward

## Public Education and Information

Chelsea Rudder - Beatrice  
 Roni Gabel - Central Office  
 Suzie Doty - Auburn  
 Brittany Ratzlaff - Crete  
 Margo Hlavac - David City/  
 Columbus  
 Johnita Patterson - Fairbury/  
 Hebron  
 Kelsey White - Lincoln 1  
 Dusty Hegwood - Lincoln 2  
 Zach Peters - Lincoln 3  
 Tina Luellen - Lincoln 4  
 Tengorn Phaison - Lincoln 5  
 Lisa Hutchins - Nebraska City  
 Nancy Bates - ServiceLinc  
 Nicci Nelson - York/Seward  
 Anna Schwan - Wahoo





# Region V Foundation

## Foundation

The Region V Foundation improves the quality of life for people with developmental disabilities.

It partners hand in hand with Region V Services to help people with disabilities become part of the communities in which they live.

## Our Purpose

The primary purpose of the Foundation is to provide safe, reliable and affordable vehicles and housing.

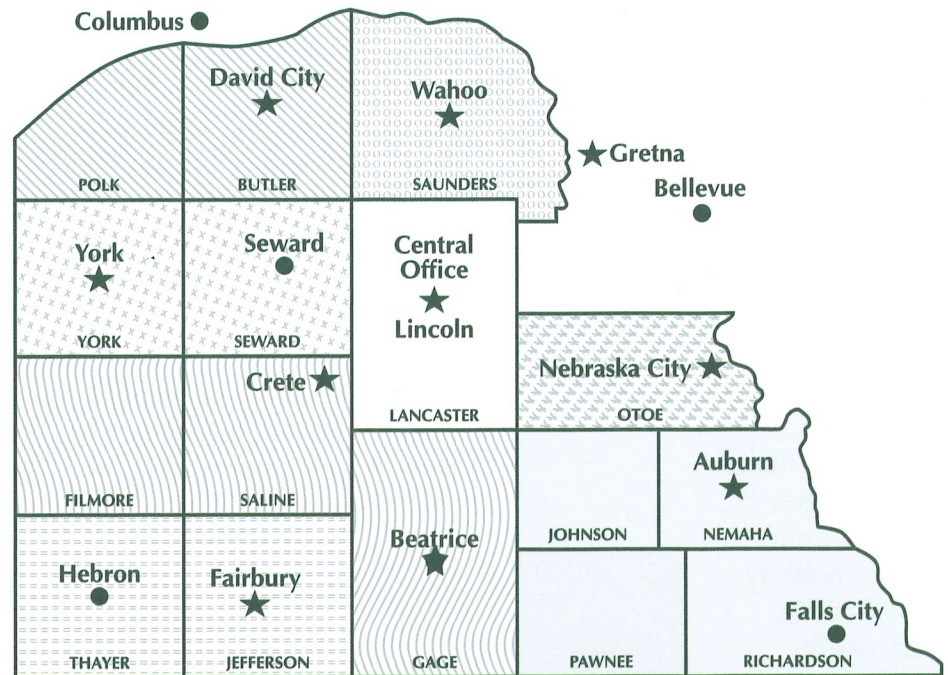
On rare exceptions, we also have provided grants to individuals.

## Tax Deductible

Donations can be made to the Foundation through the Region V website, [regionvservices.com](http://regionvservices.com)



This Auburn property is one of the four homes purchased by the foundation this year.



## Region V Services Service Area

★ Area Office

● Satellite Office

## Foundation Board

Julianne Spatz, President  
 Victoria Perry, Vice President  
 Kevin Jeppson, Treasurer  
 Dave Merrill, Secretary  
 Larry Bohlken  
 Melody Young  
 Tom Barbee

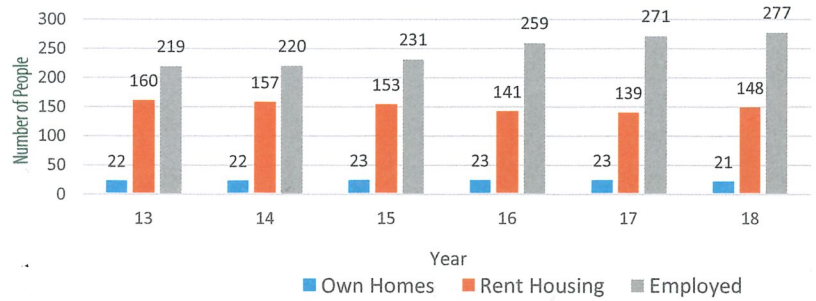
Currently, the Region V Foundation owns 50 houses/  
 buildings in 12 communities and 56 vehicles.

**Region V Foundation is debt free!!**

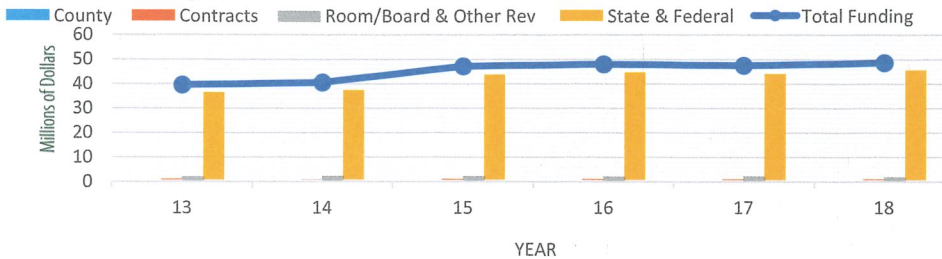
# Region V Services

Employment efforts are currently hampered by the waiting list at Voc. Rehab.

## Positive Indicators of Success

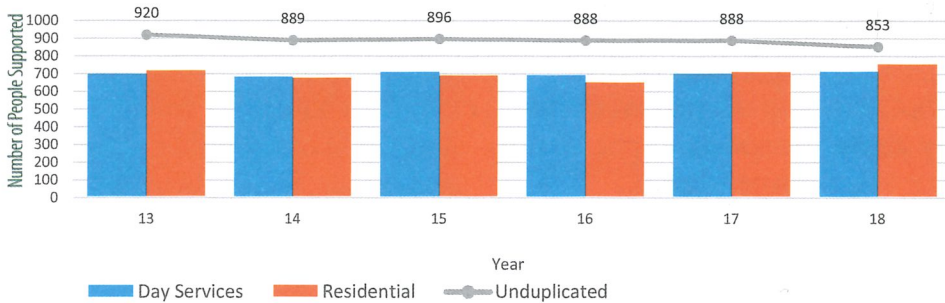


## Total Budget



We continue to wait for the new funding system to be approved by CMS with the Waiver Amendment.

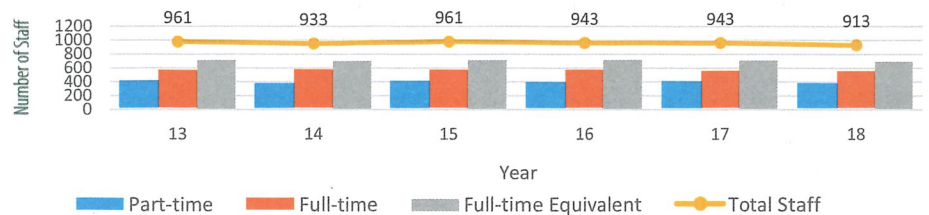
## Total People Supported



Number of people served is limited by waiting lists at the Division of Developmental Disabilities and Voc. Rehab.

Recruiting and retention becomes more challenging with the extremely low unemployment rate.

## Number of Staff



# Central Office



## Contact

Dave Merrill  
3600 Union Dr.  
Lincoln, NE 68516  
402-471-6400  
regvsed@gmail.com

## Highlights:

- BART: 18 classes held, 222 staff trained
- Orientation: 12 classes held, 292 staff trained
- Outcomes & Meaningful Day:  
5 classes held, 38 staff trained
- Med Class: 77 classes held, 352 staff trained
- CPR Class: 101 classes held, 352 staff trained
- Sensory Training: 5 classes held, 32 staff trained
- Annual Dinner Dance: 600 people attended



## Laughter. Fellowship.

Pictures only tell part of the story about the special night of our dinner dance.

People get dressed up, have their hair and nails done and plan ahead to be their best for this once a year event.

Our annual dinner dance was held at the Lancaster Event Center with around 600 people attending. Although the meal was excellent, dancing is the highlight of the night.

This year Carol Cunningham, Director of Staff Development and Bruce Cudly, Director of Organizational Supports, did a pilot training with five agencies that combined our Outcomes and Meaningful Day trainings.

Bruce did a one day training on Outcome Measures to teach staff interviewing skills with the goal of learning about people want their lives to be. Staff left this training with an assignment to interview someone they work with in preparation for the Meaningful Day training the following week.

This second training assisted staff to create a vision in order to help an individual they support develop or enhance a valued social role in their daily life.

From this pilot project these trainings became a regularly scheduled training. They are each a day long and held one week apart.

Participants are expected to attend both days.



Dana, John, and Joel attended the Self Advocates Becoming Empowered (S.A.B.E.) conference in Birmingham Alabama.

#### At Our Agency

- 52 full time employees
- 19 part-time employees
- 65 persons receive supports
- 51 receive residential supports
- 59 receive day service supports
- 8 people own their homes
- 7 persons rent apartments/home
- 4 people live in EFHs
- 18 people live with their family
- 3 School contracts- 2 Auburn/1 Falls City
- 21 people are competitively employed
- 7 people have a driver's license
- 5 people own their own car



Our highway clean up crew in front of the new sign give our agency credit for the clean highway.

#### Community Participation

- Many assisted with the blood mobile.
- We delivered funeral notices.
- We made Valentine Cards for the elderly.
- 6 individuals participate in bowling leagues.
- 2 individuals participated in a book folding class at the library.
- We were happy to receive a \$2000 donation from Nemaha County Gives Back.
- 4 individuals attended the annual Husker Heroes event.
- 2 individuals won 1st and 2nd place in 4-H baking contest.



Pictured are several of the 22 People First members who attended the People First Conference in Kearney.

#### People First

- Raised \$1500 to purchase a headstone for an active member, Jim M., who passed away.
- Donated \$590 to several community organizations.
- Hosted our agency's "45 years of providing services" celebration.



A Celebration of Life was held for our friend and People First member, Jim, Musil.

# Auburn

#### Personal Achievements

- Gary became a 2nd degree Knight with the Knights of Columbus.
- Damien graduated from Auburn High School.
- Waylon moved from living in a group home into renting his own home.
- Ian moved from living in an Extended Family Home into his own apartment.
- Lori won the grand prize at the Region V Services-Nebraska City "one millionth" tool bag celebration.
- Gina attended Wicked
- Ken donated blood for the first time, he also won a Mustache Contest fund raiser in Falls City and he received a 1st place medal in Bocce Ball with Special Oylmpics.
- Carlos received the 2nd place medal in Bocce Ball with Special Olympics.

#### New Jobs

- Tiffany H. at ACS Aesthetics in Falls City.
- Darian Y. at Shopko in Auburn.
- Courtney B. at Peru State College in Peru.

## Contact

Melody McLaughlin  
2507 Schneider Ave.  
Auburn, NE 68305  
402-274-4996  
cscmmauburn@windstream.net



# Beatrice

Optimistic    Considerate  
Flexible        Honest  
Reliable       Determined



- Our employment rate was at 62%. This is a result of our hardworking staff and our supportive community employers.
- Several persons supported have started new jobs and others continue to be successful in established positions.
- This success has encouraged referrals and opportunities for various people at our Agency.

**Marsha Baker is thankful for the opportunity to work for Shoe Sensation. She loves her new job!**

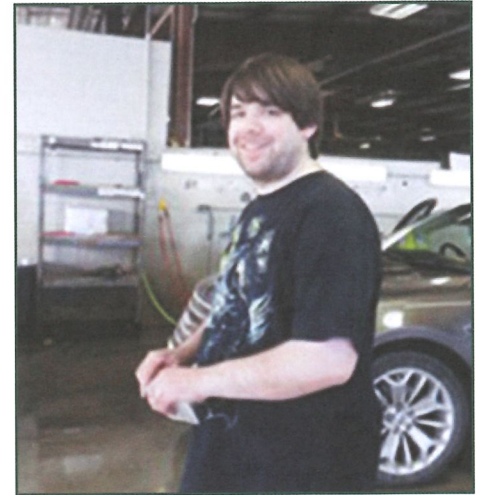
Marsha Baker is not afraid to work. She forges forward and finds jobs that fit her skills and interests. For the past couple of years Marsha had done custodial work for a local business. With the relationships she developed and her cleaning experience she then joined the custodial team at Indian Creek Mall and also for a private resident.

Marsha was happy with her jobs and then she had a great opportunity - she was offered a job as a sales associate at Shoe Sensation, a shoe store at the very mall she had been cleaning. She was very excited because she had always wanted a job in the retail industry and now her dream job became reality!

She has worked there for only a few months and has already become one of the top sellers and has won monthly sales contests.

## Contact

Tessa Humann  
2317 N. 6th St., Suite 5  
Beatrice, NE 68310  
402-228-3228  
beatricervs1@gmail.com



**Chris Wanner  
Car Detailer and proud of it!**

Chris Wanner started his job as a vehicle detailer at Beatrice Ford at the beginning of the year. Since then he has proved himself to be a dedicated, reliable and responsible worker which has led to more hours and a raise. Yay!

Since Chris likes cars, this is a great job for him. He looks forward to working around the variety of vehicles and takes pride in his work.

# Crete



Our agency came in strong and we all had a good time with collecting and donating groceries and items for the 10/11 Can Care-a-Van.



Stacie Wardle loves snakes and was thrilled to get a chance to hold this snake at the circus.



Carol Seilhan faced her life long fear of water. She loved dipping her toes in the lake!

## Highlights

- Paul Beck has a new job with Sodexo at Doane University.
- Our agency won first place for the 2nd year for our scarecrow entry at the Pumpkin Festival.
- Our 2nd Annual Christmas Open House was a success. Staff and people we support along with their families enjoyed the photo booth, crafts, games and delicious food.



### Diane's Warriors!

We are showing our support for our Residential Coordinator, Diane Wendelin as she fights cancer, by wearing purple for the day!

44 people supported

#### Residential:

- 8 people live in an EFH
- 15 people live in group residences
- 8 people live in apartments
- 2 people live with their families

#### Vocational:

- 35 people supported
- 11 people competitively employed
- 24 people work with supports



Chris Hughes, Clarence Keller and Craig Eggebraaten deliver items we collected for the Blue Valley Food Pantry at Christmas.

## Contact

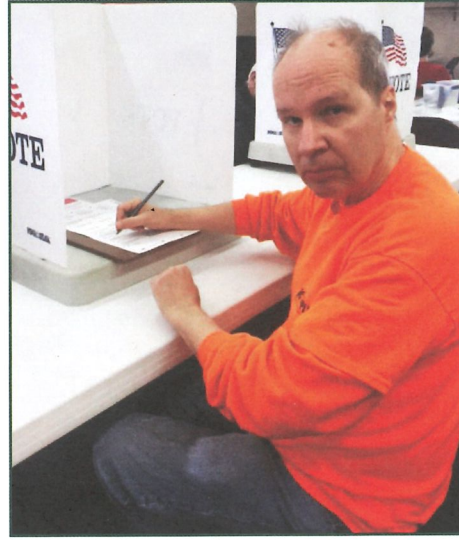
Cami Erb  
 1951 E. 13th St.  
 Crete, NE 68333  
 402-826-2106  
 camirerb@gmail.com

# David City / Columbus *We are* Doing it "RITE"

## Respect ❗ Integrity ❗ Teamwork ❗ Empathy



Our Columbus agency adopted a highway. Pictured are Justin Stueben, Chase Ebner and Emily Scarbrough volunteering to keep Nebraska Beautiful.



People we support vote in local and national elections. Pictured is: Lon Molacek

### Contact

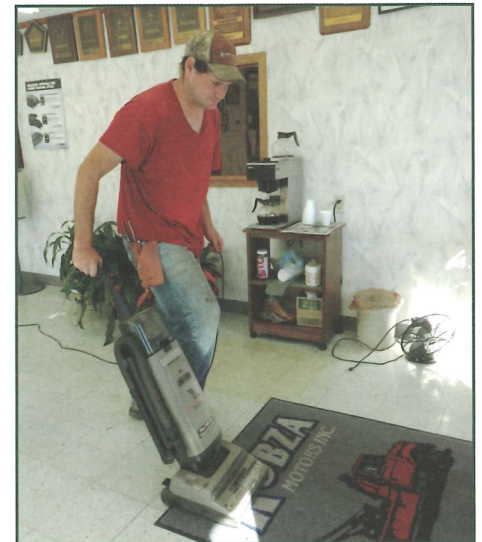
Traci Ryba-Grant  
360 S St.  
David City, NE 68632  
402-367-3008  
rvdc@windstream.net

### David City/ Columbus:

- 64 people receive services
- 22 people have jobs
- 2 people own and drive a car
- 1 person owns their home

### Valued Roles within Our Communities

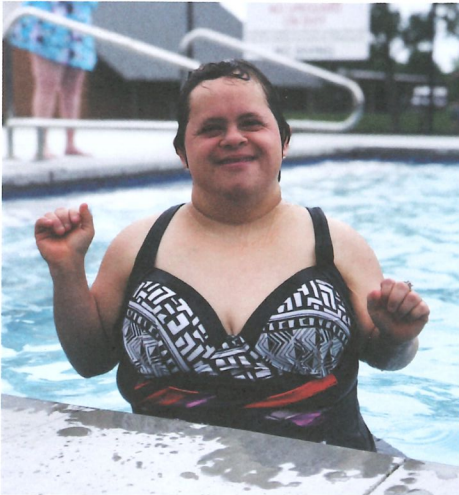
- We pick up recycling for businesses in David City, Columbus, Stombsburg and Ulysses
- We pick up food items for Rural Food Connection
- We prepare and serve meals for Columbus Rescue Mission
- Our volunteers operate the open hours for Blue Valley Thrift Store
- We deliver Meals on Wheels in David City and Columbus
- We participate in the Nebraska Passport tourism program
- We have Relay for Life teams in David City and Columbus
- We host a variety of fund raising events for Relay for Life
- We assist with the set up for Relay for Life
- We designed a float and participated in local parades
- We are members of the YMCA
- We are on several bowling leagues
- We are presenters at the RVS Symposium
- We are volunteer bell ringers for the Salvation Army
- We have several people who volunteer at nursing homes and Simon House
- We adopted families in David City and Columbus and went shopping to help them have a better Christmas
- We deliver cookie plates to local businesses during the holidays



People we support have jobs and work at businesses within their communities. Pictured is Kyle Roh at his job at Kobza Motors.

## Contact

Lisa Meyer  
 201 F St., Box 366  
 Fairbury, NE 68352  
 402-729-3306  
 almeyer@diodecom.net



Marissa Cervantes having a blast in the pool at Camp Jefferson.



Dick Williams learns how to make pizza at Pizza Hut.

# Fairbury / Hebron

## “Raise the Bar”

Reliability Accomplishment Industrious Supportive Education

### Highlights:

- More people we support are wanting to volunteer for their community. We currently have people who volunteer at the library, the extension office, the theatre, cat shelter, the backpack program and this year the Cattleman’s Ball.
- Sam Mishler took part in the “Shamrock Shuffle”, a 5K community run and he earned an award.
- We toured the Fairbury Pizza Hut and everyone learned how to make a pizza by making themselves a personal pan pizza.
- Everyone from our agency spent a day at Camp Jefferson. Swimming, fishing, horseshoes and other games made the day a blast for everyone who joined in!
- Calvin Adams started a new job at Fairbury Journal News.
- Bert Mishler started his new job at Almae’s Cafe.
- Sandra Meyer started a new job at Subway.
- Traegan Sieber started working for the City of Hebron.
- Tregan Moody is now working for Livingston Enterprises, Inc.
- 20 people competitively employed in the community
- 16 people who volunteer
- 2 people own their own business
- 37 people receive vocational supports
- 35 people receive residential supports

*The most loving gift you can give someone is to help them through their end of life journey.*  
 Lawrence Holtzen  
 We miss you.



Bert Mishler, Ernie Northrup, and Janis Richardson gearing up for their Sunday shift at the local theater.



John Pedersen is busy filling promotion bags for the Cattleman’s Ball. RVS-Hebron filled approx 1200 bags.



# Gretna / Bellevue

## ARIZE

### Adventure Respect Integrity Zeal Equality

We've come a long way since opening our doors in July 2011, expanding our services as needed to meet current support needs. With our growth, we recently added a residential coordinator to our management team. We continue to **ARIZE** to the challenge of meeting the needs of those we support.

- 26 people attend our Gretna day program
- 13 people attend our Bellevue day program
- 8 people are competitively employed
- 5 live in Extended Family Homes
- 10 people receive in-home residential supports



Welcome back Julie! Julie enjoys the many day trips and supports she receives in Gretna. She tried another agency and then returned.



Ryan and Lindsey have been close friends for years. Lindsey receives supports from our Bellevue office and Ryan works at Wal-mart and receives supports in Gretna. Their staff must work together to make arrangements so they can spend time together.



We take our agency values serious as we strive to make each day meaningful.

Staff are challenged to find activities in the area for the people we support to participate in.

Above: Jada and Laressa enjoying a nice fall day at the Bellevue Berry Farm.



We enjoy cooking at our day program. Austin with his staff enjoy making one of their favorites, pizza!



We rallied to support Kathy who has breast cancer. We held a celebration to give her encouragement.



Emily Jensen and her Extended Family Home provider threw a party for Emily to celebrate her exciting move into an Extended Family Home.

Emily has been having a lot of fun in her new home and is looking forward to trips to California and Canada. Here she is getting her nails done.

## Contact

Wendy Sliva  
11832 Standing Stone Drive  
Gretna NE 68028  
Phone: 402-502-1616  
Email: rvsGREtna@gmail.com

Bellevue Day Center  
7511 S 36th St  
Bellevue NE 68147  
Phone: 402-590-2660

*"I am so thankful for the outcome of Kathy's breast cancer treatment. The amazing, caring staff at Region V Services helped so much to reassure Kathy and support her throughout surgery and recovery. True caring is what they do everyday."*

*Thank you,  
Betty Janssen, Guardian*

## Contact

Victoria Perry  
936 N. 70th St.  
Lincoln, NE 68505  
402-471-9222  
rvs70ad@gmail.com

Agency Values:  
**Commitment**  
**Honesty**  
**Respect**

## Lincoln 1

### At Our Agency

- 76 people supported
- 25 persons receive residential support
- 6 people receive 24- hour residential support
- 3 persons rent apartments
- 6 people live in EFHs
- 11 people live with their family
- 63 people receive day supports
- 16 people are competitively employed



Sasha Essay is a quiet lady. It took a bit of time for her to warm up to working with new staff and to learn about what the supports from the agency would look like. Once she felt comfortable and decided she would like a job, she and her Employment Consultant went full steam ahead.

Sasha is now a Laundry Associate for the Court Yard Marriott Hotel in the Haymarket. She does her job very well and is appreciated by her supervisor and coworkers. She uses Star Tran to get to and from work. This has been an exciting journey for Sasha. Although she is shy, she is easy to get along with and she is making friends every where she goes.

### HIGHLIGHTS

- **Jonathan Walklin moved out of his parents' home and is living with two gentlemen in a 3 bedroom duplex. It was a big step for him and his family. He is doing well and is happy in his new home.**
- **Congratulations to Aaron Drury for completing 3 practicums as a part of his course study at Southeast Community College. He worked with Tabitha, Mosaic in Beatrice and RVS.**
- **The Arc Duplexes have received a face lift thanks to a generous donation. The flooring has been upgraded to a warm welcoming vinyl wood plank, so far in 3 of the 6 with the others in line.**



Lisa Shilling is thrilled to be a Banquette Setup Associate at the Yankee Hill Golf Club. She caught on to her duties so quickly that her job coach faded out after only two months. She thinks of herself as kind of an expert in banquette setting as she know the nuts and bolts of the job like the back of her hand.

Lisa has a great boss and wonderful coworkers which makes a very friendly work environment. She loves her job and she truly looks forward to going to work each day.

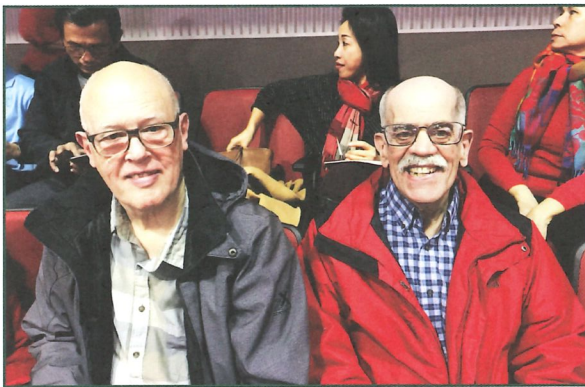
In her free time Lisa enjoys reading, playing video games, traveling and spending time with her friends and family.

# Lincoln 2



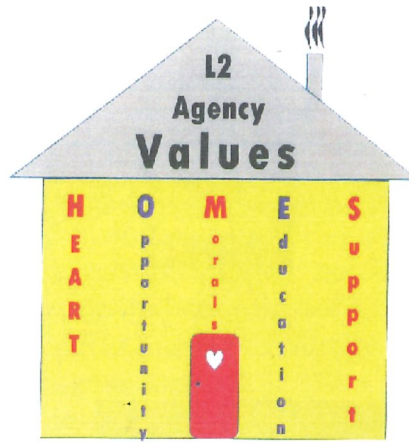
**Lisa and Sally Cat.**

Several years ago Lisa moved in with Kathy, her EFH provider. During this time they have become very good friends. Recently, after thoughtful consideration, Kathy and Lisa decided to adopt a kitten from the humane society. They named her Sally Cat. Lisa adores her new cat and thinks she is a purrfect addition to her home. Lisa loves her new pet and fills with joy when she interacts with Sally Cat.



Ivan and Dan live with the same Extended Family Home provider, Pam. Besides being roommates, they are great friends. Ivan and Dan share many of the same interests and they have so much fun together. They both are on a bowling team with Special Olympics and they both participate in Social Club on Wednesday nights.

This was a busy year. They attended a family reunion with their EFH provider, attended the UNL graduation ceremony, took a trip to San Diego and enjoyed a performance of the Lincoln Symphony Orchestra Christmas show, to name a few. They are often out having a good time and making memories and they are happy to have each other as a friend to share it with.



Values created around family based H. O. M. E. S.

**HEART  
OPPORTUNITY  
MORALS  
EDUCATION  
SUPPORT**



**Michelle**

After 16 wonderful years living in an Extended Family Home (EFH) with Ruthann, Michelle began the transition of moving into a new EFH. The best part of this change is that Michelle's new home was with Heather, Ruthann's daughter, whom she has known for 24 years.

Michelle has adjusted well with her new living arrangements. She recently went sledding with Heather and her children. She enjoyed being out and having a fun-filled day.

## Contact

Nancy Fischer  
3600 Union Dr.  
Lincoln, NE 68516  
402-471-7037  
lincoln2director@gmail.com

# Lincoln 3



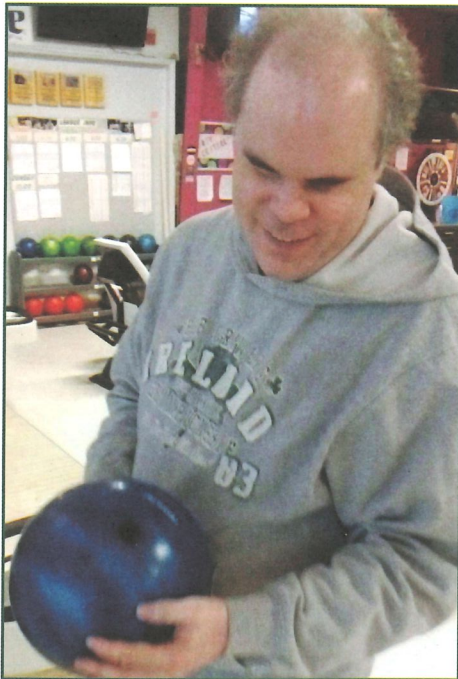
Sean Gies and Jamie Cooper load up on their favorite breakfast cereals while strolling the aisles of the grocery store.



Cathy Hansen stops by to visit her friend, Ashley Hemmingsen. When the discussion turns to current hair styles, a photo was a must!



Dylan Hodges gets a lesson on fire safety equipment. He is a regular at the LFR Stations across the city.



Patrick Riordan's smile shows the confidence of a bowler about ready to throw a strike.

## From Integration to Inclusion

The folks with RVS- L3 enjoy the many activities and opportunities available in our wonderful and diverse community.

Integrated activities through day and residential services are intentionally designed to offer individuals opportunities to practice a number of skills. They may include social skills, communication skills, shopping, nutrition, exercise, relationships, and other life skills that enhance personal growth.

By giving people the support they need to participate regularly in everyday activities such as shopping like Sean and Jamie, or visiting friends like Cathy and Dylan, the more successful they will be.

Sean, Jamie, Patrick and all will be educating others to better understand and respect people with a disability, and only then will we see significant inclusion.

### We currently support:

- 12 people in 24-hour residential settings**
- 10 people in Extended Family Homes**
- 7 people who live with their families**
- 7 people who live in their own apartments**
- 39 people receive Day Services**

## Contact

Karen Wolf  
 3600 Union Dr.  
 Lincoln, NE 68516  
 402-471-7037  
 rvl3ad@inebraska.com

## Our Core Values

**Respect Integrity Cooperation Individuality**

# Lincoln 4

Honesty  
Commitment  
Respect

## Highlights

- Joe tapped into his artistic interests utilizing clay as his medium.
- Christina has been donating her time and talents by knitting clothing and housewares to make others feel special.
- Multiple people are learning how to text friends and family and use social media.
- Cindy moved into the next stage on her life journey by sharing a home with her partner.
- Chad enjoys hours of social bonding over fine cigars and chess groups. He also has made connections in the art community by donating his cigar wrappings to a local artist.



**Paul Safarik**  
Aspiring Artist

## Contact

Michele Scholz  
936 N. 70th St.  
Lincoln, NE 68505  
402-471-9222  
rvs4ad@gmail.com

## Created to Create

Paul Safarik likes to challenge himself. He's been a baritone player for the Lincoln Community Concert Band for many years and recently began a new job at HyVee.

To expand his creative side he has taken up painting. Paul and his Community Support Professional, Mary Anderson, have been working together to get his artistic juices flowing. They recently donated a piece to the National Down Syndrome Congress convention for their fund raising auction and it sold for \$1,000.00!

Paul is inspired to work on his own solo piece as he continues to learn new techniques and improve his skills.

- 47 people supported
- 43 persons receive residential support
- 4 people receive vocational supports
- 5 people live in EFHs

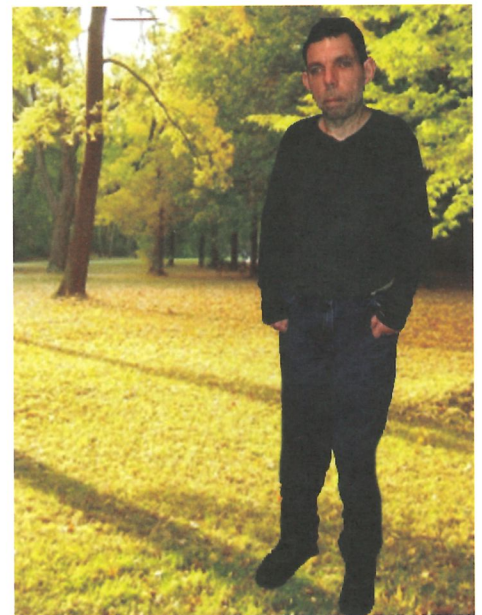
## James Rogers and Never say Never

While about the town with his staff, James Rogers took a sudden tragic fall, resulting in several broken bones. He had surgery, spent several months in the hospital and then moved into a rehabilitation facility in another town. In a strange town, away from everyone and everything he knew, was very difficult. He continued to deteriorate and another fracture was discovered.

It was believed that Jim would never walk again. He lived in a group home for nearly 30 years, has friends and long time staff, and now he was alone in another town. His team decided to bring him home. They agreed that he would have a better recovery if he was near the people and community he knows. Since his home has stairs, that was not an option. He stayed with his Coordinator for 8 months as a temporary Extended Family Home and he returned to Day Services. He was back with people he knew, but still needed a permanent home.

Roseline, Jim's staff of over 10 years, made a huge and loving decision to quit her job and become his Extended Family Home provider!

With the support and encouragement of his trusted support person, Roseline, and his friends and team, Jim had enough confidence and began to walk! He walks around his new home without his wheelchair and is even working on climbing the stairs! Jim has defeated the odds and shows that relationships and a circle of support are important to healing. James is happy and improving more then anyone imagined. Go Jim!!



**James Rogers getting a little fresh air and exercise while proving his doctors wrong.**

# Lincoln 5

## Contact

Tina Dykes  
3801 Union Dr., #100  
Lincoln, NE 68516  
402-471-6095  
tmdykes1@gmail.com



Taylor Woods, Zach Kriz, Amber Green and Chad Bartels went to Las Vegas to compete in the Jamz Cheer National Championship and they won their division!



Mark Prier lives in an Extended Family Home with his brother and sister-in-law. This is a perfect home for him. He enjoys using his iPad to make lists of names, currently over 450 pages of lists! They will make the list into a book which Mark is looking forward to.



Our LEAP day program has adopted Tierra Park. Our commitment is to pick up the litter so it is clean and welcoming. Thanks to our dedicated group of volunteers!



We do many fun activities at LEAP. One of the favorites is the Halloween party. It's fun to see the great costumes. This year we had a pumpkin decorating contest and we had some very creative pumpkin designs. As you can see in the pictures, the winning pumpkins were a bunny and a dog.



Jim Clair likes living with his Extended Family Home family. He enjoys singing karaoke, his job at Culvers, and the friendships from his job. He is thrilled to have a pet, a dog named Rudy.

## Highlights

- Siblings share their musical talents as Sasha Essay loves the sound of the violin and has been playing for several years. Her sister, Zoe has recently started to learn to play the guitar.
- 47 people attend our L.E.A.P. Day Service Center.
- 38 people receive residential supports.
- 5 people live in Extended Family Home settings.
- 10 people live in their own homes.
- 5 people are competitively employed.



Region V Services

# Nebraska City

## “The Inspiration”

Providing Awesome and Amazing Experiences...

Enhancing “The Dash”

Displaying the Values of

**Excellence! Pride! Integrity! Enthusiasm!**

### On July 18th, Region V and Nebraska City celebrated the production and sale of One Million tool bags!!



Over 140 guests visited to see the production process and enjoy a light lunch.

Preparation for this day began in 1988 when RVS-NC was awarded the tool bag contract. Within a few months of getting the contract, orders for several thousand bags were received. To meet

those demands, everyone, people supported and staff, worked overtime, sometimes required. A second shift of sewing machine operators worked 4-6 hours on the second (night) shift. The orders were filled on time! Over time, all the operations were streamlined, and operators became more efficient. Sometimes, high order volume required extra labor. Workers from RVS Auburn came to Nebraska City to lend a hand. Today, the work is completed by a number of people supported, and one sewing machine operator. After the initial start-up period, over 75% of all operations have been completed by people with disabilities, a requirement of having this contract.

There will be challenges for this project going forward, both in terms of CMS regulations and Department of Labor policies. For now, people are working on a job with purpose!



## Contact

Linda Plager

808 8th Corso

P.O. Box 614

Nebraska City, NE 68410

402-873-3306

lplager.regionv@yahoo.com

www.regionvservicesnc.com

## Highlights

- James Sammons has a new job at Scooters.
- Three men moved into a new home, purchased and remodeled by the RVS Foundation.
- Bonnie and Sam have each moved to new apartments, offering higher levels of independence.
- Corrine shared her musical talent on the violin at the library and at the RVS- NC Christmas party.
- Mark took a trip to Las Vegas.
- David took a trip to Kansas City
- Loren and Holli took a trip to Nancy's Barn to see her horses.

# ServiceLinc

- 83 individuals supported
- 45 people have competitive jobs
- 18 individuals who have been employed 3 or more years.
- 44 support staff employed
- 3 individuals own their own car
- 1 individuals who is a mother of 2
- 1 individual who is married
- 10 individuals who live in their own apartments with minimal staff support

## Meet Tate Spreier



Tate Spreier on the job at Sheridan Child Development Center.

Tate Spreier is employed at Sheridan Child Development Center. He is in charge of doing all the dishes and delivering food to the children's classrooms. He takes pride in doing his job well.

His co-workers all agree that he is a dedicated and valuable employee. He is so dedicated that he gets a little upset when work is cancelled due to bad weather! He has become friends with his co-workers and those friendships really bring out Tate's great personality.

Tate plans to keep working at Sheridan for as long as possible as he continues to learn new duties and take on more responsibilities.

Beside working, Tate keeps himself busy with many interests. He is a huge WWE wrestling fan and loves watching and going to WWE wrestling events. He also loves listening to the Backstreet Boys music and recently traveled to Las Vegas to see them in concert. For anyone who knows him, it will be no surprise that his favorite sports teams are the Nebraska Cornhuskers Football and Royals Baseball. Tate keeps busy and has fun.

## *Mission Statement*

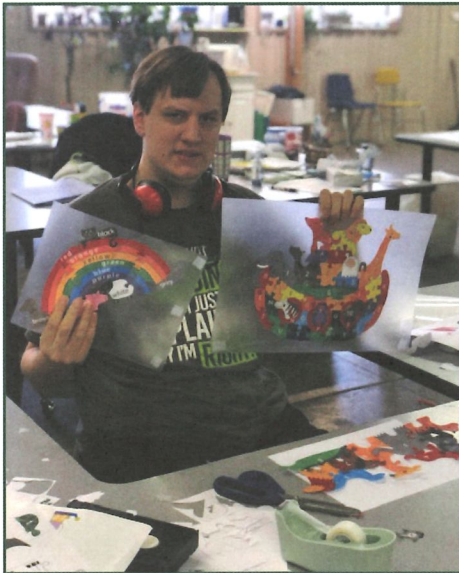
*Everyone who wants a job will have a job.  
Everyone has a quality of life equal to ours.  
Everyone will be empowered and educated about options.  
Our work will be approached with urgency.*

## Contact

Angela Levy  
6930 L St., Suite C  
Lincoln, NE 68510  
402-483-2929  
alservicelinc@gmail.com



# Wahoo



Evan loves art. He attends a monthly art group and shares his graphic art with college students.



Scott recently moved from a group home. He looks forward to the adventure and responsibility of living in his own apartment.



Debra is a new member of the Wahoo Lion's Club. She is pictured with Lions President Tyler Toline and member Kal Lausteres.

**Highlights:**

- Lyle had a wonderful vacation to Las Vegas and a highlight of his trip was meeting an Elvis impersonator. Lyle loves sharing this story from his vacation.
- Congratulations to Carol. She celebrated 33 years of employment at Pizza Hut. Her job has become a second family to her and she enjoys the friendship of her coworkers.

respect  
teamwork  
enthusiasm  
professionalism  
growth  
trust

kindness
integrity

**Agency Goals:**

Identifying "Priority Outcomes" to focus on for each person.

To provide supports which help people improve the quality of their lives.

- 53 people supported
- 6 people competitively employed in the community
- 17 people work in the community with supports
- 40 people receive vocational supports
- 38 people receive residential supports
- 2 own their own car
- 1 owns his own home
- 1 person sold his house to downsize to an apartment



Madelyn celebrated her 30th birthday with a party at the Starlite Ballroom with her family and friends. She even had a polka band and of course, plenty of great food.



To support Kevin's passion for flowers and flower arranging, he joins the owner and workers at Found and Flora in Wahoo each week to be a part of their team.

## Contact

Cary Deane  
 1910 N. Chestnut  
 Wahoo, NE 68066  
 402-443-4694  
[carydeanervs@gmail.com](mailto:carydeanervs@gmail.com)

# York / Seward



Crystal Wuebbecke beams as she talks about living in her own apartment.



Crystal Wuebbecke checks out the lizzard while visiting the Horn T Zoo in Columbus with several of her friends.

Crystal Wuebbecke is so happy! She has been patient. Patiently waiting to one day live in an apartment and be on her own. Finally at age 60 her long awaited wish has come true and she is happy, proud, excited and thankful.

She lived with her mother her entire life. Although she has always communicated her desire to live away from home, her mother wanted Crystal to live with her and that was that.

Crystal lived in Pleasant Dale and has worked for the Food Service Aramark at Southeast Community College in Milford for 26 years! She now lives in Milford and is only a mile from work. She seldom misses work and plans her extracurricular activities around her work schedule.

The last few years were tough. As her mother got older and her health and mobility declined it has been Crystal's responsibility to care for her mom. That was a huge responsibility. That included all the meals, laundry and cleaning. Now she only has to care for herself and she says that makes her day much easier. And she knows her mom is getting the care and attention she needs, which is a relief.

She enjoys movies, sports (participating and watching) the zoo, the state and county fairs, garage sales, playing games with friends - she really just enjoys being able to go places she wants to go and making the decision.

## highlights

- Ashley Becker expanded her Jewelry business.
- Staff attended Alzheimer's/Dementia training.
- Cyndi moved into a wonderful Extended Family Home.
- Renae Kucera lost 25 pounds.
- Nathan Bestwick began using Busy Wheels to get to job.
- Angela Davis and her staff volunteered at Church Camp.
- Rosetta Gould is learning to use Alexa.
- We participated in the annual York Fest parade.
- RVS Individuals participated in Wessels and York Farmers Market with crafts they created.
- Rick, Abby and Courtney participated in Wessels and York Farmers Market selling their individual art pieces.
- Donna, Rick and Cheryl all quit smoking!
- Rick attended his first WWE performance in Colorado
- Ross went on vacation to South Dakota and got to see the Barnyard Stompers perform. He loved it!

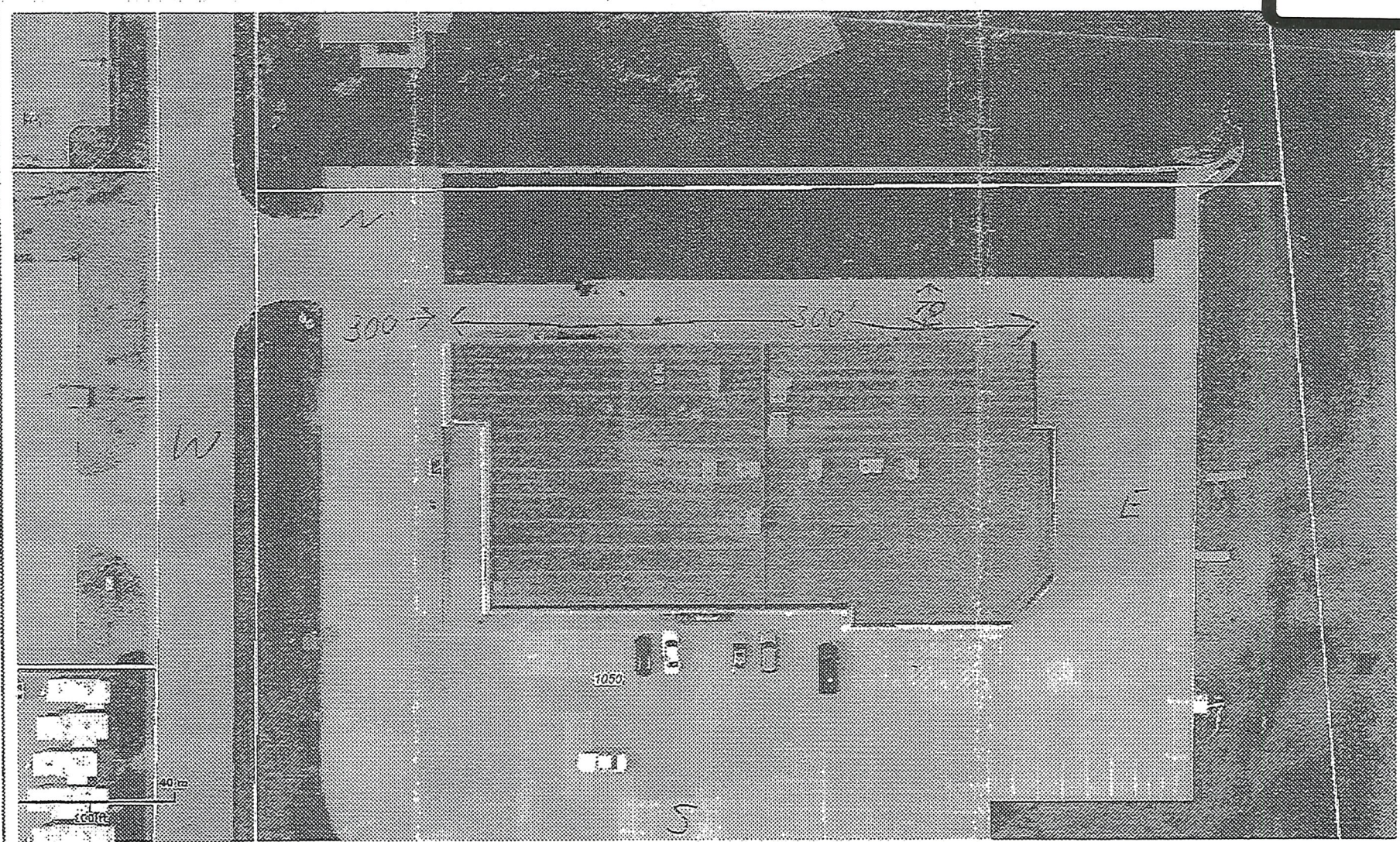
- 
- 57 people supported
  - 16 people receive Day Service
  - 23 people live in group homes
  - 31 people are competitively employed
  - 21 people receive Supported Employment services
  - 26 people receive Supported Residential services
  - 19 people receive Community Inclusion services
  - 8 people own their own car
  - 2 people own their own home
  - 11 people live in an Extended Family Home
  - 2 people are private pay

## Contact

Tammy Hinrichs  
822 Lincoln Ave.  
York, NE 68467  
402-362-7731  
t-had@hotmail.com

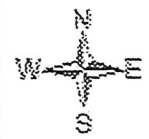


Region V Services



# Lancaster County/City of Lincoln GIS Map

## Sesostri Shrine



Printed: May 26, 2017

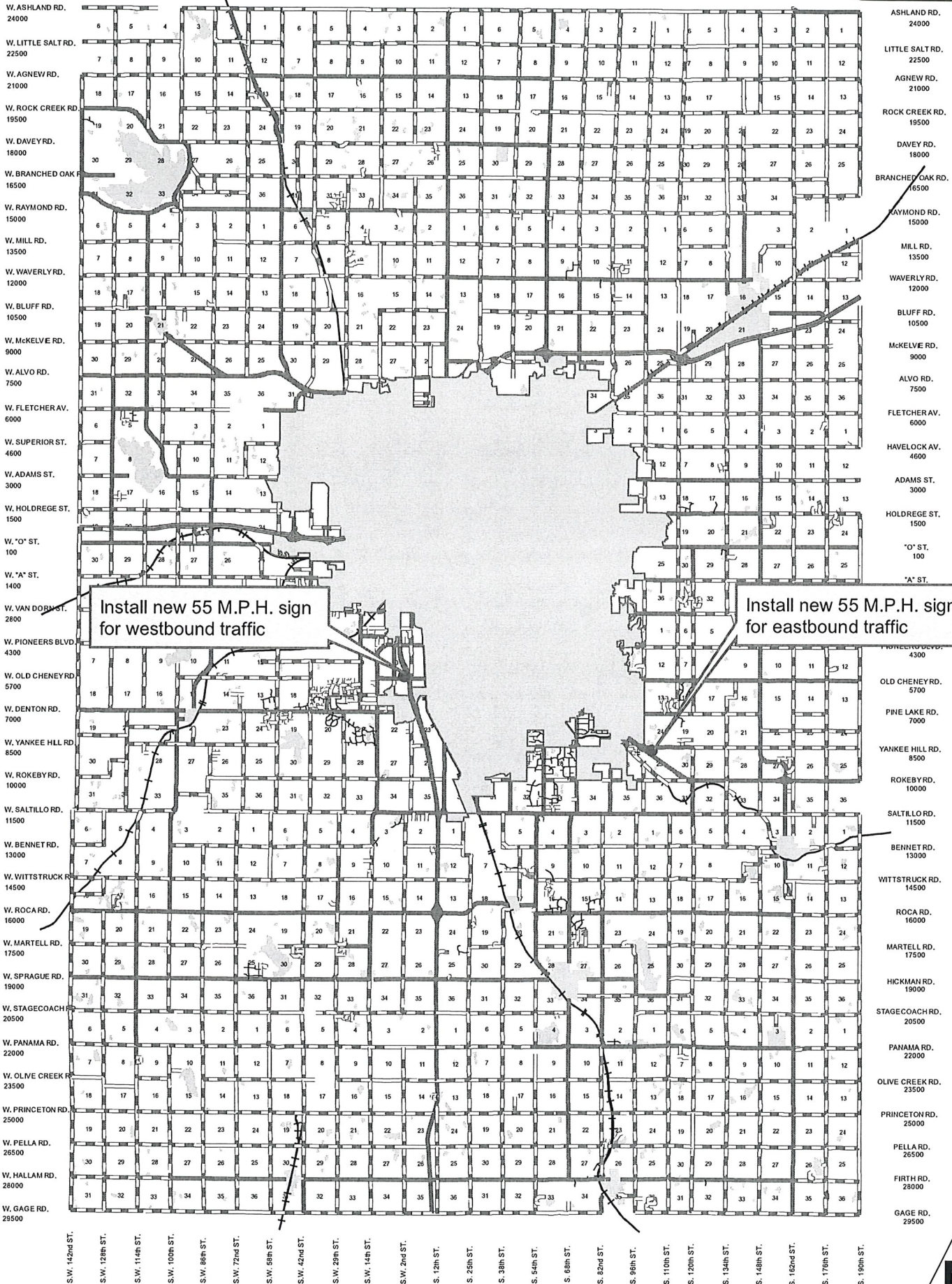
DISCLAIMER: The information is presented on a best-effort basis, and should not be relied upon for making financial, survey, legal or other commitments. If you have questions or comments regarding the data displayed on this map, please email [ags@lincoln.ne.gov](mailto:ags@lincoln.ne.gov) and you will be directed to the appropriate department.

PAMELA L DINGMAN  
COUNTY ENGINEER

# LANCASTER COUNTY

KENNE  
DEPUTY

tabbles'



Install new 55 M.P.H. sign  
for westbound traffic

Install new 55 M.P.H. sign  
for eastbound traffic



EXHIBIT

E

tabbies



April 9, 2019  
Closure R-19-0027  
A-138  
Bridge

A-140  
72" twin CMP arch

LITTLE SALT RD

ADT 17/2014

Dirt Road.

A-137  
58" twin CMP arch

N 112TH ST

N 134TH ST

5-F

A-140

2019/04/01



A-140



2019/04/01