

MINUTES
LANCASTER COUNTY BOARD OF COMMISSIONERS
COUNTY-CITY BUILDING, ROOM 112
TUESDAY, OCTOBER 31, 2017
9:00 A.M.

Advance public notice of the Board of Commissioners meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on October 27, 2017.

Commissioners present: Todd Wiltgen, Chair; Bill Avery, Vice Chair; Roma Amundson, Jennifer Brinkman and Deb Schorr

Others present: Kerry Eagan, Chief Administrative Officer; Ann Ames, Deputy Chief Administrative Officer; David Derbin, Deputy County Attorney; Dan Nolte, County Clerk; Cori Beattie, Deputy County Clerk; and Kelly Lundgren, County Clerk's Office

The Chair called the meeting to order at 9:00 a.m., the Pledge of Allegiance was recited and the location of the Nebraska Open Meetings Act was announced.

1) MINUTES:

A. Approval of the minutes of the Board of Commissioners meeting held on Tuesday, October 24, 2017.

MOTION: Avery moved and Brinkman seconded approval of the minutes. Avery, Brinkman, Amundson and Wiltgen voted yes. Schorr abstained. Motion carried 4-0 with one abstention.

2) CLAIMS:

A. Approval of all claims processed through October 31, 2017.

MOTION: Amundson moved and Avery seconded approval of the claims. Brinkman, Schorr, Amundson, Avery and Wiltgen voted yes. Motion carried 5-0.

3) SPECIAL PRESENTATION:

A. Regional Prevention Coalition Annual Presentation – Sandy Morrissey, Regional Prevention Coalition (RPC) Director.

Sandy Morrissey, Regional Prevention Coalition Director, and Teri Vosicky, Lancaster Prevention Coalition Coordinator, provided information regarding the Regional Prevention Coalition (Exhibit A).

Vosicky discussed the goals and strategies for addressing underage drinking in Lancaster County. These are evidence based strategies and programming as required for federal aid grants. She highlighted the TalkAboutAlcohol.org site (Exhibit B). Vosicky said the media program gives parents tools to address the issue of underage drinking with their teens. She stated a new strategy Communities Mobilizing for Change on Alcohol (CMCA) reduces youth alcohol access by changing community policies and practices.

Morrissey discussed the Nebraska Risk and Protective Factors Student Survey for Lancaster County which shows a decrease in alcohol, smoking, and binge drinking, however there is an increase in prescription drug use, electronic vapor and marijuana. She said on a federal level there is an increased concern regarding mental health. Morrissey stated her team is focusing on suicide prevention and raising public awareness as Nebraska is in the top 10 in the nation for youth suicide. She said they are working with Local Outreach to Suicide Survivors (LOSS), Lincoln Public Schools and reaching out to rural schools.

Wiltgen asked how the Coalition is addressing the growing opioid addiction problem. Morrissey said there is funding coming into the region to address prevention. She added that the two areas of concern are Lancaster County and the lower southeast portion of the region. Morrissey noted that med boxes are available to southeast area residents who want to return unused prescriptions.

Amundson inquired if research has been done on why Nebraska ranks so high in youth suicides. Morrissey stated it is difficult as there are so many different issues.

4) NEW BUSINESS:

- A. Resolution in the matter of adopting procedures and standards for administrating liquor license applications, including renewals and special designated licenses (SDLs), in Lancaster County, Nebraska. (R-17-0082)**

MOTION: Schorr moved and Amundson seconded approval of the resolution. Schorr, Amundson, Avery, Brinkman and Wiltgen voted yes. Motion carried 5-0.

- B. Resolution in the matter of striking uncollectible property tax from the tax list. (R-17-0083)**

MOTION: Amundson moved and Brinkman seconded approval of the resolution. Amundson, Avery, Brinkman, Schorr and Wiltgen voted yes. Motion carried 5-0.

- C. Engagement letter from Baylor Evnen to provide professional legal services to Lancaster County.**

MOTION: Schorr moved and Amundson seconded approval of the engagement letter. Amundson, Schorr, Brinkman, Avery and Wiltgen voted yes. Motion carried 5-0.

- D. Mini-grant contract application and award with the Nebraska Office of Highway Safety to pay overtime in the amount of \$5,599 for the "You Drink and Drive. You Lose." crackdown. (C-17-0848)**

MOTION: Amundson moved and Brinkman seconded approval of the application and grant award. Schorr, Brinkman, Avery, Amundson and Wiltgen voted yes. Motion carried 5-0.

- E. Mini-grant contract application and award with the Nebraska Office of Highway Safety to pay overtime in the amount of \$5,090 for the "Click It or Ticket" mobilization. (C-17-0849)**

MOTION: Brinkman moved and Avery seconded approval of the application and grant award. Brinkman, Avery, Amundson, Schorr and Wiltgen voted yes. Motion carried 5-0.

- F. Amendment to County Contract C-11-0164 with Clean and Sober Living for sober living units. The amendment renews the lease agreements for an additional one-year term from July 1, 2017 through June 30, 2018. (C-17-0850)**

Kim Etherton, Community Corrections Director, said the contract provides for temporary housing. Schorr inquired if there was a waiting list for the units. Etherton said people generally move through pretty quickly. In response to Amundson's question, Etherton stated there are eight units.

MOTION: Schorr moved and Amundson seconded approval of the amendment. Avery, Amundson, Schorr, Brinkman and Wiltgen voted yes. Motion carried 5-0.

- G. Standardized System of Annual Reporting (SSAR) Certification for roads, streets and highway programs for fiscal year ending June 30, 2017.**

Pam Dingman, County Engineer, stated that this report is required for federal highway dollars.

In response to Brinkman's inquiry regarding the line item listed as donations, Dingman explained that many times right-of-way is donated by property owners. She said this is very much appreciated as it is a cost savings to the County.

MOTION: Schorr moved and Amundson seconded approval of the certification. Amundson, Brinkman, Avery, Schorr and Wiltgen voted yes. Motion carried 5-0.

- H. Recommendation from the Purchasing Department and the Selection Committee to award a contract to Midwest Office Automations for cost-per-copy services (Bid No. 17-199). The total estimated cost to the County for the initial four-year term is \$569,274. (B-17-0199)**

Bob Walla, Purchasing Agent, noted the original proposal was rejected by two vendors. As it was still within the time period, the pricing and proposal were reviewed. He said revised cost proposals were resubmitted to the vendors which resulted in the recommendation before the Board today. Walla explained the main difference between the two proposals was elimination of the straight cost-per-copy program and the requirement of minimums. It was noted the minimums in place are at a rate that is below the current use with a 300,000 copy per month cushion and the vendor will direct bill departments.

MOTION: Brinkman moved and Schorr seconded approval of the recommendation. Avery, Schorr, Brinkman, Amundson and Wiltgen voted yes. Motion carried 5-0.

- I. Recommendation from the Purchasing Department and County Corrections to award a contract to Sioux Sales Company and Ray O'Herron Co., Inc., for the annual supply of corrections uniform accessories (Bid No. 17-162 and Quote 5708). The estimated four-year term amount for Bid No. 17-162 is \$23,000 and the estimated four-year term amount for Quote 5708 is \$27,500 for a combined estimated total of \$50,500. (B-17-0162)**

MOTION: Amundson moved and Schorr seconded approval of the recommendation. Brinkman, Amundson, Schorr, Avery and Wiltgen voted yes. Motion carried 5-0.

J. Contracts with the following to provide the annual supply of sheriff uniform clothing and accessories (Bid No. 17-233). Terms of the contracts are one year from the date of execution.

- 1. Ryders Public Safety, in an amount not to exceed \$26,000. (C-17-0843)**
- 2. Don's Pioneer Uniforms, in an amount not to exceed \$8,500. (C-17-0844)**
- 3. Bob Barker Company, Inc., in an amount not to exceed \$1,500. (C-17-0845)**

MOTION: Brinkman moved and Amundson seconded approval of the contracts. Schorr, Avery, Amundson, Brinkman and Wiltgen voted yes. Motion carried 5-0.

K. Amendment to County Contract C-16-0240 with Jim Peterson Auction services to dispose of unclaimed/abandoned property (Bid No. 13-091). The amendment extends the contract from December 1, 2017 through February 28, 2018. The cost to the County is not to exceed \$4,500. (C-17-0835)

MOTION: Amundson moved and Avery seconded approval of the amendment. Avery, Brinkman, Schorr, Amundson and Wiltgen voted yes. Motion carried 5-0.

L. Amendments to the following contracts for the annual requirements of pumping, hauling and disposal services for liquid waste products (Bid No. 13-173). The amendments extend the contracts from November 3, 2017 through February 2, 2018.

- 1. County Contract C-17-0705 with A 1st Rate Pumping Service, Inc., in an amount not to exceed \$1,500. (C-17-0836)**
- 2. County Contract C-17-0706 with Tan-Aire, Inc., in amount not to exceed \$500. (C-17-0837)**

MOTION: Amundson moved and Avery seconded approval of the amendments. Brinkman, Schorr, Amundson, Avery and Wiltgen voted yes. Motion carried 5-0.

M. Amendments to the following contracts for the annual requirements of asphaltic concrete (Bid No. 15-186). The amendments renew the contracts from November 2, 2017 through November 1, 2018. The amount is not to exceed \$25,000 for all contracts.

- 1. County Contract C-15-0545 with Cather & Son's Construction, Inc. (C-17-0838)**
- 2. County Contract C-15-0456 with Constructors, Inc. (C-17-0839)**
- 3. County Contract C-15-0544 with Pavers, Inc. (C-17-0840)**

MOTION: Amundson moved and Schorr seconded approval of the amendments. Schorr, Amundson, Avery, Brinkman and Wiltgen voted yes. Motion carried 5-0.

- N. Amendment to County Contract C-15-0111 with W.W. Grainger, Inc., using the NJPA RFP No. 091214 for facilities maintenance, repair and operating supplies. The amendment renews the contract from October 22, 2017 through October 21, 2018. The cost to the County is not to exceed \$25,000. (C-17-0842)**

MOTION: Brinkman moved and Amundson seconded approval of the amendment. Amundson, Avery, Brinkman, Schorr and Wiltgen voted yes. Motion carried 5-0.

- O. Amendment to County Contract C-14-0399 with Truck Center Companies for the annual requirements of construction and landfill equipment repair (Bid No. 14-160). The cost to the County will not increase due to a price increase from \$115 to \$119 per hour. (C-17-0847)**

MOTION: Schorr moved and Brinkman seconded approval of the amendment. Avery, Brinkman, Schorr, Amundson and Wiltgen voted yes. Motion carried 5-0.

- P. Grant contract with Families Inspiring Families in the amount of \$15,000 for the Parent Support Liaison program. The contract is funded by Juvenile Justice Prevention Funds for the period of July 1, 2017 through June 30, 2018. (C-17-0841)**

Sara Hoyle, Human Services Director, said the contract funds the family advocate for youth detention services.

MOTION: Schorr moved and Amundson seconded approval of the grant contract. Brinkman, Schorr, Amundson, Avery and Wiltgen voted yes. Motion carried 5-0.

- Q. Amendment to County Contract C-13-0471 with CenterPoint Energy Services for the annual supply of natural gas (Bid No. 13-239). The amendment renews the contract from November 1, 2017 through October 31, 2019. The cost to the County is not to exceed \$40,000. (C-17-0857)**

MOTION: Amundson moved and Avery seconded approval of the amendment. Schorr, Amundson, Avery, Brinkman and Wiltgen voted yes. Motion carried 5-0.

- 5) CONSENT ITEMS:** These are routine business items that are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:

- A. Receive and place on the file the following reports:**

- 1. County Sheriff - September, 2017**
- 2. County Treasurer Report of 2016 Distress Warrants**

- B. Right-of-way contracts between Lancaster County and the following:**
- 1. Francke Farms, Inc., County Culvert CP-J-223, South 176th Street and A Street (Tract 1), in the amount of \$559. (C-17-0851)**
 - 2. William W. Waddell, II, Trustee and Living Trust, County Culvert CP-J-223, South 176th Street and A Street (Tract 2), in the amount of \$703. (C-17-0852)**
 - 3. R. Thomas Zumpfe, County Culvert CP-J-223, South 176th Street and A Street (Tract 3), in the amount of \$343. (C-17-0853)**
- C. Utility Permit No. 1613 allowing Zito Midwest, LLC to install underground fiber optic cable from Northwest 140th Street and West Waverly Road to Northwest 126th Street and West Ashland Road. There is no cost to the County. (C-17-0846)**

MOTION: Amundson moved and Schorr seconded approval of the consent items. Amundson, Avery, Brinkman, Schorr and Wiltgen voted yes. Motion carried 5-0.

- 6) PUBLIC COMMENT:** Those wishing to speak on items relating to County business not on the agenda may do so at this time.

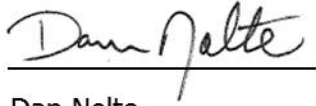
No one appeared for public comment.

7) ANNOUNCEMENTS:

- D. The Lancaster County Board of Commissioners will hold a staff meeting on Thursday, November 2, 2017 at 8:30 a.m., in the Bill Luxford Studio (Room 113) of the County-City Building (555 S. 10th Street, Lincoln).**
- E. The Lancaster County Board of Commissioners will hold their next regular meeting on Tuesday, November 7, 2017 at 9:00 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln).**
- F. The Lancaster County Board of Commissioners will hold a public hearing on the One and Six-Year Road and Bridge Improvement Program on Tuesday, November 7, 2017 at 7:00 p.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln).**
- G. The County Commissioners can be reached at 402-441-7447 or commish@lancaster.ne.gov.**
- H. The Lancaster County Board of Commissioners meeting is broadcast live on LNKTv City. For the rebroadcast schedule visit lincoln.ne.gov (keyword: LNKTv). Meetings are also streamed live on LNKTv and can be viewed on YouTube (LNKTvcity).**

8) ADJOURNMENT

MOTION: Schorr moved and Amundson seconded to adjourn the Lancaster County Board of Commissioners meeting at 9:51 a.m. Amundson, Schorr, Brinkman, Avery and Wiltgen voted yes. Motion carried 5-0.



Dan Nolte
Lancaster County Clerk



Region V Systems 2017-2018 Prevention Block Grant

Contracting Entity	Purpose	Contract Period	Annual Monetary Value	Reviewed By
Saunders County/Mead Community Group	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$8,228	Prevention Team Management
Gage County Community Coalition	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$6,955	Prevention Team Management
Jefferson County Community Coalition	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$7,330	Prevention Team Management
Johnson County Community Coalition	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$6,955	Prevention Team Management
Lancaster County Substance Abuse Action Coalition	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$48,150	Prevention Team Management
Nemaha Against Drug and Alcohol Abuse	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$6,955	Prevention Team Management
Otoe County Subst Abuse Prevention Coalition	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$8,025	Prevention Team Management
Polk Substance Abuse Coalition	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$9,496	Prevention Team Management
Saline County Prevention Coalition	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$10,695	Prevention Team Management
Seward County Bridges	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$6,955	Prevention Team Management
Thayer County Prevention Coalition	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$6,955	Prevention Team Management
York County Drug Task Force	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$9,202	Prevention Team Management
Regional Coalition -multi-county strategies for all 16 counties	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$92,324	Prevention Team Management
Fillmore County	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$6,179	Prevention Team Management
Butler Believes in Youth	Prevention Federal Block Grant	July 1, 2017 - June 30, 2018	\$9,363	Prevention Team Management

Region V Systems 2017-2018 Prevention Block Grant

Region V Systems Youth Action Board
2017-2018

Event: YAB Meeting Date: _____ Time: _____ Location: Region V Office

PLEASE PUT YOUR INITIALS IN YOUR NAME BOX IF YOU ARE PRESENT FOR THIS MEETING.

NAME	COUNTY	CONTACT INFORMATION	EMAIL
Alex Flynn (12)	Richardson	720 Riley Avenue Dawson, NE 68337 402-855-2725 – H 402-245-8141 - C	aflynn121599@gmail.com alexflynn@htrstitans.org
Allison Daro (11)	Butler	990 N 10 th Street David City, NE 68632 402-954-0219-C	Dcl9daroa@dcscouts.org
Anastasia Popham (11)	Richardson	703 Nemaha Street Dawson, NE 68337 402-855-6065-H 402-855-6063-C	anastasiapopham@htrstitans.org
Braden Kern (12)	Saunders	132 S. 30 th Street Ashland, NE 68003 402-944-6008 – H 402-431-3693	Braden2000@hotmail.com
Calli Carlson (10)	Polk	13395 Q Road Osceola, NE 68651 402-366-0808-H 402-764-0671-C	ccarlson@osceola.esu7.org rlcerny@hotmail.com
Camille Frey (11)	Pawnee	831 G Street Pawnee City, NE 68420 402-852-4036-H 402-862-7920-C	camillefrey@htrstitans.org
Claire Hookstra (10)	Gage	505 N 12 th Street Wymore, NE 68466 402-239-5391 (mom) 402-239-8321-C	claire.hookstra@southernschools.org
Courtney Rumbaugh (9)	Richardson	2602 Barada Street Falls City, NE 402-245-0262-H 402-245-0174-C	Courtney.rumbaugh@fallscityps.org
Elias Dallmann (11)	York	1352 Harre Lane York, NE 68467 402-710-0738	emdallmann@gmail.com
Esmie Williams (9)	Saunders	12911 205 th Street Greenwood, NE 68366 360-454-8666-C	Esmie.williams@agps.org
Faith Fellows (9)	Polk	1217 124 th Rd Stromsburg, NE 68666 402-764-8283-H 402-745-0592-C	Faiher808@hotmail.com
Grace Sinsel (11)	York	205 S Delaware York, NE 68467 402-362-2818-H 402-710-1761-C	Sinsel.grace19@yorkdukes.org
Grant Snyder (12)	Jefferson	1002 6 th Street Fairbury, NE 68352 402-587-0503-H 402-587-0519-C	snyder1grant@gmail.com grant.snyder@fairburyjeff.org

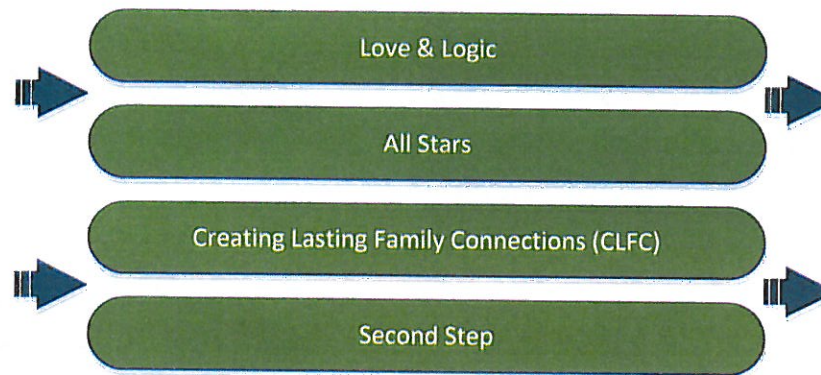
Haley Pena Lopez (12)	Thayer	104 East 7 Street Davenport, NE 68335 402-364-2235 – H 402-364-3337 - C	hpenalopez@bdstorm.org haleypenalopez18@gmail.com
Hannah Swanda (12)	Johnson	407 North 4 th Street Tecumseh, NE 68450 402-921-0149 - C	hannah.swanda@jccentral.org hannahSwanda2000@gmail.com
Jaden Siegle (12)	Thayer	317 Crestview Dr Deshler, NE 68340 502-365-4100-H 402-469-5207-C	jadensiegle@gmail.com
Joshua Barker (10)	Nemaha	1710 U Street Auburn, NE 68305 402-274-3824 402-414-2603-C	jwb.nebr@gmail.com
Kaillyn Phinney (11)	York	4 Country Club Terrace York, NE 68467 402-362-2689 – H 402-984-4872 C	kbphinney@gmail.com
Konner Kiesel (10)	Saline	1000 West 8 th Street Wilber, NE 68465 402-821-3037-H 402-821-7037-C	konnerLg@gmail.com
Leo Ortiz (12)	Lancaster	2510 N 4 th Street Lincoln, NE 68521 402-560-7930-H 402-518-4042-C	leonelortizlhs@gmail.com
Maggie Harris (11)	Thayer	6330 Rd S Belvidere, NE 68315 402-768-6396 402-768-1113-C	maggie.harris@thayercentral.net
Matteo Antunez (12)	Otoe	887 Poplar St Syracuse, NE 68446 402-269-5985-C	antunezmatteo@gmail.com
Peyton Davis-Schmit (10)	Seward	1320 Augusta Drive Seward, NE 68434 402-875-0107-C04	peyton.davisschmit@sewardschools.org
Ryan Poppert (11)	Fillmore	1719 H Street Geneva, NE 68361 402-759-2342—C	ryan.poppert@fillmorecentral.org
Shelby Decker(11)	Gage	310 N 6 th Street Wymore, NE 68466 402-806-9643 – C	shelby.decker.2019@gmail.com
Sandy Morrissey	Region V Systems	1645 N Street Lincoln, NE 68508 402-441-4368 – W 402-483-5315 – C	smorrissey@region5systems.net
Scott Stemper	Region V Systems	402-441-4346 – W 402-621-0142 – C	sstemper@region5systems.net
Rose Hood Buss	Region V Systems	402-441-4367 – W 402- 430-3289 - C	rhoodbuss@region5systems.net

Underage Drinking in Lancaster County

Increase family communication around underage drinking

Reduce alcohol-related risks among 12-20 year olds

Increase the use of culturally and linguistically appropriate evidence-based and promising prevention programs for youth and families through multiple outlets.



Increase protective factors in youth and young adults for prosocial involvement

Increase positive school climate, bonding and engagement

Increase youth and young adult knowledge and beliefs about alcohol

Increase the number of interventions reported by health care providers.

Increase use of community services

Decreased risk factors related to poor family management

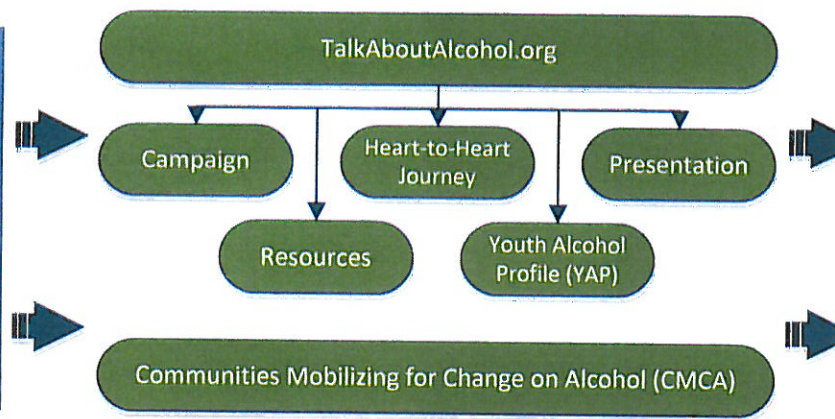
Decrease onset and frequency of youth alcohol use

Increase parent knowledge and beliefs about alcohol

Increase the number of youth and young adults who call for medical assistance for acutely intoxicated

Increase the number of youth and young adults who report intervening in high-risk situations

Increase favorable attitudes and positive social norms towards reduction of underage drinking and interventions in high-risk situations among self, families, peers and communities.



Strategies and Tools

Love & Logic

All Stars

Creating Lasting Family Connections (CLFC)

Second Step

TalkAboutAlcohol.org

Campaign

Heart-to-Heart Journey

Presentation

Resources

Youth Alcohol Profile (YAP)

Communities Mobilizing for Change on Alcohol (CMCA)

40
Developmental Assets

Power of Parents

Good Samaritan Policy
Awareness

Social Norming Campaigns

Prom Cards

Bystander Intervention

Safe Homes

Alternative Activities

Police/Sheriff Letters to
Parents

Acute Alcohol Intoxication
Education

2012 to 2016 Nebraska Risk and Protective Factors Student Survey Comparisons Lancaster (n=28,710)

The Nebraska Risk and Protective Factor Student Survey is a biennial survey of students in grades 8, 10, and 12. The survey is designed to assess adolescent substance use, antisocial behavior, and many of the risk and protective factors that predict adolescent problem behaviors. The Nebraska survey is adapted from national, scientifically validated survey and contains information on the risk and protective factors that are 1) locally actionable, 2) can not be obtained through any other source, and 3) are more highly correlated with substance abuse.

30 - Day Use Rates

	Grade 8			Grade 10			Grade 12		
	2012	2014	2016	2012	2014	2016	2012	2014	2016
Alcohol									
Local	6.4%	3.0%	7.0%	16.5%	9.5%	13.6%	32.4%	27.2%	26.9%
Regional	5.1%	3.9%	5.9%	16.7%	12.5%	19.8%	31.3%	26.8%	29.1%
State	6.3%	4.4%	7.3%	18.4%	15.9%	20.0%	31.4%	29.6%	34.4%
Binge Drinking									
Local	2.1%	1.1%	0.5%	19.2%	5.9%	4.0%	22.1%	18.1%	9.7%
Regional	1.9%	1.8%	0.8%	9.9%	8.1%	7.6%	22.6%	18.8%	14.7%
State	2.8%	2.2%	1.0%	11.3%	9.5%	6.9%	21.7%	21.2%	16.1%
Cigarettes									
Local	2.2%	2.3%	1.6%	7.9%	6.0%	4.2%	15.0%	12.6%	7.7%
Regional	2.3%	2.6%	1.9%	8.5%	6.6%	5.9%	19.4%	15.1%	10.1%
State	3.3%	2.9%	2.3%	9.3%	7.6%	6.7%	18.8%	15.8%	11.9%
Marijuana									
Local	1.8%	2.2%	3.0%	12.1%	9.4%	6.7%	13.2%	18.7%	14.3%
Regional	1.1%	1.9%	2.3%	8.7%	6.8%	8.8%	10.4%	14.1%	13.8%
State	2.3%	2.3%	2.8%	8.6%	7.6%	8.8%	11.7%	12.7%	15.7%
Prescription Drugs									
Local	0.6%	0.7%	0.3%	3.5%	3.1%	2.3%	4.0%	4.3%	5.6%
Regional	0.6%	0.5%	0.4%	2.1%	2.2%	2.8%	3.4%	3.8%	3.3%
State	0.7%	0.6%	0.5%	2.4%	2.2%	2.6%	3.8%	3.3%	3.4%
Electronic Vapor Use									
Local	xx	xx	5.5%	xx	xx	7.5%	xx	xx	16.4%
Regional	xx	xx	5.3%	xx	xx	10.4%	xx	xx	17.2%
State	xx	xx	6.0%	xx	xx	12.3%	xx	xx	18.7%

To see full report and other information about the Lancaster Prevention Coalition, please visit
www.talkaboutalcohol.org/county/lancaster

2012 to 2016 Nebraska Risk and Protective Factors Student Survey Comparisons (Lancaster)

Past 30 Day Alcohol-Impaired

	Grade 8			Grade 10			Grade 12		
	2012	2014	2016	2012	2014	2016	2012	2014	2016
Drove vehicle when they had been drinking									
Local	0.4%	0.4%	0.4%	2.4%	1.7%	1.3%	13.5%	4.4%	5.1%
Regional	0.6%	0.4%	0.5%	2.7%	1.7%	2.0%	10.0%	7.5%	5.4%
State	0.7%	0.4%	1.0%	2.7%	1.8%	2.1%	9.8%	8.0%	6.4%
Rode in vehicle driven by someone who had been drinking									
Local	15.2%	10.4%	11.8%	17.8%	12.9%	8.8%	14.2%	10.1%	10.0%
Regional	17.0%	12.5%	13.1%	20.3%	15.5%	14.3%	21.9%	14.8%	13.1%
State	19.7%	13.3%	14.0%	19.8%	15.7%	12.4%	20.7%	15.9%	13.3%

Past 30 Day Sources of Alcohol

	Grade 8			Grade 10			Grade 12		
	2012	2014	2016	2012	2014	2016	2012	2014	2016
Bought it in liquor store, gas station or grocery stores	xx	0.0%	0.0%	xx	1.7%	5.9%	xx	2.5%	2.7%
Got it at a party	34.1%	15.2%	19.8%	61.0%	35.9%	44.8%	72.3%	62.8%	64.0%
Gave someone money to buy it for me	11.6%	5.8%	2.3%	29.7%	15.4%	19.1%	47.5%	39.0%	29.1%
Got it from a parent	15.6%	7.2%	11.6%	21.1%	13.7%	14.7%	9.1%	9.1%	15.5%
Other family member gave or bought it for me	22.2%	8.7%	11.4%	27.6%	17.2%	9.0%	23.0%	12.3%	10.0%
Took it from home without parents permission	21.2%	16.4%	23.9%	45.5%	26.3%	40.0%	3.8%	18.4%	16.4%
Got it or took it from friends house	xx	xx	18.2%	xx	xx	33.8%	xx	xx	23.4%

To see full report and other information about the Lancaster Prevention Coalition, please visit www.talkaboutalcohol.org/county/lancaster

2012 to 2016 Nebraska Risk and Protective Factors Student Survey Comparisons (Lancaster)

Past 30 Day Substance Use Perceived vs. Actual	2016		Grade 8	Grade 10	Grade 12
	Drank Alcohol	Perceived	8.7%	23.9%	38.4%
		Actual	7.0%	13.6%	26.9%
	Smoked Cigarettes	Perceived	8.0%	18.2%	22.0%
		Actual	1.6%	4.2%	7.7%
	Smoked Marijuana	Perceived	10.3%	21.6%	30.5%
Actual		3.0%	6.7%	14.3%	

Attitudes Towards Substance Use Perception of wrong or very wrong	2016		Grade 8	Grade 10	Grade 12
	Have 1 or 2 drinks of alcohol nearly every day	Themselves	87.5%*	80.6%*	61.6%*
		Peers	87.9%	79.1%	62.2%
		Parents	96.8%	96.2%	91.3%
	Smoke marijuana	Themselves	87.7%	78.0%	67.6%
		Peers	84.5%	73.6%	61.5%
		Parents	94.4%	95.4%	89.3%
	Misuse prescription drugs	Themselves	95.1%	92.1%	91.8%
		Peers	94.5%	89.1%	80.8%
Parents		97.9%	98.5%	97.1%	

*Question asked—drink alcohol once or twice per month

2012 to 2016 Nebraska Risk and Protective Factors Student Survey Comparisons (Lancaster)

Anxiety, Depression, and Suicide in past 12 months

2016	Grade 8	Grade 10	Grade 12
Lost sleep			
Local	13.2%	19.3%	12.7%
Regional	15.4%	19.0%	16.9%
State	16.1%	19.5%	18.9%
Depressed			
Local	26.6%	32.9%	30.7%
Regional	27.1%	34.0%	31.5%
State	28.4%	33.9%	33.5%
Inflicted self-harm			
Local	13.4%	12.6%	8.2%
Regional	13.1%	14.5%	10.5%
State	12.2%	14.3%	11.3%
Considered attempting suicide			
Local	13.3%	14.7%	14.9%
Regional	14.6%	16.8%	14.7%
State	13.9%	17.3%	14.8%
Attempted suicide			
Local	4.5%	3.5%	3.9%
Regional	3.9%	4.8%	4.0%
State	3.6%	4.6%	3.6%

2012 to 2016 Nebraska Risk and Protective Factors Student Survey Comparisons (Lancaster)

Experiences with Family

	Grade 8			Grade 10			Grade 12		
	2012	2014	2016	2012	2014	2016	2012	2014	2016
Parents know where I am	93.8%	94.1%	92.9%	91.1%	91.1%	91.0%	85.7%	86.6%	86.4%
Clear substance use rules	93.9%	94.4%	91.6%	90.9%	91.9%	91.8%	87.7%	88.4%	88.2%
Help for personal problems	83.9%	83.7%	86.6%	79.2%	77.1%	84.5%	80.9%	81.5%	85.2%
Ask about homework	90.5%	91.4%	87.0%	81.3%	84.1%	85.4%	76.5%	74.6%	80.7%
Important to be honest with parents	91.3%	91.5%	89.8%	88.5%	85.5%	86.5%	85.1%	83.7%	86.2%
Discussed dangers of alcohol	52.4%	54.6%	42.4%	47.8%	46.1%	37.8%	47.8%	49.3%	38.2%

Experiences in Community

	Grade 8			Grade 10			Grade 12		
	2012	2014	2016	2012	2014	2016	2012	2014	2016
Hard to buy alcohol from store	90.9%	89.6%	89.9%	84.8%	86.5%	86.8%	82.0%	85.2%	81.5%
Caught by police if drinking	56.0%	54.1%	60.2%	38.8%	36.4%	50.5%	27.0%	27.2%	37.5%
Caught by police if drinking and driving	79.7%	78.7%	82.0%	67.4%	71.0%	76.4%	67.7%	68.5%	72.6%
Caught by police if smoking marijuana	66.3%	65.9%	71.2%	46.4%	45.3%	58.4%	35.7%	32.5%	41.2%
Adults I can talk to	69.8%	69.0%	63.6%	58.1%	58.6%	59.1%	58.7%	56.9%	54.4%

2012 to 2016 Nebraska Risk and Protective Factors Student Survey Comparisons (Lancaster)

- More youth reported alcohol is easy to obtain, compared to cigarettes, marijuana, prescription drugs (for non medical use) and other drugs. Cigarettes being second and Marijuana being third highest perception of access.
- Among the youth that reported obtaining prescription drugs during the past 30 days, majority of 8th graders took them from home without their parents knowledge, majority of 10th graders took them from home without their parents knowledge or someone gave them to them and the majority of 12th graders bought them.
- An alarming 86% of 12th graders in Lancaster County think that trying marijuana once or twice is not putting themselves at great risk.
- Type of drink usually consumed by youth who drank in the past 30 days is liquor, second usual drink being beer.
- Majority of youth stated they would go to their parent or caregiver if they had a drug or alcohol problem and needed help, friends being the next popular choice. Although, majority of all 8th, 10th and 12th graders reported going to parent/caregiver, it declines as they age and friends inclines.
- Majority of 8th graders stated they would go to their parent or caregiver if they were depressed or felt suicidal, friends being the next popular choice. Majority of 10th and 12th graders reported they would go to their friends if they were depressed or felt suicidal, parent or caregiver being the next popular choice. Again, going to a parent or caregiver as the popular choice declines with age while going to friends inclines.
- An alarming 18% stated they wouldn't go to anyone if they were depressed or felt suicidal.
- 70% of youth reported seeing or hearing an anti-alcohol/anti drug message during the past 12 months.

cnsistency

The parenting style that works.



It's time for a heart-to-heart.

If you're a parent of a teen, you know there's a conversation you need to have about alcohol use. But how do you get started? Is there anything a parent can do that makes any real impact on teen drinking? There is. It's a parenting style that has been shown to reduce risky behaviors in teens, including binge drinking. Some call it authoritative parenting. We like to call it heart-to-heart parenting. Throughout this brochure, you'll find resources to learn and implement the parenting style that works.



Let's talk about alcohol, Nebraska.

According to the Nebraska Department of Health and Human Services (NDHHS), from 2007 to 2011, the prevalence of underage drinking among Nebraska youth rose 6% while the national rate fell 6%. Fortunately, recent findings suggest underage drinking among Nebraska youth is reflecting the national average. However, a problem still exists.

For example, according to a 2014 survey coordinated by the Nebraska Department of Education (NDE) and NDHHS, 60% of Nebraska high school seniors reported drinking alcohol in their lifetime, and 30% admitted to drinking alcohol within the past 30 days. Furthermore, 69% of respondents state it's easy for them to illegally obtain alcohol.

Even more troubling, when asked, 16% of Nebraska high school seniors admitted to riding in a vehicle driven by someone who had been drinking within the past 30 days - this, despite the fact that 96% of those high school seniors agreed that driving after drinking alcohol is wrong.

Parenting with a heart.

For nearly 30 years, psychologists have agreed on four major styles of parenting—authoritative, permissive, authoritarian and uninvolved. Of the four, only one has been shown to reduce teen drinking and other risky behaviors. Authoritative parenting, or heart-to-heart parenting as we like to call it, is based on setting clear expectations, clear boundaries and consistent consequences, but always from a standpoint of warmth, listening and love.



Warmth



Communication



Control



Expectations



Authoritative

The authoritative parenting style, or as we call it, the heart-to-heart style, can be best described as “demanding and responsive.” Employing a child-centered approach, authoritative parents encourage their teen’s independence while at the same time teaching them responsibility. Authoritative parents show high levels of warmth, encourage frequent and honest two-way communication, exercise control and fair discipline, and set clear expectations. Teens raised with the heart-to-heart parenting style are least likely to participate in heavy drinking.



Permissive

Sometimes referred to as indulgent or lenient parenting, the permissive parenting style can be best described as “responsive, but undemanding.” Utilizing a friend-first approach, permissive parents avoid confrontation, allow immature behavior and make few, if any, demands upon their children. As a result, this parenting style is often characterized by low expectations and little discipline. Teens raised with the permissive parenting style are 3x more likely to participate in heavy drinking.



Authoritarian

Sometimes referred to as strict parenting, the authoritarian parenting style can be best described as “demanding, but unresponsive.” Obedience-oriented, authoritarian parents have high expectations for their children and set very strict rules that they believe their children should accept—without question. This parenting style is often characterized by harsh, punitive parenting methods. Teens raised with the authoritarian parenting style are 2x more likely to participate in heavy drinking.



Uninvolved

Sometimes referred to as neglectful, detached or hands-off parenting, the uninvolved parenting style can be best described as “unresponsive and undemanding.” Uninvolved parents have little emotional involvement with their children. In fact, aside from providing basic needs like food and shelter, uninvolved parents are mostly absent from their children’s lives. This parenting style is characterized by an overall lack of love and supervision. Teens raised by uninvolved parents are 4x more likely to participate in heavy drinking.

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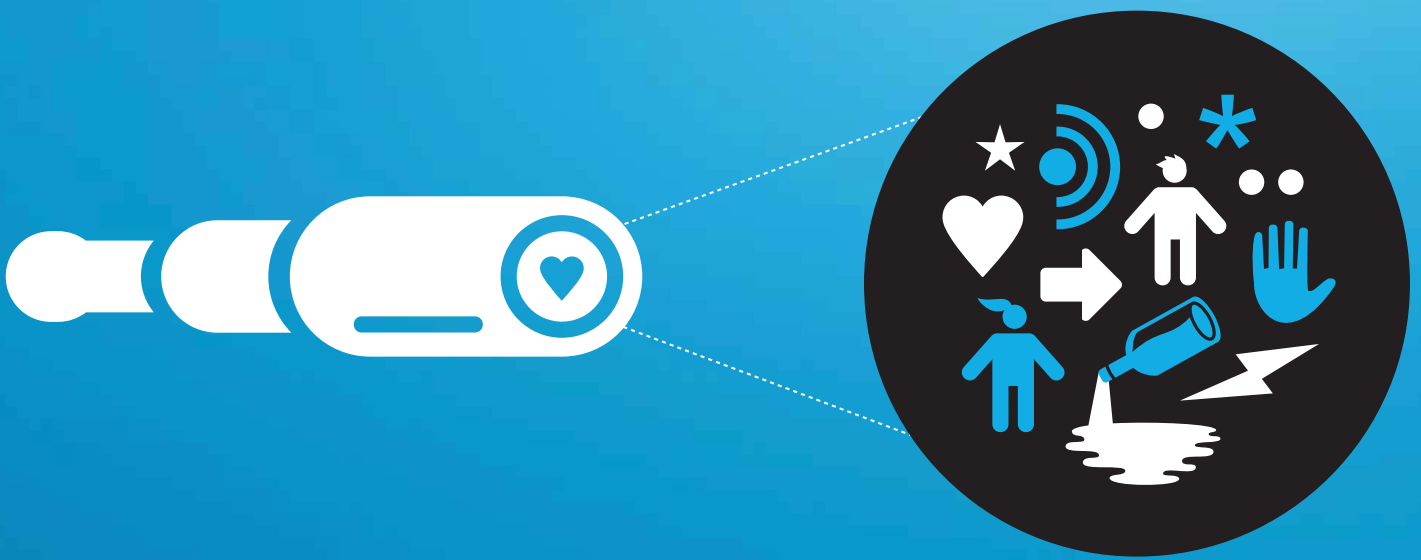
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Spotlight on heart-to-heart parenting.

The results are in. Countless studies have shown that teens raised with the heart-to-heart parenting style are less likely to engage in risky behaviors, including binge drinking, and more likely to live happier, healthier lives.



Discover the heart-to-heart style at TalkAboutAlcohol.org

Did you know that teens raised with the heart-to-heart parenting style are more likely to have non-drinking friends than teens whose parents utilize one of the three other parenting styles? Or that teens raised by authoritative parents are least likely to participate in risky behaviors, including binge drinking—even if their friends do drink?

To learn more about these, and other encouraging truths about heart-to-heart parenting, visit TalkAboutAlcohol.org. While you're there, be sure to take part in the Heart-to-Heart Journey, a quick, interactive module featuring some real-world scenarios that highlight the heart-to-heart style.



The heart of the matter.

It's time to face the hard facts, Nebraska: Teen drinking is not everybody else's problem—it's our problem. But we can solve it.

Visit TalkAboutAlcohol.org or call 402.441.3807 to learn how you can help your teen resist underage drinking and other risky behaviors. Plus, find out how you can get involved with local community groups and leaders fighting to stop teen drinking in Nebraska and beyond, once and for all.

Lancaster Partnership for Success *References*

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