

MINUTES
LANCASTER COUNTY BOARD OF COMMISSIONERS
COUNTY-CITY BUILDING, ROOM 112
TUESDAY, MAY 29, 2018
9:00 A.M.

Advance public notice of the Board of Commissioners meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on May 25, 2018.

Commissioners present: Roma Amundson, Acting Chair; Bill Avery and Deb Schorr

Commissioners absent: Todd Wiltgen, Chair; and Jennifer Brinkman, Vice Chair

Others present: Kerry Eagan, Chief Administrative Officer; Ann Ames, Deputy Chief Administrative Officer; Jenifer Holloway, Deputy County Attorney; Dan Nolte, County Clerk; and Kelly Lundgren, County Clerk's Office

The Acting Chair called the meeting to order at 9:00 a.m., the Pledge of Allegiance was recited and the location of the Nebraska Open Meetings Act was announced.

1) MINUTES:

A. Approval of the minutes of the Board of Commissioners meeting held on Tuesday, May 22, 2018.

MOTION: Avery moved and Schorr seconded approval of the minutes. Avery, Schorr and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

B. Approval of the minutes of the Department Budget Meeting held on Tuesday, May 22, 2018.

MOTION: Avery moved and Schorr seconded approval of the minutes. Schorr, Avery and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

2) CLAIMS:

A. Approval of all claims processed through May 29, 2018.

MOTION: Schorr moved and Avery seconded approval of the claims. Schorr, Avery and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

3) SPECIAL PRESENTATIONS:

A. Recognition of County Engineering employees for their performance at the 2018 Winter Maintenance Workshop – Pam Dingman, County Engineer

Pam Dingman, County Engineer, introduced Melissa Townsend, Nebraska Local Technical Assistance Program (LTAP) Events Coordinator; Ron Bohaty, Road Maintenance Superintendent; and Leroy

Geistlinger, Assistant Road Maintenance Superintendent. She said Townsend assisted with the planning and organization of the event. Dingman commended Bohaty and Geistlinger for volunteering for the event and exhibiting leadership statewide for Lancaster County.

It was noted that 23 employees of the County Engineer's Office participated. Dingman recognized first and second-place finishers in their respective categories and congratulated all award recipients.

B. Region V Annual Report – Dave Merrill, Region V Services and C. J. Johnson, Region V Systems.

C.J. Johnson, Regional Administrator, Region V Systems, provided an annual report (Exhibit A) and specifically discussed the services provided by Region V Systems. He said the Rental System Program, which provides housing for individuals, coordinates emergency protective services and offers crisis response services for youth. Johnson stated Region V Systems also provides a Professional Partner Program with the goal of keeping youth in their homes and schools. It has over a 90% success rate. Johnson said that success has led to a contract with Juvenile Justice.

Schorr inquired if TeleCare Recovery Center in Sarpy County was a new provider. Johnson stated TeleCare provides a secure residential program for individuals still needing care upon release from inpatient care.

Dave Merrill, Executive Director, Region V Services, provided an annual report (Exhibit B). He noted a reduction in funding from Development Disabilities Division (DDD) last year resulting in a shortage of approximately \$400,000. Merrill said County funding accounts for one-half of 1% of the total budget. He added that Lancaster County is the only county in the State that does not contribute to their developmental disability services public provider. Merrill suggested that Lancaster County consider contributing the average county contribution (\$19,374) or, at a minimum, the amount of the smallest county (\$5,495). He said the amounts are based on \$1.48 per capita and have not changed in 23 years.

4) PUBLIC HEARING:

A. Request to remove the restriction disallowing the sale of single cans and/or bottles of beer or malt liquor of less than 32 ounces for Shoemaker's South Truck Stop (Liquor License D-043253), 1200 Saltillo Road, Roca, Nebraska. (See correlating item 5A)

The Acting Chair opened the public hearing.

Dave Shoemaker, Shoemaker's South Truck Stop, was administered oath. He said when he applied for a liquor license twenty years ago the County imposed a restriction on the sale of single cans of beer and malt liquor. Shoemaker requested this be lifted as other similar businesses do not have this limitation. He added that he has never had a complaint or issue pertaining to his liquor license.

No one appeared in opposition or in a neutral capacity.

The Acting Chair closed the public hearing.

5) **NEW BUSINESS:**

- A. **Resolution amending the recommendations for a Class E (Beer off sale only) and a Class K (Wine only) liquor license for Shoemaker's South Truck Stop, located at 1200 Saltillo Road, Roca, Nebraska. (R-18-0033)**

MOTION: Avery moved and Schorr seconded approval of the resolution. Avery, Schorr and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- B. **Dissolution of the Clarendon Hills Road Improvement District, Lancaster County, Nebraska. (R-18-0034)**

MOTION: Schorr moved and Avery seconded approval of the resolution. Schorr, Avery and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- C. **Resolution authorizing use of the County Visitors Improvement Fund for Visitor Promotion, in the amount of \$170,000 for the period of January, 2018 through April, 2018. (R-18-0035)**

MOTION: Avery moved and Schorr seconded approval of the resolution. Schorr, Avery and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- D. **Special designated license application from Seward Grocery, LLC d/b/a Pac N Save, for a wedding reception to be held at Prairie Creek Inn, 2400 South 148th Street, Walton, Nebraska on June 30, 2018.**

MOTION: Schorr moved and Avery seconded approval of the special designated license application. Avery, Schorr and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- E. **Special designated license application from Meier's Wine, Inc., for a reception to be held at Prairie Creek Inn, 2400 South 148th Street, Walton, Nebraska on June 16, 2018.**

MOTION: Avery moved and Schorr seconded approval of the special designated license application. Avery, Schorr and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- F. **Agreement between the University of Nebraska on behalf of the University of Nebraska-Lincoln Police Department and Lancaster County on behalf of the Lancaster County Sheriff's Office to provide public safety employees for University events on an as needed basis. The University will reimburse the County at the average overtime rate based on the hourly rate of the employee. The term of the agreement is July 1, 2018 through June 30, 2019 and it will automatically renew for the succeeding year until terminated. (C-18-0250)**

This item was held.

- G. Agreement with the City of Lincoln d/b/a Lincoln Electric System to provide the Lancaster County Sheriff's Office access to Lincoln Electric System's live video monitoring system in exigent circumstances to ensure the safety and security of the public. There is no cost to the County. (C-18-0251)**

Terry Wagner, County Sheriff, said Lincoln Electric System (LES) has a number of facilities in the County that would allow the Sheriff's Office access to the video monitoring system.

MOTION: Avery moved and Schorr seconded approval of the agreement. Avery, Schorr and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- H. Agreement between Correct Care Solutions, LLC and Lancaster County on behalf of the Lancaster County Youth Services Center, for correctional healthcare services. Term of the agreement is June 1, 2018 to May 31, 2022. The County shall pay up to an estimated \$1,047,700 for the services provided over the four-year term. (C-18-0252)**

Melissa Hood, Youth Services Center Administrator, explained that Correct Care Solutions is the current healthcare services vendor and the cost will be split evenly over the four-year contract.

MOTION: Schorr moved and Avery seconded approval of the agreement. Schorr, Avery and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- I. Recommendation from the Purchasing Department and the County Engineer to award a purchase order to Murphy Tractor and Equipment for a skid steer loader (Bid No. 18-113). The total amount is \$49,665.94. (C-18-0247)**

Dingman said the cost for the rubber tire skid steer loader was included in the current year's budget.

MOTION: Schorr moved and Avery seconded approval of the recommendation.

In response to Avery's inquiry regarding whether the recommendation went through the normal request for proposal (RFP) process, Dingman indicated it did.

ROLL CALL: Schorr, Avery and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- J. Recommendation from the Purchasing Department and the County Engineer to award a purchase order to Murphy Tractor and Equipment for a compact track loader (Bid No. 18-114). The total amount is \$60,430.54. (C-18-0248)**

Dingman stated the track loader was also included in the current year's budget.

MOTION: Schorr moved and Avery seconded approval of the recommendation. Avery, Schorr and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- K. Accessory building agreement with Timothy and Linda Aschoff for property generally located at 1950 SW 112th Street. (C-18-0253)**

MOTION: Schorr moved and Avery seconded approval of the accessory building agreement.

It was noted that a task force was recently established to work on related zoning regulations.

ROLL CALL: Schorr, Avery and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- L. Reappointment of Amy Dickerson to the Lancaster County Visitors Promotion Committee for a term commencing July 1, 2018 and ending June 30, 2022.**

MOTION: Avery moved and Schorr seconded approval of the reappointment. Schorr, Avery and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- M. Reappointment of Gloria Aron, Keith Neil Larsen and Harold Simpson to the Aging Partners Areawide Advisory Council, with all terms ending June 30, 2021.**

MOTION: Schorr moved and Avery seconded approval of the reappointments. Avery, Schorr and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- 6) CONSENT ITEMS: These are routine business items that are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:**

- A. Second amendment to County Contract C-17-0241 with JEO to add additional plan preparation services related to structure H-119. The cost to the County for the additional services is \$7,000. (C-18-0254)**
- B. Amendment to County Contract C-10-0374 with the State of Nebraska, Department of Education for the National School Lunch Program and related programs at the Lancaster County Youth Services Center. (C-18-0255)**
- C. Amendments to the following contracts for the annual service of weed abatement and mowing (Bid No. 15-080). The amendments renew the contracts for an additional one-year term beginning June 23, 2018 through June 22, 2019. The cost to the County for all contracts is not to exceed \$45,000.**
- 1. C-15-0303 with Beatrice Lawn Care, Inc. (C-18-0242)**
 - 2. C-15-0304 with Gary's Lawn & Landscape (C-18-0243)**
 - 3. C-15-0305 with Lee's Lawn Maintenance (C-18-0244)**
 - 4. C-15-0306 with Mr. Yards and More, LLC (C-18-0245)**

- D. **Utility Permit No. 1673 allowing Windstream Nebraska, LLC, to install new fiber optic cable from South 54th Street to Roca Road, then east adjacent to Roca Road and South 64th Street. There is no cost to the County. (C-18-0233)**

MOTION: Avery moved and Schorr seconded approval of the consent items. Schorr, Avery and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

- 7) **PUBLIC COMMENT:** Those wishing to speak on items relating to County business not on the agenda may do so at this time.

No one appeared for public comment.

8) **ANNOUNCEMENTS:**

- A. **The Lancaster County Board of Commissioners will hold department budget hearings on Tuesday, May 29, 2018 at 9:30 a.m. or immediately following the Lancaster County Board of Commissioners meeting in the Bill Luxford Studio (Room 113) of the County-City Building (555 S. 10th Street, Lincoln).**
- B. **The Lancaster County Board of Commissioners will hold a staff meeting including department budget hearings on Thursday, May 31, 2018 at 8:30 a.m., in the Bill Luxford Studio (Room 113) of the County-City Building (555 S. 10th Street, Lincoln).**
- C. **The Lancaster County Board of Commissioners will hold its next regular meeting on Tuesday, June 5, 2018 at 9:00 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln).**
- D. **The Lancaster County Board of Commissioners will hold department budget hearings on Tuesday, June 5, 2018 at 9:30 a.m. or immediately following the Lancaster County Board of Commissioners meeting in the Bill Luxford Studio (Room 113) of the County-City Building (555 S. 10th Street, Lincoln).**
- E. **County Commissioners can be reached at 402-441-7447 or commish@lancaster.ne.gov.**
- F. **The Lancaster County Board of Commissioners meeting is broadcast live on LNKTV City. For the rebroadcast schedule visit lincoln.ne.gov (keyword: LNKTV). Meetings are also streamed live on LNKTV and can be viewed on YouTube (LNKTVcity).**

9) ADJOURNMENT

MOTION: Schorr moved and Avery seconded to adjourn the Lancaster County Board of Commissioners meeting at 9:37 a.m. Avery, Schorr and Amundson voted yes. Brinkman and Wiltgen were absent. Motion carried 3-0.

Dan Nolte

Dan Nolte
Lancaster County Clerk



tabbles®
EXHIBIT
A

STRUCTURE AND GOVERNANCE..... 4
FUNDING AND EXPENDITURES..... 5
NETWORK ADMINISTRATION..... 6
OVERVIEW/PROVIDERS..... 6-7
DEMOGRAPHICS..... 8
CONSUMER OUTCOMES..... 9-13
QUALITY INITIATIVES 14-17
SYSTEM COORDINATION 18-25
CHILDREN AND FAMILY SERVICES 26
PARTNERSHIPS/COLLABORATIONS..... 32
STAFF..... 35
LANCASTER COUNTY DEMOGRAPHICS ..36-37
COUNTY CONTRIBUTIONS..... 38



REGION V SYSTEMS

Lancaster County FY 16-17 Annual Report

**PROMOTING COMPREHENSIVE
PARTNERSHIPS IN BEHAVIORAL HEALTH**



Published February 2018

Dear Colleagues,

The work that Region V Systems is able to accomplish each year is not possible without the efforts of our Regional Governing Board members, Behavioral Health Advisory Committee members, Network Providers, the Department of Health and Human Services representatives, legislative representatives, individuals we serve, and our many other stakeholders who help us carry out our strategic intent, “promoting comprehensive partnerships in behavioral health”; thank you to all these groups for your continued support. Fiscal year 16-17 included several initiatives that continue to build the foundation to support the newly emerging behavioral health landscape in Nebraska.

Here are a few highlights from FY 16-17:

NebraskaBehavioralHealthJobs.com: In continued collaboration with the Behavioral Health Education Center of Nebraska (BHECN), Region V Systems created a mobile application and refined the website that allows entities involved in behavioral health to post job openings for free as well as allowing job seekers to post resumes at no expense. The new mobile app allows job seekers to receive notifications of jobs they are interested in.

Best Places to Work: Region V Systems was honored to be recognized as one of five “Best Places to Work” in the medium size employer category. This annual Lincoln competition, sponsored by the Lincoln Human Resource Management Association, Woods & Aitkens LLP, and the Lincoln Journal Star, base the results on employee surveys administered by Quantum Workplace, and honors organizations that deliver an outstanding work experience.

The Office of Probation Administration: Region V Systems continues its work with probation, providing two unique initiatives. The first initiative, a Justice Wraparound Track for youth involved in the Juvenile Justice system, aims to reduce higher levels of care and out-of-home/out-of-state placements for justice-involved youth. The second initiative is the creation of a small network of providers to carry out court-ordered evaluations in an effort to complete the evaluations in a timely manner and ensure the evaluations contained information necessary to support future treatment needs of youth.



SAMHSA CABHI Grant: In September of 2016, Region V Systems was awarded a three-year Cooperative Agreement to Benefit Homeless Individuals (CABHI) grant from SAMHSA. This project aims to end chronic homelessness in Lincoln by addressing the needs of persons experiencing chronic homelessness who have a substance abuse disorder, serious mental illness, serious emotional disturbance, or co-occurring disorder. In its first year, through the use of Permanent Supportive Housing, the project enrolled 59 chronically homeless people. The project is set to add 15 individuals each subsequent year.

System of Care (SOC) Grant: Through the System of Care grant, Region V Systems has worked to build on the current structure for crisis response, extending that service to youth. This service is being provided through the Region V Systems service area by CenterPointe and TASC. In addition to initial crisis response by a therapist, a referral can be made to Families Inspiring Families for family navigator services of up to six hours.

As we look forward to FY 17-18, I would like to again thank all our system partners who make our work possible. We continue to look for new partnerships to promote a recovery and wellness system for both children and adults in southeast Nebraska.

Sincerely,



Dennis M. Byars

Dennis Byars
Regional Governing Board Chair

C.J. Johnson

C.J. Johnson
Regional Administrator

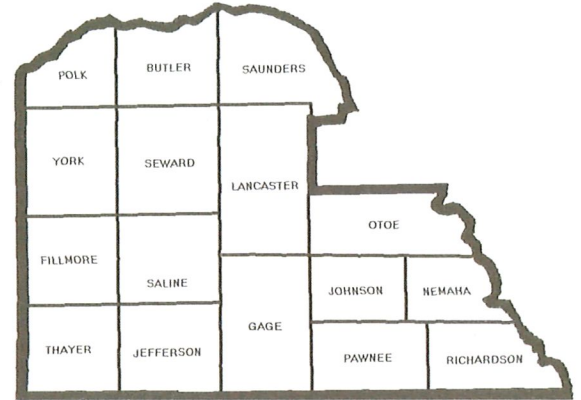


This logo represents Region V Systems' commitment to promote comprehensive partnerships in behavioral health. Partnerships with providers, consumers, DHHS, and other stakeholders are ever evolving through evaluation, assessment, and implementation of programming to best meet the needs of the behavioral health system and its consumers.

Our Mission

The mission of Region V Systems is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.

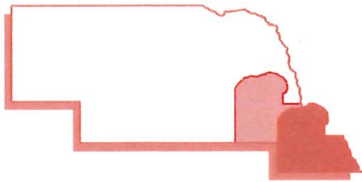
As one of Nebraska’s six behavioral health regions, Region V Systems was originally created by state statute in 1974 as a quasi-governmental entity with the responsibility of coordinating and overseeing the delivery of publicly funded mental health services for the 16 counties making up the Region V geographical area. Two years later, the Legislature added responsibility to each of the six regions for the development and coordination of substance abuse services.



In 2004, LB 1083 (the Behavioral Health Services Act) was passed, repealing the original statutes but re-establishing and renaming the regions as “Behavioral Health Authorities.” These Behavioral Health Authorities make up Nebraska’s public behavioral health system. Region V Systems’ statutory responsibilities as a behavioral health authority include:

- Administration and management of the regional behavioral health authority.
- Comprehensive planning, development, integration, and coordination of an array of publicly funded, community-based behavioral health treatment and rehabilitation services for children and adults.
- Initiation and oversight of contracts for the provision of publicly funded behavioral health services.
- Fiscal management and accountability, including preparation of an annual budget and proposed plan for the funding and administration of services.
- Coordinating and conducting of audits of publicly funded behavioral health services.
- Evaluation and quality management.
- Advocacy and involvement of consumers in all aspects of service planning and delivery within the Region.

Region V Systems’ major functions are described in this report. For more information on Region V Systems, please visit our website at www.region5systems.net.



Region V covers approximately 9,308 square miles. According to U.S. Census 2010, Region V has a population of 444,920, constituting approximately 24 percent of the state’s population.

Regional Governing Board (RGB)

Each Behavioral Health Authority is governed by a Regional Governing Board, comprised of an appointed county commissioner from each of the counties it serves.

Current membership includes:

Butler County	Greg Janak	Pawnee County.....	Jan Lang
Fillmore County	Susan Johnson	Polk County.....	Jerry Westring
Gage County	Dennis Byars (Chair)*	Richardson County	Jim Davidson
Jefferson County	Gale Pohlmann	Saline County	Janet Henning
Johnson County	Les Agena	Saunders County.....	Doris Karloff (Treasurer)*
Lancaster County.....	Todd Wiltgen (Secretary)*	Seward County	Roger Glawatz
Nemaha County.....	Marvin Bohling	Thayer County	Dean Krueger (Vice Chair)*
Otoe County	Dean Speth	York County	Bill Bamesberger

* Executive Committee members

Behavioral Health Advisory Committee (BHAC)

By statute, the RGB is required to appoint a Behavioral Health Advisory Committee, responsible for advising the RGB on behavioral health issues and funding allocations. Consideration for membership is given to geographic residence, direct and indirect consumers, cultural diversification, and the community at large.

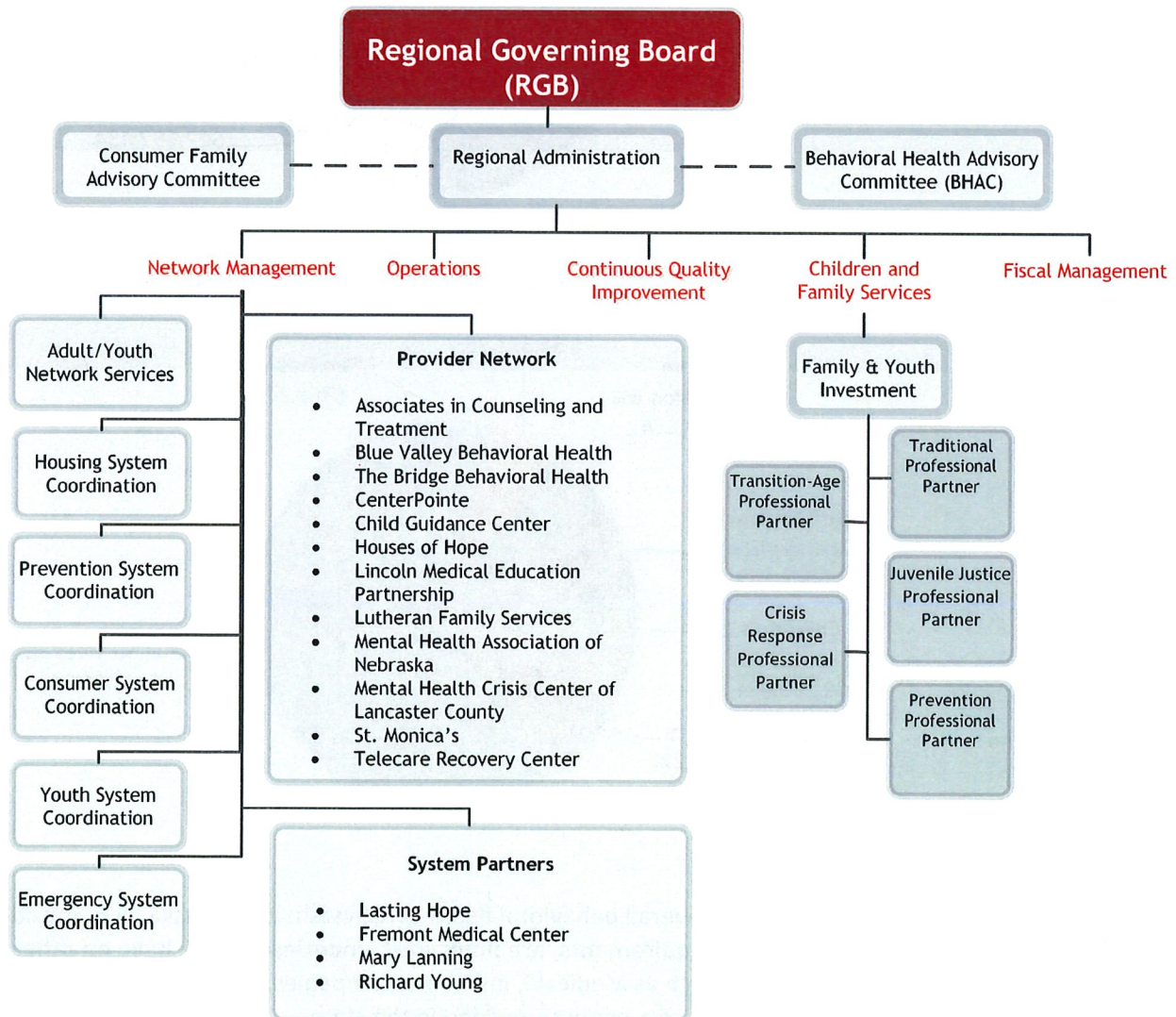
Current membership includes:

- | | |
|--------------------------|---|
| Gene Cotter | Tracy Pella |
| Megan Hinrichs | Richard Pethoud |
| Sara Hoyle (Chair) | Melissa Ripley |
| Jennifer Jennings | Tammy Sassaman (Vice Chair) |
| J. Rock Johnson | Brenda Tracy |
| Susan Johnson (RGB Rep.) | Darla Winslow |
| Stephanie Knight | Constance (C.J.) Zimmer (Member at Large) |
| Barbara Murphy | |

Thanks to the past members of the RGB and BHAC, who served during FY 16-17, for your dedication and support toward the Regional System of Care.

Don Harmon (BHAC) Wayne Price (BHAC)
Janet Henning (BHAC)

Governance Structure



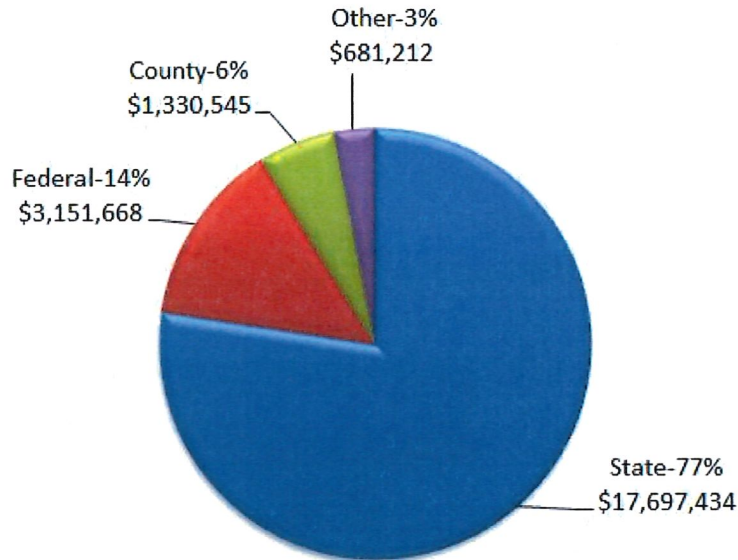
Funding and Expenditures

Region V Systems’ fiscal management ensures the effective use of financial resources, transparency, and accountability.

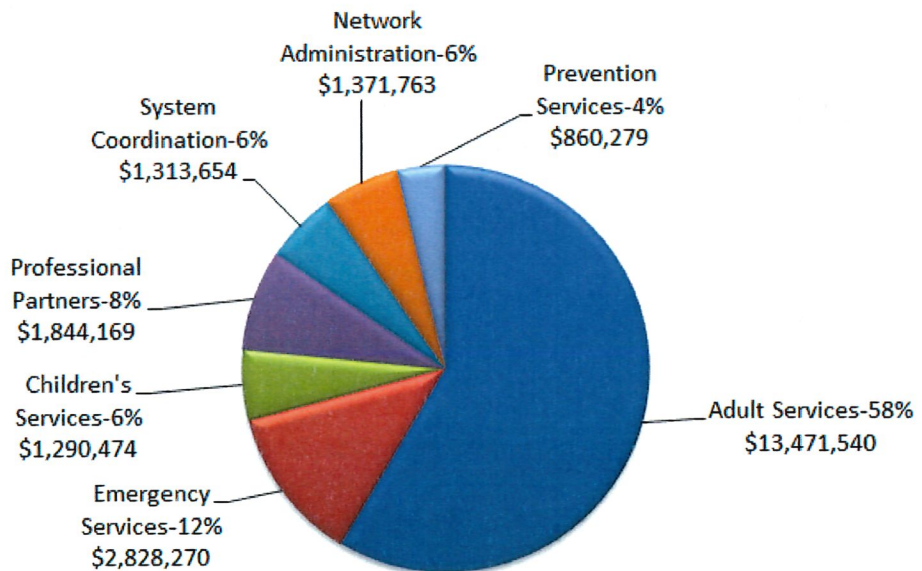
Funding is received from a variety of resources, including state and federal dollars through Nebraska’s Department of Health and Human Services’ Division of Behavioral Health and the Division of Children and Family Services, local and federal grants, and a county match from each of the 16 counties that make up Region V Systems’ geographical area.

Region V Systems then distributes funding through contracts with local providers and works with system partners that offer many levels of treatment and a broad array of services. To ensure contractual and financial compliance, Region V Systems’ staff conduct contract performance reviews and fiscal audits.

FY 16-17 Funding
\$22,860,859



FY 16-17 Expenditures*
\$23,019,660



*Local grants equaled <1%, or \$39,511; thereby, not reflected in the chart.

This **publicly funded system** is only one part of the overall behavioral healthcare system in Nebraska. It is considered the *safety net* for those who **meet financial eligibility requirements, are uninsured, underinsured, or have no other means to pay for behavioral healthcare.** Other funding sources such as Medicaid, insurance companies, private businesses, and individuals themselves also influence the way behavioral health services are provided in the state.

Network Administration

Region V Systems partners with state agencies, community partners, consumers, families, and other community primary care and behavioral health entities to support a system of care that is integrated and supports the Triple Aim of:

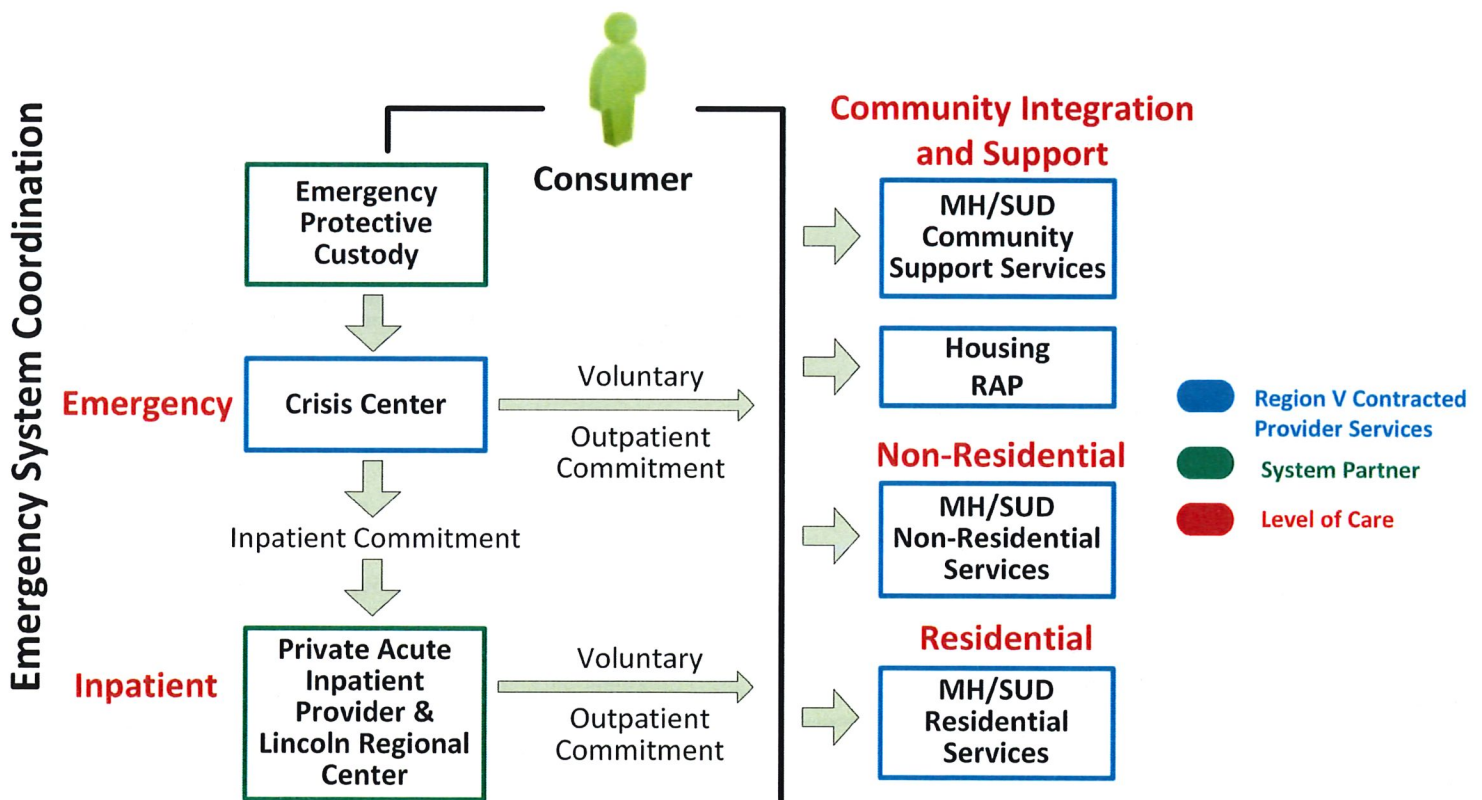
- Enhancing an individual’s experience of care (availability, accessibility, quality, and reliability);
- Improving the health outcomes of individuals; and
- Promoting services that are efficient, effective, and in the right amount.

Region V Systems has contractual relationships with a network of behavioral health providers that have met the minimum standards, including national accreditation, to be a part of the Region V Systems’ Provider Network and provide publically funded behavioral health services to the uninsured and underinsured.

In FY 16-17, 12 agencies were part of the Provider Network providing access to an array of quality behavioral health services that promote wellness and recovery. Services are categorized by level of care, including inpatient, residential, non-residential, community integration/support, children’s and emergency, based on the intensity of treatment and supports needed. These services are designed to assist youth, adults, and families to reach the goal of recovery to live, work, and participate in their communities.

Following is a chart identifying the different entry points for adult consumers voluntarily and involuntarily entering and moving through the levels of care of the public behavioral health system.

Adult Behavioral Health System



MH: Mental Health
 SUD: Substance Use Disorder
 RAP: Rental Assistance Program

REGION V SYSTEMS' SERVICE ARRAY

- Associates in Counseling and Treatment**
2110 S. 38th Street
Lincoln, NE 68506
Phone: 402-261-6667
www.actnebraska.net Assessments - SUD
- Blue Valley Behavioral Health**
1123 North 9th Street
Beatrice, NE 68310
Phone: 402-528-3386
www.bvbh.net 24-Hour Crisis Line; Community Support - MH; Intensive Outpatient - SUD; Medication Management; Outpatient Therapy - MH & SUD; Assessments - SUD
- The Bridge Behavioral Health**
721 'K' Street
Lincoln, NE 68508
Phone: 402-477-3951
www.thebridgnebraska.org Civil Protective Custody; Emergency Protective Custody; Short-Term Residential - SUD; Intermediate Residential - SUD; Post-Commitment Days; Short-Term Respite; Passages Extended Respite; Social Detoxification
- CenterPointe**
2633 'P' Street
Lincoln, NE 68503
Phone: 402-261-6667
www.actnebraska.net Community Support - MH & SUD; Day Rehabilitation (MidPointe); Outpatient Therapy - MH & SUD; Medication Management; Dual Disorder Residential; Assertive Community Treatment (PIER); Recovery Support-MH & SUD; Projects in Assistance to Transition from Homelessness (PATH); Supportive Living; 24 Hour Crisis Line; Psychiatric Residential Rehabilitation (Community Transitions); Peer Specialist; SSI/SSDI Outreach Access and Recovery (SOAR)
- Child Guidance Center**
2444 'O' Street
Lincoln, NE 68510
Phone: 402-475-7666
www.child-guidance.org Assessments - MH & SUD; Outpatient Therapy - MH & SUD; Therapeutic Consultation - MH;
- Houses of Hope**
1124 North Cotner Boulevard
Lincoln NE 68505
Phone: 402-4735-3165
www.housesofhope.com Halfway House; Targeted Adult Service Coordination (TASC); Intensive Community Services - MH; Emergency Community Support - MH & SUD; Crisis Response Team; Recovery Support - MH & SUD; Short-Term Residential (Touchstone)
- Lincoln Medical Education Partnership**
4600 Valley Road
Lincoln, NE 68510
Phone: 402-483-4581
www.lmep.com Assessments-SUD; Adult Outpatient-SUD; Family Support & Advocacy
- Lutheran Family Services**
2301 'O' Street
Lincoln, NE 68510
Phone: 402-435-2910
www.lfsneb.org Intensive Outpatient-SUD; Outpatient Therapy-MH & SUD; Community Support -MH; Medication Management; Assessments - SUD; Peer Specialist; Emergency Community Support (Harvest Project)
- Mental Health Association**
1645 'N' Street
Lincoln, NE 68508
Phone: 402-441-4371
www.mha-ne.org Supported Employment; Hospital Diversion (Keya House)
- Mental Health Crisis Center**
825 'J' Street
Lincoln, NE 68508
Phone: 402-441-8276
www.lancaster.ne.gov/mental Emergency Protective Custody; Emergency Crisis Assessment - SUD; Post-Commitment Days
- Region V Systems**
1645 'N' Street
Lincoln, NE 68508
Phone: 402-441-4343
www.region5systems.net Housing Coordination; Emergency System Coordination; Prevention System Coordination; Consumer Services Coordination; Adult System Coordination; Youth System Coordination Professional Partner Programs: Traditional, Children and Family Services, Prevention, Transition Age, Crisis Response, Juvenile Justice
- St Monica's**
120 Wedgewood Drive
Lincoln, NE 68510
Phone: 402-441-3768
www.stmonicas.com Community Support-MH & SUD; Outpatient Therapy-MH & SUD; Intensive Outpatient-SUD; Short-Term Residential; Therapeutic Community; Peer Specialist
- TeleCare Recovery Center at Sarpy**
2231 Lincoln Road
Bellevue, NE 68005
www.telecarecorp.com Secure Residential

Adult Community Integration Support

Adult Non-Residential

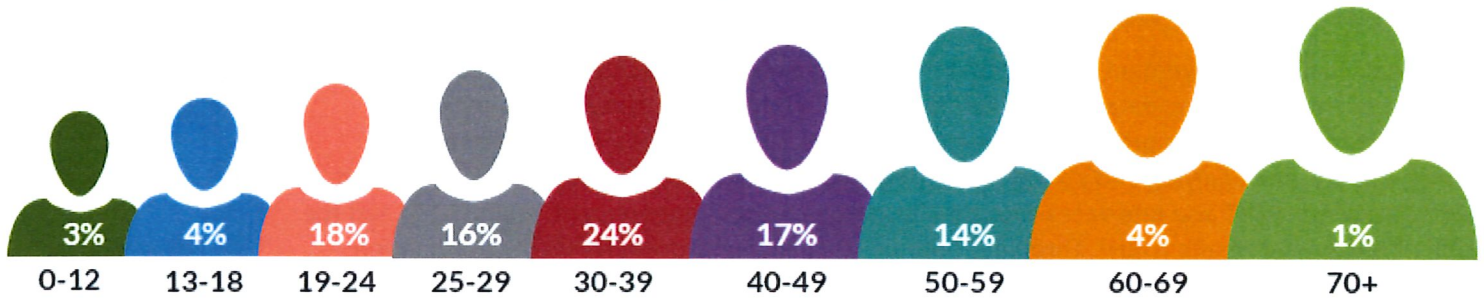
Adult Residential

Adult Emergency

Youth Non-Residential

Behavioral Health Data for Region V-Funded Services

AGE



	Mental Health	Substance Use Disorder	Total
Unique Persons Served	5,112	5,099	9,054

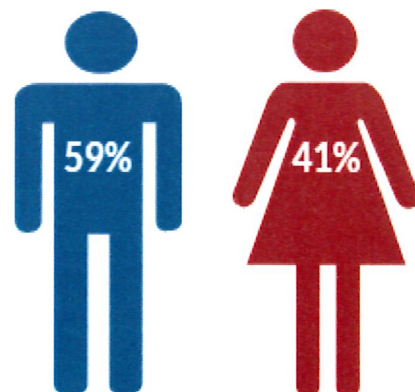
County of Residence	County Residents Served	New Admissions FY 16-17*	Percent of Admissions
Butler	61	55	0.4%
Fillmore	79	61	0.5%
Gage	493	611	4.9%
Jefferson	137	136	1.1%
Johnson	47	51	0.4%
Lancaster	6,494	8,627	69.5%
Nemaha	84	95	0.8%
Otoe	198	204	1.6%
Pawnee	38	35	0.3%
Polk	43	60	0.5%
Richardson	130	126	1.0%
Saline	185	199	1.6%
Saunders	144	146	1.2%
Seward	166	154	1.2%
Thayer	47	46	0.4%
York	285	324	2.6%
All Other including	816	1477	11.9%
Region Total	9,447**	12,407	100.0%

Race



- White (78.52%)
- Black (8.69%)
- American Indian/Alaska Native (4.40%)
- Not Available (3.50%)
- Two or More Races (2%)
- Other (2%)
- Asian (0.90%)

Gender



* New Admission: counts only admissions that occurred in FY 16-17 and not admissions in previous year. Some individuals may have been admitted into more than one service.

**Some individuals may have lived in more than one county in FY 16-17.

Region V Systems continually strives to improve the quality of care for consumers by better identifying **who the consumers of services are, what types of services are needed, and what can best be offered to meet their needs.**

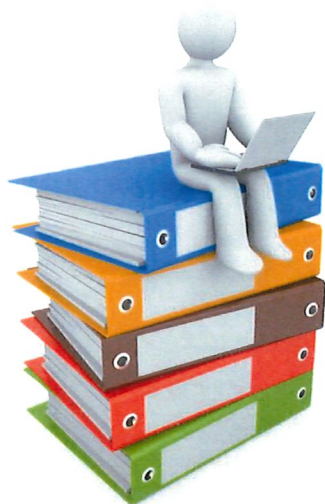
Regional Quality Improvement

The Regional Quality Improvement Team (RQIT) establishes network accountability for continuous quality improvement by using data to plan, identify, analyze, implement, and report ongoing improvements and celebrates progress, change, and success. RQIT oversees data participation, reporting, quality, and analysis, and provides recommendations or reports to Region V Systems and Network Providers. RQIT also interfaces with the Statewide Quality Improvement Team (SQIT) and the Division of Behavioral Health (DBH). Through Continuous Quality Improvement (CQI) coordination, Region V Systems ensures:



- Services are appropriate to each consumer's needs and are accessible;
- Consumers and families participate in all processes of the CQI program, and their views and perspectives are valued;
- Services provided incorporate best practice, evidence-based practice, and effective practices; and
- Services are of high quality and provided in the most cost-effective manner.

Region V Systems Compass



Region V Systems contracts with H4 Technology, LLC to create an electronic health record software system called Compass for records management. Compass is assisting Region V Systems achieve our goals of: 1) elimination of dual entry, 2) simplifying the provider and Region user workflows, 3) maintaining data consistency between Region V Systems and the Division of Behavioral health's Central Data System, 4) supporting all providers in the network with the exchange of information in their preferred fashion, and 5) creating analytic and reporting dashboards.

Compass will act as a reporting mechanism for filtering and comparing data. It allows Region V Systems and the Network Providers to customize dashboards to quickly and easily obtain critical region-wide information to assist in making data-driven decisions based on predefined, measurable outcomes. Compass will assist the system of care with making observations, identifying trends, performance improvement and planning for consumers access to services, effectiveness, efficiency, satisfaction, and utilization.

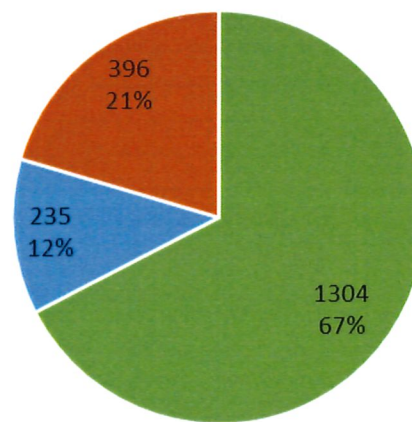
Outcomes: Measuring Consumer Recovery

Each Network Provider identifies and implements an outcome evaluation tool to measure consumer functioning and report individual consumer scores for consumers receiving services funded by Region V Systems. Tools utilized are:

- Daily Living Activities-20 (DLA-20);
- Client Goal Attainment Scale (CGAS);
- Domain Assessment;
- Basis-24;
- Child Adolescent Functioning Scale (CAFAS);
- Quality of Life Attainment Scale (QLA); and
- Outcome Questionnaire (OQ 45.2, YOO, YOQ-SR).

Functioning tools monitor and measure consumers' outcomes by comparing enrollment scores to discharge scores, showing progress or improvement in the consumer's road to recovery.

Consumer Outcomes
When Comparing Admission to Discharge Scores
FY 16-17
n=1935



- Clinically Significant Improvement & Improvement
- No Change
- Clinically Significant Decline & Decline

Clinically Significant Improvement:

statistical or clinically significant change likely to be sustained

Improvement: discharge, or most recent, score showed an improvement in consumer functioning when compared to admission score

No Change: admission and discharge score were the same

Decline: discharge, or most recent, score showed a decline in consumer functioning when compared to admission score

Clinically Significant Decline: statistical or clinically significant decline

Cluster-Based Planning (CBP)

In 2010, Region V Systems implemented Cluster-Based Planning (CBP) in partnership with its creator, Bill Rubin, Synthesis, Inc., as a tool for Region V Systems' Network Providers to improve care for adults with Severe and Persistent Mental Illness (SPMI) or Alcohol and Other Drugs (AOD) and for youth with behavioral health issues. CBP believes consumers should not receive services as a single homogenous group. Instead, they should be comprised of distinct natural subgroups, or "clusters."

CBP is an emerging best practice that identifies subgroups (clusters) of individuals who share common bio-psychosocial histories, problems, strengths, and life situations. By describing different clusters, better identifying and measuring targeted outcomes, and tracking accompanying services and costs, the system can begin to answer the questions of "what works, for whom, and at what cost."

The following charts indicate a snapshot of a few outcomes:

Category	Cluster (n=1454)	Improved and Clinically Significant Improvement
Persons with SPMI	3A- Severely Dis in Many Life Areas (n=48)	69%
	5- Functioned Well in Community (n=35)	60%
	2B- Severe SA/Less Sev MH Prob (n=67)	57%
	4A- Anxiety and Depression and Avoid Growth	56%
	1- Phys Health/Psych Dis. (n=38)	55%
	4B- Anxiety and Focus on Phys Health (n=10)	50%
	2A- Serious SA/MH and Comm Liv Prob (n=227)	48%
	3B- YA Severely Dis/Not Convinced of Tx (n=33)	45%
AOD-Men	M2- Unable to Deal w/High Expectations (n=60)	92%
	M8- SA w/Less Sev MH Problems (n=159)	86%
	M4- Culturally Isolated - No Need to Change (n=19)	79%
	M7- SA & Severe MH Problems (n=106)	76%
	M1- Expect Oths to Meet Their Needs (n=38)	76%
	M3- Use Threats/Intimidation to Get Needs Met	75%
	M5- Addicted to Opiates/Meds (n=19)	74%
	M6- YM Add. To Heroin or Cocaine & On Streets	69%
AOD-Women	W7- Controlled by Oths w/Limited Expect (n=15)	100%
	W10- Worn Down from Gen. Poverty & Addiction	89%
	W8- Use to Deal with Fam/Social Issues (n=66)	86%
	W4- More Mature Alcohol Abusers (n=26)	85%
	W2- Addicted to Exciting Lifestyle (n=24)	83%
	W1- More Mat Use Crack + Oth Drugs (n=10)	80%
	W9- Unintentionally Dependent on Drugs (n=37)	78%
	W5- SA w/Sev MH Problems (n=34)	65%
	W3- Meds/Oth Drugs/Avoid Conseqs (n=11)	64%
W6- MH Problems & Survivors of Trauma (n=79)	63%	
Youth	10- Cognitive Limitations & Behavior Probs (n=9)	89%
	1- ADHD & Oth Neuro-behav (n=26)	81%
	2- Depressed/Suicidal (n=15)	73%
	8- Youth Struggling w/Life Crises (n=14)	71%
	3- Severe Behavior Probs (n=21)	67%
	5- Affected by Trauma (n=9)	67%
	6- Probs with Substance Abuse (n=9)	56%
	4- Sexually/Physically Abused (n=10)	50%
9- Involved in Sexual Offenses (n=4)	50%	
7- Very Anxious Youth (n=5)	40%	

Cluster-Based Planning Level of Care Development

Region V Systems' Family & Youth Investment (FYI) Program continued its work to develop Levels of Care, by cluster, for program participants and their families. **Cluster-Based Planning Level of Care work allows FYI professional partner staff to more accurately assess the *stage of change* of program participants and better match interventions.** This year, FYI worked with Synthesis, Inc., to conduct an extensive file review of participants discharged from programming and deemed as successful. The goal of the file review exercise was to identify common types of linkages, activities, education, and funding considered necessary to have an impact for participants and their families to experience change. Next steps of the development process consist of developing evaluation components and staff training.

National Outcome Measures (NOMs)

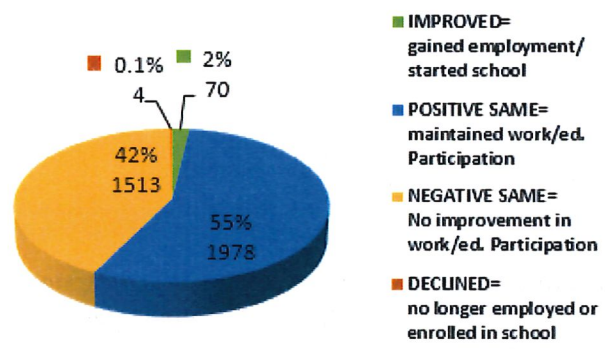
National Outcome Measures developed by Substance Abuse and Mental Health Services Administration (SAMHSA), in collaboration with the states, have identified domains as our National Outcome Measures, or NOMs. The domains embody meaningful, real life outcomes for people who are striving to attain and sustain recovery, build resilience, and work, learn, live, and participate fully in their communities.

Region V Systems' Compass software assists us in automating the collection, computing of scores, and graphically illustrating consumers' progress in achieving national outcome measures.

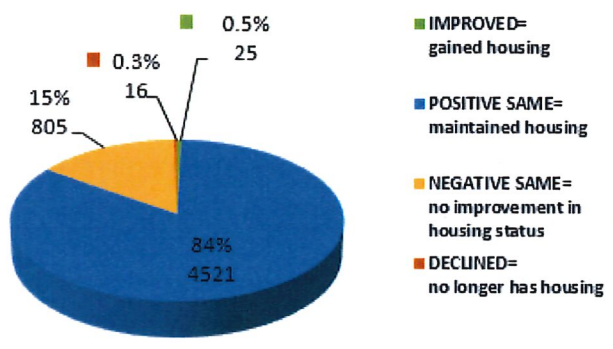
The NOMs domains focus on consumers achieving/sustaining employment or enrollment in school (Employment/Education), reduce arrests (Crime & Criminal Justice), increase stability in housing (Stability in Housing), abstinence or reduction from drug/alcohol use (Reduced Morbidity).

NOMs are calculated by comparing a consumer's status at enrollment vs. discharge. The following charts indicate a snapshot of Region V Systems' aggregate performance of the NOMs in relation to employment/school, crime, housing, and drug/alcohol use.

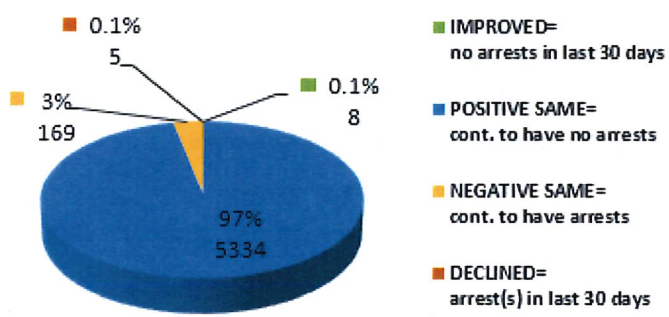
Employment/Education (ed.)



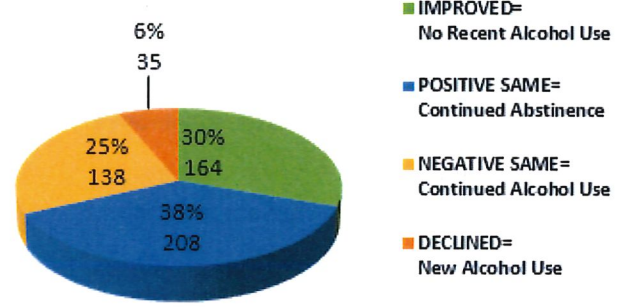
Stable Housing



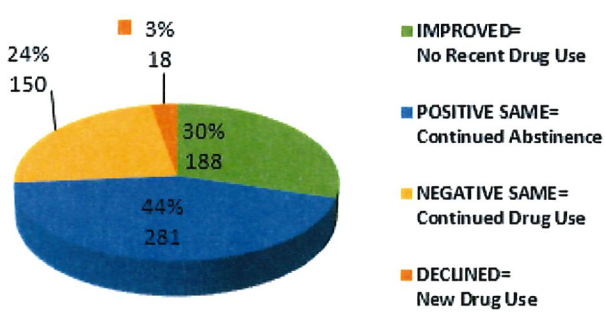
Criminal Justice



Alcohol Abstinence



Drug Abstinence



Perception of Care

In an effort to assess the consumer's point of view as to the quality and effectiveness of services delivered, Region V Systems' Provider Network added two questions to a consumer survey collected by each agency at various points of service and at discharge:

1. Would they return to this provider if they needed services in the future? and
2. Would they recommend this provider to a friend or a family member?

The graph below illustrates an aggregate of consumer responses from all providers in the network by fiscal year.

Fiscal Year (FY)	Return to Provider	Recommended Provider
FY 16-17	91%	92%
FY 15-16	93%	93%
FY 14-15	91%	88%
FY 13-14	90%	90%
FY 12-13	93%	94%
FY 11-12	93%	94%

Mental Health Statistics Improvement Program (MHSIP) Consumer Satisfaction Survey

The Department of Health and Human Services' Division of Behavioral Health administers a behavioral health consumer survey to solicit input from persons receiving mental health and/or substance use services on the quality and impact of services received. Survey areas include: access, quality, outcomes, participation in treatment planning, general satisfaction, functioning, and social connectedness. For a complete viewing of the report visit [http://dhhs.ne.gov/Behavioral Health/Pages/behavioral_health_index.aspx](http://dhhs.ne.gov/Behavioral_Health/Pages/behavioral_health_index.aspx). Below are a few outcomes comparing Region V Systems' performance to statewide average data:



Satisfied with Services Received

Region V Systems		State of Nebraska	
2013	84.9%	2013	85.0%
2014	80.8%	2014	78.8%
2015	85.7%	2015	86.6%
2016	82.5%	2016	84.1%



Improved Level of Functioning

Region V Systems		State of Nebraska	
2013	70.9%	2013	71.2%
2014	70.3%	2014	74.3%
2015	75.1%	2015	73.1%
2016	65.6%	2016	68%



Services Were Appropriate and of Good Quality

Region V Systems		State of Nebraska	
2013	84.3%	2013	86.2%
2014	84.8%	2014	84.8%
2015	85%	2015	87.4%
2016	83%	2016	86%



Services were Accessible

Region V Systems		State of Nebraska	
2013	82.7%	2013	82.3%
2014	80.8%	2014	81.4%
2015	83.7%	2015	82.8%
2016	81.5%	2016	81.3%

Along with an array of mental health and substance abuse programs, Region V Systems engages in initiatives that augment existing community-based services. **Following are initiatives currently underway** with the intent to bolster the existing public behavioral health system:

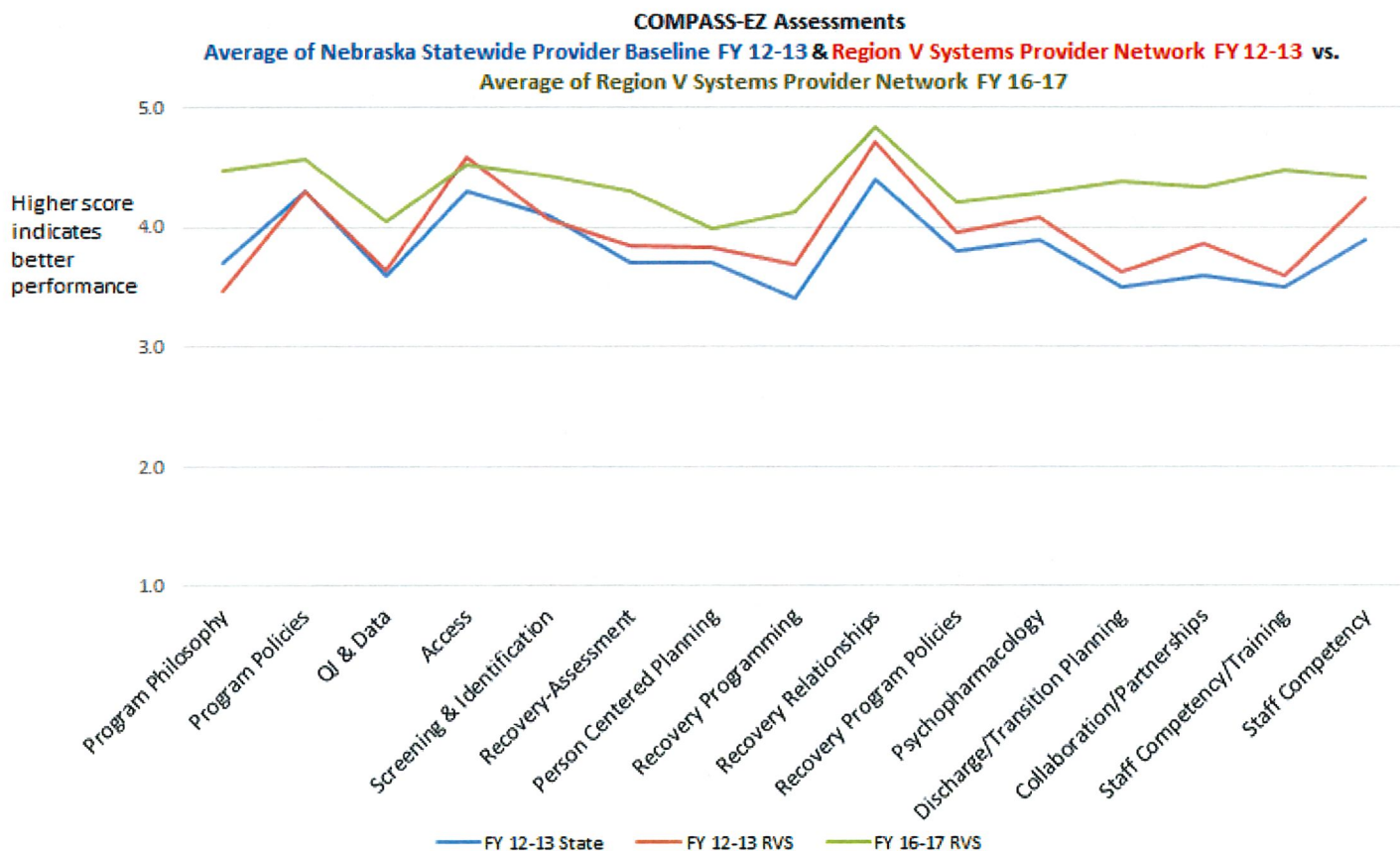
Complexity Capable Care

This initiative utilizes the values and principles of “Complexity Capability” to advance both organizationally and clinically effective care for individuals and families with complex co-occurring mental health and substance abuse disorders. Its aim is to develop co-occurring capability in all programs statewide, providing services in partnership with the Nebraska Department of Health and Human Services’ Division of Behavioral Health, Nebraska Behavioral Health Authorities, providers, and system partners.

The initiative links the COMPASS-EZ, an organizational evaluation tool, with the evidence-based practice of Stages of Change to create recovery plans that include appropriate stage-based interventions and seeks to remove organizational and clinical barriers to effective care. Statewide and local trainings were facilitated by Drs. Ken Minkoff and Christie Cline, ZIA Partners, Inc. and developers of the COMPASS-EZ, on the Comprehensive Continuous Integrated System of Care to encourage co-occurring capability. Participants are identified as a team of change agents, representing a voice and committed to the goals of:

- 1) Co-occurring competency for all staff
- 2) Program self-assessment (e.g., COMPASS-EZ®)
- 3) Agency improvement action plans

The results of Region V Systems’ Provider Network average, compared to the statewide average of the COMPASS-EZ assessment by fiscal year, are illustrated in the following graph. Region V Systems’ Provider Network average continues to improve in all areas identified in the COMPASS EZ.



Trauma-Informed Care

Trauma-Informed Care is a statewide initiative to ensure all Network Providers:

- are informed about the effects of psychological trauma;
- screen for trauma symptoms and history of traumatic events;
- provide ongoing assessment of trauma symptoms and problems related to trauma;
- offer services that are recovery-oriented and trauma-sensitive;
- increase the provision of trauma-informed and trauma-specific services; and
- understand that re-traumatization may occur if safe, effective, and responsive services are not available for consumers.

Region V Systems facilitates a **Trauma-Informed Workgroup** comprised of consumers, Network Providers, Region V staff, and other community stakeholders, responsible for planning, developing, marketing, implementing, and evaluating strategies to increase awareness and promote a trauma-informed service delivery system. **In FY 16-17, the Trauma-Informed Workgroup focused on increasing evidence-based, trauma-specific treatment services** within Region V by sponsoring and coordinating Eye Movement Desensitization and Reprocessing (EMDR) training and Dialectical Behavioral Therapy (DBT) trainings. Trauma funds also supported the annual Behavioral Threat Assessment Training (BETA) which is geared towards law enforcement with one goal being to increase the understanding of trauma and increase trauma sensitivity amongst law enforcement officers who work with mutual consumers in our emergency services.

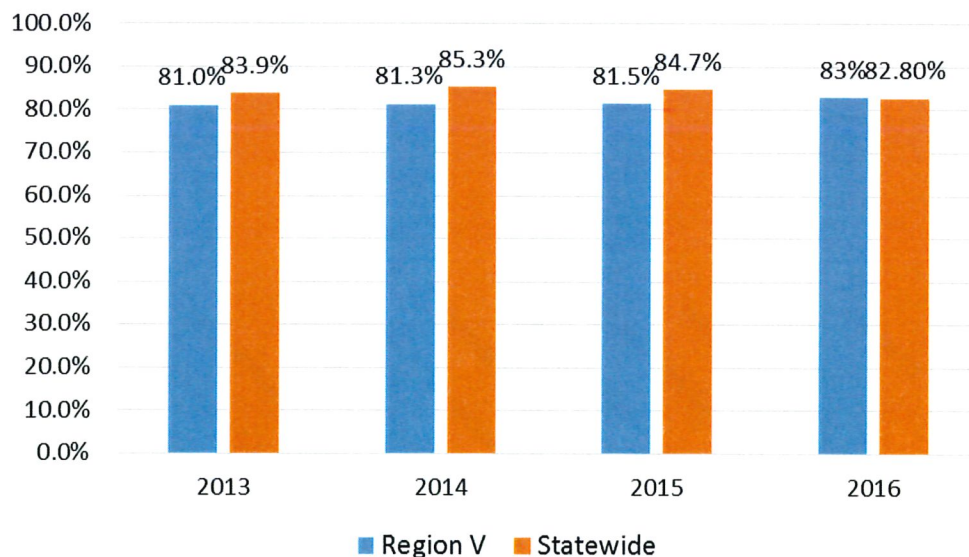
BETA: 58 people trained; 15 agencies represented

DBT : 102 people trained; 22 agencies represented

DLA-20: 50 people trained, 22 agencies represented

Annually, the Department of Health and Human Services' Division of Behavioral Health administers a behavioral health consumer survey. The purpose is to solicit input from persons receiving mental health and/or substance use services on the quality and impact of services received. Survey results are utilized to monitor the system of care to ensure it is delivering behavioral health services in a trauma-informed manner. The following graph identifies results to the question posed to persons served, "The program was sensitive to any experienced or witnessed trauma in my life." Statewide averages are also illustrated on the graph.

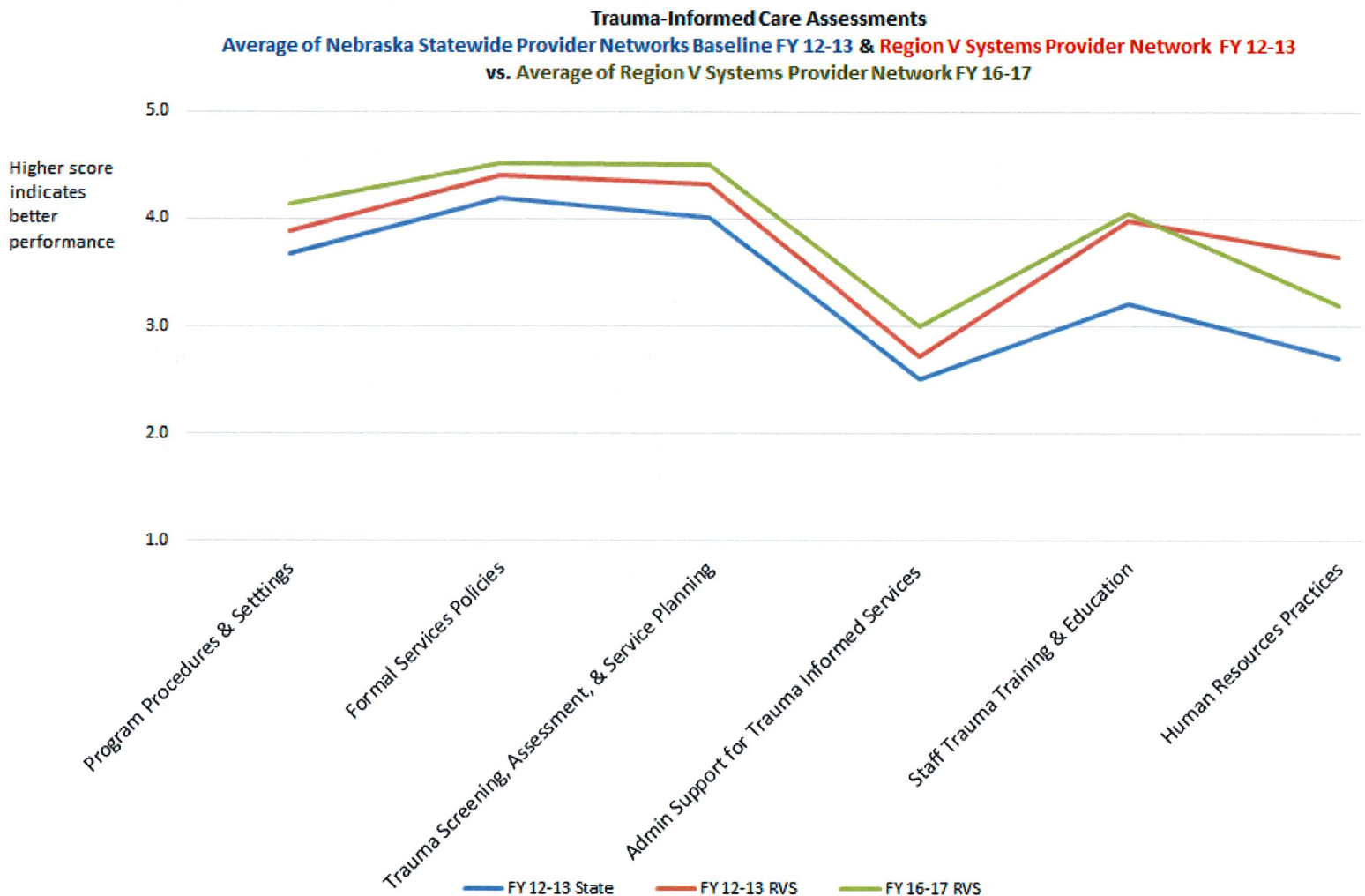
"The program was sensitive to any experienced or witnessed trauma in my life"



Beginning in FY 12-13, Network Providers administered the Fallo and Harris Trauma-Informed Care Self Assessment Tool, an agency self-assessment, setting a baseline to identify each agency's trauma-informed capacity in the following domains:

- Program Procedures and Settings
- Policies
- Trauma Screening, Assessment and Service Planning
- Administrative Support for Program-Wide Trauma-Informed Services
- Trauma Training and Education
- Human Resources Practices

Quality improvement plans were developed by each Network Provider based on assessment results. Reassessments of Network Providers were conducted in FY 14-15 and most recently in FY 16-17.



Behavioral Health/Primary Care Integration

Public behavioral health providers and primary care providers demonstrate a belief in and commitment to whole healthcare and understand that treating mental health, physical health, and substance use in an integrated care fashion maximizes consumer outcomes and recovery.

The purpose and focus of the behavioral health/primary care integration initiative in Region V has been to support a patient-centered medical home model and the integration of primary care and behavioral health care. Region V Systems has promoted integration since 2011 by supporting access for individuals to primary health care and a medical home at People's Health Center (PHC), utilizing vouchers for consumers to receive behavioral health services. Conversely, PHC prioritizes behavioral health screening and referral to treatment. In FY 16-17, 256 persons served received primary health care services through Region V Systems' voucher funding.

Medication Support

Medication support services are a quality improvement component of medication management services, attempting to favorably impact the clinical and economic outcomes for consumers. It also provides:

- ancillary assistance in the delivery of medication services in an outpatient behavioral health setting; and
- medications and assistance in medication safety and quality of care.

All Region V Network Providers are eligible for these funds. In FY 16-17, funding in the amount of \$54,864 was utilized for mental health services and \$69,025 for substance abuse services to provide this ancillary service.

Projects for Assistance in Transition From Homelessness (PATH)

PATH Street Outreach

CenterPointe's street outreach program staff actively seek consumers who are homeless and have serious mental illness or co-occurring mental health and substance use issues. Outreach workers assist consumers living in shelters, on the streets, or in inappropriate settings through face-to-face contact. This allows the worker and consumer to tap into appropriate services for behavioral and primary healthcare, housing, and entitlement programs. Through the program, the participant's immediate needs are also addressed (e.g., crisis intervention, food, clean clothing, hygiene kits, and blankets).

PATH Care Management Services

Through community referrals or street outreach contacts, enrolled participants are assigned a care manager who coordinates their care. Care management services are provided in a variety of locations including: the consumer's home, shelters, the street, soup kitchens, and program staff offices. Based on individual needs, PATH Care Management focuses on appropriate housing while addressing participants behavioral and primary care issues.

In addition to initiatives, service enhancements, and network management, Region V Systems also provides **overall system coordination** in a number of areas in partnership with providers, consumers, community hospitals, local coalitions, housing providers, landlords, local schools, vocational/employment agencies, advocacy organizations, criminal justice, county services, the Department of Health and Human Services, probation, law enforcement, community youth-serving agencies, and other stakeholders. System coordination brings individuals/agencies together to plan, strategize, prioritize, reach solutions, and monitor to ensure services are accessible, available, and that duplication of efforts are minimized.

Prevention Coordination

Region V's prevention system is a collaborative partnership among community coalitions, service providers, the Youth Action Board, and various community stakeholders in addressing substance abuse priorities and mental health promotion utilizing the Substance Abuse and Treatment Block Federal Grant funds. The federal **Strategic Prevention Framework Model** is used to drive strategies in each community, which include: assessment, capacity development, planning, implementation, and evaluation, while prioritizing sustainability and cultural competency. Regional Prevention Coordination provides ongoing technical assistance and trainings for all coalitions and stakeholders in southeast Nebraska as well as with statewide partnerships. Data is collected every two years among participating schools. This data drives coalitions' annual strategic plans to achieve measurable outcomes.



100%
of all counties in
Region V had youth
representation on our
Youth Action Board

100% of the 16 counties in Region V had youth representation on our Youth Action Board. The Board members build youth leadership through involvement in their respective local prevention coalition. The Board is also responsible for two annual regional youth events, Red/White Tailgate (601 youth in attendance) and June Jam (211 youth and adult sponsors), both promoting substance abuse prevention among underage youth 7th-12 grades.



100%
of funded coalitions
are utilizing data-driven/
evidence-based programs
and strategies

Region V had 13 active prevention coalitions during FY 16-17; those would include: Lancaster, Johnson, Saunders, Nemaha, Polk, Saline, Seward, Butler, Jefferson, Otoe, Thayer, York, and Gage counties. 100% of all funded coalitions are utilizing data-driven/evidence-based programs and strategies.

Region V Systems provides funding, technical assistance, and coordination to coalitions, including:

- **Local Prevention Coalitions:** Annually, each coalition submits a strategic plan based on data-driven prevention needs within its county. The activities and strategies are funded by substance abuse prevention block grant funds.
- **Native American Coalition:** The coalition's purpose is to fund behavioral health and cultural priorities among 1st Nation populations in southeast Nebraska. Leadership development and ongoing capacity development continue at the monthly coalition meetings to address priority needs.
- **Culturally and Linguistically Appropriate Services (CLAS) Coalition:** National CLAS standards have been defined to advance health equity, improve quality, and help eliminate health care disparities. CLAS standards establish a blueprint to guide efforts that address racial and ethnic health disparities and implement culturally and linguistically appropriate services. Since 2003, Region V Systems has hosted a CLAS Coalition to address cultural and linguistically specific issues. Coalition membership is open to anyone interested in cultural and linguistic services and supports.

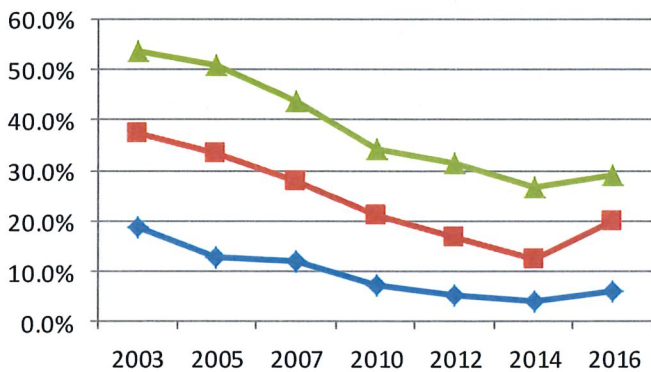
Through CLAS identified funding, the Coalition helps to reimburse providers for interpreter services and other supports related to CLAS activities. The following chart identifies funding allocated:

Agency	Award	Purpose
LMEP-SCIP (School Community Intervention and Prevention)	\$1,500	Translation of parent materials by LanguageLinc Interpretation
LMEP - Stepping Stones for Families	\$1,549	Cultural sensitivity training program, lunch, personal hygiene supplies
Lincoln Public Schools	\$1,500	Provide training for staff who work with students who are refugees
Lutheran Family Services of Nebraska, Inc.	\$1,500	Printing/laminating and translating into five languages 20-question "Flashcard" sheets for New Americans visiting the clinic
Total FY 16-17 CLAS Grant Awards:	\$6,049	

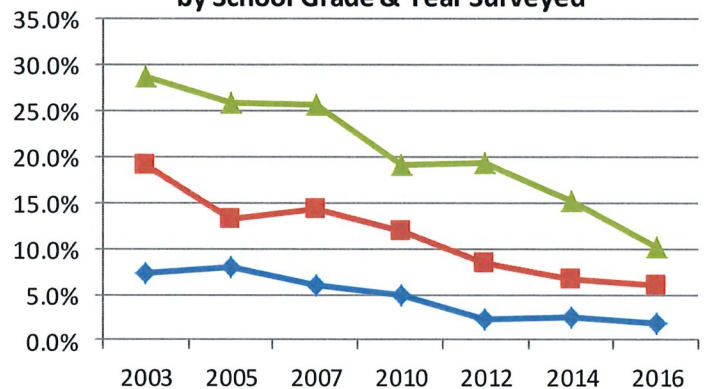
Here are some of the findings from the 2016 Nebraska Risk and Protective Factor Student Survey (NRPFSS). The 2016 survey represents the seventh implementation of the NRPFSS. The NRPFSS targets Nebraska students in grades 8, 10, and 12 with a goal of providing schools and communities with local-level data. As a result, the survey is implemented as a census survey; meaning, that every public and non-public school with an eligible grade can choose to participate. This data is not to be considered a representative statewide sample. The survey is designed to assess adolescent substance use, delinquent behavior, and many of the risk and protective factors that predict adolescent problem behaviors.

Within Nebraska, 28,710 students from the 8th, 10th, and 12th grades completed the NRPFSS. 6,061 of those students were from the Region V Systems' service area, which includes 43.2% of all 8th graders, 32.7% of all 10th graders, and 28.5% of all 12th graders in Region V. 51% of Region V respondents were males.

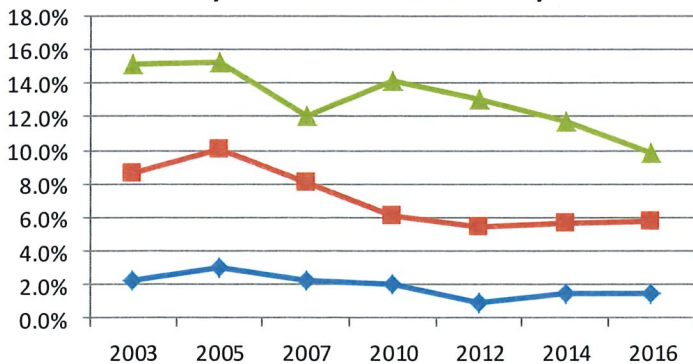
Alcohol Use in the Past 30 Days



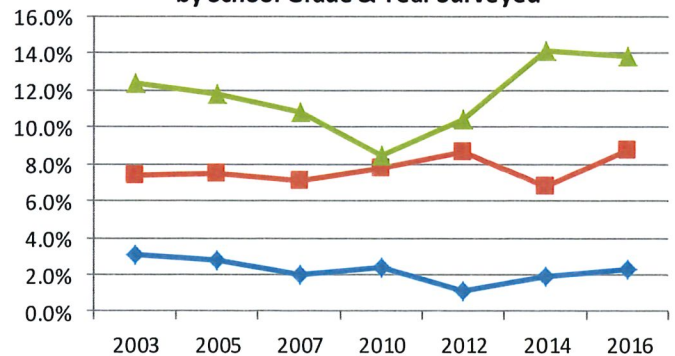
Cigarette Use in the Past 30 Days by School Grade & Year Surveyed



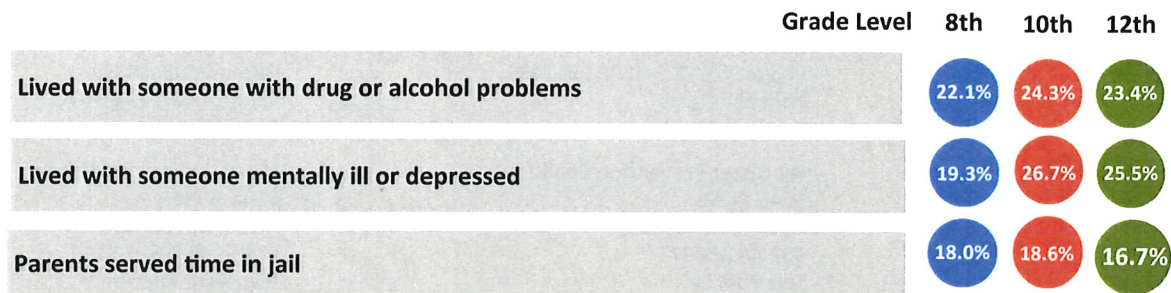
Smokeless Tobacco Use in the Past 30 Days by School Grade & Year Surveyed



Marijuana Use in the Past 30 Days by School Grade & Year Surveyed



Youth Perception: Feelings and Experiences with Family - Top Three Areas of Concern (from the 2016 NRPFS)



Mental Health First Aid (MHFA) and Second Step

Mental health promotion within Region V Prevention services includes the evidence-based curriculum “Second Step” utilized in elementary schools throughout the Region V service area. Evidence-based trainings include Youth and Adult Mental Health First Aid. See Region V Systems’ website for monthly trainings scheduled.

Substance Abuse Prevention Block grant funds support Lincoln Medical Education Partnership/School and Community Intervention and Prevention (SCIP), which serves over 90 schools in southeast Nebraska, and coordination of an annual spring conference and summer training for professionals.

Nebraska Youth Suicide Prevention Project

Nebraska Youth Suicide Prevention Project is funded by a five-year grant from the Department of Health and Human Services and the Substance Abuse and Mental Health Services Administration (SAMSHA). Region V Systems is a project partner working to decrease the suicide rate among young people ages 10-24. Project goals include:

- Prevent youth suicides;
- Ensure standardized screening protocols are in place for youth at risk for suicide; and
- Implement culturally-appropriate suicide prevention strategies.

Trainings provided in FY 16-17 include:

- Question, Persuade, Refer (given to over 3,500 community members);
- Wellness Recovery Action Plans within requested schools;
- LOSS Team development; and
- Hope Squads trainings within middle/high schools and higher education.

Lancaster Partnership for Success

Partnership for Success (PFS) grant: 2016 was year four of the five-year grant. Strategies in addressing parent/youth communication specific to alcohol and substance abuse include a user friendly website, talkaboutalcohol.org, and evidence-based programs, inclusive of culturally and linguistically appropriate services, including Communities Mobilizing for Change, Creating Lasting Family Connections, and Second Step curriculum in the schools.

PROMOTING COMPREHENSIVE PARTNERSHIPS IN BEHAVIORAL HEALTH THROUGH REGIONAL PREVENTION COORDINATION

Butler County Believes In Youth

750 'D' St.
David City, NE 68632
Phone: 402-515-9937
Morgan Van Winkle

Johnson County CAN Coalition

P.O. Box 684
358 N. 6th St.
Tecumseh, NE 68450
Phone: 402-335-3328
Joan Peters

Nemaha Advocates Drug and Alcohol Awareness Coalition

601 'J' St.
Auburn, NE 68305
Phone: 402-414-1871
Mallory Siebold

Richardson County Prevention is Key

810 Central Ave.
Humboldt, NE 68376
Phone: 402-862-2151
Karen Mezger

Seward County Bridges

216 S. 9th St.
Seward, NE 68434
Phone: 402-643-3695
Jessica Rutt

Gage County MAPS Community Coalition

320 N. 5th St.
Beatrice, NE 68310
Phone: 402-223-1500 Ext 1059
Christina Lyons

Lancaster Prevention Coalition

1645 'N' St.
Lincoln, NE 68508
402-441-3807
Teri Vosicky

Partners for Otoe County

110 N 9th Street
Nebraska City, NE 68410
Phone: 402-873-6343
Lisa Chaney

Saline County Drug and Alcohol Prevention Coalition

PO Box 865
Wilber, NE 68465
Phone: 402-821-3581
Tim McDermott

Thayer County Healthy Communities Coalition

PO Box 91
Hebron, NE 68370
Phone: 402-441-4346

Jefferson County Community Coalition

PO Box 352
514 'D' St.
Fairbury, NE 68352
Phone: 402-729-6510
Collena Laschankzy

Mead Community Group

610 S. Vine
Mead, NE 68443
Phone: 402-624-5255
Jeannette Johnson

Polk County Substance Abuse Coalition

PO Box 316
Osceola, NE 68651
Phone: 402-747-2211
Darla Winslow

Saunders County Youth Services/Prevention Coalition

354 W. 4th Street
Wahoo, NE 68066
402-443-8169
Kristin Bohac

York County Drug Task Force

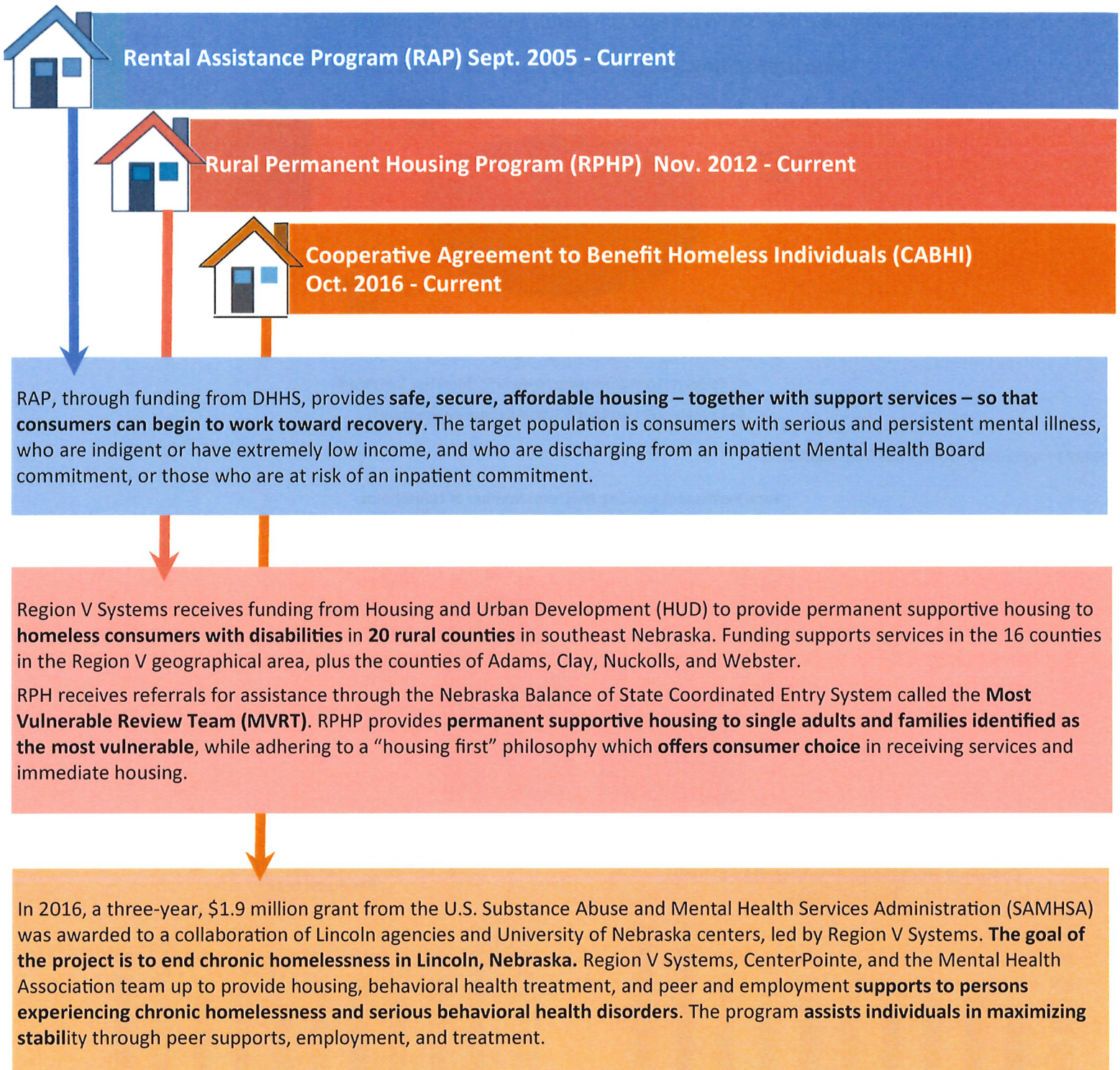
1102 N. Lincoln Ave.
York, NE 68467
Phone: 402-394-7999
Laura Cole

Prevention Mini-grants

The purpose of prevention mini-grants is to build community capacity to support and sustain substance abuse prevention efforts throughout southeast Nebraska. The intent is that it be used as "seed" money to start programs, organizations, and community coalitions, ensuring comprehensive community approaches for preventing alcohol, tobacco, and other drug abuse. Priority for funding goes to activities including: parenting empowerment, environmental efforts, or education/alternatives for youth including higher-risk populations. Preference is also given to smaller groups or organizations with fewer grant-writing resources in order to build their capacity to participate in prevention efforts. **In FY 16-17, \$16,143 in funding was granted for various prevention activities within Region V Systems' service area.**

Grantee	Amount	Purpose
Ashland Starts and Stripes	\$500	All school assembly featuring Jessie Funk
Family Youth Involvement Center/Youth Leadership Council	\$298	After School Alternative Activities
Gage County MAPS Community Coalition	\$8,200	PAX Plus Good Behavior Game Kit for classroom teachers; "Know the Truth" prevention program; PAX Plus Good Behavior Game Kit for classroom teachers
Mead Community Group	\$2,027	MCC (Mead Covenant Church) youth after school mentoring program
Rooted in Relationships Initiative - Saline & Jefferson Counties	\$1,850	Second Step Social Emotional Learning Curriculum; Circle of Security-Parenting Facilitator
Saunders County Prevention Coalition	\$3,000	Second Step curriculum
Saunders County Youth Services/Prevention Coalition	\$1,030	We Want You Back Campaign – Prom Cards
Student Leadership Team (David City Elementary & Bellwood)	\$1,838	Second Step curriculum
Total FY 16-17 Mini-grant Awards:	\$16,143	

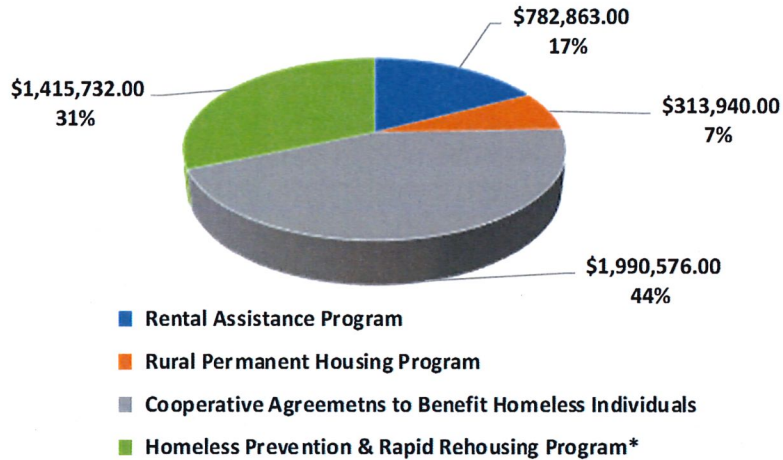
Housing Programs



Housing Coordination

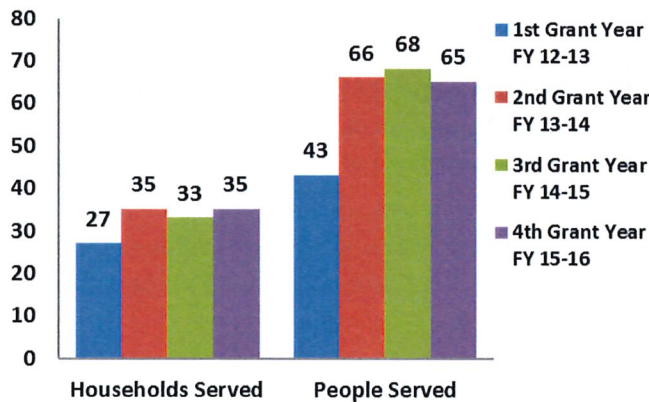
Region V Systems' Housing programs provide safe, secure, affordable housing – together with supportive services – so that consumers can begin to work toward recovery. Together with the state and local Continuums of Care for the Homeless, Region V works to house vulnerable adults who have mental health and substance abuse issues.

Housing Funding Region V Systems has Received Since 2005

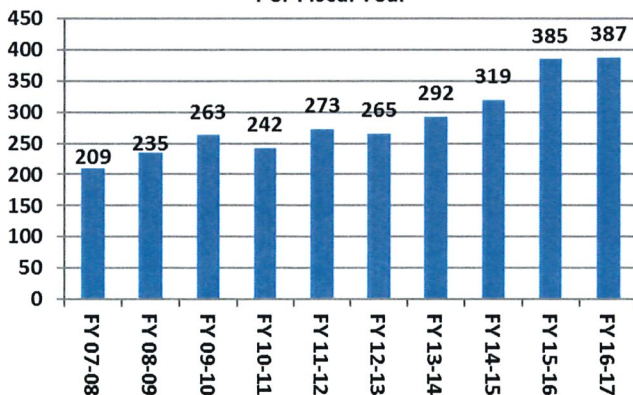


*HPRP Program was in existence from 2009-2012

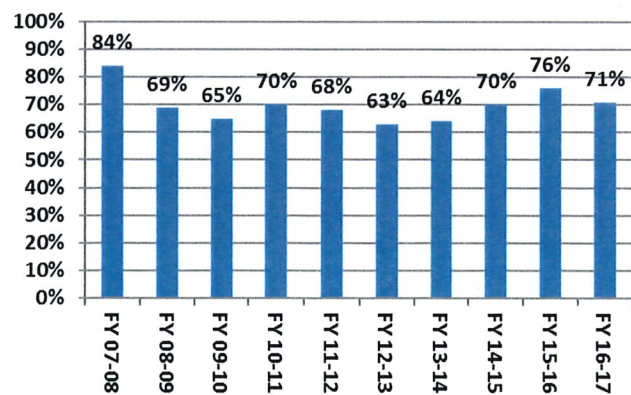
Rural Permanent Housing Program: Number of Households and People Provided Housing in 20-County Area



Number of Mental Health & Substance Use Consumer Households Receiving RAP Benefits Per Fiscal Year



Consumers Successfully Discharging from RAP Per Fiscal Year



FY 11-12 through the current fiscal year includes both mental health and substance use consumer counts. FY 07-08 through FY 11-12 is mental health consumers only.

Consumer Coordination

Consumer involvement and advocacy has been paramount as part of the Behavioral Health Services Act (LB 1083). The Act identified the following priorities for consumers:

- Ensure services are consumer focused.
- Create services that emphasize beneficial outcomes based on recovery principles.
- Ensure consumer involvement in all aspects of service planning and delivery.

These priorities are accomplished through:

Consumer Specialist

Since 2007, a Consumer Specialist position has been funded in each Region to support and promote consumer and family involvement and provide opportunities for consumers to learn leadership.

One of the primary responsibilities of the specialist is to introduce the **Wellness Recovery Action Plan (WRAP®)** to consumers; a self-designed prevention and wellness process that anyone can use to get well, stay well, and make their life the way they want it to be. It was developed in 1997 by a group of people who were searching for ways to overcome their own mental health issues and move on to fulfilling their life dreams and goals. It is now used extensively by people in all kinds of circumstances and by health care and mental health systems all over the world to address all kinds of physical, mental health, and life issues. **WRAP® has been studied extensively in rigorous research projects and is listed in the National Registry of Evidence-based Programs and Practices.**

During FY 16-17, efforts focused on planning and implementing targeted WRAP classes, including a Depression Workshop and WRAP for Life which includes modules on Becoming a Non-Smoker, Weight Loss, Reducing Clutter and Issues Related to Aging. WRAP classes are offered at four different locations in the community. A partnership with the Veteran's Administration and other peer-run community services has been a key focus in FY 16-17.

Consumer Family Advisory Committee (CFAC)

Since its establishment in 2004, the CFAC has been involved in projects that benefit people with mental health and/or addiction problems and their families. These projects include Wellness Recovery Action Plan (WRAP®), self-advocacy, and community outreach. The CFAC also awards grants to support local projects.

Grantee	Amount
Alternative 2016, 30 Years, Looking Backward-Looking	\$2,520
CABHI housing and Employment Support	\$1,620
Children's Summit (HFP) - 2016	\$565
Community Mental Health Awareness Week - Pony Express	\$2,000
Community WRAP	\$260
Depression Workshop	\$540
Internal WRAP at the MH Crisis Center	\$2,800
International Assoc. of Peer Supporters - 2017	\$6,464
Mental Health Association Re-Entry Programs	\$1,000

Grantee	Amount
Nat'l Federation of Families Children's MH Conference	\$1,322
Nebraska Behavioral Health Conference - 2017	\$10,320
Peer Support Training	\$900
WRAP at MH Crisis Center	\$960
WRAP Facilitators Books	\$2,500
WRAP for Life at the VA	\$842
Zeniloquy's Art Expression Room, Mindfulness and Yoga Suite	\$2,000
Total	\$36,613

Emergency System Coordination

Emergency System Coordination is designed to meet the needs of individuals experiencing a behavioral health crisis/emergency situation. To ensure the safety of consumers and the public, coordination is provided through contracts and partnerships with the Lancaster County Crisis Center, county attorneys, law enforcement, mental health boards, behavioral health providers, psychiatric hospitals, and state-operated inpatient psychiatric facilities. Together, these agencies promote a welcoming, co-occurring capable crisis response system. **Individuals experiencing an acute behavioral health crisis are helped to identify the best next steps to make progress toward recovery in the least restrictive and most appropriate service that promotes safety.**

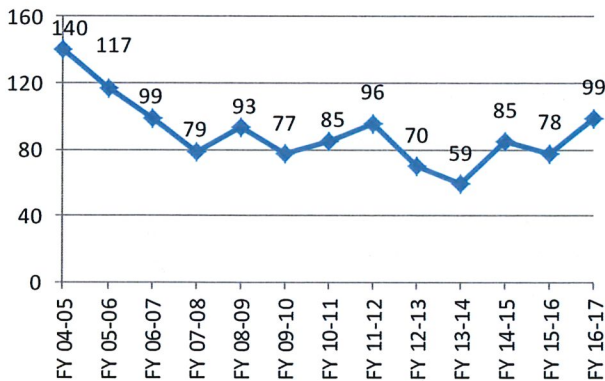
The Crisis Response Team assists individuals by facilitating seamless transitions to the most appropriate level of care by participating in case reviews, treatment team meetings, and other activities designed to develop discharge plans for individuals receiving treatment in the emergency system.

In September 2015, the Division of Behavioral Health directed Region V Systems **to modify its inpatient treatment process.** Prior to September 2015, all consumers in Region V who were committed to inpatient treatment went to the Lincoln Regional Center (LRC) for acute care. After September 2015, Region V began to use Mary Lanning Hospital as its primary acute treatment and/or other acute facilities in Nebraska. **LRC would only be used when all community-based, acute facilities had been exhausted.** The only exception to this rule was if the committed person was extremely dangerous and could not be served in a community hospital. To support individuals coming back into the community after acute care, a **long-term respite program** was established at The Bridge Behavioral Health as well as an **additional emergency community support worker.**

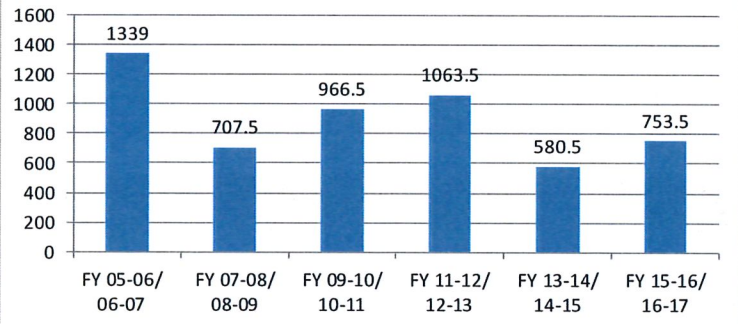
LRC: 32 patients, average length of stay = 866 days

MLH: 43 patients, average length of stay = 17.7 days

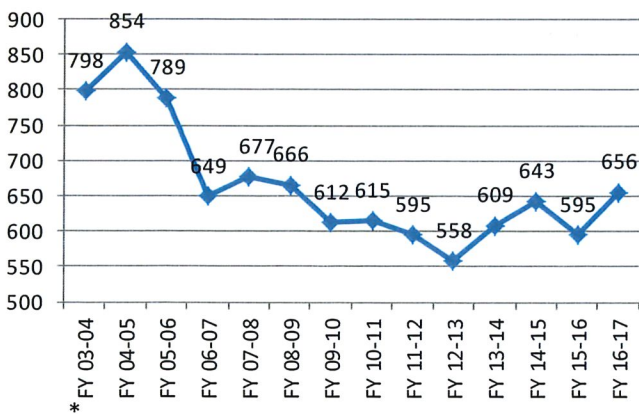
Repeat Emergency Protective Custody Admissions Per Fiscal Year



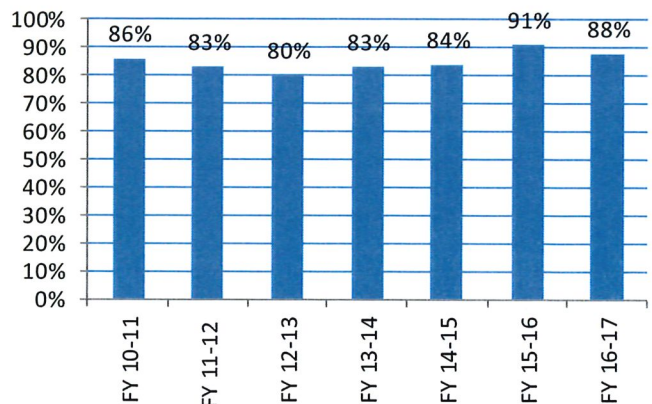
Bi-Annual Fiscal Years Average Post-Commitment Days



Emergency Protective Custody Admissions Per Fiscal Year



Percent of Emergency Protective Custody Holds Diverted by Crisis Response Teams



* Baseline numbers reflect the beginning of Behavioral Health Reform through the passage of LB 1083 in 2004.

Youth System Coordination



Nebraska received a SAMHSA System of Care Expansion Grant for Youth Mobile Crisis Response across the state

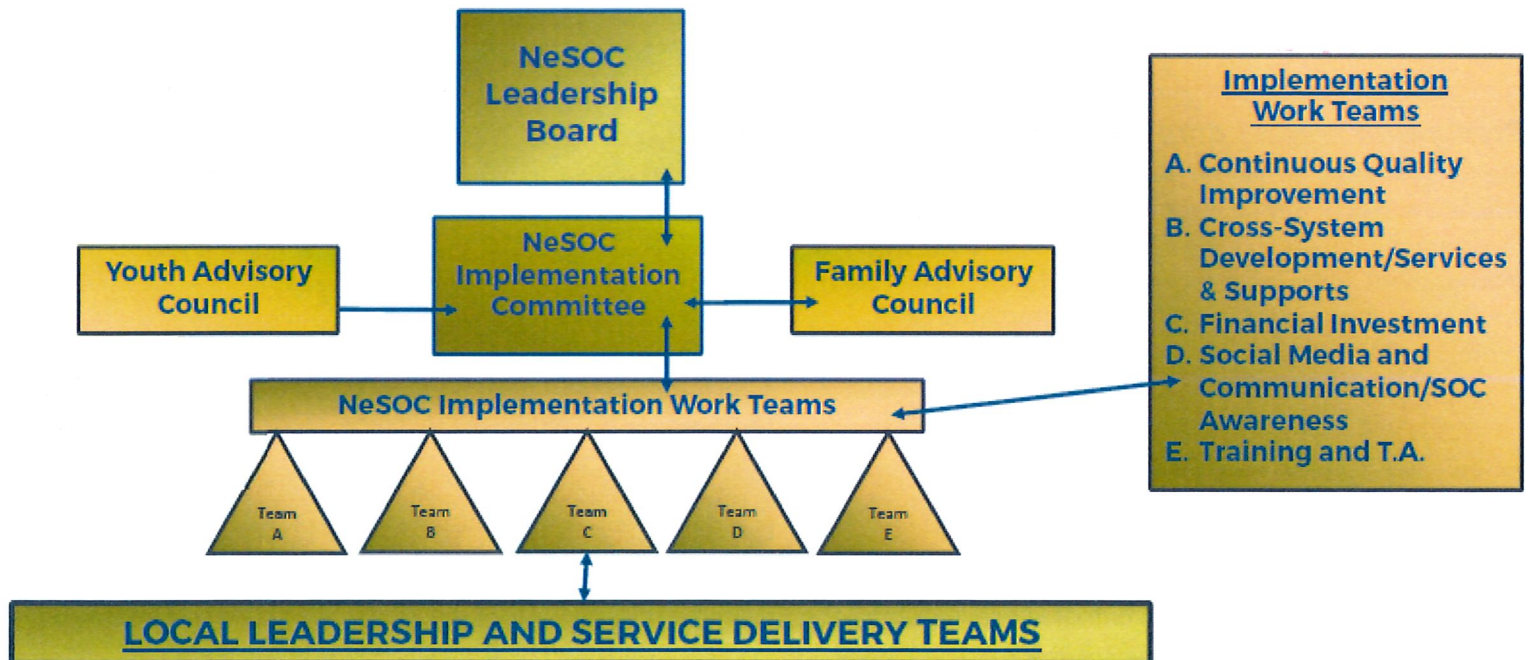
In November 2016, Nebraska received a SAMHSA System of Care Expansion Grant award which resulted in each Regional Behavioral Health Authority across the State receiving funding to enhance or develop formalized crisis response for youth.

In April 2017, Region V Systems' Emergency and Youth Coordination, TASC-Targeted Adult Services Coordination, Center Pointe, Heartland Family Services (serves only Otoe County), and Families Inspiring Families (a peer-run family organization), collaborated to further enhance Youth Mobile Crisis Response, an immediate intervention service for youth/young adults, up to age 21, who are experiencing escalated emotional and behavioral issues, and their families. The service enhancement formally expanded Youth Mobile Crisis Response to serve all counties in the Region V geographic area and includes access to Family Peer Advocacy to provide crisis stabilization and navigation support (accessible for up to 72 hours after crisis occurrence) and Crisis Response Professional Partners (Care Coordination) to prevent further problems in functioning and/or disruption of their living environment.

The Youth Mobile Crisis Response support is activated by law enforcement, when deemed appropriate, and begins with law enforcement contact with a licensed clinician to devise a coordinated response. The clinicians work face-to-face or via telehealth with youth/young adults and their families to de-escalate the crisis, determine mental status, plan for safety, and make linkages to ongoing supports, as needed.

**TASC is collaboration of Lutheran Family Services, Blue Valley Behavioral Health, The Bridge Behavioral Health, and Houses of Hope.*

Nebraska System of Care Operational Structure



Family & Youth Investment

Children & Family Services administers the Professional Partner Program, known as **Family & Youth Investment (FYI)**. FYI utilizes the Wraparound approach, which relies on the natural support systems of the family in its community. The approach begins with the principle of ensuring “voice and choice,” which stipulates that the perspectives of the family—including the child—must be given primary importance during planning and other activities. Participants are provided a Professional Partner who coordinates services. Through a family-centered team effort, Professional Partners coordinate and facilitate formal and informal services and supports necessary to assist the youth and their families in meeting their established goals. Wraparound further requires that the planning process itself, as well as the services and supports provided, are individualized, family driven, culturally competent, and community based.

The FYI Program’s primary areas of focus are to:

- Avert children from becoming state wards, preventing expensive out-of-home placements or involvement in emergency services;
- Reduce juvenile crime or contact with adult criminal justice systems;
- Increase school performance; and
- Facilitate a seamless transition from the youth to the adult behavioral health system.

In FY 16-17, FYI administered six program tracks. Families must meet financial and diagnostic program eligibility requirements to receive Professional Partner support at no cost. For families not meeting eligibility criteria, the option of paying a monthly rate for participation is available. Following are descriptions of the six FYI tracks:

Traditional track serves children up to age 21 with a serious emotional disturbance. Anyone can refer an eligible youth to be a part of wraparound including families self-referring to FYI. In addition to a mental health diagnosis, the youth must meet criteria for functional problems across life-domains and the family must meet financial eligibility.

Children & Family Services track served youth under age 19 and their families who are referred by the Nebraska Department of Health and Human Services, Division of Children and Family Services to safely maintain children in the home and increase family stability. The youth does not need to have a serious emotional disturbance or a serious mental illness to be eligible to participate. The contract for the CFS track ended in October 2017.

Prevention Professional Partner track focuses on prevention, serving children under age 19 and their families who are at risk of formal juvenile justice and child welfare involvement and are in need of intensive (90 days) case management and service coordination. To be eligible, the youth must have a serious emotional disturbance or a serious mental illness.

Juvenile Justice Wraparound Support (track funded through the Nebraska State Probation Administration) serves youth under age 19 involved with the probation system. Youth identified will be struggling to meet their probation requirements, are at risk for being placed out of home/out of state, or are preparing to return from an out of home/state placement. Clinical criteria, which have been present for 6 months prior to referral/enrollment, includes the presence or suspicion of a mental, behavioral, emotional, and/or substance use diagnosis/concern, which is creating functional limitations. **For more information on Juvenile Justice, see page 13.**

Crisis Response Professional Partners (track funded through the SAMSHA System of Care Expansion Grant) serves youth/young adults, up to the age of 21 and their families who have experienced a mental health crisis scenario involving law enforcement placing the family at risk of disruption in their living environment and/or formal involvement for the youth/young adult in higher levels of care. **See Page 26 for more information.**

Transition-Age Professional Partner track serves young adults ages 18-24 who have serious mental illness and who are transitioning from the youth to the adult behavioral health system. Anyone can refer a youth to be a part of wraparound including a young adult self-referring. Priority enrollment is given to referrals coming from the mental health emergency system including the crisis center, psychiatric hospitalization, and the Lincoln Regional Center.



Traditional Track: Average length of stay was 12.7 months; number of youth served was 107.

PPP Track: Average length of stay was 5.1 months; number of youth served was 58.

TAPP Track: Average length of stay was 10.8 months; number of youth served was 60.

CFS Track: Average length of stay was 4.7 months; number of youth served was 120.

JJ Track: Average length of stay was 3.6 months; number of youth served was 20.

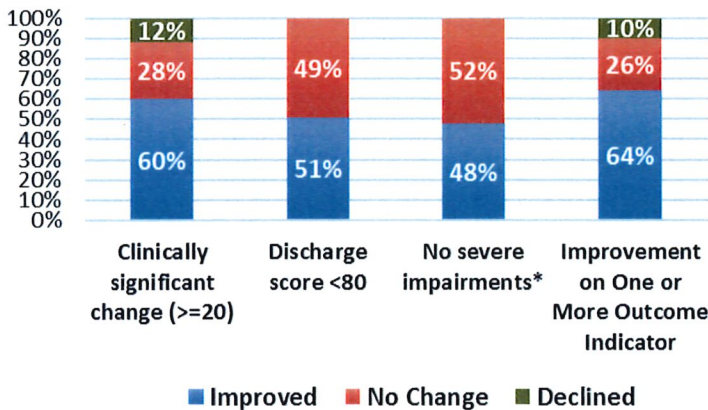
Child and Adolescent Functioning Scale (CAFAS)

The CAFAS is a tool designed to evaluate emotional, behavioral, substance abuse functioning, and the impact of eight psychosocial areas of a youth’s life. The lower the score the more improvement and less impairment exits for youth. Region V Systems identifies three possible outcomes for youth:

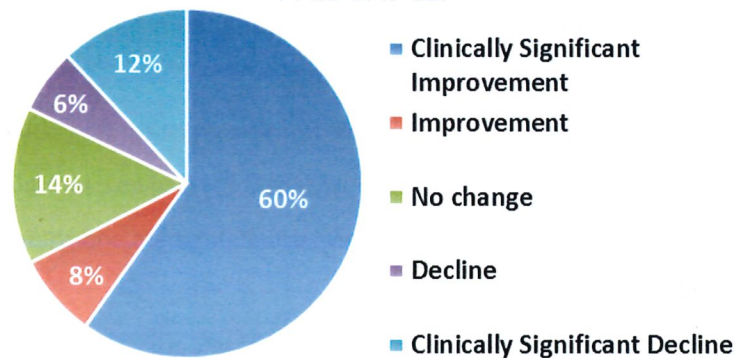
1. Did youth decrease their total CAFAS by 20 points?
2. Did youth decrease their total CAFAS score below 80, the FYI admission criteria? or
3. Did youth decrease any of the 8 domains from 30 points = severe impairment to moderate, mild, or minimal impairment?

The graph below illustrates the number and percentage of youth achieving outcomes as a result of the FYI Program.

Improvement on One or More Outcome Indicator from Admission to Discharge CAFAS (n=117)



Change in CAFAS Score from Admission to Discharge FY 16-17 n=117

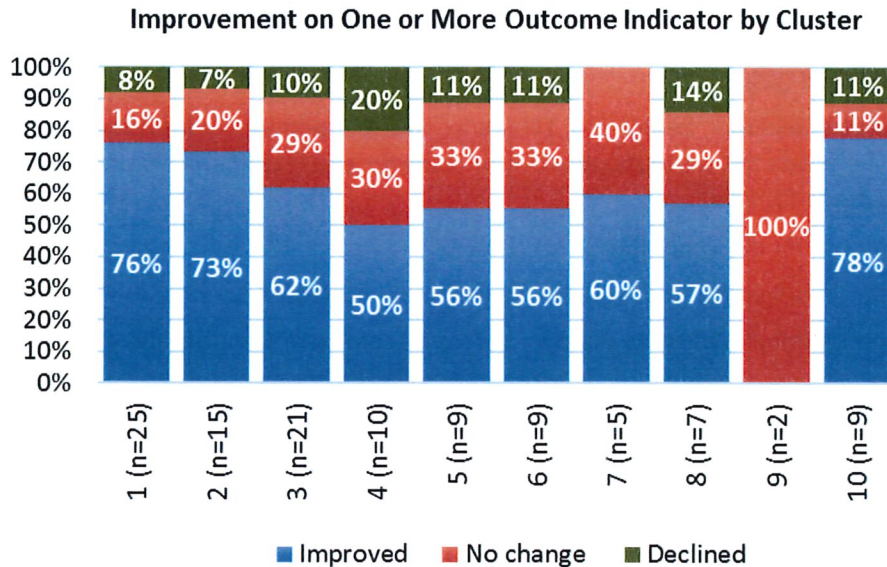


*Only evaluated if there was one or more areas of severe impairment at intake

Includes the following tracks: Traditional, Prevention, Transition Age, and Juvenile Justice. CFS does not require CAFAS for eligibility.

Includes the following tracks: Traditional, Prevention, Transition Age, and Juvenile Justice. CFS does not require CAFAS for eligibility.

Cluster-Based Planning (CBP) is an emerging best practice that identifies subgroups (clusters) of individuals, who share common bio-psychosocial histories, problems, strengths, and life situations. For more information on CBP, see page 11 of this report. The following chart illustrates youth in cluster memberships and the successes they are having on reaching recovery outcomes. The three possible outcomes for youth are listed on page 29 of this report. The chart identifies the percentage of youth and their respective cluster membership along with their progress towards recovery.



Family & Youth Investment Implements Electronic Health Records System

In the fall of 2016, the Family & Youth Investment (FYI) program completed a research project conducted by the University of Washington that tested the benefits of using Fidelity EHR, an electronic health records system designed specifically for use in conjunction with the wraparound process. This pilot project led to the use of the Fidelity EHR system across the entire FYI program.

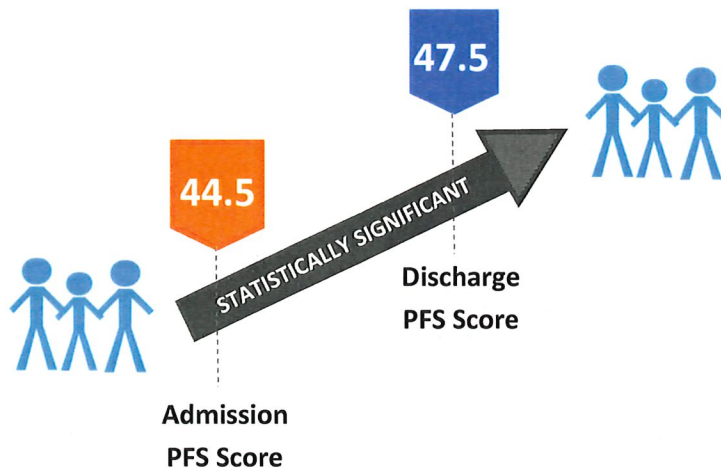
The Fidelity EHR system includes the following features:

- Wraparound specific language including team-based, family-driven, and strengths-based documentation.
- Web-based access to client records.
- Ability to have clients and their family sign documents electronically.
- Tracking of individual clients' progress toward goals with automatic graphing.
- Easy access to records for Professional Partners and their supervisors.
- Management of fiscal records.
- Tracking of enrollments, discharges, caseloads, and other data.

Protective Factors Survey for Children and Family Services Track

The Protective Factors Survey (PFS) is a 20-item measure **designed for use with caregivers receiving the child maltreatment prevention services** such as home visiting, parent education, and family support. It is a pre-post survey completed by the program participants, usually parents or caregivers. This tool was developed in 2004 by the University of Kansas, Institute for Educational Research and Public Service as supported by the FRIENDS National Resource Center for Community-Based Child Abuse Prevention in Chapel Hill, NC.

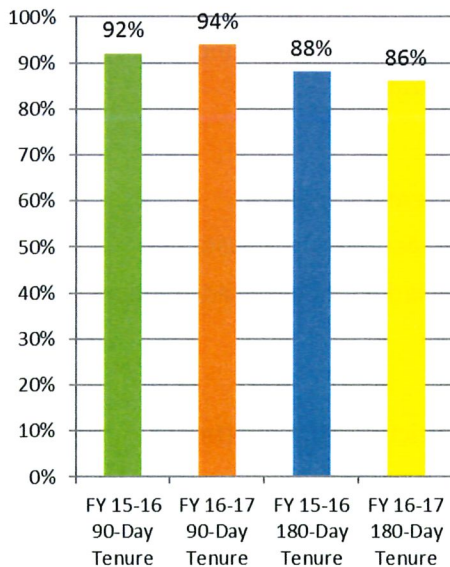
The PFS measures protective factors in five areas: family functioning/resiliency, social support, concrete support, nurturing and attachment, and knowledge of parenting/child development. The higher the score, the more protective factors/assets a family possesses. The illustration below shows 105 families leaving FYI services with an improved total protective factors score of 3 points, which is statistically significant.



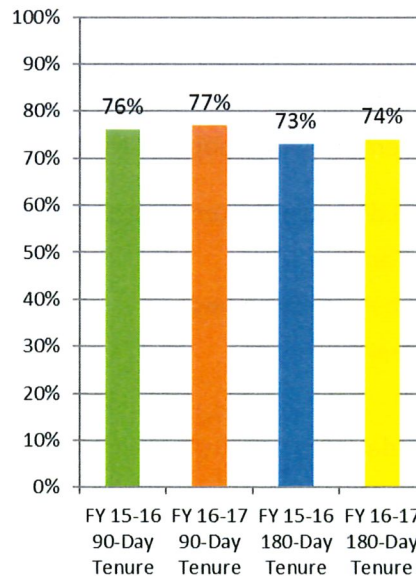
The Wraparound Process: Effectiveness of Reducing Abuse/Neglect Recidivism

The intent of the FYI Professional Partner Program is to prevent youth from experiencing out-of-home placement. This outcome is assessed by tracking families that remain free of abuse/neglect reports at 90 and 180 days post-discharge from the FYI Program.

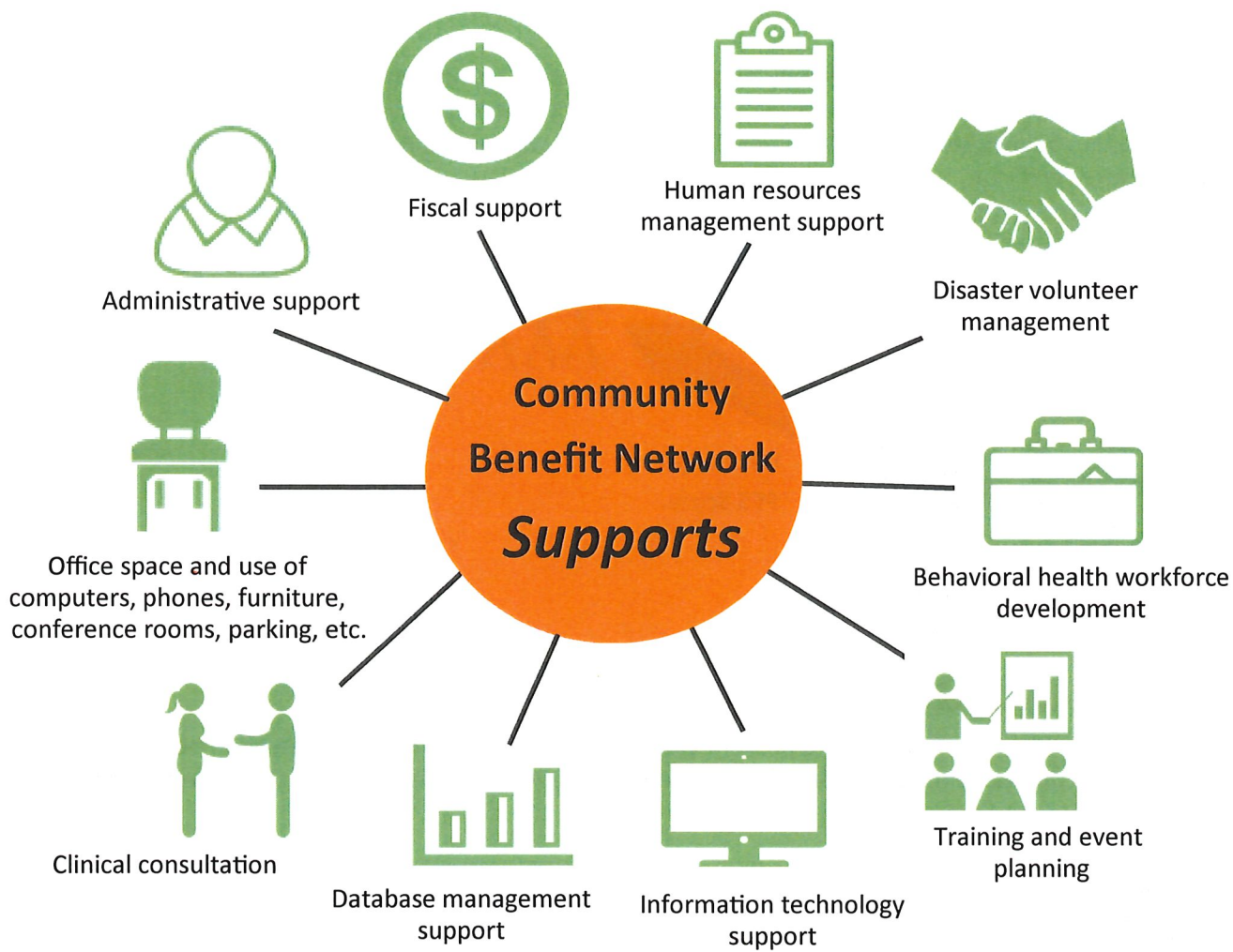
Traditional & Prevention Tracks
Percent of Families Free of Abuse/Neglect Reports During Their Community Tenure By Fiscal Year (90 & 180 Days post discharge) (N=166 families)



CFS Track
Percent of Families Free of Abuse/Neglect Reports During Their Community Tenure By Fiscal Year (90 & 180 Days post discharge) (N=176 families)



Region V Systems' strategic intent is to **promote comprehensive partnerships in behavioral health**. One example of a partnership is Region V Systems' Community Benefit Network (CBN). During FY 16-17, Region V Systems offered a variety of supports to nonprofits through the CBN, such as:



This type of “shared services/shared space” philosophy allows organizations to build capacity and increase efficiencies, enhancing their ability to provide services and focus on the mission of their organization.

In FY 16-17, Region V Systems provided support to:

- Behavioral Health Education Center of Nebraska
- Families Inspiring Families
- Four Corners Public Health Solutions
- Healthy Families Project
- Houses of Hope
- Human Services Federation
- Lancaster Prevention Coalition
- Mental Health Association of Nebraska
- National Association of Case Management
- Seward County
- St. Monica's
- Southeast District Health Department

National Association of Case Management

Region V Systems provides technical assistance to the National Association of Case Management (NACM). Members of NACM are part of a network of practicing professionals who are advocates for community-based case management systems. Members share ideas and work to minimize bureaucratic barriers, practice high ethical standards, support career growth, and promote the vitality and professional image of case management and service coordination. Region V Systems assists NACM with fiscal management, facilitates board meetings and sub-committee meetings, and coordinates the planning for the National NACM Annual Conference.

NebraskaBehavioralHealthJobs.com



In response to the Legislature's concern with growing behavioral health workforce challenges, Region V Systems collaborated with the Behavioral Health Education Center of Nebraska (BHECN) to develop a website – NebraskaBehavioralHealthJobs.com – where behavioral health employers across the state can post unlimited job openings for free. Likewise, job seekers looking for employment in a behavioral health-related career can post resumes for free and seek out job and internship opportunities. The website was launched in January 2015.

In FY 16-17, over 425 positions were posted, and the number of website views neared 75,000.

NebraskaBehavioralHealthJobs.com had a presence at over 15 conferences and events, and various targeted marketing efforts were conducted through direct mailings, contests, and social media. A comprehensive internship toolkit portal was an addition to the site this year. A mobile app was also developed for quick access to the site for job seekers.

Special Populations

There are special populations that require unique services to meet behavioral health needs. Grants are awarded to these special population groups for a variety of activities.

Agency	Award	Purpose
CenterPointe	\$575	Provide training and resources (books) for CenterPointe and Region V managers on specific issues faced by aging and elderly people.
Committee Recommendation	\$1,000	Provide training to nursing homes on best practices in working with consumers with mental health needs.
Committee Recommendation	\$1,000	Collaborate with the New American Taskforce/Community Health Endowment to provide training to behavioral health providers on culturally specific model to provide therapy and other behavioral health services to new Americans/refugees.
Indian Center, Inc.	\$1,000	Referral and case management for Native Americans in need by helping equip them with cell phones and IT to maintain computer support.
LMEP-SCIP	\$1,000	Assist non-English speaking families with interpretation costs for SCIP screening as well as assistance in transportation.
Mental Health Association of Nebraska	\$2,000	Implement a 9-week WRAP sessions for women in the Region V area to assist in their behavioral health support.
Total FY 16-17 Special Population Awards:	\$6,575	

Behavioral Health and Nebraska Probation Administration Partnership

In December 2015, Region V Systems began partnering with Nebraska Probation Administration to implement two pilot projects:

Probation Administration and Region V Systems Youth Coordination Pilot Results in Expansion

The integration of the Wraparound Approach into the Juvenile Probation System of Care Pilot Program in Nebraska Probation District 3J came to an end in January 2017 and resulted in Probation's Administration's decision to expand the Wraparound support to additional probation districts in the Region V geographic area. The pilot, implemented in December 2015, was administered by Region V Systems' Family Youth & Investment Program in partnership with Probation District 3J, focused on assisting probation youth to improve life functioning across life domains decrease placement out-of-home, out-of-state, and higher levels of care; reduce reliance on formal juvenile justice involvement to meet behavioral health needs; and develop informal and formal support networks to stabilize family and youth functioning in the least-restrictive environment.

Coordination of Youth Behavioral Health Evaluations

Two providers were selected through a Request for Qualifications process to administer behavioral health evaluations for youth in the juvenile justice system. The pilot project purpose/goals are:

- Provide appropriate independent, individual evaluations to reduce the potential for conflict of interest;
- Secure evaluations to assess the mental health, substance use, or co-occurring disorders of juveniles in the justice system;
- Improve the consistency of recommendations in mental health, co-occurring and substance use evaluations through independent provider evaluators who do not provide any other service for juveniles in the justice system or who cannot refer to their own services;
- Improve the turnaround time, including completion and receipt of completed evaluations by Probation District staff, within the court-ordered timeframe;
- Improve recommendations for appropriate services in the evaluations so skill deficits and functional limitations can be improved for juveniles in the justice system; and,
- Ensure quality evaluations that are complete with all collateral information, a diagnosis, and recommended behavioral health services or level of care.

The target population to be served are justice-involved youth, screened by Probation for mental health and/or substance use problems, and who are determined by a mental health or substance use screen to need a more thorough behavioral health evaluation. These post-adjudicated, pre-disposition youth, 18 or younger involved in the justice system, are referred by Probation to the evaluation provider.

C.J. Johnson, Regional Administrator

Children and Family Services

Renee Dozier, Director of Children and Family Services

Dani DeVries System of Care Coordinator	Tara Dice Skill Builder	Kelly DuBray Professional Partner	Nicole Giebelhaus Professional Partner
Annie Glenn Professional Partner Supervisor	Eden Houska Professional Partner	Australia Hruby Professional Partner	Dinka Husovic Skill Builder
Munira Husovic Professional Partner	Elizabeth Kester Professional Partner	Gina Koudeida Skill Builder	Laila Koudeida Professional Partner
Jenna Lempka Skill Builder	Ashley McCracken Professional Partner	Katiana Meyer Professional Partner	Malcom Miles Professional Partner Supervisor
Melony Moore Professional Partner	Lisa Moser Professional Partner	LaShawnda Nimox Professional Partner	Shelly Noerrlinger Professional Partner
Jonathan Pennington Professional Partner	Tracy Shaw Professional Partner	Jessica Zimmerman Service Coordination Specialist	

Continuous Quality Improvement

Patrick Kreifels, CQI Director

Joseph Pastuszak CQI Network Specialist	Erin Rourke CQI Analyst		
--	----------------------------	--	--

Fiscal

Paul Van De Water, Fiscal Director

Danielle Belina Fiscal Associate	Tami DeShon Associate Fiscal Director	Pat Franks Fiscal Associate	Julie Monfelt Fiscal Associate
Linda Pope Fiscal Specialist			

Network Management

Sandy Morrissey, Prevention Director

John Turner, Director of Housing and Supported Living

Kristin Nelson, Director of Emergency Services

Amanda Tyerman-Harper, Director of Network Services

Breanne Chandler CABHI Housing Assistant	Rob Conway Housing Outreach Specialist	Teri Effle Prevention Specialist	Theresa Henning Regional Administrative Aide
Ardi Korver Support Specialist	Phyllis McCaul Regional Consumer Specialist	Marti Rabe Network Specialist	Scott Stemper Prevention Specialist
Bridget Thompson CABHI Housing Coordinator	Kim Whaley Housing Assistant		

Operations

Kim Michael, Director of Operations and Human Resources

Jean Barton Continuing Education Associate	Betsy Bergman Project Specialist	Donna Dekker Administrative Assistant	Deanna Gregg Operations Manager
Jon Kruse IT Specialist	Susan Lybarger Administrative Assistant	Andy Petrzilka IT Associate	Robin Schmid Administrative Assistant

Lancaster County Consumer Demographics

County of Residence :		Unduplicated Count of Persons Served *►	3668	3674
Lancaster County		New Admissions** ►	3200	5430
Demographic	Category	Service Type		
		MH	SUD	
Service	24 Hour Crisis Line - MH	131	0	
	Acute Inpatient Hospitalization - MH	8	0	
	Assertive Community Treatment - MH	31	0	
	Assessment - MH	21	0	
	Assessment - SUD	0	758	
	Community Support - MH	431	0	
	Community Support - SUD	0	86	
	CPC Services - SUD	0	2849	
	Crisis Assessment - SUD	0	157	
	Crisis Response - MH	25	0	
	Day Rehabilitation - MH	33	0	
	Day Support - MH	1	0	
	Dual Disorder Residential - MH	3	0	
	Dual Disorder Residential - SUD	0	43	
	Emergency Community Support - MH	152	0	
	Emergency Protective Custody - MH	589	0	
	Family Peer Support - MH	13	0	
	Halfway House - SUD	0	119	
	Hospital Diversion Less than 24 hours - MH	49	0	
	Hospital Diversion Over 24 hours - MH	154	0	
	Inpatient Post Commitment Treatment Days - MH	29	0	
	Inpatient Post Commitment Treatment Days - SUD	0	11	
	Intensive Case Management - MH	10	0	
	Intensive Community Services - MH	67	0	
	Intensive Outpatient / Adult - SUD	0	312	
	Intermediate Residential - SUD	0	48	
	Medication Management - MH	1611	0	
	Mental Health Respite - MH	175	0	
	Outpatient Psychotherapy - MH	1747	0	
	Outpatient Psychotherapy - SUD	0	992	
	Professional Partner - MH	166	0	
	Psychiatric Residential Rehabilitation - MH	14	0	
	Recovery Support - MH	149	0	
	Recovery Support - SUD	0	85	
	Secure Residential - MH	3	0	
	Short Term Residential - SUD	0	283	
	Social Detoxification - SUD	0	537	
	Supported Employment - MH	90	0	
	Supported Employment - SUD	0	2	
	Supported Housing - MH	321	0	
Supported Housing - SUD	0	59		
Therapeutic Community - SUD	0	36		
Service Total		6023	6377	

Total
Encounters

Lancaster County Consumer Demographics

Demographic	Category	MH	SUD
Sex	Female	3019	1843
	Male	2958	4524
	Not Available	46	10
Sex Total		6023	6377
Race	American Indian/Alaska Native	166	627
	Asian	37	63
	Black/African American	590	799
	Native Hawaiian/Other Pacific Islander	17	28
	Not Available	184	190
	Other	92	67
	Two or More Races	176	66
	White	4761	4537
Race Total		6023	6377
Age	1-5 Years of Age	10	1
	6-10 Years of Age	124	0
	11-15 Years of Age	142	13
	16-17 Years of Age	67	49
	18 Years of Age	37	69
	19-20 Years of Age	200	244
	21-25 Years of Age	635	925
	26-44 Years of Age	2667	3311
	45-64 Years of Age	2011	1718
	65+ Years of Age	87	47
	Not Available	43	0
Age Total		6023	6377
Employment Status at Admission	Active/Armed Forces(<35 Hrs)	4	5
	Active/Armed Forces(35+ Hrs)	1	0
	Disabled	1071	348
	Employed Full Time (35 hrs +)	695	1479
	Employed Part Time (<35 Hrs)	790	748
	Homemaker	46	22
	Not Available	272	117
	Resident of Institution	20	90
	Retired	50	35
	Sheltered Workshop	1	0
	Student	353	207
	Supported Employment	6	4
	Unemployed - Laid off/looking	1528	1218
	Unemployed - Not Seeking	1152	2101
Volunteer	34	3	
Employment Status at Admission Total		6023	6377

Total Encounters

Lancaster County Consumer Demographics

Demographic	Category	MH	SUD
Insurance Coverage at Admission	HMO	6	3
	Indian Health Services	1	8
	Medicaid	606	385
	Medicare	321	81
	No Insurance	3913	4647
	Not Available	615	451
	Other Direct Federal	2	0
	Other Direct State	7	1
	Other Insurance	173	212
	PPO	128	137
	Private Self Paid	214	416
	Veterans Administration	37	36
Insurance Coverage at Admission Total		6023	6377
Legal Status at Admission	Civil Protective Custody (CPC)	3	372
	Court Order	64	605
	Court: Competency Evaluation	3	6
	Court: Juvenile Commitment	1	0
	Court: Juvenile Evaluation	0	1
	Court: Mentally disordered sex offender	1	0
	Court: Presentence Evaluation	9	120
	Emergency Protective Custody (EPC)	122	158
	MHB Commitment	403	60
	MHB Hold/Custody Warrant	7	3
	Not Available	540	87
	Not responsible by reason of insanity	8	6
	Parole	30	97
	Parole Due to Gambling	1	0
	Probation	55	223
	Probation Due to Gambling	6	0
	Voluntary	4520	4594
Voluntary by Guardian	243	44	
Ward of the State	7	1	
Legal Status at Admission Total		6023	6377
Reason for Admission	Dual Diag - Primary MH / Primary SUD	1134	994
	Dual Diag - Primary MH / Secondary SUD	245	40
	Dual Diag - Primary SUD / Secondary MH	39	303
	Not Available	257	32
	Primary Mental Health	4007	223
	Primary Sex Offender	9	0
	Primary Substance Abuse	332	4785
Reason for Admission Total		6023	6377

Total Encounters

Encounter: Record created in CDS each time a person is admitted to a service.

***Unduplicated Count of Persons Served:** count of unique individuals in each service type (Mental Health and Substance Use Disorder) at any time during the fiscal year.

Persons served are counted only once within each service type, regardless of how many encounters (registration for services) exist.

****New Admissions:** counts only encounters newly admitted to services in FY 16-17 and not admissions from previous years. Some persons served may have encounters in more than one service or multiple encounters in the same service. This is not an unduplicated count of persons served.

*****Total Encounters:** counts the number of records in CDS during FY 16-17 (includes new admissions, and encounters created in previous years but continued to be open for at least some time in FY 16-17). Some persons served may have encounters in more than one service or multiple encounters in the same service. This is not an unduplicated count of persons served.

Proposed County Contributions

REGION V SYSTEMS

COUNTY CONTRIBUTION
(Approved 4-9-18)

(MENTAL HEALTH)	2010 POPULATION	FY 17-18	PER POP.	Increase 0.00%	FY 18-19	PER POP.
COUNTY						
Butler	8,395	\$ 18,711	2.2287	\$ -	\$ 18,711	2.2287
Fillmore	5,890	\$ 13,126	2.2287	\$ -	\$ 13,126	2.2287
Gage	22,311	\$ 49,726	2.2287	\$ -	\$ 49,726	2.2287
Jefferson	7,547	\$ 16,822	2.2287	\$ -	\$ 16,822	2.2287
Johnson	5,217	\$ 11,628	2.2287	\$ -	\$ 11,628	2.2287
Lancaster	285,407	\$ 636,094	2.2287	\$ -	\$ 636,094	2.2287
Nemaha	7,248	\$ 16,154	2.2287	\$ -	\$ 16,154	2.2287
Otoe	15,740	\$ 35,079	2.2287	\$ -	\$ 35,079	2.2287
Pawnee	2,773	\$ 6,182	2.2287	\$ -	\$ 6,182	2.2287
Polk	5,406	\$ 12,048	2.2287	\$ -	\$ 12,048	2.2287
Richardson	8,363	\$ 18,639	2.2287	\$ -	\$ 18,639	2.2287
Saline	14,200	\$ 31,648	2.2287	\$ -	\$ 31,648	2.2287
Saunders	20,780	\$ 46,312	2.2287	\$ -	\$ 46,312	2.2287
Seward	16,750	\$ 37,331	2.2287	\$ -	\$ 37,331	2.2287
Thayer	5,228	\$ 11,652	2.2287	\$ -	\$ 11,652	2.2287
York	13,665	\$ 30,458	2.2287	\$ -	\$ 30,458	2.2287
Total	444,920	\$ 991,610		\$ -	\$ 991,610	

(SUBSTANCE USE DISORDER)	2010 POPULATION	FY 17-18	PER POP.	Increase 0.00%	FY 18-19	PER POP.
COUNTY						
Butler	8,395	\$ 3,366	0.4009	\$ -	\$ 3,366	0.4009
Fillmore	5,890	\$ 2,361	0.4009	\$ -	\$ 2,361	0.4009
Gage	22,311	\$ 8,945	0.4009	\$ -	\$ 8,945	0.4009
Jefferson	7,547	\$ 3,026	0.4009	\$ -	\$ 3,026	0.4009
Johnson	5,217	\$ 2,092	0.4009	\$ -	\$ 2,092	0.4009
Lancaster	285,407	\$ 114,407	0.4009	\$ -	\$ 114,407	0.4009
Nemaha	7,248	\$ 2,904	0.4009	\$ -	\$ 2,904	0.4009
Otoe	15,740	\$ 6,311	0.4009	\$ -	\$ 6,311	0.4009
Pawnee	2,773	\$ 1,112	0.4009	\$ -	\$ 1,112	0.4009
Polk	5,406	\$ 2,166	0.4009	\$ -	\$ 2,166	0.4009
Richardson	8,363	\$ 3,354	0.4009	\$ -	\$ 3,354	0.4009
Saline	14,200	\$ 5,695	0.4009	\$ -	\$ 5,695	0.4009
Saunders	20,780	\$ 8,332	0.4009	\$ -	\$ 8,332	0.4009
Seward	16,750	\$ 6,715	0.4009	\$ -	\$ 6,715	0.4009
Thayer	5,228	\$ 2,097	0.4009	\$ -	\$ 2,097	0.4009
York	13,665	\$ 5,482	0.4009	\$ -	\$ 5,482	0.4009
Total	444,920	\$ 178,365		\$ -	\$ 178,365	
GRAND TOTAL		\$ 1,169,975		\$ -	\$ 1,169,975	

4/16/2018

2017 Annual Report
Region V Services



Contents

2	Contents, Who We Are	9	Auburn	17	Lincoln 3
3	Mission Statement	10	Beatrice	18	Lincoln 4
	Vision Statement	11	Crete	19	Lincoln 5
4	Boards and Committees	12	David City & Columbus	20	Nebraska City
5	Region V Foundation	13	Fairbury & Hebron	21	ServiceLinc
6	Region V Services	14	Gretna & Bellevue	22	Wahoo
7	Sympsium Highlights	15	Lincoln 1	23	York & Seward
8	Central Office	16	Lincoln 2		

Who We Are

Region V Services is a political subdivision supporting people with developmental disabilities and similar needs in southeast Nebraska. We are governed by a board of 16 county commissioners and supervisors from each of the counties represented. There are approximately 950 staff providing supports to about 900 people throughout those 16 counties and a few other areas. There are 15 area programs in Auburn, Beatrice, Crete, David City, Fairbury, Gretna, Lincoln (six programs), Nebraska City, Wahoo and York. We also have “satellite” programs in Beatrice, Columbus, Bellevue, Hebron and Seward.



The Region V Logo is the biological symbol for “A new beginning.” Whether it is the life of a person experiencing developmental disabilities, the personal growth of a person working in Region V or the organization’s commitment to continuous improvement, the logo represent the value of new beginnings in life.

Mission Statement

The mission of Region V Services is to provide desired education and supports that promote relationships within the community and lessen reliance on agency services.

Vision Statement

Our Vision is that each person will be valued as members of their community with resources available that enable each person to control his/her life.

Boards and Committees

Advisory

Sue Boring
Susan Browne
Hazel Cummins
MaryLou Diehl
Terry Dittmer
Courtney Kochner
Trudy Kubicek
Ann McNemar
Beth Sposato
Leonard Glenn

Governing Board

Greg Janak - Brainard
Marvin Bohling - Nemaha
Doris Karloff - Saunders
Susan Johnson - Fillmore
Dean Speth - Otoe
Roger Glawatz - Seward
Dennis Byars - Gage
Jan Lang - Pawnee
Dean Krueger - Thayer
Gale Pohlmann - Jefferson
Jerry Westring - Polk
Bill Bamesberger - York
Les Agena - Johnson
Jim Davidson - Richardson
Todd Wiltgen - Lancaster
Janet Henning - Saline
Kevin Jeppson - RVS
David Merrill - RVS

Personnel Advisory

Darcy Hinrichsen - Auburn
Bill Hutchinson - Beatrice
Lori Gottfried - Central Office
Brittany Ratzlaff - Crete
Jenna Urban - David City/
Columbus
Amy Burkitt - Fairbury/Hebron
Amber Gill - Fairbury/Hebron
Alyssa Mummey - Lincoln 1
Frank Bonsu - Lincoln 3
Betty Fink - Lincoln 4
Dana McDaid - Lincoln 5
Mary Jo Heneger - Nebraska City
Rex Jaycox - ServiceLinc
Carey Shanahan - Wahoo
Lisa Turner - York/Seward

Public Education and Information

Chelsea Rudder - Beatrice
Roni Gabel - Central Office
Suzie Doty - Auburn
Brittany Ratzlaff - Crete
Margo Hlavac - David City/
Columbus
Johnita Patterson - Fairbury/
Hebron
Kelsey White - Lincoln 1
Dusty Hegwood - Lincoln 2
Zach Peters - Lincoln 3
Tina Luellen - Lincoln 4
Tengorn Phaison - Lincoln 5
Lisa Hutchins - Nebraska City
Nancy Bates - ServiceLinc
Nicci Nelson - York/Seward

Staff Development

Carol Cunningham - Central
Office
Todd Scholz - Central Office
Shannon Dunekacke - Auburn
Deb Brixius - Crete
Tessa Humann - Beatrice
Traci Ryba-Grant - David City/
Columbus
Amber Cervantes - Fairbury/
Hebron
Mackenzie Derby - Lincoln 1
Nancy Fischer - Lincoln 2
Cami Erb - Lincoln 3
Richard Soule - Lincoln 4
Lisa Bahle - Lincoln 5
Linda Plager - Nebraska City
Jenn Walker - Nebraska City
Greg Hasselman - ServiceLinc
Susanne Nelson - Wahoo
Anni Schaldecker - York/Seward



The Public Education and Information committee took a quick break during the Dinner Dance for a picture.

Region V Foundation

Foundation

The Region V Foundation improves the quality of life for people with developmental disabilities.

It partners hand in hand with Region V Services to help people with disabilities become part of the communities in which they live.

Our Purpose

The primary purpose of the Foundation is to provide safe, reliable and affordable vehicles and housing.

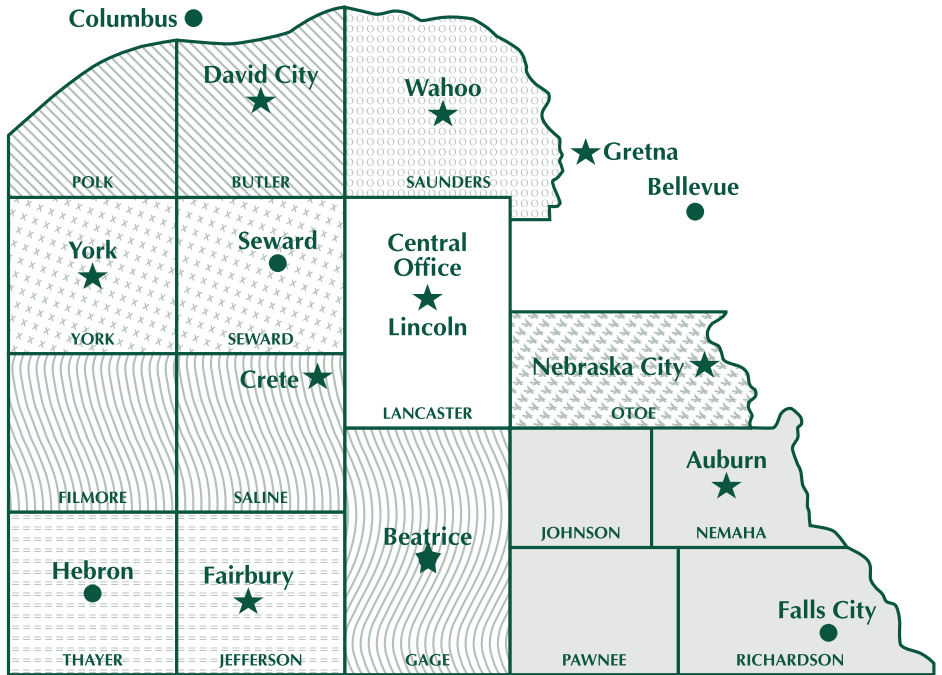
On rare exceptions, we also have provided grants to individuals.

Tax Deductible

Donations can be made to the Foundation through the Region V website, regionvservices.com



This Lincoln property is one of the four homes purchased by the foundation this year.



Region V Services Service Area

- ★ Area Office
- Satellite Office

Foundation Board

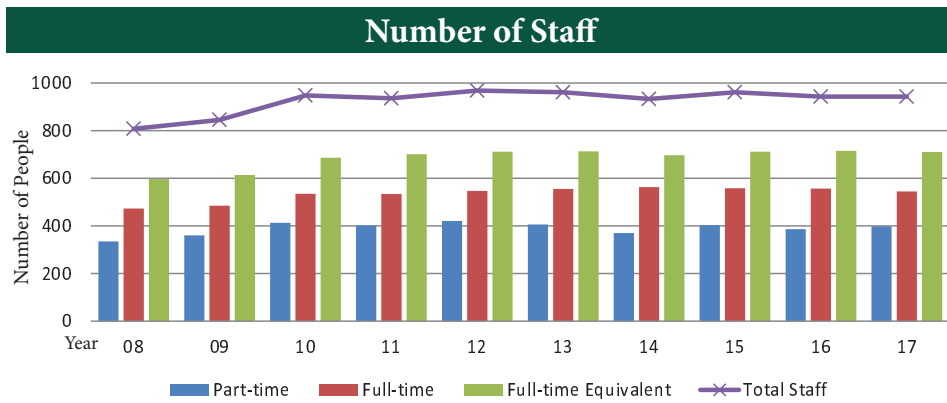
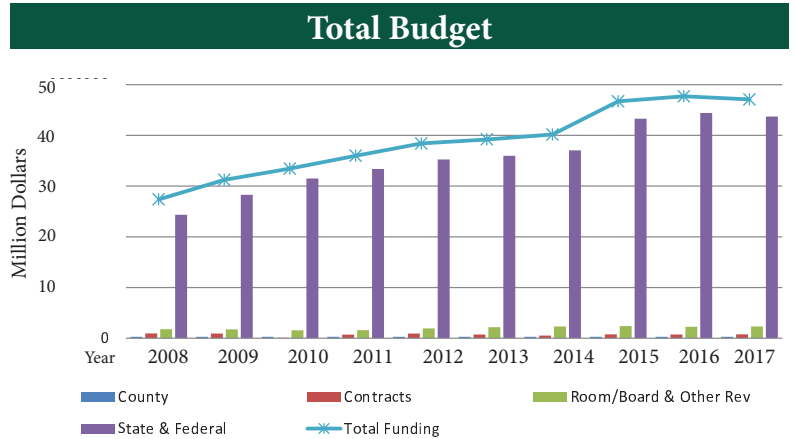
- Victoria Perry, President
- Kevin Jeppson, Treasurer
- Dave Merrill, Secretary
- Larry Bohlken
- Julianne Spatz
- Melody Young
- Tom Barbee

Currently, the Region V Foundation owns 46 houses/buildings in 12 communities and 59 vehicles. Region V Foundation is debt free!!

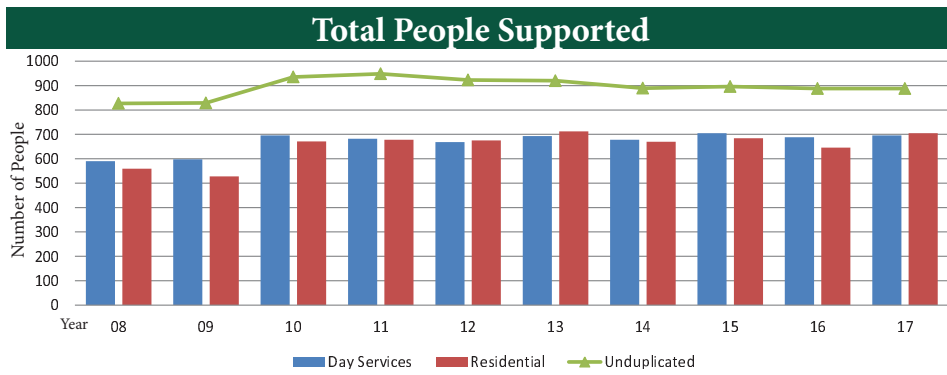
Region V Services

2016/2017 saw the first reduction in funding through Developmental Disabilities Division (DDD).

Their failure to honor the contract has caused significant economic stress and a reduction in the quality of life for people supported.

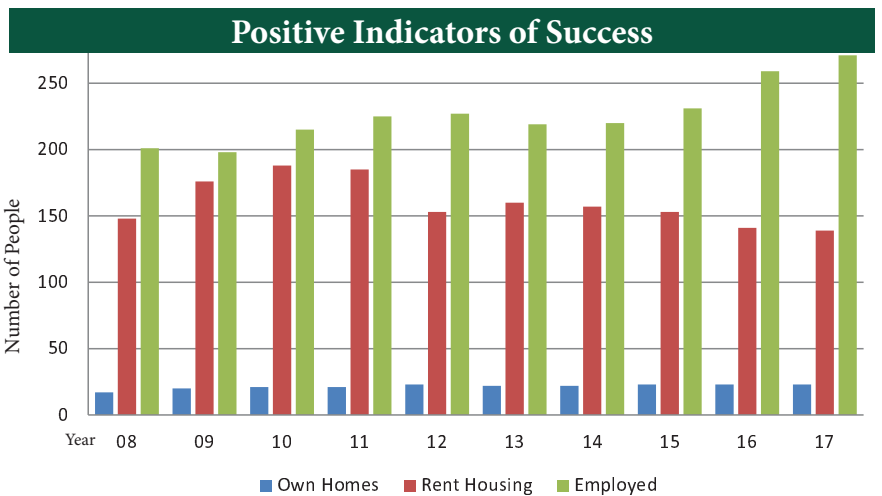


The number of staff has remained relatively stable. Region V Services continues to experience lower turn-over than most providers.



The number of people supported remains fairly consistent. There are 54 certified providers in Nebraska at this time.

About half the people statewide who own their own homes and are eligible for DDD services are supported by Region V Services.



Symposium Highlights

Once again, this year we enjoyed a wonderful symposium held in York at the Holthus Convention Center. This year was a one day event with nearly 400 staff, people supported, family members of our presenters, NE Service Coordinators and advisory board members attending.

Lon Molacek resumed his duties as Master of Ceremonies, introducing each speaker and tell-

ing a few jokes throughout the day. Once again, he did an outstanding job.

Our speakers were all people we support telling their personal stories. They were inspiring, sad and entertaining, and all have happy endings. It was very impressive to watch our presenters stand on the stage in front of a crowded room of strangers and speak about their life challenges

and celebrations.

Our nurses had health stations and information in addition to leading us in dance and chair yoga exercises.

Luke Craig was busy at a table talking about his photography art that he had on display and for sale throughout the day.

It was a very good day.



Lon Molacek
Master of Ceremonies



Luke Craig
Artist

"if someone calls you dumb or stupid it's because they're jealous because they know how awesome you are"

Jessica Wennekamp



Jessica Wennekamp
Lincoln
"My Life with Autism"



Dawn Ostry
Wahoo
Shared the gift of her beautiful voice.



Dave Merrill

Our Executive Director, Dave Merrill led us in a sing along and Servicelinc Coordinator, Billy Eltiste performed several of his original music pieces.



Billy Eltiste



Agency nurses Karrie York and Tanya Shaw got the crowd up and moving with "Dance it Out"



Heather Kaderabek
Fairbury
"Freedom: Independence Day - Every Day"



Josh Burke
Lincoln
"A Decade at Applebees"



Gina Goodteacher
Fairbury
"Adoption Journey"



Sandra Meyer
Hebron
"Sandra's Ladder of Success"



Danny Ransom
David City
"The Life and Times of Danny Ransom"



Several staff from Hebron entertained us with the Tiny Dancers skit to songs from the 60's.



The Nebraska City Sign Language Choir preformed "You are Beautiful" then asked the audience to join in and follow the signs for the second performance. We were also able to watch the song in sign on the big screens.

Central Office

Unfortunately, due to the budget concerns mentioned on page 6, the decision was made to cancel our Arts Festival & Spring Dance and our annual agency wide picnic.



our annual
**Dinner
Dance**

Our annual dinner dance was held at the Lancaster Event Center with around 575 people attending. This event is an opportunity for those we support to get dressed up, socialize with and meet others from across the region and have a fun evening.

Contact

Dave Merrill
3600 Union Dr.
Lincoln, NE 68516
402-471-6400
regvsed@gmail.com

Highlights:

- BART: 17 classes held, 156 staff trained
- Orientation: 12 classes held, 319 staff trained
- Med Class: 88 classes held, 313 staff trained
- CPR Class: 78 classes held, 411 staff trained
- Therap Class: 113 classes held, 379 staff trained
- Sensory Training: 7 classes held, 56 staff trained
- Symposium: 380 attended
- Annual Dinner Dance: 650 people attended



Our Fiscal Department manages our \$47 million budget which includes the payroll and benefits for our nearly 950 full-time, part-time and substitute employees and oversees the accounting of our 16 area programs. Pictured from left to right: Carol Ferate, Kevin Jeppson, Chelsea Weeks, and Jean Leavitt.
Not pictured: Fronia Miller

2017 has been a busy year for our Benefits Planner, Ryan Neal. Besides meeting individually with people supported and their families he also presented to family groups in partnership with the ARC of Nebraska.

There have been several challenges lately regarding the benefits received by the people we support. One that has taken a great deal of time is how Medicaid views the benefits received from Social Security off a parent's work record. Many people who receive this benefit were previously exempt from paying a Medicaid Share of Cost and now must suddenly pay several hundred dollars additional per month. It takes a great deal of time to work with each individual to challenge this decision on the part of Medicaid. Ryan has been working with advocacy groups to bring this matter to their attention and to help challenge this new policy.

Auburn



As an agency we adopt a highway and go out and collect the litter twice a year.

At Our Agency

- 49 full time employees
- 17 part-time employees
- 50 persons receive residential support
- 27 people live in group homes
- 8 people own their homes
- 5 persons rent apartments/home
- 4 people live in EFHs
- 6 people live with their family
- 61 people receive day supports
- 4 School contracts- 3 Auburn/1 Falls City
- 22 people are competitively employed
- 7 people have a driver's license
- 6 people own their own car



People First raised over \$6,000 for the Eaton Family.

Community Participation

- Assist with blood mobile
- Deliver funeral notices
- Made 200 Valentine's for the elderly who live at Ambassadors
- Volunteer as crossing guards at elementary school
- Wrapped potatoes for Knights of Columbus fish fry
- Handed out popcorn at annual polar plunge event
- John volunteered for Rotary shrimp boil
- Volunteered to bake 6 dozen cookies for Auburn Chambers Christmas opening
- Volunteered to redo community table toppers for Auburn Chamber to display in businesses.
- 25 individuals were given a special invitation to watch a comedy performance at the Brownville Theater
- Two teams participate in bowling leagues
- Beth and Susie are members of the Auburn Ambassadors
- People First awarded chapter of the year for the 5th time.

People First

The People First group had another active year with activities, fundraisers and donations. Donations were made to:

- Humboldt playground equipment fundraiser
- Nemaha County Gives Back
- A family for child with cancer
- Socks for Seniors
- Trunk or Treat
- Hurricane Harvey Victims
- Shop with a cop
- A brick for Humboldt Cancer Garden (in memory of Kim Blair)

As an end of the year celebration they hosted a Brownville Boat Ride for everyone in agency.

Personal Achievements

- Joel got his driver's license
- Amy got 3rd place in the chambers St Patrick's "Go Green Contest"
- Patty completed a storm spotters class
- Carlos participated in a solar eclipse class
- John Competed in State Bowling Tournament with his local bowling team
- Gary returned to Bryan East after being discharged from hospice to affirm to the doctors and nurses he added several more years to his life
- David attended his favorite comedian show Steve Martin
- Carlos and Michael moved into a house together in Falls City
- Vacations taken to South Dakota; Branson; Kansas City; Hawaii; Texas
- We sadly said goodbye to Delwin Truscott; Kim Blair; Bev Allen; Mary Jane Humphrey; and Clarence Hupka

New Jobs

- Michelle started a janitorial job at Johnson Brock School
- Gina started janitorial work at SCC training office in Falls City
- Darian started two new jobs, at Blue Valley and Orschelns
- Courtney started working at Haircutter's

Contact

Melody McLaughlin
2507 Schneider Ave.
Auburn, NE 68305
402-274-4996
cscmmauburn@windstream.net

Beatrice

Optimistic Considerate
Flexible Honest
Reliable Determined



Zach loving the water park!!!

- Steve, Jeremy, Eric and Jacob enjoyed a man trip to Mahoney State Park. #manlythingstodo
- Gary, Ron, Jacob and James went on a fishing and boating trip to Harlan County Reservoir. #whatstherealstory
- We began working with Tri-County Schools and Wilber-Clatonia Schools to support Jordan, Alec, Jordan and Holly in transitioning out of school. #lifelonglearning
- Several people began new jobs! Thank you to Heartland Motors, Blue Rivers Area Agency on Aging, Security First Bank, Holly Norris, Stan and Judy Meyer, Ashley's Furniture and Linda Roesler. #workinit
- Several people enjoyed going to the first three home Husker Football games. #gobigred

Contact

Tessa Humann
2317 N. 6th St., Suite 5
Beatrice, NE 68310
402-228-3228
beatricervs1@gmail.com

Zachary, an 18 year old Beatrice High School student, had a big wish. He wished that he and his family could take a family trip to San Antonio, Texas. He heard about a water park there, Morgan's Wonderland and Inspiration Island, and it is completely accessible.

This year he got his wish from the Make-A-Wish Foundation! He received an all expense paid trip for the entire family, where they stayed in an upscale hotel near the fun and attractions of the city. Make-A-Wish exceeded all their expectations with making this an experience Zach and his family will never forget. Zach is very thankful that the foundation chose him for this privilege. #outrageousvacation

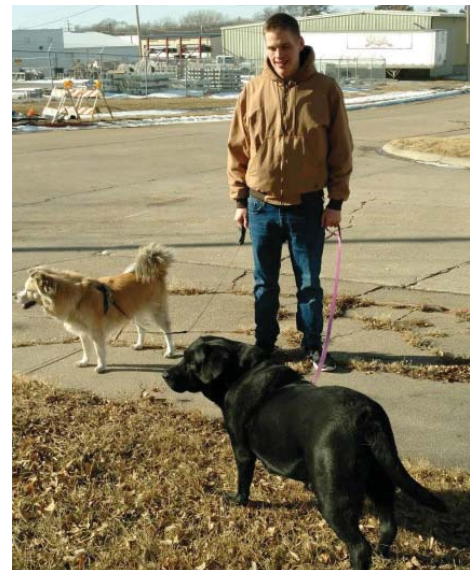
Welcome to Charlie, Brielle, Holly, Chris and Wynne. We're so glad you chose us. #thenewbies

Josh moved into his first Extended Family Home (EFH) in September 2016. Along with his EFH provider he lived with a couple of furry friends. He soon became a lover of dogs, a true 'dog whisperer!' He took on many of the daily responsibilities of being a pet owner and he LOVED it!

When he moved to a group home, he continued his connection with dogs by volunteering at the local humane society. Not only did he love meeting all of the new dogs, but he seemed to really enjoy walking them.

This year, Josh got a job walking two dogs for a local person. Josh walks the dogs for an hour each day.

He enjoys his job and continues to grow his relationship with the dogs. #uniquewaytomakemoney



Josh on the job. Spending time with dogs while making money? Perfect!!

Crete



Paul Beck enjoys his new job cleaning windows for 22 different business' in downtown Crete.



Our first Christmas Open House was a success. It was attended by many people supported and their family and friends. Betsy Fochtman used her talents to transform a bottle into a Santa Claus. They were perfect centerpieces!

Highlights

- Philip Gilbert started a new job at the City of Crete.
- Wesley Sowl and his EFH built a chicken coop big enough so that he can go in and hold his chickens.
- Nestle Purina is going green, they contracted with RVS to pair washable gloves.
- Won 1st place in the Fall Pumpkin Festival Scarecrow contest.
- Many participated in the Totality Solar Eclipse events, from going to the Saltdogs stadium to having our own viewing in Crete.



David Cople had a dream come true when he met John and Taryn Vanderford from 10/11 news.

44 people supported

Residential:

- 7 people live in an EFH
- 15 people live in group residences
- 10 people live in apartments
- 2 people live with their families

Vocational

- 35 people supported
- 13 people competitively employed
- 26 people work with supports



We sponsored a Hat and Mitten Tree. 110 items were donated to Blue Valley Action Community and Sixpence. Kids 6 and under in the Crete Area benefit from the donation. Betsy Fochtman, Jackie Dominguez-Marrujo and John Colvin helped deliver the hats, mittens and gloves.



Denise Winquest was excited to receive her new communication device. She named it Big Sam.

Contact

Cami Erb
 1951 E. 13th St.
 Crete, NE 68333
 402-826-2106
 camirerb@gmail.com

David City / Columbus

Through the Years Celebrating 40 Years of Services in Butler County.

The David City program has seen many changes during the past forty years. They started in 1977 as a small farm. They had an acreage west of town where they planted and tended to a large garden and raised chickens. They sold fresh produce and eggs at a stand downtown. John Remmers remembers those days. He was one of the five people to receive these new services. There was an office downtown where they refinished furniture and made snow fences. Eventually they opened satellite offices in Seward and York. Seward and York became it's own program and, in 2000 a satellite office was opened in Columbus.

John says he didn't always like services but he got used to it. He liked it when they started going out in the community and doing activities in David City and the surrounding towns. John talks fondly about Region V helping him find jobs in town and going on trips. He admits that he has learned a lot during his forty years with Region V and has many good memories that he is happy to share.



The ribbon cutting in May 1982 when the current Day Service Center was first built. John Remmers, third from the right, was one of the five original people to receive support services.

David City/ Columbus:

- 62 people receive services
- 23 people have jobs
- 3 people own and drive a car
- 2 people own their own home

Contact

Traci Ryba-Grant
360 S St.
David City, NE 68632
402-367-3008
rvdc@windstream.net



An anniversary Open House was held with families and the community invited. The celebration included a hamburger cookout, tours and prizes.



We focus on helping people find jobs, not just any job, a job that makes you want to get out of bed in the morning. Travis Simmons has his perfect job working at Oak Creek Sporting Club near Brainard.



John Remmers works in the saw room making stakes. John is an expert as he has worked the saws for a variety of contracts during the past 40 years including a long term contract making bed rails for Land and Sky water beds.

Contact

Lisa Meyer
 201 F St., Box 366
 Fairbury, NE 68352
 402-729-3306
 almeyer@diodecom.net



Katarina Davis enjoys her job taking care of the horses and barn at Junker Farms. She has a love for horses and as a work perk was able to ride her favorite horse.



Sandra Meyer presented "Sandra's Ladder of Success" at the 2017 Symposium.

Fairbury / Hebron

"Raise the Bar"

Reliability Accomplishment Industrious Supportive Education

Highlights:

- We continue to "Raise the Bar" in everything we do. This includes those we support. At the end of the year we recognize good work and service with a staff appreciation meeting to thank our staff for everything they do.
- Many staff and people supported attended the Symposium. We entertained with the Tiny Dancers and three people supported presented and continue to present for local organizations.
- A group from the Center on Human Policy at Syracuse University visited. We held a think tank to gather information and learn about barriers that exist for people with developmental disabilities related to community inclusion. The information was used to develop a tool kit to distribute nationwide.
- Several people met Miss Nebraska, Jenni Wahonick, at our County Fair.

In memory of Barbara Graver who passed away this year. Thanks for the memories, you are greatly missed.



Scott Michalak, a former presenter at the Symposium gave his presentation to the Hebron Chamber Coffee Talk group.

- 19 people competitively employed in the community
- 9 people who volunteer
- 2 people own their own business
- 5 people have a second job
- 30 people receive vocational supports
- 4 people live in Extended Family Homes
- 65 people employed at Fairbury & Hebron



Senator Ebke visited our agency. She spoke about what a Senator does and answered questions about current legislation.

Gretna / Bellevue

ARIZE

Adventure Respect Integrity Zeal Equality

We work daily to see each day as a new opportunity to rise up and help the people we support achieve their goals through our community based services in Gretna and Bellevue.

With our Employment First philosophy we had a successful year with supporting people at various jobs, most recently at the Gretna Runza. In addition to day services we provide intermittent residential supports and extended family homes.

This year our agency assisted three transition students who were completing their high school education. These students were able to experience day services and build relationships and skills to help with their future. We were happy to partner with Gretna, Conestoga and Plattsmouth High Schools. Welcome to Elijah who started adult services this summer.



Each holiday season we enjoy students from the Gretna Elementary 5th Grade class who perform Christmas carols. This has become an annual event as the students enjoy interacting with the people we support who are invited to join in and sing with the choir. This year the boys enjoyed taking this photo with Ryan after they performed a song he requested.



Maggie (in pink) with her friend April. The two ladies met years ago at McKinney's grocery store in Gretna where April works and Maggie shops. This summer April and Maggie got to know each other better when they met at a park for lunch.



Jada is proud of her new job at Runza.

Contact

Wendy Sliva
 11832 Standing Stone Drive
 Gretna NE 68028
 Phone: 402-502-1616
 Email: rvsGREtna@gmail.com

Bellevue Day Center
 7511 S 36th St
 Bellevue NE 68147
 Phone: 402-590-2660



Many people, including two of our high school transition students, were able to attend the RVS Symposium. Pictured are Jarett from Conestoga High School, Casey from Region V Services Gretna and Elijah a recent graduate from Plattsmouth High School. The three met and became friends at our Bellevue Day Program.

Contact

Victoria Perry
936 N. 70th St.
Lincoln, NE 68505
402-471-9222
rvs70ad@gmail.com



David and John Michael Browne enjoyed a day trip to Kansas City visiting their Aunt and taking in the city.

Community Agency Partnership

Our Employment Consultant's office has partnered with several agencies within the Lincoln Community over the past year. One key partnership has been through Prosper Lincoln.

Prosper Lincoln engages and brings together people from across our community to make our city even better. Three key agenda items are Early Childhood, Employment Skills, and Innovation & Entrepreneurship. Prosper Lincoln's commitment to employment for all provides opportunities for people to realize career aspirations. Examples of how this occurs in practice are Job Fairs & Business Tours. Job Fairs are hosted every 3 months bringing job seekers and employers together. Facility Tours consist of monthly business tours for Employment Consultants to see first-hand job opportunities in order to make good job matches.

This partnership fits perfectly with Region V's mission. It makes our agency better suited to find competitive employment for the people we support as well as encourage activities that promote meaningful lives. Kudos to Mohamed Jalloh, our Lincoln 1 Employment Consultant, for his dedication to this partnership and the people we support.



Mohamed Jalloh along with Employment Consultants from other agencies, toured the Cabela's store as part of the Community Agency Partnership activities.



This summer Jeff Stinson was able to rock out to the awesome music of Wilco at Pinewood Bowl.

Agency Values:

Commitment
Honesty
Respect

Lincoln 1

At Our Agency

- 81 people supported
- 32 persons receive residential support
- 6 people receive 24-hour residential support
- 5 persons rent apartments
- 7 people live in EFHs
- 18 people live with their family
- 68 people receive day supports
- 19 people are competitively employed



Aaron Drury continues to attend classes at Southeast Community College while working part-time for Lincoln City Libraries.



Catherine Johnson is a volunteer at Knox Child Development Center. She enjoys working with the kids and keeping the place clean and organized!

Lincoln 2

Highlights:

- Lorraine has been diabetic for many years. After some lifestyle changes and proper oversight, she is no longer diabetic. She remains happy and healthy.
- Rourk and Rick went on an ARC trip to Branson, Missouri.
- Ivan and Dan traveled to Nashville, Tennessee.
- It was a good year for Robert. After many months of treatments, he is now cancer free!!



Casey moved in with her new EFH, Annette in June. She had been a student of Annette's when she was younger and they have stayed close. When it was time for Casey to move out on her own, she chose to live with Annette and her family.

Shortly after moving in, tragedy struck and the family home was destroyed in a house fire. Over the summer, the family was lucky enough to find a home on a beautiful acreage outside Denton. Casey has everything she could want and more!

Contact

Nancy Fischer
3600 Union Dr.
Lincoln, NE 68516
402-471-7037
nancy.fischer@hotmail.com



Brad was honorary Best Man for his brother's wedding.

photo by Fire Fly Photography



Julie is a wonderful Extended Family Home (EFH) that we have had the pleasure of knowing for many years. She got to know two ladies very well when she worked with them prior to becoming an EFH. As fate would have it, Julie was approached to become an EFH for these same two ladies. Jackie and Aimee have been living with Julie for a little under a year. Both ladies have quite a bit of family involvement which is very important and we are so grateful. Things have been going remarkably well for both of the ladies. Julie has provided a wonderful home environment for Jackie and Aimee.



Quentin is a remarkable gentleman in every aspect. Through his life he has faced many challenges and he has jumped over the hurdles, and no matter what, with a smile on his face.

Quentin had been fortunate to live with his EFH Linda for many, many years. Unfortunately, due to health reasons, she was faced with having to make the difficult decision to have Quentin live with someone else. Quentin had many wonderful people around him over the years. Kathy was a support staff for Linda and had worked with Quentin and was familiar and comfortable with him. Slowly over the summer, Quentin made the transition over to a new EFH. It was an emotional time but everyone was able to come together for Quentin and look out for his best interest in the situation.

Quentin is now residing with Sherri, his new EFH and his support staff Kathy. He once again has that happy family life that Linda provided for him for so many years.

Lincoln 3

Highlights

- Cathy took her first vacation when she took a trip to Chicago with her EFH family.
- Laura was able to redecorate her apartment with new furniture.
- The new funding rules have allowed 2 ladies to receive facility-free day services.
- Staff are now using the THERAP electronic program for Medication Documentation, communication logs, and programs.

We currently serve:

16 people in 24-hour residential settings
9 people in Extended Family Homes
8 people who live with their families
8 people who live in their own apartments
37 people in Day Services
2 people in Supported Employment

Currently employ:

5 administrative/support staff
31 full time staff
31 part time or sub staff

Contact

Karen Wolf
 3600 Union Dr.
 Lincoln, NE 68516
 402-471-7037
rvl3ad@inebraska.com

Our Core Values

Respect Integrity Cooperation Individuality



Nathan and Kelly Journey

Kelly met Nathan through an on-line dating service. She found him to be kind, considerate, and very attentive. She was especially pleased to learn that he also found family to be an important part of his life and his favorite movie is Fast and Furious, just like her! With their families and friends present, Kelly became Mrs. Nathan Journey on April 14, 2017.

In the months since, they have learned to share life's responsibilities and rewards. One rainy night they took in a lost kitten that they named Merlin. Merlin soon made itself right at home and has given them hours of entertainment. Birthdays and holidays were spent with both of their families and Kelly is delighted in having a sister-in-law and newborn niece.

Kelly has recently been given more responsibilities at her job working in the deli at Russ's B&R. "Kelly's Goulash" has been known to be a deli special. Kelly works as many hours as she can and takes advantage of their insurance benefits.

Another exciting change for Kelly is that she graduated from services. She has chosen to private pay for weekly help with her finances. For Kelly, the changes she has made are a beautiful journey.

Lincoln 4

Honesty
Integrity
Respect

Agency Overview

- Serves 62 individuals
- Six individuals live in Extended Family Homes
- 28 people supported live with their family
- Seven people are supported in their own homes
- 15 people are supported in group residences
- Four people are competitively employed
- Four people have had their jobs for over 2 years
- Two individuals are private pay
- Two people own their own vehicles
- Three people own their own homes
- Six people took vacations
- Added Ethics of Touch as a monthly staff training for our staff development

INTEGRITY IS
choosing
COURAGE OVER COMFORT;
CHOOSING WHAT IS RIGHT
over what is
FUN, FAST, OR EASY;
AND CHOOSING TO
PRACTICE OUR VALUES
rather than simply
PROFESSING THEM.



Nancy Jedlicka had a blast in Branson, Missouri! Nancy went to a different live show each day, ate plenty of ice-cream, and of course spent time shopping.



Movin' on out! Lindsey Bettinger took a big step and has been living with an EFH on weekends. While this was an emotional decision for Lindsey and her family, her team notices that Lindsey laughs and smiles more than she has before.

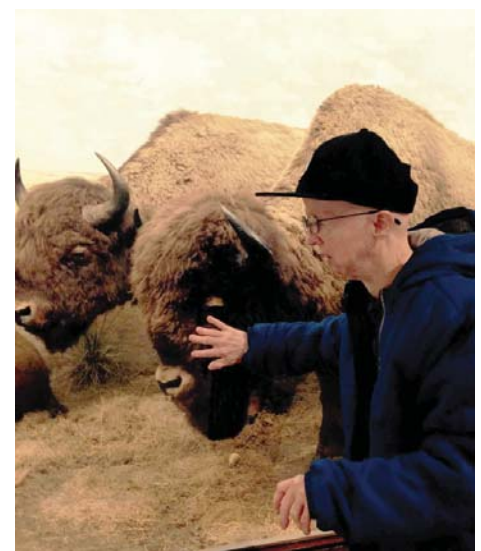
She has certainly been busy!



Ardyce Flemmer went on the trip of a lifetime to Chicago, Illinois. Ardyce pushed herself to the max by walking miles each day to explore the city. She tried many new foods, learned about the city's history, and of course cheered on the Chicago Cubs, her lifelong dream!

Contact

Michele Scholz
936 N. 70th St.
Lincoln, NE 68505
402-471-9222
rvs4ad@gmail.com



Ron Owen went on his first overnight trip in over 20 years. Ron stayed close to home by exploring the city of Hastings, NE and learning about NE history at the Hastings Museum and IMAX theater, enjoying a relaxing motel evening and visiting a new church.

Lincoln 5

Contact

Tina Dykes
3801 Union Dr., #100
Lincoln, NE 68516
402-471-6095
tmdykes1@gmail.com



Matt Talbot Kitchen volunteers, Tyler Andelt and Shawn Emmons, met Nebraska Governor, Pete Ricketts during the Matt Talbot Kitchen 25th anniversary celebration.



With great appreciation for a generous donation by the family of a person we support, we were able to take a day trip to Lake Wanahoo near Wahoo, NE. We all had so much fun. Some people were flying a kite while others played lawn games or went fishing or just enjoyed the boat ride. We also had a cookout picnic on the shore. Everyone had the opportunity to do all the lake activities. For many, this was their first boat ride and fishing trip. It was a great time and wonderful experience.

Highlights

- For many years, Liz Milk has mentioned her family near O'Neill and her desire to visit them. This summer, she and her staff made plans to do just that! They spent time with her family and old friends, went to family gravesites, drove by former homes of hers and other relatives. They even rescued a stray kitten that the staff kept as a memory of their trip.
- Courtney Kochner has been a Lions Club member for nearly ten years. She serves as a Lion Tamer. This year she attended the Lion's Club National Convention in Chicago. While there, she attended a Cubs game, took a river boat ride, attended a Beach Boys concert and went to the Museum of Science & Industry.
- Mark Travis loves outdoor activities and his summer favorite is Frisbee Golf. Mark and his staff Rik toured the nearby Frisbee golf courses. They road tripped to Malcolm, Seward, Waverly, Ashland, and Springfield and had a great time!
- Mark Bennett and his family went on vacation to Branson, Mo. He was excited to bring his staff Rick along to assist him. He loved his trip especially attending the Dolly Parton's Dixieland Delight and the Legends shows as well as the fun restaurants and other activities.



We held a wonderful holiday party with over 100 staff, family and people supported. With many new people starting services, this was the perfect time to bring people together for a meal and conversation. The best was saved for last when after eating we had a karaoke party. We didn't know we had so many talented singers in the building. It was so much fun we plan to have another karaoke party in the spring.



Two students from Southeast Community College did an internship with us. The students brought fresh ideas to the daily activities for those they worked with. Before they left, they wanted the people at LEAP to experience their other job. They both work at Valentino's. We went to Valentino's Buffett and created personal pizzas that were enjoyed by everyone.

Nebraska City

“The Inspiration”
Providing Awesome and Amazing Experiences...
Enhancing “The Dash”
Displaying the Values of
Excellence! Pride! Integrity! Enthusiasm!

Contact

Linda Plager
 808 8th Corso
 P.O. Box 614
 Nebraska City, NE 68410
 402-873-3306
lpager.regionv@yahoo.com



Several people supported by RV-NC experience the joys of pet ownership. Sharing a home with pets offers a cornucopia of physical, emotional, and psychological benefits thereby increasing overall wellness.



Pets have shown to reduce their owner's stress and gives people a positive aspect in life that detracts from medical ailments, chronic pain, anxiety, or other symptoms they may be experiencing. For those without a lot of connections to other people, pets can help soothe the psychological pains of isolation.



Studies show that people find more meaning in their lives when they own pets, and develop a healthy sense of interdependence. Pets bring people joy, peace, and humor. Everyone pictured treasures these friends and enjoys the many benefits of having a furry companion. Pets make people happy.



ServiceLinc

Provide support to 85 individuals
53 people have competitive jobs
45 people receive residential support
26 people live in their own apartment



JD Coy has always been valued in his community. Being from Lincoln, he is often exploring his neighborhood, talking to friends and even helping those in his community that find themselves in need. His drive to help others led him to volunteer at The Salvation Army where he made friends and gained job experiences all while helping the people of Lincoln.

With the support of his friends, he took his volunteer skills and experience and got a job at Buffalo Wings and Rings where he washes dishes and keeps the kitchen area clean. He now has a new family of coworkers and new friendships. Way to go JD!



Our cooking class is every Friday, taught by Rachael Deckard. Anyone supported by Region V is welcome. Each week we make a new recipe where the individuals receiving supports participate in the preparation. This includes washing the produce, prepping the ingredients according to the recipe, measuring ingredients, and setting cooking temperatures.

Participants choose the recipes for each class. Everyone enjoys the finished item at the end of the class. Before leaving students are assigned cleanup duties, including gathering the cooking utensils and taking them to the kitchen to be washed, washing the utensils, putting away ingredients, wiping down tables, sweeping and vacuuming.



Art class started 7 years ago with one teacher, we now have four, each bringing new ideas with their own perspective and style. Classes taught include crafts, sculpture, drawing, painting, mixed media, and journaling. We average around 20 participants each week. Some projects are displayed but most are stored for our annual art show held at the end of April.

Our teachers; Zac Barton, Barbara Huff, Rachael Deckard, and Shawn Matthison teach on a rotating schedule. Zac has taught various art classes since 2002 which has included sculpture and drawing. Barbara has a passion for Native American art and mixed media. Rachael likes to draw and is enthusiastic about the theatrical arts. Shawn has always been artistic doing DIY projects and crafts.

Contact

Angela Levy
6930 L St., Suite C
Lincoln, NE 68510
402-483-2929
alservicelinc@gmail.com

Mission Statement
Everyone who wants a job will have a job.
Everyone has a quality of life equal to ours.
Everyone will be empowered and educated about options.
Our work will be approached with urgency.





Jason Self and Dawn Ostry celebrate their Commitment Ceremony with a reception and dance.



Matt Jansa started a new job working for Wahoo Public Schools in the cafeteria.



Art projects are one of the many activities offered at our Day Service Center.

kindness
respect
teamwork
enthusiasm
professionalism
trust
growth
integrity

Agency Goals:

Identifying "Priority Outcomes" to focus on for each person.

To provide supports which help people improve the quality of their lives.

Contact

Kal Lausterer
 1910 N. Chestnut
 Wahoo, NE 68066
 402-443-4694
 rv44338@windstream.net

Wahoo

Highlights:

- Julian and Jennifer celebrated their 42nd wedding anniversary.
- Two students attended our day service program with school contracts.
- Michele continues to serve on the People First of Nebraska board.
- Dawn continues to participate in the I2 choir at the University of Nebraska.
- The AKTION Club, a project of Kiwanis, will recognize its sixth anniversary.
- Lyle, who has been a home owner for twenty years, sold his home to "downsize" to an apartment. He is using money from the sale of his home to take some much needed vacations.
- The Wahoo "Pin Pals" bowling team changed their name to the Wahoo "Wolf Pack" and purchased new shirts and jackets.
- Individuals enjoyed vacations to Bermuda, Iowa, Missouri, Michigan, Florida, Kansas, Texas, Colorado, Nevada, California, Illinois and Minnesota.
- We had several visits from the Dept. of Vocational Rehabilitation, assisting with new Dept. of Labor Regulations, for persons to work on contract work at our Day Service program or be employed on work crews in the community.
- Jason S. and Jason H. participated in the Opening Ceremonies of the Cornhusker State Games ceremonies.

York / Seward

Highlights:

- 10 new persons started services.
- 100% of people we support in Seward are employed in the community.
- 8 people started new jobs.
- Carol took a vacation with her sister to New York to visit her 96 year old aunt that she had not seen for 21 years. She had a wonderful time.
- Nancy vacationed in Memphis with the Joseph Hall Fan Club.
- Bryan, Carol, Lewis and Michael all paid off their own vehicles this year!
- Michael attended his great-nephew's graduation reception in Iowa and met more of his family.
- Amy helped arrange a fund raiser for her brother-in-law who has cancer. She and her staff organized a garage sale/bake sale to raise money to help with his medical expenses.
- Elina, Ron, Tracy and Rick all moved into Extended Family Homes.
- Individuals have worked together on crafts and are selling their work at Farmer's Markets and Craft Shows.

She knew it would happen one day, she just didn't know when. In her early twenties Rene learned she had a kidney condition that would eventually lead to her kidney not functioning and becoming dependent on dialysis.

In May of 2016 her kidney function became so low, she needed to begin the three sessions a week of dialysis. A few months later she started the process to get on the transplant list through NE Medicine in Omaha.

While on dialysis Rene had many restrictions which she closely followed. She continued her job at Arby's during this time, working on her off days from dialysis.

Rene got the call at 7:00 am on a November morning that a kidney match was available. By 8:00 am she and her staff were on the way to Omaha. It's been several months and she feels wonderful. She is staying away from people until the flu season passes but she is anxious to return to work where her job is waiting. No more restrictions of any type. Rene keeps busy by cooking meals, walking for exercise and playing cards and socializing with her neighbors. Rene is thankful to the family who donated the kidney which allowed her to go back to her normal healthy life.



Rene Kinney



Abby Flowerday had a goal to one day live in her own apartment. After 8 1/2 years in a group home her goal was met.

She chose an apartment near her job at the elementary school so she can walk or ride her bike to work.

She rides her bike to the pool and stores. She loves all the freedom she has in her own apartment. Abby does a great job of managing her day and getting to work on time. She said the biggest adjustment is getting used to being alone. Her entire life she has been surrounded by people, but she is getting used to it. Besides, she is still very involved with Region V and she participates in five sports with Special Olympics along with taking private horse riding lessons. Abby is happy, busy and enjoying her life.

Contact

Tammy Hinrichs
822 Lincoln Ave.
York, NE 68467
402-362-7731
t-had@hotmail.com



Region V Services
3600 Union Dr.
Lincoln, NE 68516
402-471-6400



Butler County: \$15,605

Fillmore County: \$11,809

Gage County: \$40,928

Jefferson County: \$14,833

Johnson County: \$7,989

Lancaster County: \$0

Nemaha County: \$13,485

Otoe County: \$27,405

Pawnee County: \$5,495

Polk County: \$10,037

Richardson County: \$16,965

Saline County: \$24,641

Saunders County: \$35,297

Seward County: \$29,363

Thayer County: \$10,778

York County: \$25,984



Region V Services

Region V Services
3600 Union Drive
Lincoln, NE 68516
Phone (402) 471-6400
Fax (402) 471-2978
www.region5services.com

Memo to : Region V Services Governing Board, Advisory Committee
all stakeholders
From : *Dave* Dave Merrill, Executive Director
Date : April 30, 2018
Re : **MAY Director's Report**

Employment First

We have received verbal indications that Voc Rehab, the agency responsible for work force training and supports, is out of money. They are a Federal agency so their new fiscal year will begin October 1st. This has tremendous implications because people with disabilities rely on the "milestone" support program to help them find and keep jobs.

At a time when unemployment in Nebraska is very low, we need Voc Rehab to support individuals with disabilities to provide needed workers in this economy.

The mission of Region V Services is to provide desired education and supports that promote relationships within community and lessen reliance upon agency services.

Financial Update

At the end of February, our revenues were \$30,719,136 and our expenses were \$30,371,785. Revenues exceeded expenses by \$347,351. March was a five week pay period and we will have another in June.

We're trying to determine how the new funding methodology will affect us. It is very difficult to project at this point. We know our current revenue for this year is less than last year, we have tried to reduce expenses proportionately.

Serving individuals with developmental disabilities

Counties: Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

School Contracts

We are waiting to hear whether school contracts will be able to continue into the future. We have a long history of providing needed supports to school age kids during their transition years. It appears that the State Department of Education may interpret some provisions in a way that would not allow us to continue school contracts. We have not received any notice in writing of a change so we are hopeful that things may continue as they have been working.

DDD did report that about 70 graduates would be leaving the school systems this year.

Legislative Summary

Appropriations weren't all that we had hoped for, but we did manage to collect half of the Federal Funding we had lost in the previous year, about \$409,000. As we look to next year's legislature we will be losing a significant number of Senators to term limits which means we will have significant educational challenges.

We arrived at compromise language on the entitlement for kids coming out of high school. Since 1991 the Administration has reported the number of children graduating from high school and guaranteed day services would continue for those kids. CMS has challenged whether this priority could be supported by the Waiver and we tried to find a balance where the investments of special education are not lost by long gaps before adult services begin.

Page 3 is the symposium page from our 2017 Annual Report.

Page 4 is the calendar for May.

Symposium Highlights

Once again, this year we enjoyed a wonderful symposium held in York at the Holthus Convention Center. This year was a one day event with nearly 400 staff, people supported, family members of our presenters, NE Service Coordinators and advisory board members attending.

Lon Molacek resumed his duties as Master of Ceremonies, introducing each speaker and tell-

ing a few jokes throughout the day. Once again, he did an outstanding job.

Our speakers were all people we support telling their personal stories. They were inspiring, sad and entertaining, and all have happy endings. It was very impressive to watch our presenters stand on the stage in front of a crowded room of strangers and speak about their life challenges

and celebrations.

Our nurses had health stations and information in addition to leading us in dance and chair yoga exercises.

Luke Craig was busy at a table talking about his photography art that he had on display and for sale throughout the day.

It was a very good day.



Lon Molacek
Master of Ceremonies



Luke Craig
Artist

"If someone calls you dumb or stupid, it's because they're jealous because they know how awesome you are."

Jessica Wennekamp



Jessica Wennekamp
Lincoln
"My Life with Autism"



Dawn Ostry
Wahoo
Shared the gift of her beautiful voice.



Dave Merrill

Our Executive Director, Dave Merrill led us in a sing along and ServiceLinc Coordinator, Billy Eltiste performed several of his original music pieces.



Billy Eltiste



Agency nurses Karrie York and Tanya Shaw got the crowd up and moving with "Dance it Out"



Heather Kaderabek
Fairbury
"Freedom: Independence Day - Every Day"



Josh Burke
Lincoln
"A Decade at Applebees"



Gina Goodteacher
Fairbury
"Adoption Journey"



Sandra Meyer
Hebron
"Sandra's Ladder of Success"



Danny Ransom
David City
"The Life and Times of Danny Ransom"



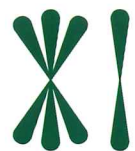
Several staff from Hebron entertained us with the Tiny Dancers skit to songs from the 60's.



The Nebraska City Sign Language Choir preformed "You are Beautiful" then asked the audience to join in and follow the signs for the second performance. We were also able to watch the song in sign on the big screens.

May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 PAC	3 BART	4	5
6	7 Therap Bill- ing Due	8 Advisory Committee	9 Employment Action Com- mittee	10 CSC's	11 Time Cards Due	12
13	14 Governing Board	15 Med Error Summaries Due	16 Lincoln Med Class PEC Packets Due	17 ARVAD	18 Lincoln Med Class	19
20	21 Orientation Day 1	22	23	24 305 Sensory	25	26
27	28	29	30 Lincoln Med Essentials Class	31 \$ Pay Day \$		<ul style="list-style-type: none"> • Deadlines • Meetings • Trainings



Region V Services

Mission Guidelines

The mission of Region V Services is to provide desired education and supports that promote relationships within community and lessen reliance on agency services.

Provide desired education and supports

We use personal outcome measures and other discovery processes as our guide to determine what people want. The process of discovering what a person truly desires involves listening to the person, whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desires.

Promote relationships within community

We will use principles from Social Role Valorization, Universal Enhancement, and Sensory Processing as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

- Showing respect through tone of voice and active listening.
- Providing people with experiences that offer both image and competency enhancement opportunities. People should look their best.
- Making sure that our habilitative efforts reflect a person's wishes.
- Remembering we support the individual and the family. We are professionals providing education and supports.
- Identifying and focusing on valued social roles for each person; understanding that roles impact self-image, acceptance, personal growth, relationships, freedom, status and opportunities.

Lessen reliance upon agency services

We utilize everyday activities as opportunities for teachable moments. Virtually every daily activity provides an opportunity to teach something new.

We encourage utilizing natural supports from family, friends, co-workers, etc.

Vision Statement

Our vision is that each person will be valued as members of their community with resources available that enable each person to control his/her life.

Provide Desired Education and Supports

We customize education and supports to meet the needs and expectations of each person. We build on the strengths and desires of each person by providing education and opportunities to experience life in a way that allows for informed choice and meaningful days.

Personal outcome interviews and other discovery processes are used to identify the desired education and supports for the person. These outcome interviews and the discovery process allow us to have a deeper understanding of what a person truly wants.

We recognize that people change their minds about what they want, and that this is a natural reflection of getting new information. When people change their minds, we will respect their new choices.

We are an Employment First organization. This means the first options considered are employment options that promote active and visible community involvement. As a lifespan organization, retirement activities should include active and visible community involvement.

We are an Authentic Living organization. This means residential options will promote active and visible community involvement.

Education and supports will be designed to develop image and competency enhancement.

Sensory Processing is used to help people get ready to have roles and relationships that are meaningful. We identify valued social roles that reflect the person's choices and wants and sensory processing helps the person define and achieve those roles.

We explore with purpose areas such as:

- What job, volunteer, and life experiences has the person acquired?
- What is the person interested in doing? Favorite activities, hobbies, experiences?
- Who does the person know who might help? Who do we know who might help?
- Can other providers be involved? (Vocational Rehabilitation, Local Housing Authority, League of Human Dignity, Lincoln Literacy, etc.)
- What community services can we support the person to access?



Employee



Volunteer



Spouse

Promote Relationships within Community

Once we have identified desired education and supports, we will utilize principles of social role valorization and universal enhancement to design and deliver the supports.

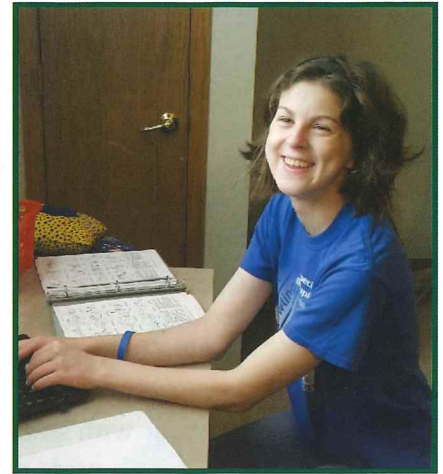
We identify valued social roles that reflect the person's choices and wants. Education and supports will be designed to develop image and competency enhancement.

We respect each individual by having high expectations.

- Are supports and educational opportunities in which he/she participates challenging, interesting and important?
- Are they meaningful to the person?
- Do they enhance image and competence?
- Is progress measured and are adjustments made as needed?
- What has been done to personalize education and supports?
- Is the person involved in decisions affecting his/her life?

We offer each person choices of opportunities and experiences that lead to a meaningful day.

- As an Employment First agency, Region V Services will continue to promote employment as the best means for a person to achieve a better quality of life. The person will determine the nature of employment; how, when, or whether they choose to work.
- A variety of living supports will be explored to enhance the choices of the individual across his/her lifespan.
- We recognize that both work and leisure/personal time are important contributors to self-esteem and how a person is perceived and valued by others.
- We encourage and facilitate natural supports.
- Emphasis will be on opportunities outside of segregated settings.



College Student



Home Owner



Board Member



Musician

Lessen Reliance on Agency Services

We emphasize natural supports.

We support people in the pursuit of meaningful lives which include relationships with family, friends, co-workers, etc.

Natural Supports are positive nonpaid meaningful relationships.

- Our mission commits us to “lessen reliance on agency services.” This can be accomplished when supports help people become more independent and interdependent. Positive relationships, family, friends, co-workers and acquaintances are an important part of a fulfilling life.
- We know it works.
- Long-term success on the job and at home is more likely to occur with strong relationships.
- A person’s pride and self-esteem are enhanced when he/she is more interdependent.
- All supports will be personalized with the organization in the role of supporter/facilitator.



Public Speaker

Definitions and Related Organizations



Teacher

Personal Outcomes — Personal outcomes are defined by the person, not the programs or program categories. The measure of success moves from how well the professionals and programs are doing to how well the individual is doing in those areas that are most important to him or her. We learn about personal outcomes only when we talk to the person and learn what is important to the person and why. Personal outcomes are not a measure of program efficiency or effectiveness.

Social Role Valorization — A framework for understanding that people are seen and judged by the social roles they occupy, realizing that people can learn the behaviors, duties and responsibilities of desired roles and offering methods for designing appropriate supports.

Sensory Processing — A process of determining whether behaviors are caused by sensory input and the development of plans to help alleviate the over/under stimulation. Region V Services will support and assist people in learning to independently incorporate their sensory plan into the natural flow of their day.

Related Organizations

AAIDD – American Association on Intellectual and Developmental Disabilities – A national Organization focusing on research, best practice, and professional networking.

ACP – Association of Community Professionals – A Nebraska training organization for people who are interested in the field of developmental disabilities.

APSE – Association of Persons in Supported Employment – A national organization with a Nebraska chapter supporting Employment First to facilitate the full inclusion of people with disabilities in the workplace and community.

Arc of Nebraska – An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.

CMS – Centers for Medicare and Medicaid Services – Federal agency that funds and regulates community supports.

DDD – Division of Developmental Disabilities – Division of DHSS devoted to specialized services for people with developmental disabilities.

DHHS – Department of Health and Human Services – State of Nebraska organization for human services.

DRN – Disability Rights Nebraska – A federally mandated advocacy organization.

NADSP – National Alliance for Direct Support Professionals – National organization for the professionalization of the field of developmental disabilities.

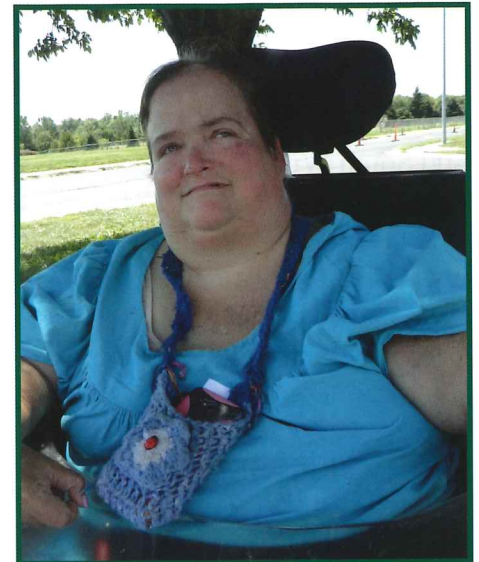
NASP – Nebraska Association of Service Providers – An association of certified providers and stakeholders committed to improving services in Nebraska.

Nebraska VR – Vocational Rehabilitation – State/Federal program to help people who experience disability to prepare for, find and/or keep a job.

People First – A self-advocacy organization for people with developmental disabilities that teaches members that they are the experts.



Parent



Consultant



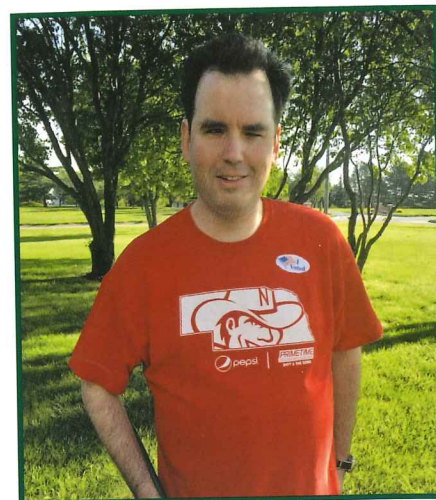
Hunter

Desired Education and Supports

For additional information on personal outcome measures contact:

The Council on Quality and Leadership in Supports for
People with Disabilities.

The Council
100 West Road, Suite 406
Towson, MD 21204
(410)583-0060
www.thecouncil.org



Voter

Promote Relationships within community

For additional information on Social Role Valorization contact:

Syracuse University Training Institute for Human Service Planning,
Leadership and Change Agency.
800 South Wilbur Avenue, Suite 3B1
Syracuse, New York 13204
(315)473-2978
www.socialrolevalorization.com



Artist

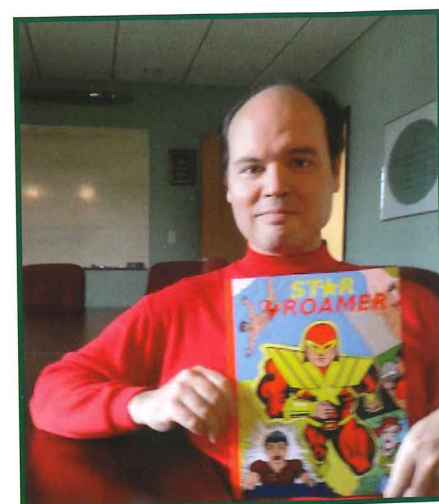
For additional information on Universal Enhancement contact:

Universal LifeStiles
8126 Wellsbrook Drive
Indianapolis, Indiana 46278
(317)871-2096
tpomer@aol.com
www.universallifestyles.com

Lessen Reliance on Agency Services

For more information on Region V Services, sensory processing,
or our mission contact:

Region V Services
1430 South Street, Suite 203
Lincoln, Nebraska 68502
(402) 471-6400
regvs1@ix.netcom.com
www.regionvservices.com



Author

Notes



3600 Union Drive | Lincoln, Nebraska 68516
402-741-6400 | regionvservices.com