

MINUTES
LANCASTER COUNTY BOARD OF COMMISSIONERS
TUESDAY, JUNE 18, 2013
COMMISSIONERS HEARING ROOM, ROOM 112
FIRST FLOOR, COUNTY-CITY BUILDING
10:30 A.M.

Advance public notice of the Board of Commissioners meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on June 14, 2013.

Commissioners present: Larry Hudkins, Chair
Brent Smoyer, Vice Chair
Roma Amundson
Jane Raybould
Deb Schorr

Others present: Kerry Eagan, Chief Administrative Officer
Gwen Thorpe, Deputy Chief Administrative Officer
John Watson, Deputy County Attorney
Dan Nolte, County Clerk
Cori Beattie, Deputy County Clerk
Angela Zocholl, County Clerk's Office

The location announcement of the Nebraska Open Meetings Act was given and the meeting was called to order at 10:30 a.m.

1) **MINUTES: Approval of the minutes of the Board of Commissioners meeting held on Tuesday, June 11, 2013.**

MOTION: Smoyer moved and Raybould seconded approval of the minutes. Schorr, Raybould, Amundson, Smoyer and Hudkins voted aye. Motion carried 5-0.

2) **CLAIMS: Approval of all claims processed through Tuesday, June 18, 2013.**

MOTION: Raybould moved and Amundson seconded approval of the claims. Raybould, Amundson, Smoyer, Schorr and Hudkins voted aye. Motion carried 5-0.

3) **SPECIAL PRESENTATIONS:**

A. **Region V Annual Report – Dave Merrill, Region V Services, and C. J. Johnson, Region V Systems.**

C.J. Johnson distributed the Region V Systems 2011-2012 Annual Report (Exhibit A). He explained that Region V Systems is responsible for providing behavioral health services by contracting with 13 different providers throughout Southeast Nebraska. He expressed uncertainty over the effects of ongoing governmental changes with the Affordable Care Act, the Nebraska debate on extending Medicaid and the passing of Legislative Bill 561 (affecting youth services and child welfare).

SPECIAL PRESENTATIONS CONTINUED:

Johnson highlighted items in the report, including Emergency System Coordination, the Rental Assistance Program and Professional Partner programs (Family & Youth Investment). He noted that a 2.25% increase in the required Legislative contribution was recommended by the Governor and the Appropriations Committee and adopted by the Regional Governing Board. This translates into an increase for Lancaster County of \$13,251 in mental health and \$5,644 in substance abuse for fiscal year 2013-2014.

Dave Merrill distributed the Region V Services 2012 Annual Report (Exhibit B). He explained that Region V Services provides direct support to people with developmental disabilities. He highlighted items in the report, including the positive indicators of success (employment in the community, home ownership), people supported, number of staff and funding.

4) PUBLIC HEARINGS:

A. Amendment of the Lincoln-Lancaster County Health Department Air Pollution Control Program Regulations and Standards. (See 5A for correlating item.)

The Chair opened the public hearing.

Judy Halstead, Health Department Director, and Chris Schroeder, Environmental Health Supervisor, were administered the oath. Halstead said the Air Pollution Control Advisory Board, Board of Health and Lincoln City Council have approved the revised regulations. The main purpose is to provide consistency with the State and Federal guidelines and to clarify the regulations. Schroeder discussed the major changes. In Article 1, Section 5 (Variances), language was added to grant the Health Director authority to revoke, suspend or modify a variance and to allow the variance holder recourse through Article 1, Section 4 (Appeals). In Article 1, Section 6 (Fees), current regulations allow for a large late fee if even one day late submitting the annual emission inventory report. The proposed change would allow an emission fee based on 120% of the actual reported emissions if 11-30 days late, 130% for 31-61 days late and the maximum potential to emit for greater than 61 days late.

The Chair closed the public hearing.

5) NEW BUSINESS:

A. Resolution in the matter of amending Article 1, Sections 4, 5 and 6; Article 2, Sections 1, 4, 17, 18, 19, 28, 30, 31 and 38; and Appendices I, II and III of the Lincoln-Lancaster County Air Pollution Control Program Regulations and Standards to maintain consistency with Federal and State regulations as provided in Attachments A through O. (R-13-0036)

MOTION: Smoyer moved and Schorr seconded approval of the resolution. Schorr, Raybould, Amundson, Smoyer and Hudkins voted aye. Motion carried 5-0.

B. Resolution in the matter of transferring appropriations from the General Fund Miscellaneous Budget to various General Fund agencies. The amount to be transferred is \$955,054. (R-13-0037)

NEW BUSINESS CONTINUED:

Dennis Meyer, Budget & Fiscal Director, explained that \$2,000,000 is set aside each year for contingencies (salary increases, cost of living raises, health insurance costs, legal service costs, etc.). Meyer said the total amount to be transferred has been revised to \$956,554 due to an additional \$1,500 request from Records & Information Management.

MOTION: Amundson moved and Smoyer seconded approval of the resolution.

Schorr clarified that the resolution is being approved with the updated total of \$956,554.

ROLL CALL: Raybould, Amundson, Smoyer, Schorr and Hudkins voted aye. Motion carried 5-0.

C. Special events permit application from Good Times Running Club & Prairieland Dairy for the Prairie to Dairy Fun Run on July 27, 2013.

Erin Sims, Good Time Running Club, said proceeds from the run would be given to Sister Hugs, a faith-based organization that provides support in times of need. Around 200 participants are expected.

MOTION: Smoyer moved and Raybould seconded approval of the special events permit application. Amundson, Smoyer, Schorr, Raybould and Hudkins voted aye. Motion carried 5-0.

D. Recommendation from the Purchasing Agent and the County Budget and Fiscal Director to award a contract to Allen, Gibbs & Houlik, L.C., in the amount of \$71,350 for auditing services for all Lancaster County funds/offices and the Lincoln-Lancaster County Public Building Commission. (B-13-0025)

Dennis Meyer explained the bid process.

MOTION: Raybould moved and Amundson seconded approval of the recommendation. Smoyer, Schorr, Raybould, Amundson and Hudkins voted aye. Motion carried 5-0.

E. Recommendation from the Purchasing Agent and County Corrections to award a contract to Pepsi-Cola for vending services. The contract will include 15.5% to 25.5% commission, lower vending pricing for employees and a \$5,000 sign-on bonus. (B-13-0026)

MOTION: Raybould moved and Amundson seconded approval of the recommendation. Schorr, Raybould, Amundson, Smoyer and Hudkins voted aye. Motion carried 5-0.

F. Recommendation from the Purchasing Agent and County Corrections to award contracts to Alamar Uniforms, Aramark Uniform Services and Southern Uniform & Equipment for the annual supply of Corrections clothing for guards and maintenance employees. (B-13-0027)

MOTION: Schorr moved and Raybould seconded approval of the recommendation. Raybould, Amundson, Smoyer, Schorr and Hudkins voted aye. Motion carried 5-0.

NEW BUSINESS CONTINUED:

- G. Utility Permits No. 1099, 1100, 1101 and 1102 for the City of Waverly, for areas of construction within Lancaster County right-of-way associated with Waverly's water wells and transmission line improvements along 134th Street, Alvo Road and 148th Street. There is no cost to Lancaster County. (C-13-0263)**

MOTION: Smoyer moved and Amundson seconded approval of the utility permits. Amundson, Smoyer, Schorr, Raybould and Hudkins voted aye. Motion carried 5-0.

- H. Construction contract with Brandt Excavating Company in the amount of \$19,522.12 for rock ditch check construction at the southeast corner of S. 68th Street and Wagon Train Road. (C-13-0264)**

MOTION: Raybould moved and Smoyer seconded approval of the contract. Smoyer, Schorr, Raybould, Amundson and Hudkins voted aye. Motion carried 5-0.

- I. Interlocal agreement with the City of Waverly for three Sheriff's Deputies for law enforcement services within the corporate limits of the City of Waverly. Waverly will pay the County \$24,122.82 per month. Term of the agreement is October 1, 2013, to September 30, 2014. (C-13-0265)**

Terry Wagner, County Sheriff, estimated it was the 40th year the contract has been in place with Waverly.

MOTION: Smoyer moved and Raybould seconded approval of the agreement. Schorr, Raybould, Amundson, Smoyer and Hudkins voted aye. Motion carried 5-0.

- J. Amendment to County Contract C-10-0305 with BI Incorporated for electronic monitoring. The amendment renews the agreement for an additional one-year term from May 1, 2013, to April 30, 2014. (C-13-0266)**

MOTION: Smoyer moved and Raybould seconded approval of the amendment. Raybould, Amundson, Smoyer, Schorr and Hudkins voted aye. Motion carried 5-0.

- K. Agreement with Creative Payment Solutions (CPS) for aggregation of electronic payments to the Lancaster County Treasurer into a single payment and data file. (C-13-0269)**

MOTION: Smoyer moved and Raybould seconded approval of the agreement. Amundson, Smoyer, Schorr, Raybould and Hudkins voted aye. Motion carried 5-0.

- L. Licensure renewal application to provide adult day services with the Nebraska Department of Health and Human Services in connection with Midtown Center. The County will pay \$250 for the renewal license. (C-13-0267)**

MOTION: Smoyer moved and Raybould seconded approval of the licensure renewal application. Smoyer, Schorr, Raybould, Amundson and Hudkins voted aye. Motion carried 5-0.

NEW BUSINESS CONTINUED:

- M. **Agreement with Complete Endocrinology to provide specialized medical care and assistance to Lancaster County General Assistance clients who have pending claims with the Social Security Administration and may be eligible for retroactive Medicaid benefits. The agreement sets forth a reimbursement arrangement in which the County will provide payment for the medical care and Complete Endocrinology will reimburse the County if/when the General Assistance client is later determined eligible for Medicaid reimbursement. The agreement is effective upon execution of both parties and contains a 30-day termination provision. (C-13-0268)**

MOTION: Raybould moved and Amundson seconded approval of the agreement. Schorr, Raybould, Amundson, Smoyer and Hudkins voted aye. Motion carried 5-0.

- 6) **CONSENT ITEMS: *These are routine business items that are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:***

A. **Receive and place on file the following:**

1. **County Engineer quarterly report for January-March 2013**
2. **County Sheriff monthly report for May 2013**

- B. **Setting of a public hearing on Tuesday, July 2, 2013, at 10:30 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln), regarding a manager application for John Crow in connection with the liquor license for Hidden Valley Golf Course, 10501 Pine Lake Road, Lincoln.**

MOTION: Raybould moved and Smoyer seconded approval of the consent items. Raybould, Amundson, Smoyer, Schorr and Hudkins voted aye. Motion carried 5-0.

- 7) **PUBLIC COMMENT: Those wishing to speak on items relating to County business not on the agenda may do so at this time.**

No one appeared for public comment.

8) **ANNOUNCEMENTS:**

- A. **The Lancaster County Board of Commissioners will hold a staff meeting on Thursday, June 20, 2013, at 8:30 a.m., in Room 113 of the County-City Building (555 S. 10th Street, Lincoln).**
- B. **The Lancaster County Board of Commissioners will hold their next regular meeting on Tuesday, June 25, 2013, at 10:30 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln) with the Board of Equalization immediately following.**

ANNOUNCEMENTS CONTINUED:

- C. A public hearing will be held on Tuesday, June 25, 2013, at 10:30 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln), regarding an amusement license application from Event King, LLC, to hold an event at 5895 W. Sprague Road, on August 23, 2013.
- D. A public hearing will be held on Tuesday, July 23, 2013, at 10:30 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln), regarding County Change of Zone No. 12038 – AG to AGR (NW 12^{6th} Street and W. Bluff Road).
- E. The County Commissioners can be reached at 402-441-7447 or commish@lancaster.ne.gov.
- F. The Lancaster County Board of Commissioners meeting is broadcast live. It is rebroadcast on Tuesday and Saturday on 5 City-TV, Cable Channel 5. In addition, the meeting may be viewed on the internet at lancaster.ne.gov under 5 City-TV, Video on Demand or 5 City-TV on YouTube.

9) **ADJOURNMENT**

MOTION: Schorr moved and Raybould seconded to adjourn the Board of Commissioners meeting at 11:15 a.m. Amundson, Smoyer, Schorr, Raybould and Hudkins voted aye. Motion carried 5-0.



Dan Nolte
Lancaster County Clerk



MINUTES
LANCASTER COUNTY BOARD OF EQUALIZATION
TUESDAY, JUNE 18, 2013
COMMISSIONERS HEARING ROOM, ROOM 112
FIRST FLOOR, COUNTY-CITY BUILDING
IMMEDIATELY FOLLOWING THE LANCASTER COUNTY
BOARD OF COMMISSIONERS MEETING

Advance public notice of the Board of Equalization meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on June 14, 2013.

Commissioners present: Larry Hudkins, Chair
 Brent Smoyer, Vice Chair
 Roma Amundson
 Jane Raybould
 Deb Schorr

Others present: Scott Gaines, Deputy County Assessor/Register of Deeds
 Kerry Eagan, Chief Administrative Officer
 Gwen Thorpe, Deputy Chief Administrative Officer
 John Watson, Deputy County Attorney
 Dan Nolte, County Clerk
 Cori Beattie, Deputy County Clerk
 Angela Zocholl, County Clerk's Office

The location announcement of the Nebraska Open Meetings Act was given and the meeting was called to order at 11:15 a.m.

1) **MINUTES: Approval of the minutes of the Board of Equalization meeting held on Tuesday, June 11, 2013.**

MOTION: Smoyer moved and Raybould seconded approval of the minutes. Schorr, Raybould, Amundson, Smoyer and Hudkins voted aye. Motion carried 5-0.

2) **ADDITIONS AND DEDUCTIONS TO THE TAX ASSESSMENT ROLLS (See attached additions and deductions)**

MOTION: Schorr moved and Raybould seconded approval of the additions and deductions. Raybould, Amundson, Smoyer, Schorr and Hudkins voted aye. Motion carried 5-0.

3) **MOTOR VEHICLE TAX EXEMPTION APPLICATIONS:**

Christ's Place
Food Bank of Lincoln
Radiant Church

MOTION: Smoyer moved and Raybould seconded approval of the motor vehicle tax exemption applications. Amundson, Smoyer, Schorr, Raybould and Hudkins voted aye. Motion carried 5-0.

4) **ADJOURNMENT**

MOTION: Raybould moved and Smoyer seconded to adjourn the Board of Equalization meeting at 11:17 a.m. Smoyer, Schorr, Raybould, Amundson and Hudkins voted aye. Motion carried 5-0.



Dan Nolte
Lancaster County Clerk



Lancaster County Report FY 11-12



REGION **V** SYSTEMS

Promoting Comprehensive Partnerships in Behavioral Health

Our Mission

The mission of Region V Systems is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.

1645 'N' St., Lincoln, Nebraska 68508
Phone: 402-441-4343 • Fax: 402-441-4335
Toll free: 1-877-286-4343

www.region5systems.net



www.facebook.com/region5systems



This logo represents Region V Systems' commitment to promote comprehensive partnerships in behavioral health. Partnerships with providers, consumers, DHHS, and other stakeholders are ever evolving through evaluation, assessment, and implementation of programming to best meet the needs of behavioral health systems and its consumers.

Dear Colleagues,

Each year brings us new and unique challenges and successes. I would like to start by thanking Regional Governing Board members, Behavioral Health Advisory Committee members, our Network Providers, the Department of Health and Human Services representatives, legislative representatives, employees, individuals we serve, and our many other stakeholders who help us achieve our strategic intent, "promoting comprehensive partnerships in behavioral health."

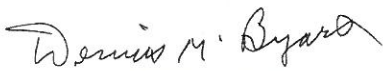
Here are a few highlights from FY 11-12:

- **Let's Build Nebraska** A collaborative project with a number of community organizations that continued the efforts of the Let's Build CCF grant to secure, organize, and provide resources to strengthen capacity and ensure vitality of nonprofits and other organizations. The committee created and launched a website, www.letsbuildnebraska.org, that houses a plethora of resources for nonprofits.
- **Cluster-Based Planning** New to Nebraska, this outcome-based management approach for adults with SPMI, AOD, and youth living with behavioral health challenges is identifying who consumers are, what types of services are needed, and what can best be offered to meet their needs. Having now trained over 150 individuals throughout the Region, essential data has been collected that will support both the youth and adult systems of care and create the most beneficial services to every individual.
- **Primary Care Behavioral Health Integration** With the implementation of the Affordable Care Act just around the corner, the integration of primary care and behavioral health is critical. Consumers already benefit from efforts over the last several years and should experience even higher quality care as the system expands its efforts created by this safety net for vulnerable populations.
- **Lancaster County Community Mental Health Center Transition** Planning efforts began to privatize the Community Mental Health Center. A steering committee of stakeholders met throughout the year to create recommendations for the Lancaster County Commissioners and the Regional Governing Board. The first recommendation was to establish an "Intent to Negotiate" process which will guide the overall transition efforts during the next year.

Thank you again to all our system partners who make our work possible. With the rapidly changing times in Medicaid and health care reform, we continue to bolster our partnerships to promote a recovery and wellness system for both children and adults in southeast Nebraska.



C.J. Johnson
Regional Administrator



Dennis Byars
RGB Chair



REGION V SYSTEMS

Promoting Comprehensive Partnerships in Behavioral Health

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Region V Systems accredits its programs through the Commission on Accreditation of Rehabilitation Facilities.

Regional Governing Board

Per Nebraska state statute, the state is divided into six behavioral health Regions. Each Region is governed by a Regional Governing Board (RGB), which is comprised of an appointed county commissioner from each of the counties it serves. Current Membership:

Butler County.....Greg Janak	Polk County.....LeRoy Gerrard
Fillmore County.....Jerry Galusha	Richardson County.....Jim Davidson
Gage County.....Dennis Byars (Chair)*	Saline County.....Janet Henning
Jefferson County.....Brad Grummert	Saunders County.....Doris Karloff
Johnson County.....Terry Keebler (Vice Chair)*	Seward County.....Scott Stuhr (Treasurer)*
Lancaster County.....Brent Smoyer (Secretary)*	Thayer County.....Dean Krueger
Nemaha County.....Dennis Wittmann	York County.....Bill Bamesberger
Otoe County.....Carol Crook	
Pawnee County.....Jan Lang	

* Executive Committee members

Thanks to the past members of the RGB and BHAC, who served during FY 11-12, for your dedication and support toward the Regional System of Care.

<i>Janet Coleman (BHAC)</i>	<i>David Rea (BHAC)</i>
<i>Jennie Cole-Mossman (BHAC)</i>	<i>Josh Safursky (BHAC)</i>
<i>Bill Ely, Jr. (RGB)</i>	<i>Marvin Yost (RGB)</i>
<i>Robyn Henderson (BHAC)</i>	<i>Larry Zadina (RGB)</i>
<i>Mike Oliverius (BHAC)</i>	

Behavioral Health Advisory Committee

The RGB appoints a Behavioral Health Advisory Committee (BHAC), comprised of 15-20 members, responsible for advising the Board on behavioral health issues and funding allocations. Consideration for membership is given to geographic location, direct and indirect consumers, cultural diversification, and the community at large. Current membership includes:

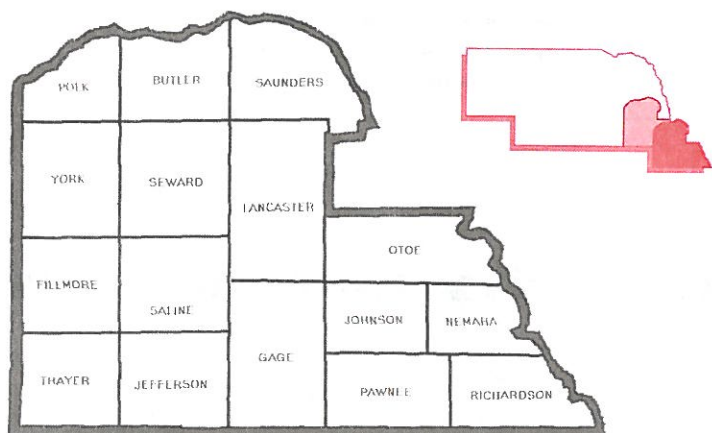
Gene Cotter	Wayne Price (Chair)
Don Harmon	Tom Rathbun
Janet Henning (RGB Rep.)	Tammy Sassaman
Sara Hoyle	Janice Walker (Vice Chair)
Wilma Jackson	Stacey Werth-Sweeney
J. Rock Johnson	Debra Williams
Gail Lorenzen	William (Billy) Ziemer
James Pennington	Constance (C.J.) Zimmer

Region V Systems' Provider Network

Region V Systems contracts and works in collaboration with a network of behavioral health providers to deliver an array of behavioral health services to meet the needs of consumers. Following are the providers in Region V Systems' provider network during FY 11-12:

Blue Valley Behavioral Health	Lincoln Council on Alcoholism and Drugs
CenterPointe	Lincoln Medical Education Partnership
Child Guidance Center	Lutheran Family Services
Community Mental Health Center of Lancaster County	Mental Health Association of Nebraska
Cornhusker Place	O.U.R. Homes
Houses of Hope	St. Monica's

Region V Systems' Geographical Area



Region V is comprised of 16 counties in southeast Nebraska and covers approximately 9,308 square miles. According to *U.S. Census 2010*, the Region has a population of 444,920, constituting approximately 24 percent of the state's population.

Our Organization

Region V Systems was originally created by state statute in 1974 with the responsibility of coordinating and overseeing the delivery of publicly funded mental health services for the 16 counties making up the Region V geographical area. Two years later, the responsibility for the development and coordination of substance abuse services was added. In 2004, LB 1083, the Behavioral Health Services Act, was passed, repealing the original statutes but re-establishing and renaming the Regions as "Behavioral Health Authorities."

Region V Systems is responsible for the development and coordination of publicly funded behavioral health services within its service area. Region V Systems:

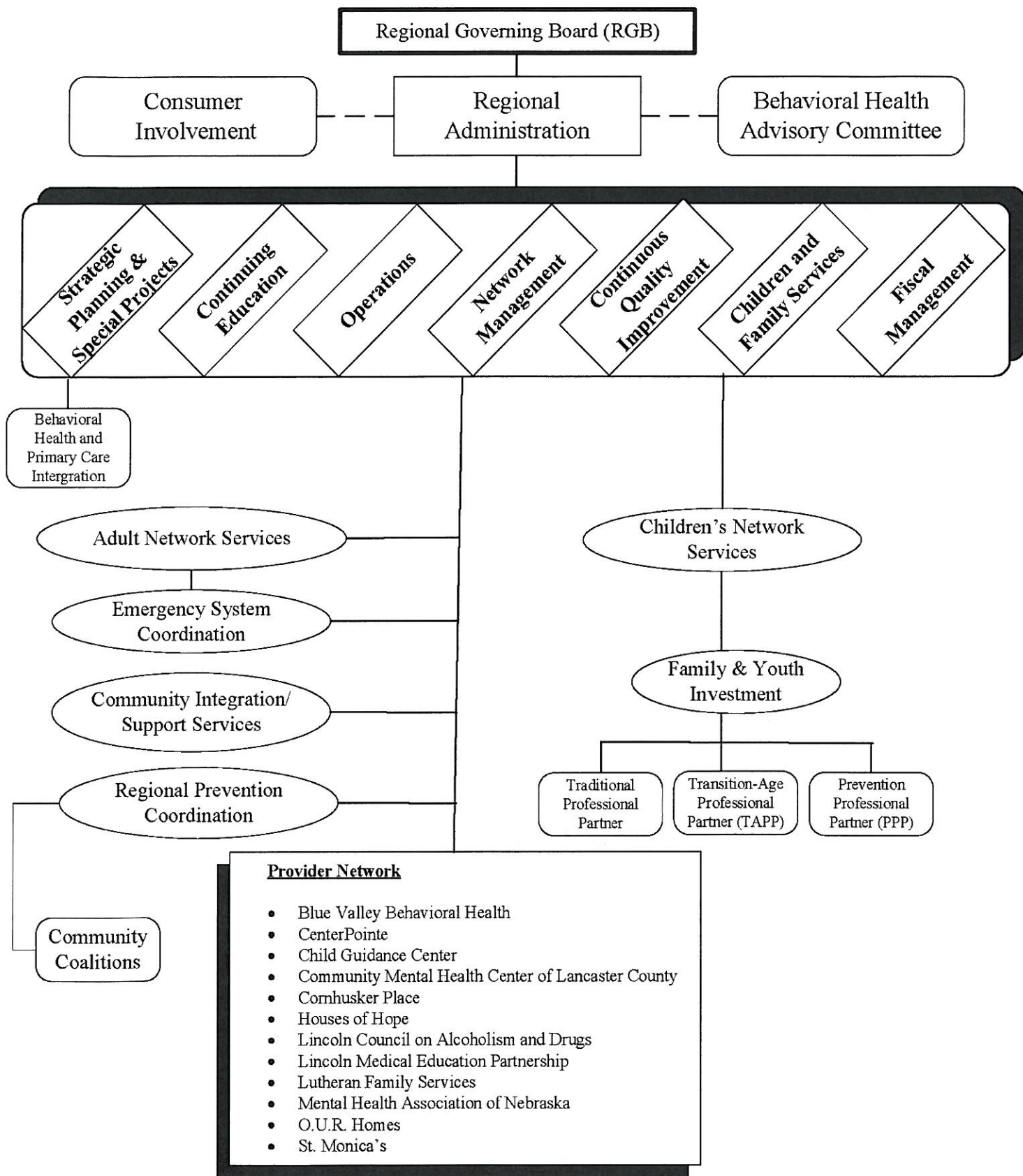
- ◆ Performs comprehensive planning activities;
- ◆ Integrates and coordinates the delivery of services;
- ◆ Prepares and administers budgets;
- ◆ Monitors the system's performance; and
- ◆ Takes corrective action when necessary.

Through these responsibilities, Region V Systems contributes to accomplishing the purpose of the goals of LB 1083, which are to ensure:

- ◆ The public safety and health of consumers;
- ◆ Consumer access to services;
- ◆ Availability of high-quality behavioral health services; and
- ◆ Cost-effective behavioral health services.

Region V's major functions and critical areas of support are described in this report. For more information on Region V Systems, please visit our website at www.region5systems.net.

Our Organization cont...



Support to the Organization

Continuing Education

Purpose: Responsible for the planning, development, coordination, and evaluation of the training, education, and technical assistance services for Region V Systems' staff, providers, nonprofit agencies, and community stakeholders.

How: Develops quality training opportunities to meet Region V Systems' CARF national accreditation requirements, develops opportunities for Region V Systems' staff to further their professional development, and offers consultation for workshop/conference planning to providers and the nonprofit community.

Continuous Quality Improvement

Purpose: Ensures each of Region V Systems' departments and programs are monitored, evaluated, and enhanced on a continual basis through a team-driven process.

How: Annually, Region V Systems produces a Performance Improvement Plan (PIP). The PIP identifies goals and evaluates and monitors the performance of each department.

Striving to achieve and sustain an environment which has open communication and problem solving from all levels within the organization, Region V Systems has internal and external processes for expressing and resolving concerns/requests. This "CQI Concerns Request" process is meant to serve as a means for providers, consumers/customers, and staff members to initiate suggestions or address a concern or issue. Each CQI Concerns Request is reviewed and acted upon by Region V Systems' Corporate Compliance Team and shared with internal and/or external partners.

Operations

Purpose: Ensures the organization runs smoothly and efficiently, allowing staff and customers to access services and supports in the most effective manner.

How: Supports the organization in the following areas: human resources; administrative support; front office customer and staff support; information technology; health and safety; corporate compliance; and compliance with CARF (Commission on Accredited Rehabilitation Facilities) national standards.

Strategic Planning and Special Projects

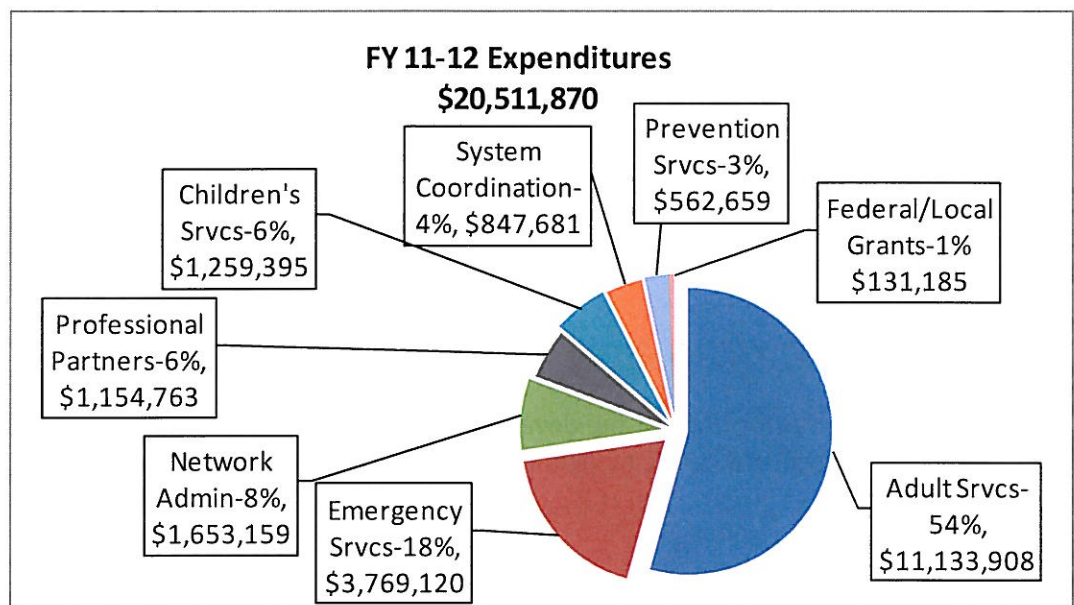
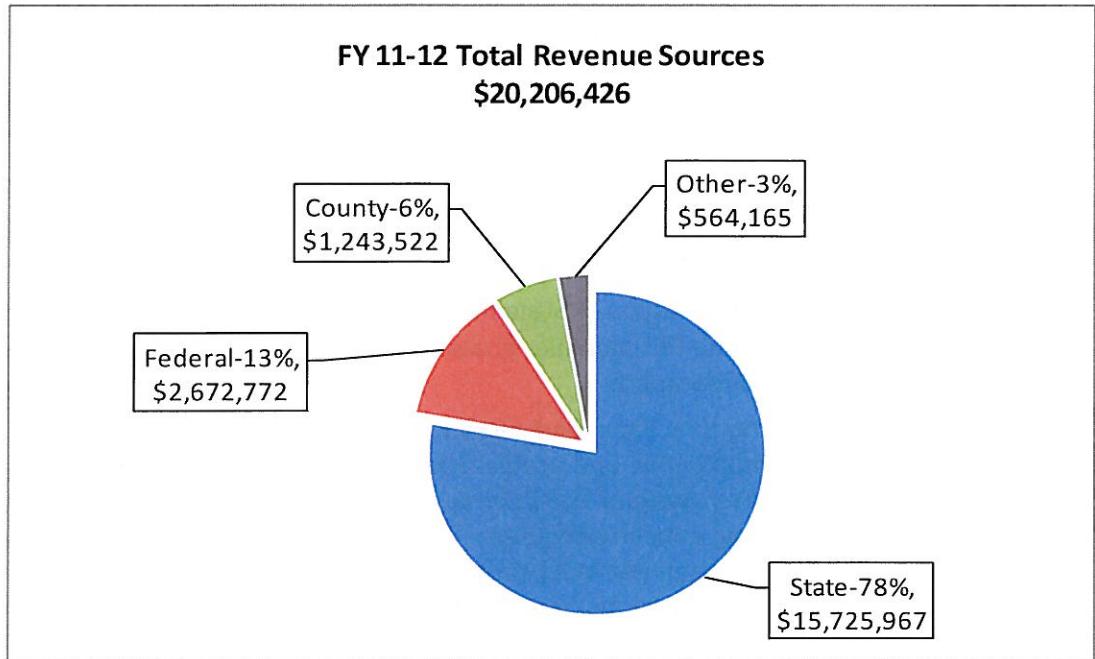
Purpose: Responsible for the development, implementation, and evaluation of Region V Systems' strategic plan and the management of various special projects.

Support to the Organization cont...

Fiscal Management

Purpose: Provides financial management that ensures the effective use of financial resources, transparency, and accountability.

How: Federal, state, and county funds are allocated to providers and other contractual entities. Staff conduct contract performance reviews and fiscal audits to confirm compliance with financial requirements of each Region V Systems' contracts.



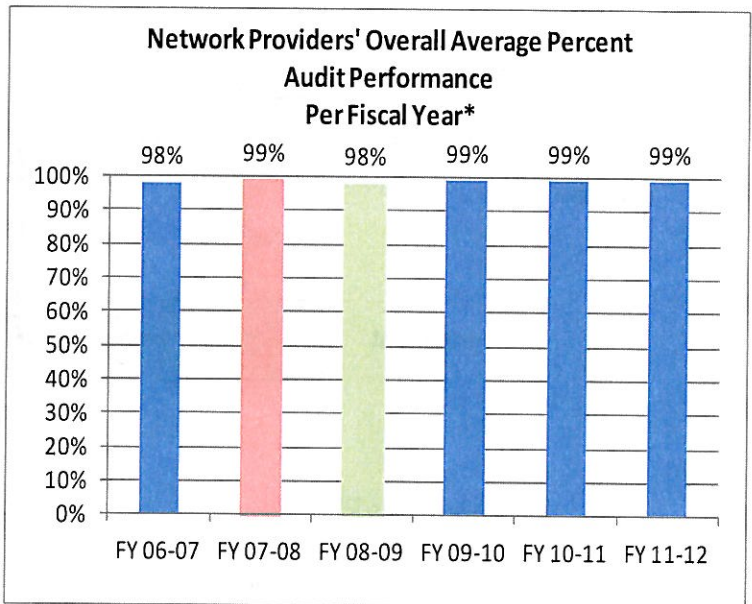
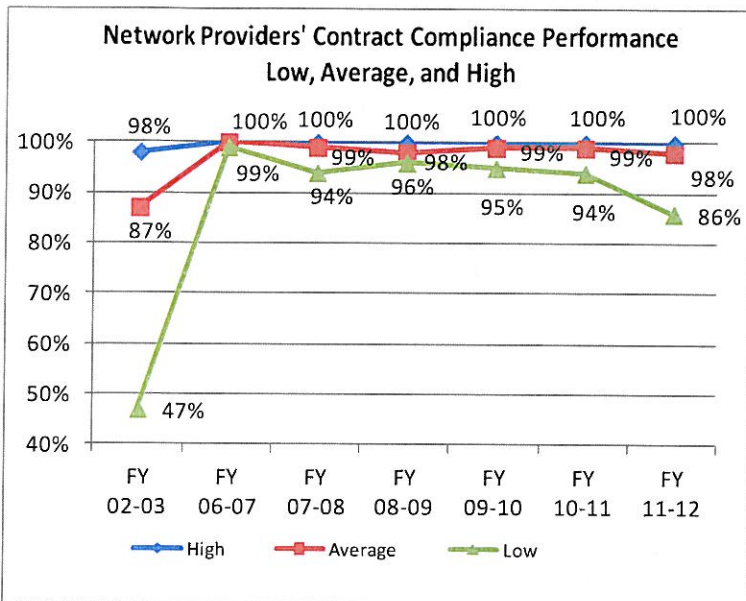
Network Management

Purpose: Establish an efficient and organized community-based system of public behavioral health care for the delivery of adult and children’s services in the Region V geographical area.

How: Region V Systems plans, organizes, contracts for, evaluates, and monitors a regional behavioral health system of care. This is accomplished through contracting and collaborating with a network of behavioral health providers, consumer and family partners, and community stakeholders.

Goal: Ensure consumers have access to an array of quality behavioral health services that are integrated, consumer focused, and achieve positive outcomes consistent with the principles of recovery.

Funding: Region V Systems receives county, state, and federal funds. Funds are contracted to network providers and other contracting entities to support the Region V system of care.



It is the responsibility of Region V Systems to monitor, review, and perform programmatic, administrative, and fiscal accountability functions. The annual **Services Purchased Audit** verifies that units of service claimed for reimbursement, whether on a fee for service (FFS – unit verification) or on a non-fee for service (NFFS – expense verification) have been delivered and billed accurately. A **Program Fidelity Audit** reviews program plans and services delivery to ensure consistency and compliance with Nebraska-specific service definitions, regulations, and Federal Block Grant Program requirements. Program Fidelity Audits occur on a one to three-year performance cycle.

Together, these audits demonstrate and support fiscal accountability, organizational management, and continuous quality improvement for the network.

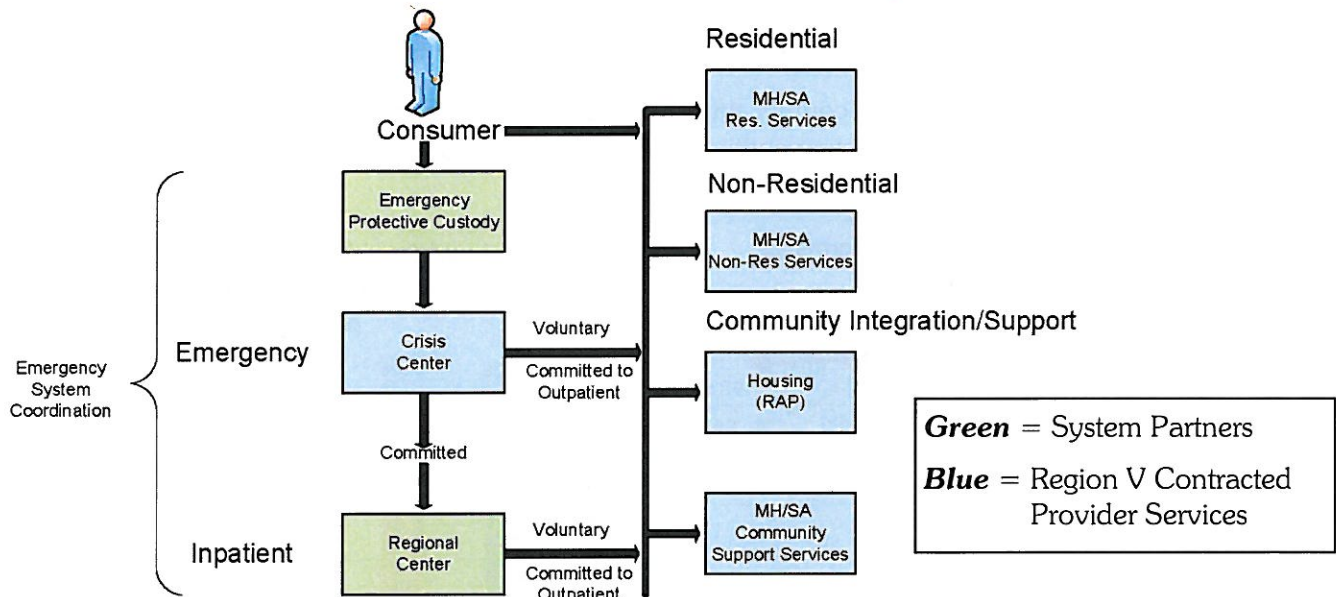
***Note: The audit performance graph only reflects annual Services Purchased Audit.**

Network Management cont...

Adult Network Services

Region V Systems contracts with a network of behavioral health community providers and works with system partners that offer a broad array of services designed to assist adults in reaching their goal of recovery to live, work, and be full participants in their communities.

Adult Behavioral Health System



Contracted services available through Region V Systems' Provider Network

- 24-Hour Crisis Phone
- Civil Protective Custody (Involuntary)
- Crisis Assessment (Substance Abuse)
- Crisis Respite
- Crisis Response Teams

- EPC Services – Crisis Center (Involuntary)
- Emergency Community Support
- Hospital Diversion
- Social Detoxification

Emergency

- Dual-Disorder Residential
- Halfway House
- Intermediate Residential

- Psychiatric Residential Rehabilitation
- Short-Term Residential
- Therapeutic Community

Residential

- Assessment
- Day Treatment
- Intensive Care Management

- Intensive Outpatient
- Medication Management
- Outpatient Therapy (Individual, Family, Group)

Non-Residential

- Assertive Community Treatment (ACT)
- Benefits Analysis
- Bilingual/Bicultural Service Coordination
- Community Support
- Day Rehabilitation

- Peer Support
- Recovery Support
- Supported Employment
- Supportive Living
- Transition Age Professional Partner (TAPP)

Community Integration/Support

Network Management cont...

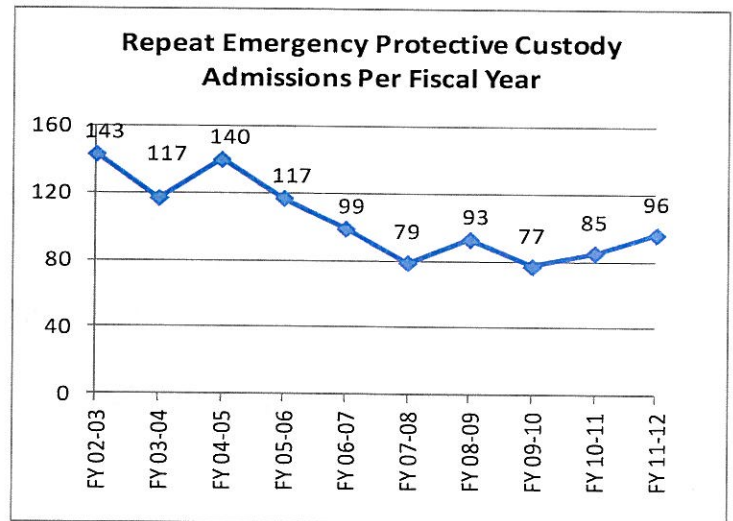
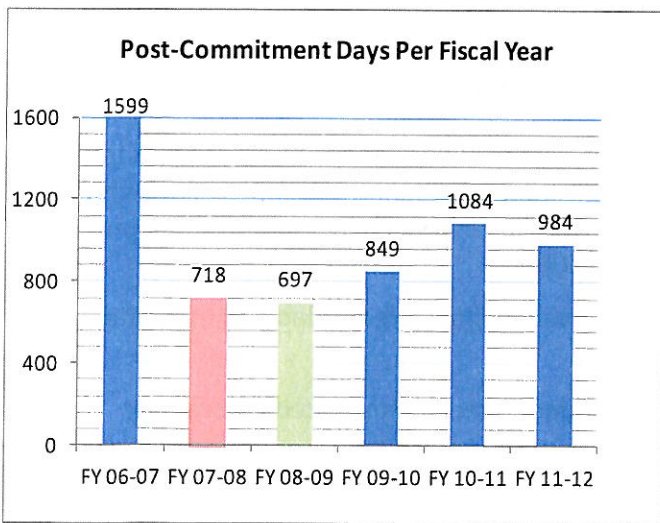
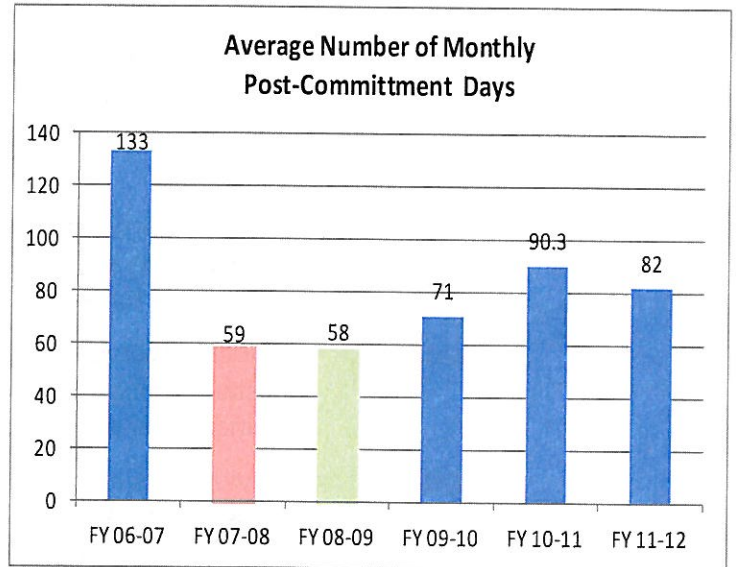
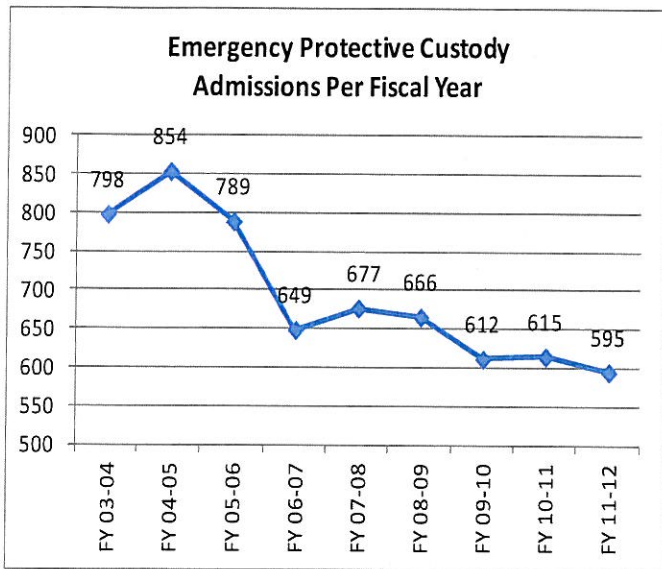
Adult Network Services cont...

Emergency System Coordination

Purpose: Provides a behavioral health emergency system to ensure the safety of consumers and the public.

How: Coordination is provided through contracts and partnerships with the Lancaster County Crisis Center, law enforcement, mental health boards, providers, psychiatric hospitals, and state-operated inpatient psychiatric facilities.

Goal: Ensures consumers have access to services and multiple alternatives for support while experiencing an acute behavioral health crisis.



Network Management cont...

Adult Network Services cont...

Inpatient Level of Care

As outlined in the Department of Health and Human Services' LB 1083 Implementation Plan, the Lincoln Regional Center provides inpatient psychiatric services for Region V Systems' service area.

Purpose: Hospital-based acute and sub-acute psychiatric services designed to stabilize acute psychiatric conditions for individuals under a Mental Health Board commitment order.

How: Provides intensive multidisciplinary assessment and treatment planning, psychiatric interventions, and recovery supports to stabilize an individual's psychiatric condition.

Goal: Acute psychiatric symptoms are stabilized, and the individual is transitioned to community-based residential or non-residential services for continued recovery.

Residential Level of Care

Purpose: Residential services provide less-intensive or restrictive treatment than inpatient care and are intended to help the individual overcome or compensate for issues caused by mental illness or substance use disorders.

How: Residential services provide 24-hour supervision with varying mental health, substance abuse, co-occurring, and/or rehabilitation services depending on the individual's need.

Goal: Individuals overcome or compensate for problems produced by mental illness and/or chemical dependency so they can be referred to less-intensive levels of care or return to community living with appropriate supports.

Non-Residential and Community Integration/Support Levels of Care

Purpose: Provides non-residential treatment, rehabilitation, and support services intended to reduce episodes of: relapse, crisis, and emergency room utilization; shorten lengths of stay at inpatient and residential levels of care; and promote the recovery and resiliency of the individual.

How: A number of varied and flexible service options are available to meet the individual's needs.

Goal: Individuals maintain or return to independent or supported community living.

Network Management cont...

Adult Network Services cont...

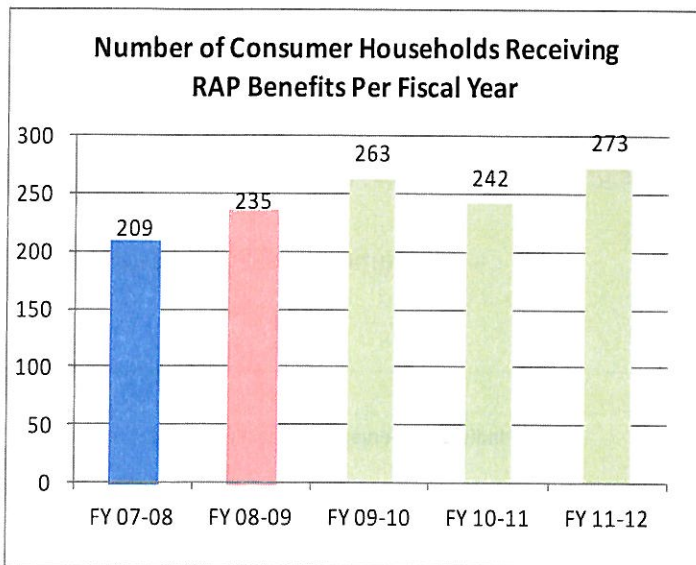
Community Integration/Support Services

Rental Assistance Program (RAP)

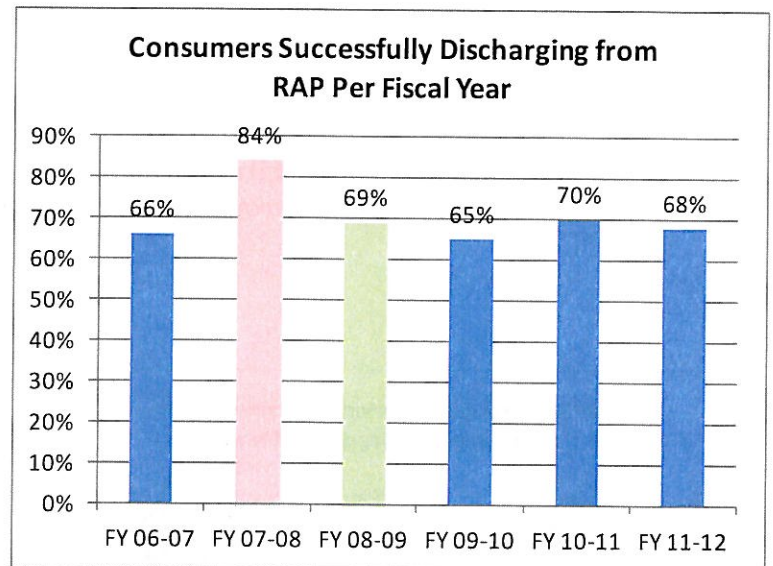
Purpose: Provides safe, secure, affordable housing—together with support services—so that consumers can begin to work toward recovery. RAP also assists consumers in preventing a reoccurrence of inpatient mental health treatment so they can remain in their own homes. The target population are consumers with serious and persistent mental illnesses, who are indigent or have extremely low income, and who are on an inpatient Mental Health Board commitment or those that are at risk of an inpatient commitment.

How: RAP builds a network of housing providers and facilitates assisting individuals in locating appropriate housing. Staff screen consumers for eligibility as well as provide housing inspections.

Goal: Consumers achieve independent living, bridge to more permanent housing, or maintain their current living situations.



Numbers served has increased, while overall statewide housing funding has decreased.



Successful discharge is identified as bridging to permanent housing; bridging to economic self-sufficiency (consumer exceeds allowable 30 percent of median family income guideline); or consumer choice in housing (consumer chooses to move out of Region V Systems' service area or chooses to move in with a roommate). The availability of Section 8 Housing vouchers impacts discharges to permanent housing.

Network Management cont...

Adult Network Services cont...

Community Integration/Support Services cont...

Homeless Prevention and Rapid Re-Housing Program (HPRP)

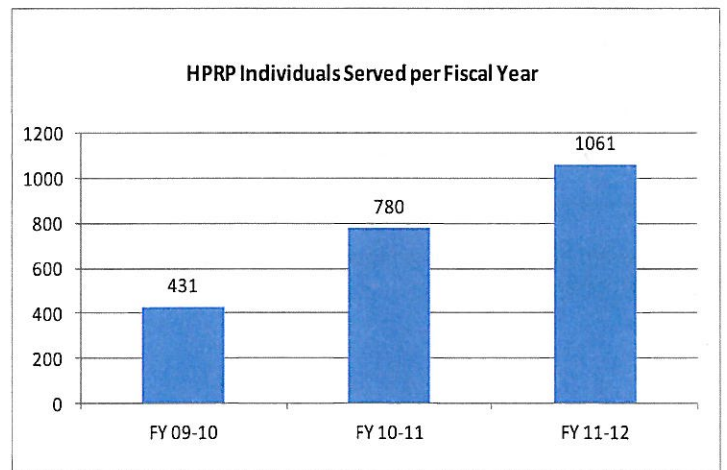
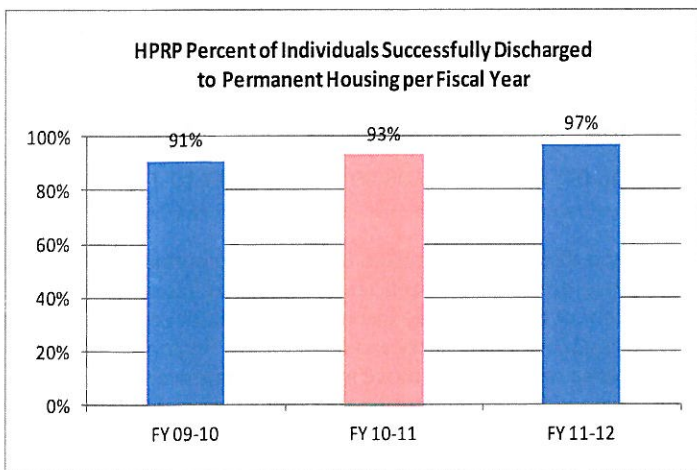
Purpose: HPRP was a three-year program (July 2009 - July 2012) established by the American Recovery and Reinvestment Act of 2009, often known as stimulus funds. **Prevention** addressed individuals and families that are currently in a residence but are at risk of becoming homeless and need temporary rent or utility assistance to prevent them from becoming homeless. **Re-housing** addresses individuals and families that are experiencing homelessness and need temporary assistance in order to obtain and retain housing.

How: An initial assessment of the consumer occurred through rent and utility assistance providers, and, if eligible, a referral is sent to Region V Systems' HPRP Program. An intake is completed and a case manager is assigned to guide the consumer through the process.

Goal: Prevent individuals from becoming homeless, help individuals who become homeless to quickly move into permanent housing, and help individuals stabilize their housing situation.

"Prior to getting in touch with Region V, we spent the past two months in a camper with little help from anyone. If not for the efforts and the funding of this group, there would have only been one outcome to our story; it would have been homeless!"

—Consumer of HPRP Services



Ninety-two percent (**92.4%, 975 persons**) were not identified as having entered an emergency homeless shelter or a transitional housing program any time after program exit (as served and assessed between July 1, 2009, through June 13, 2012).

Network Management cont...

Behavioral Health Data for Region V-Funded Services

Unduplicated Count of Persons Served by County of Residence FY 11-12		
	Mental Health	Substance Abuse
Butler	43	50
Fillmore	61	26
Gage	273	206
Jefferson	67	77
Johnson	27	25
Lancaster	4570	4327
Nemaha	47	52
Otoe	110	107
Pawnee	15	10
Polk	22	21
Richardson	77	45
Saline	138	108
Saunders	123	97
Seward	143	96
Thayer	37	34
York	188	92
Totals	5,941	5,373
Age Demographics FY 11-12*		
0-10		200
11-18		775
19-20		1,441
21-25		3,877
26-44		13,470
45-64		9,743
65+		515
Race Demographics FY 11-12*		
Alaska Native		52
American Indian		956
Asian		285
Black or African American		2,513
Native Hawaiian		35
Other Pacific Islander		273
Unknown		275
White		25,632

Diagnostic Demographics FY 11-12*	
Adjustment Disorder	1,187
Anxiety Disorder	2,522
Child/Adolescent Disorder	448
Cognitive Disorder	48
Deferred, Unspecified, Other	534
Dissociative Disorder	16
Eating Disorder	15
Medical Related Disorder	1
Mood Disorder	10,850
Other Conditions	52
Other Impulse-Control	136
Personality Disorder	11
Schizophrenia and Psychosis	4,364
Sexual and Gender Identity	344
Sleep Disorder	11
Somatoform Disorder	11
Substance-Related Disorder	9,394
Unidentified	77

Insurance Coverage Demographics FY 11-12*	
Child Welfare	3
HMO	596
Indian Hlth Svc	9
Medicaid	3,221
Medicare	3,065
No Insurance	19,155
Other Insurance	3,253
Other Direct Fed	2
Other Direct Sta	8
PPO	148
Priv. Self Paid	409
Unknown	8
Veterans Admin	144

* **Duplicated counts of persons served by region of residence.**

Data is maintained by Magellan Behavioral Health Services, the state of Nebraska's system management agent.

Network Management cont...

Children's Network Services/Children and Family Services

Contracted Provider Services

Region V Systems contracts with and coordinates a network of community providers that ensures integrated behavioral health services are designed for youth.

- Purpose:** Region V Systems' contracted services focus on addressing behavioral health needs of youth and families with complex needs, resulting from a child's serious emotional disturbance or substance use disorder.
- How:** The system of care for children encompasses a broad array of behavioral health services ranging from community-based treatment interventions to inpatient care.
- Goal:** Enhance the children/youth continuum of services and promote collaboration and integration of services to better meet the behavioral health needs of youth and their families in southeast Nebraska.
- Services:** The Region's contracted services in the Children's Level of Care include:

Contracted services available through
Region V Systems' Provider Network

Non-Residential

Outpatient
Therapeutic Consultation
Youth Assessment

Community Integration/Support

Prevention Professional Partner
Traditional Professional Partner
Transition Age Professional Partner

Network Providers of Children Services

Blue Valley Behavioral Health
CenterPointe
Child Guidance Center
Region V Systems

Network Management cont...

Children's Network Services/Children and Family Services cont...

Family & Youth Investment (FYI)



Region V Systems administers the Professional Partner program, known as Family & Youth Investment (FYI). In FY 11-12, FYI included three program tracks: the **Traditional Professional Partner**, the **Transition-Age Professional Partner (TAPP)**, and **Prevention Professional Partner (PPP)**. The Traditional Professional Partner track serves individuals up to the age of 21; the Transition-Age Professional Partner track serves youth ages 17-24 who are transitioning from the children's to the adult behavioral health system; and the Prevention Professional Partner track, which focuses on prevention, serves children and youth under age 18 and their families who are at risk of formal juvenile justice and child welfare involvement and are in need of intensive (90 days) case management and service coordination.



Accredited Program

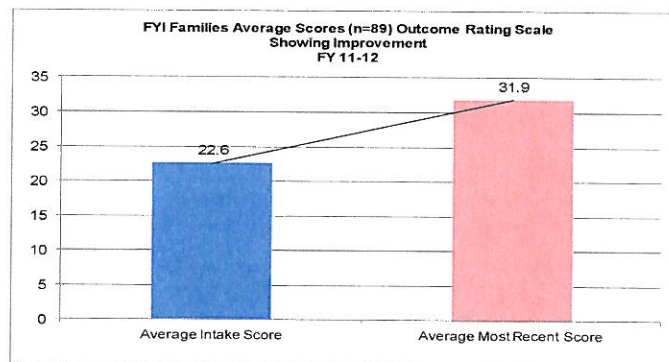
Purpose: Improve the lives of youth/young adults who are diagnosable with a mental illness under the current edition of the *Diagnostic and Statistical Manual (DSM)* published by the American Psychiatric Association.

How: Professional Partners serve as service coordinators and work with families or young adults who voluntarily ask for assistance. Professional Partners help families and young adults identify outcomes, strengths, needs, informal supports, and create individualized plans. Through a team effort, they coordinate and facilitate formal and informal services and supports necessary to assist youth/young adults and their families in meeting their established goals.

Goal: Averting children from becoming state wards for the purpose of receiving services; preventing expensive out-of-home placements or involvement in emergency services; reducing juvenile crime or contact with adult criminal justice systems; increasing school performance; and facilitating seamless transition from the youth to the adult behavioral health system.

A variety of evaluation tools are used to assess individual and system outcomes within the Professional Partner Program. The graphs on pages 15-17 illustrate Client Directed Outcome Informed Care, Cluster Based-Planning, and Child and Adolescent Functioning Assessment (CAFAS).

**All three
FYI Program
tracks**



Outcome Rating Scale Graph — All three FYI Program tracks

Client-directed/Outcome-Informed Care is designed to ensure consumer involvement in planning, delivery, and evaluation of treatment services, focusing on whether treatment is working and then building on successes. Dr. Scott Miller assisted in founding the Institute for the Study of Therapeutic Change (ISTC). Dr. Miller's theory is based on the premise that when the client's voice is privileged as the source of wisdom and solution, and helps purposefully form strong partnerships, that interaction with a client can be client-directed and outcome-informed. According to Dr. Miller, a score of 25 points is the clinical cutoff. Clients that score under 25 are in need of and could benefit from treatment and above 25 points indicates a person is functioning like the "norm population not in behavioral health services." On average, the families are progressing/improving. See page 30 for Client Directed/Outcome Informed Care Initiative.

Network Management cont...

Children's Network Services/Children and Family Services cont...

Family & Youth Investment (FYI) cont...

Cluster-Based Planning and CAFAS

A cluster is a subgroup of a larger clinical population that shares common problems, strengths, treatment histories, social and environmental contexts, and/or life situations (for more information see page 21). Youth served through FYI were administered the Child and Adolescent Functional Assessment scale (CAFAS). The CAFAS evaluates emotional, behavioral, substance abuse functioning, and the impact on eight psychosocial areas of a youth's life. The lower the score, the more improvement and less impairment exists for the youth. The charts on pages 16-17 identify youth by cluster membership and their average level of functioning on the CAFAS at time of enrollment compared with 6 months in the program, 12 months in the program, and discharge. The percent of youth that meet the clinically significant change by cluster are listed. Clinically significant change occurs when the youth's intake CAFAS score decreased by 20 points.

Transition-Age Professional Partner track: average length of stay was 6.9 months; number of youth served was 43.

Cluster Number	Cluster Name	INTAKE			DISCHARGE				6 months Follow-up				12 months Follow-up			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of 6mos F-up Youth w/ Clinically Significant Change	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of 12mos F-up Youth w/ Clinically Significant Change
1	ADHD-OTH/Neuro-Behavioral	2	5%	85	0	0%			1	6%	80	100.0%	0	0%		
2	Depressed-May Be Suicidal	6	16%	100	3	25%	95	50.0%	2	11%	70	100.0%	1	8%	80	100.0%
3	Severe Behavioral Problems	6	16%	135	2	17%	105	100.0%	2	11%	40	100.0%	2	15%	35	100.0%
4	Sexual,Physical,Emotion Abuse	5	13%	102	1	8%	40	100.0%	3	17%	70	66.7%	1	8%	60	100.0%
5	Affected By Traumas	1	3%	80	1	8%	100	0.0%	1	6%	90	0.0%	0	0%		
6	With Substance Abuse Issues	2	5%	120	0	0%			0	0%			0	0%		
7	Very Anxious Youth	5	13%	66	0	0%			3	17%	36.7	66.7%	3	23%	40	33.3%
8	Not Adjusting to Stressful Life, Crises	2	5%	70	1	8%	30	100.0%	2	11%	35	50.0%	1	8%	80	0.0%
9	Involved in Sexual Offenses	1	3%	120	1	8%	110	0.0%	0	0%			0	0%		
10	MH & Cognitive Limitations	7	18%	110	3	25%	113.3	33.3%	4	22%	70	75.0%	5	38%	82.5	75.0%
NA	Does't not fit to any cluster assignment	1	3%	20	0	0%			0	0%			0	0%		

Network Management cont...

Children's Network Services/Children and Family Services cont...

Family and Youth Investment (FYI) cont...

Prevention Professional Partner track: number of youth served in the 90-day program was 24.

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-Other Neurobeh	4	17.39%	60	2	15.38%	35	100%
2	Depressed-May Be Suicidal	5	21.74%	92	2	15.38%	60	50%
3	Severe Behavior Problems	4	17.39%	77.5	4	30.76%	65	25%
4	Sexual, Physical, Emotional Abused	2	8.70%	75	1	7.69%	60	0%
9	Involved in Sexual Offenses	2	8.70%	90	0			
8	Not Adjusting To Stressful Life	1	4.35%	40	0			
N/A	Doesn't fit to a Cluster Assignment	5	21.74%	56	4	30.76%	50	25%
Total		23	100.01%	70.07	13	99.97%	54	38.5%

24 youth were surveyed 90 days after exiting the Prevention Professional Partner track. 96% of these families found the program to be beneficial, and 79% of the families report their youth did not become a state ward (enter state custody) and had no juvenile justice/child welfare involvement.

Traditional Professional Partner track: average length of stay was 15.5 months; number of youth served was 95.

Cluster Number	Cluster Name	INTAKE			DISCHARGE				6 months Follow-up				12 months Follow-up			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of 6mos F-up Youth w/ Clinically Significant Change	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of 12mos F-up Youth w/ Clinically Significant Change
1	ADHD-OTH/Neuro-Behavioral	29	33%	82.1	9	26%	53.3	66.7%	23	32%	65.7	56.5%	20	47%	58.5	80.0%
2	Depressed-May Be Suicidal	7	8%	84.3	3	9%	63.3	66.7%	5	7%	48	80.0%	1	2%	30	100.0%
3	Severe Behavioral Problems	14	16%	80	7	20%	65.7	42.9%	12	17%	65	58.3%	6	14%	70	50.0%
4	Sexual, Physical, Emotion Abuse	6	7%	75	3	9%	43.3	66.7%	2	3%	55	100.0%	2	5%	45	100.0%
5	Affected By Traumas	9	10%	78.9	3	9%	73.3	33.3%	8	11%	77.5	50.0%	4	9%	52.5	75.0%
6	With Substance Abuse Issues	1	1%	110	1	3%	20	100.0%	1	1%	60	100.0%	1	2%	60	100.0%
7	Very Anxious Youth	3	3%	66.7	1	3%	10	100.0%	3	4%	60	33.3%	1	2%	70	0.0%
8	Not Adjusting to Stressful Life, Crises	2	2%	85	0	0%			2	3%	60	50.0%	0	0%		
10	MH & Cognitive Limitations	15	17%	72	6	17%	36.7	100.0%	12	17%	57.5	41.7%	6	14%	60	33.3%
NA	Doesn't not fit to any cluster assignment	3	3%	63.3	2	6%	25	100.0%	3	4%	60	33.3%	2	5%	40	100.0%
Total		89	100%	79.7	35	100%	43.4	68.6%	71	100%	60.87	54.9%	43	100%	54	69.8%

54 youth were surveyed 90 days after exiting the Professional Partner Program, Traditional track. 94% of these families found the program to be beneficial and 85% of the families report their youth did not become a state ward (enter state custody) and had no juvenile justice/child welfare involvement.

Network Management cont...



Accredited Program

Regional Prevention Coordination

- Purpose:** Establish and strengthen collaboration among community stakeholders to support the efforts of **community coalitions** in preventing and reducing substance abuse and related risk factors among youth and adults.
- How:** Prevention staff provide ongoing technical support, training, and coordination of regional and statewide prevention strategies, evidence-based programs and practices, and provide oversight for the Regional Youth Action Board (YAB). Staff work collaboratively with a wide variety of state and local entities to achieve federal national outcome measures.
- Goal:** Prevent, delay, and/or reduce individual and environmental concerns associated to substance abuse and related risk factors among youth and adults in southeast Nebraska.

Region V/Southeast Nebraska Prevention Highlights 2011-2012

- **1,178 pounds** of medications were collected in southeast Nebraska during Prescription Drug Take Backs held in Gage, Jefferson, Lancaster, Nemaha, Otoe, and York counties.
- **42 schools** in southeast Nebraska utilize the School Community Intervention Program (SCIP) funded through the Region V Coalitions (Substance Abuse Prevention Block grant funds). SCIP provides information dissemination, education, training, and problem identification and referral.
- **128 personnel** in establishments serving alcohol completed the Responsible Beverage Server Training (RBST) throughout the counties of Butler, Gage, Nemaha, Otoe, Polk, and York during 2011-2012. Nebraska City in Otoe County passed a local ordinance requiring all staff in establishments serving alcohol to go through the training.
- **100% of all legislators** in southeast Nebraska met with prevention coalition leaders in southeast Nebraska on March 8, 2012, to discuss prevention needs, strategies, and data collected through the SHARP survey. 100% of all Nebraska senators were also hand delivered prevention data.
- **37 youth groups** throughout Region V have promoted, educated, provided alternative activities, and engaged in community-based and environmental prevention strategies.
- **400 youth** were in attendance at the Red/White Tailgate Party sponsored by YAB at the Nebraska Red/White game on April 14, 2012. All youth attending the game made a drug-free pledge at half time on the field; approximately 5,000 youth.
- **240 participants** attended the Region V Youth Action Board annual summer June Jam held at SCC-Milford. Youth throughout southeast Nebraska met for leadership development, education on substance abuse and related risk factors, and social engagement. Evaluations indicate that June Jam provides them with another year of tools and social bonding with other youth that choose to remain chemically free.
- **10 trainings** were provided during FY11-12, utilizing funds provided by DHHS/Substance Abuse Prevention Block Grant. Trainings included: Life of an Athlete, Legislative Day, SHARP survey, Bullying, SAAC Conference, Juvenile Justice Conference, Principal's luncheon/training on FYI, development of youth and adult leadership teams at the schools, Red/White Tailgate/drug-free pledge among youth and adults, June Jam/national speakers, and SPF/SIG Sustainability training among participating coalitions.

Community Benefit Network

In its role as the Behavioral Health Authority, Region V Systems has established a number of partnerships, some of which are **co-located** within Region V Systems' building. Region V Systems works with these partners to support them in achieving their mission. For FY 11-12, these contractual relationships were:

Electronic Behavioral Health Information Network (eBHIN)

eBHIN works to promote quality patient care and access, from multiple locations, by developing and implementing a Behavioral Health Information Exchange between behavioral health providers in southeast Nebraska. ***eBHIN's contract includes office space, administrative support, fiscal support, corporate compliance privacy and security support, and information technology support.***

Families Inspiring Families (FIF)

An affiliate of the Nebraska Federation of Families for Children's Mental Health, FIF is dedicated to families with children who have emotional and/or behavioral health issues. FIF helps families with support, hope, knowledge, skills and encouragement through a positive relationship, and networks with other families to find solutions to challenges. ***FIF's contract includes office space, fiscal support, and information technology support.***

Human Services Federation (HSF)

HSF has a membership of 120 nonprofit agencies dedicated to providing quality health and human services in Lincoln and Lancaster County. ***HSF's contract includes office space, administrative support, and information technology support.***

Lancaster Prevention Coalition (LPC)

LPC is made up of nine community groups based in Lincoln/Lancaster County school communities that work to provide locally based prevention activities aimed at underage drinking and other drug use/abuse among youth 0-18. ***LPC's contract includes office space and information technology support.***

Mental Health Association of Nebraska (MHA-NE)

MHA is a consumer-run education and advocacy organization bringing service recipients, families, professionals, advocates, and concerned citizens together to address all aspects of mental health and mental illness. ***MHA's contract includes office space, continuous quality improvement (CQI) support, human resource management support, information technology support, and fiscal support.***

National Association of Case Managers (NACM)

NACM is a national nonprofit membership organization which provides case managers, service coordinators, supervisors, and administrators opportunities for professional growth and the promotion of case management. ***NACM's contract includes fiscal support, administrative management, training, and event coordination.***

National Alliance on Mental Illness (NAMI) Lincoln

NAMI is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with mental illness. ***NAMI's contract includes office space and information technology support.***

Community Benefit Network cont...

People's Health Center (PHC)

PHC is a Federally Qualified Health Center (FQHC) that provides affordable, comprehensive, accessible, culturally appropriate, cost-effective primary health care in Lincoln, Nebraska, especially for those individuals/families with limited resources or other barriers to health care, to improve their overall health status. ***PHC's contract includes office space and technical assistance in human resource management support.***

Seward County

Seward County is a governmental agency with over 120 employees working in ten departments to manage the work of the county. Seward County is one of the 16 counties that Region V Systems has an Interlocal Agreement within its geographical area. ***Seward County's contract includes technical assistance for human resource management, including FMLA/ADA administration.***

Initiatives

Region V Systems is committed to promoting partnerships through various initiatives, special projects, coalitions, and grants. These partnerships include providers, consumers, Department of Health and Human Services, and other stakeholders through evaluation, assessment, and implementation of programming. Following are examples of some of these initiatives:

Behavioral Health and Primary Care Integration

Purpose: Establish integrated behavioral health care and primary health care at People's Health Center (PHC).

How: In the first year of the project, medical homes were established and primary care services were provided to persons who received behavioral health services from Region V Systems' providers. During this fiscal year, a model for integration of primary care and behavioral health services was developed for PHC and implementation began.

During FY 11-12, the total number of medical appointments used by persons directed to PHC by behavioral health providers was 944. This is an increase of 42 percent over FY10-11 and a 78 percent increase over the first year of the project (FY 09-10). A behavioral health specialist is employed by PHC to assist physicians in identifying and addressing patients' behavioral health issues.

Initiatives cont...

Cluster-Based Planning Pilot

Purpose: Region V Systems implemented cluster-based planning and outcome management for adults with Severe and Persistent Mental Illness (SPMI) or Alcohol and Other Drugs (AOD) and for youth suffering from behavioral health issues. This approach assists both the children and adult systems of care with improving the quality of care by better identifying **who the consumers of services are, what types of services are needed, and what can best be offered to meet their needs.** The initial phase of implementation was devoted to training staff that provide or supervise community support services at five Network Provider agencies, including: Blue Valley Behavioral Health, CenterPointe, Child Guidance Center, Community Mental Health Center of Lancaster County, and St. Monica's; and one systems partner, ED Connections.

How: **A cluster is a subgroup of a larger clinical population that shares common problems, strengths, treatment histories, social and environmental contexts, and/or life situations.** The approach includes a review of the adult's or youth's life over time (their history). It assumes that large groups of consumers, such as adults with severe mental disabilities, children with mental health needs, or individuals who are chemically dependent, should not be served as if they were a member of a single homogenous group. Instead, these larger groups are comprised of distinct natural subgroups, or **clusters.** By describing different clusters, identifying and measuring targeted outcomes, and tracking accompanying services and costs, the systems can begin to answer the questions of "**what works, for whom, and at what cost.**" Cluster-based planning is a systematic process that can facilitate clinical practice, treatment planning, program development, and outcomes-based management of services.

The following agencies or programs have been trained in cluster-based planning:

Blue Valley Behavioral Health	Houses of Hope
Centerpointe	Lutheran Family Services
Child Guidance Center	Region V Systems
Community Mental Health Center	St. Monica's
Cornhusker Place	TASC
ED Connections	

Since inception, a grand total of 1,574* adult persons with life experiences became members of an SPMI, Male AOD, or Female AOD cluster within the Region V Systems Network.

Additionally, since inception, a grand total of 1,388* youth with Serious Emotional Disturbances (SED) became members of SED clusters within the Region V Systems network.

There are four categories of cluster memberships:

- Adults with Severe and Persistent Mental Illness (SPMI)
- Youth with Serious Emotional Disturbances (SED)
- Adult Men with Alcohol and Other Drug (AOD) challenges
- Adult Women with Alcohol and Other Drug (AOD) challenges

The charts on pages 22-25 will identify, by agency/program, each cluster description in which persons with life experiences can become a member. The charts illustrate the number and percentage of persons served with life experiences by cluster description, provider, and regional perspective. Persons served with life experiences are an unduplicated count.

*Grand total numbers include duplicates. A person served with life experience may have entered treatment during FY 10-11 and FY 11-12.

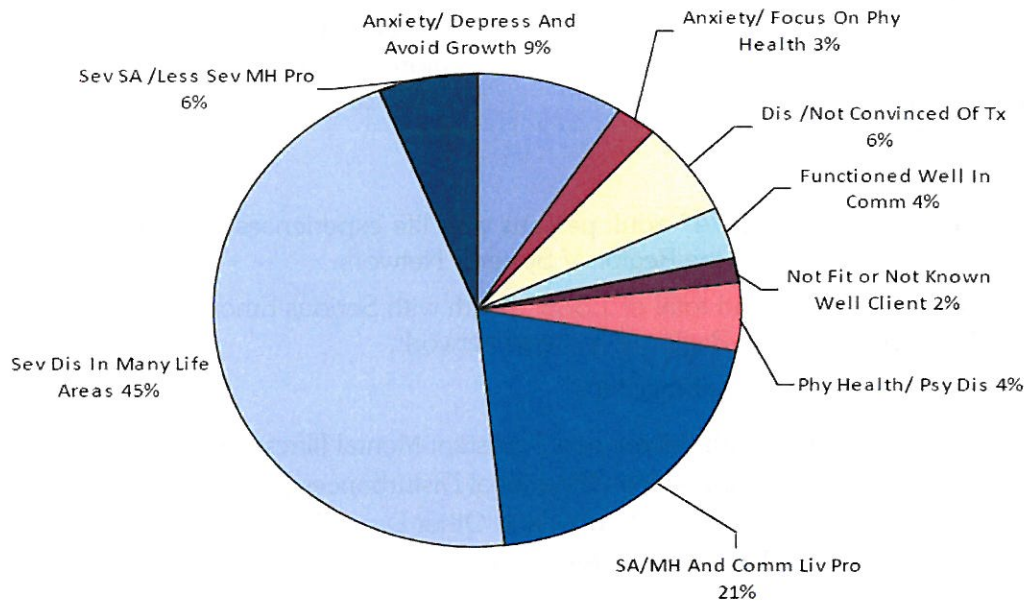
Initiatives cont...

Cluster-Based Planning Pilot cont...

**Region V Systems Network Providers Cluster Memberships
Cluster Type: Adults With SPMI**

Provider Name		Phys Health/ Psych Dis. (1)	SA/MH and Comm Liv Prob (2A)	Severe SA/Less Sev MH Prob (2B)	Severely Dis In Many Life Areas (3A)	Dis / Not Convinced of Tx (3B)	Anxiety / Depress and Avoid Growth (4A)	Anxiety And Focus on Phy Health (4B)	Functioned Well In Community (5)	Not Fit Any Clusters or Not Know Well Client	Total/ Percent By Provider
Blue Valley	#	13	9	6	15	9	38	12	19	0	121
	%	10.7%	7.4%	5.0%	12.4%	7.4%	31.4%	9.9%	15.7%	0.0%	9.3%
CenterPointe	#	6	158	56	62	43	40	7	13	1	386
	%	1.6%	40.9%	14.5%	16.1%	11.1%	10.4%	1.8%	3.4%	3.4%	29.6%
CMHC	#	21	54	0	496	18	12	4	3	3	611
	%	3.4%	8.8%	0.0%	81.2%	2.9%	2.0%	0.7%	0.5%	0.5%	46.8%
ED Connections	#	8	38	16	10	5	22	6	3	0	108
	%	7.4%	35.2%	14.8%	9.3%	4.6%	20.4%	5.6%	2.8%	0.0%	8.3%
Lutheran Family Services	#	0	0	0	0	0	0	0	0	9	9
	%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.7%
TASC	#	10	11	1	11	6	6	6	12	7	70
	%	14.3%	15.7%	1.4%	15.7%	8.6%	8.6%	8.6%	17.1%	17.1%	5.4%
REGIONAL	#	58	270	79	594	81	118	35	50	20	1,305
	%	4.4%	20.7%	6.1%	45.5%	6.2%	9.0%	2.7%	3.8%	1.5%	100.0%

Regional Perspective of Cluster Memberships of Adults with SPMI



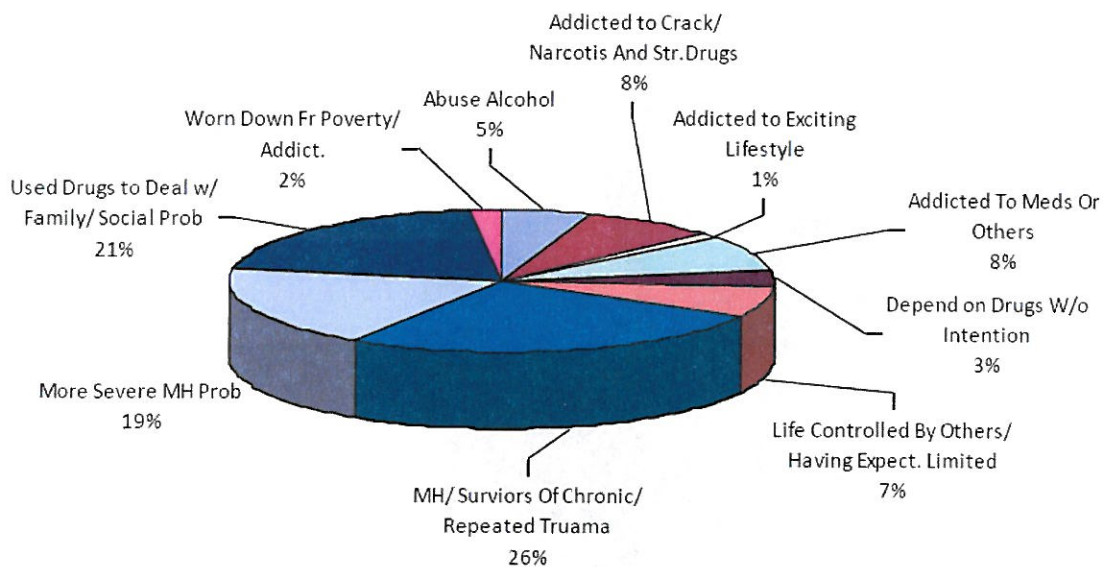
Initiatives cont...

Cluster-Based Planning Pilot

Region V Systems Network Providers Cluster Memberships Cluster Type: Women AOD

Provider Name		Addicted to Crack/ Narcotis And Street Drugs (W1)	Addicted to Exciting Lifestyle (W2)	Addicted To Meds Or Others (W3)	Abuse Alcohol (W4)	More Severe MH Prob (W5)	MH/ Surviors Of Chronic/ Repeat. Truama (W6)	Lives Controlle d By Others/ Having Expect Limited (W7)	Used Drugs to Deal w/ Family/ Social Prob (W8)	Depend on Drugs W/o Intention (W9)	Worn Down Fr Poverty/ Addict. (W10)	Total/ Percent By Provider
Lutheran Family Services	#	0	1	2	2	0	3	3	9	0	1	21
	%	0.0%	4.8%	9.5%	9.5%	0.0%	14.3%	14.3%	42.9%	0.0%	4.8%	13.9%
St. Monica's	#	12	1	9	5	13	30	4	19	4	2	99
	%	12.1%	1.0%	9.1%	5.1%	13.1%	30.3%	4.0%	19.2%	4.0%	2.0%	65.6%
TASC	#	0	0	1	1	15	6	4	3	1	0	31
	%	0.0%	0.0%	3.2%	3.2%	48.4%	19.4%	12.9%	9.7%	3.2%	0.0%	20.5%
REGIONAL	#	12	2	12	8	28	39	11	31	5	3	151
	%	7.9%	1.3%	7.9%	5.3%	18.5%	25.8%	7.3%	20.5%	3.3%	2.0%	100.0%

Regional Perspective of Cluster Memberships of Women with AOD



Initiatives cont...

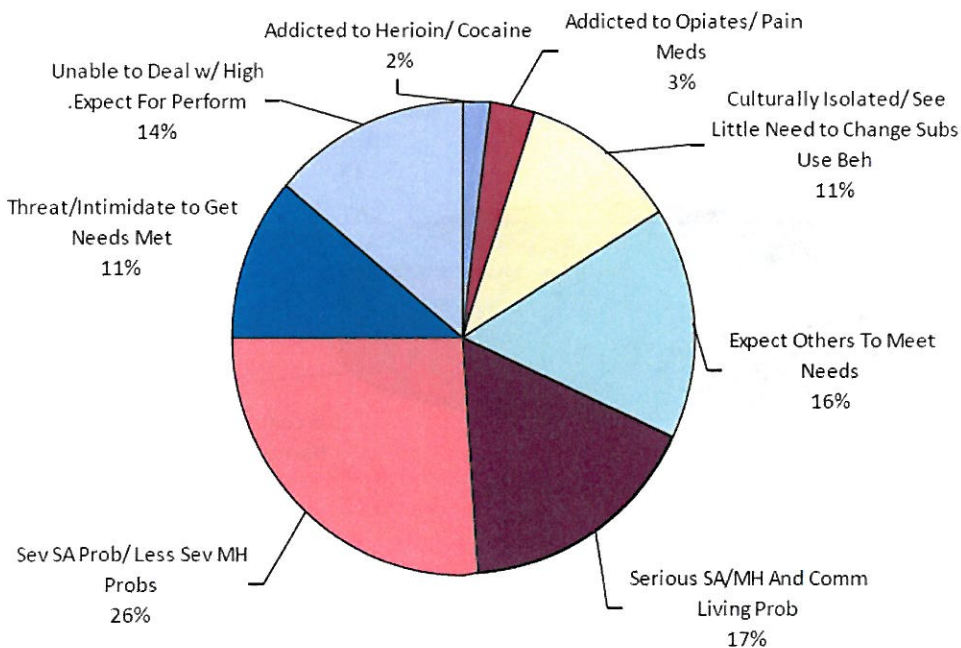
Cluster-Based Planning Pilot cont...

Region V Systems Network Providers Cluster Memberships

Cluster Type: Men AOD

Provider Name		Expect Others to Meet Needs (M1)	Unable to Deal w/ High Expect For Perform. (M2)	Threat/ Intimidate To Get Needs Met (M3)	Culturally Isolated/ See Little Needs to Change Sub Use Beh (M4)	Added To Opiates/ Pain Meds (M5)	Addicted To Heroin/ Cocaine And Out On The Street (M6)	Serious SA/MH And Comm Liv Prob (M7)	Severe SA Prob/ Less Severe MH Prob (M8)	Total/ Percent By Provider
Houses of Hope	#	6	7	2	4	2	1	6	23	51
	%	11.8%	13.7%	3.9%	7.8%	3.9%	2.0%	11.8%	45.1%	51.0%
Lutheran Family Services	#	3	7	7	6	0	1	2	3	29
	%	10.3%	24.1%	24.1%	20.7%	0.0%	3.4%	6.9%	10.3%	29.0%
TASC	#	7	0	2	1	1	0	9	0	20
	%	35.0%	0.0%	10.0%	5.0%	5.0%	0.0%	45.0%	0.0%	20.0%
REGIONAL	#	16	14	11	11	3	2	17	26	100
	%	16.0%	14.0%	11.0%	11.0%	3.0%	2.0%	17.0%	26.0%	100.0%

Regional Perspective of Cluster Memberships of Men with AOD



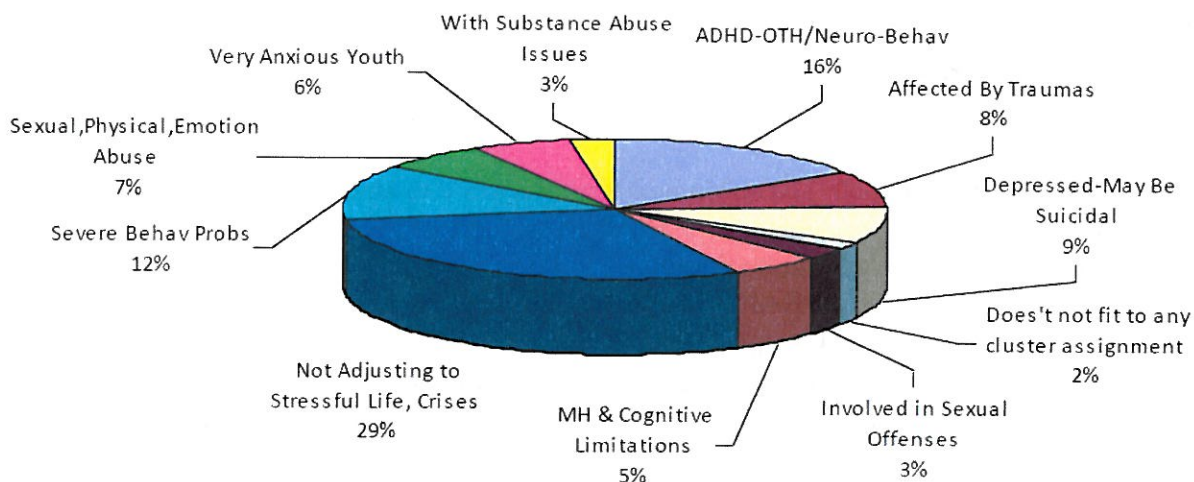
Initiatives cont...

Cluster-Based Planning Pilot

Region V Systems Network Providers Cluster Memberships Cluster Type: Youth With SED

Provider Name	ADHD-OTH/Neuro-Behav (1)	Depress.-May Be Suicidal (2)	Severe Behav Probs (3)	Sexual, Physical, Emotion Abuse (4)	Affected By Traumas (5)	With Subs Abuse Issues (6)	Very Anxious Youth (7)	Not Adjust. to Stress Life, Crises (8)	Involved in Sexual Offenses (9)	MH Cognit. Limit. (10)	Not Fit Or Not know Well Client	Total/Percent By Provider	
Child Guidance Center	#	167	90	132	73	99	32	70	397	36	40	3	1,139
	%	14.7%	7.9%	11.6%	6.4%	8.7%	2.8%	6.1%	34.9%	3.2%	3.5%	0.3%	84.4%
Region V Systems-FYI PPP	#	9	6	8	3	1	1	0	3	2	0	8	41
	%	22.0%	14.6%	19.5%	7.3%	2.4%	2.4%	0.0%	7.3%	4.9%	0.0%	19.5%	3.0%
Region V Systems-FYI TAPP	#	2	9	9	5	1	2	4	2	1	9	7	51
	%	3.9%	17.6%	17.6%	9.8%	2.0%	3.9%	7.8%	3.9%	2.0%	17.6%	13.7%	3.8%
Region V Systems-FYI Trad	#	36	10	18	8	10	2	4	2	0	22	7	119
	%	30.3%	8.4%	15.1%	6.7%	8.4%	1.7%	3.4%	1.7%	0.0%	18.5%	5.9%	8.8%
REGIONAL	#	214	115	167	89	111	37	78	404	39	71	25	1,350
	%	15.9%	8.5%	12.4%	6.6%	8.2%	2.7%	5.8%	29.9%	2.9%	5.3%	1.9%	100.0%

Regional Perspective of Cluster Memberships of Youth with SED



Initiatives cont...

Consumer Involvement

Purpose: In 2004, Nebraska's State Legislature adopted LB 1083, the Nebraska Behavioral Health Services Act, which identified the following purposes:

- Ensure services are consumer focused.
- Create services that emphasize beneficial outcomes based on recovery principles.
- Ensure consumer involvement in all aspects of service planning and delivery.

How: In 2007, a Consumer Specialist position was funded in each Region to support and promote consumer involvement. In Region V, this includes the development and coordination of a "Consumer/Family Coalition"; it is through these activities that Region V Systems ensures reform is consumer led. Recovery principles are also adopted at all levels of the system. Consumer involvement coordination works to:

- Increase consumer and family involvement.
- Support the interests and development of consumers.
- Provide new opportunities for consumers to learn leadership skills.
- Gain experience in developing partnerships.

Consumer and Coalition Achievements in FY 11-12 were:

Consumer/Family Coalition (CFC)

- Met monthly; average monthly attendance was 20 participants at CFC meetings.
- Approved and implemented CFC bylaws.
- Developed a strategic plan focusing on further development of the CFC.
- Sponsored publication of Writers Wordshop anthology, "Writers on the Edge."
- Co-sponsored a recovery picnic/event.

Success, Hopes, and Dreams 2012

- Participated in planning of the 2nd Annual Statewide Behavioral Health Conference, *Success, Hopes, and Dreams 2012*.
- Sponsored scholarships to enable 115 consumers from Region V to attend the statewide behavioral health conference.
- Co-sponsored the conference's *Serenity Room*.

Wellness Recovery Action Plan (WRAP)

- Trained eight individuals as WRAP facilitators.
- Presented WRAP to consumers at the Lancaster County Crisis Center on a weekly basis.
- Offered WRAP workshops and support groups at Region V Systems and in the community.

Peer Support

- Trained 15 individuals in the Office of Consumer Affairs (OCA); approved peer support and wellness specialist curriculum.
- Participated in the OCA training and Certified Peer Support and Wellness Specialist (CPSWS) testing for peer specialists, by both taking and administering the test.
- Initiated Peers Supporting Peers, a group open to anyone either employed or volunteering as peer specialists for co-supervision, education, and networking.

Initiatives cont...

Linking Individuals/Families in Need of Community Support (LINCS)

Purpose: In July 2009, Region V Systems, in collaboration with key community stakeholders, including the Lancaster County Attorney's Office, Lancaster County Human Services, Lancaster Youth Assessment Center, and Child Guidance Center, implemented **LINCS** (Linking Individuals/Families in Need of Community Supports). LINCS offers assessment, services, and supports to families that have acknowledged a need for assistance with their children who are demonstrating difficulties in their homes, schools, and communities. The voluntary process also responds to youth with serious/complex needs who are at risk of a juvenile court filing and becoming state wards by applying the wraparound approach, including prevention, intervention, and coordination designed to address the behavioral health needs of youth and their families. The **primary goal of LINCS** is to reduce formal juvenile justice and/or child welfare involvement while generating community support and service for the youth and their families.

How: The process begins when families contact their local county attorney's office or the Lancaster County Youth Assessment Center and report that their family is in need of services due to their child's high-risk behaviors.

Step 1: Families complete a comprehensive family and system assessment.

Step 2: Upon completion, the youth assessment clinician reviews the assessment recommendations with the family and assists the family with making connections to appropriate community resources.

Eligibility for the LINCS process includes:

- Youth who are referred by their local county attorney's office, Lincoln Public Schools, or the Nebraska Family Helpline.
- Youth who are between the ages of 7-18 years.
- Youth who are at risk for substance abuse, serious emotional disturbances, behaviors that would result in being removed from the home, and/or becoming involved in the juvenile justice and/or child welfare systems.

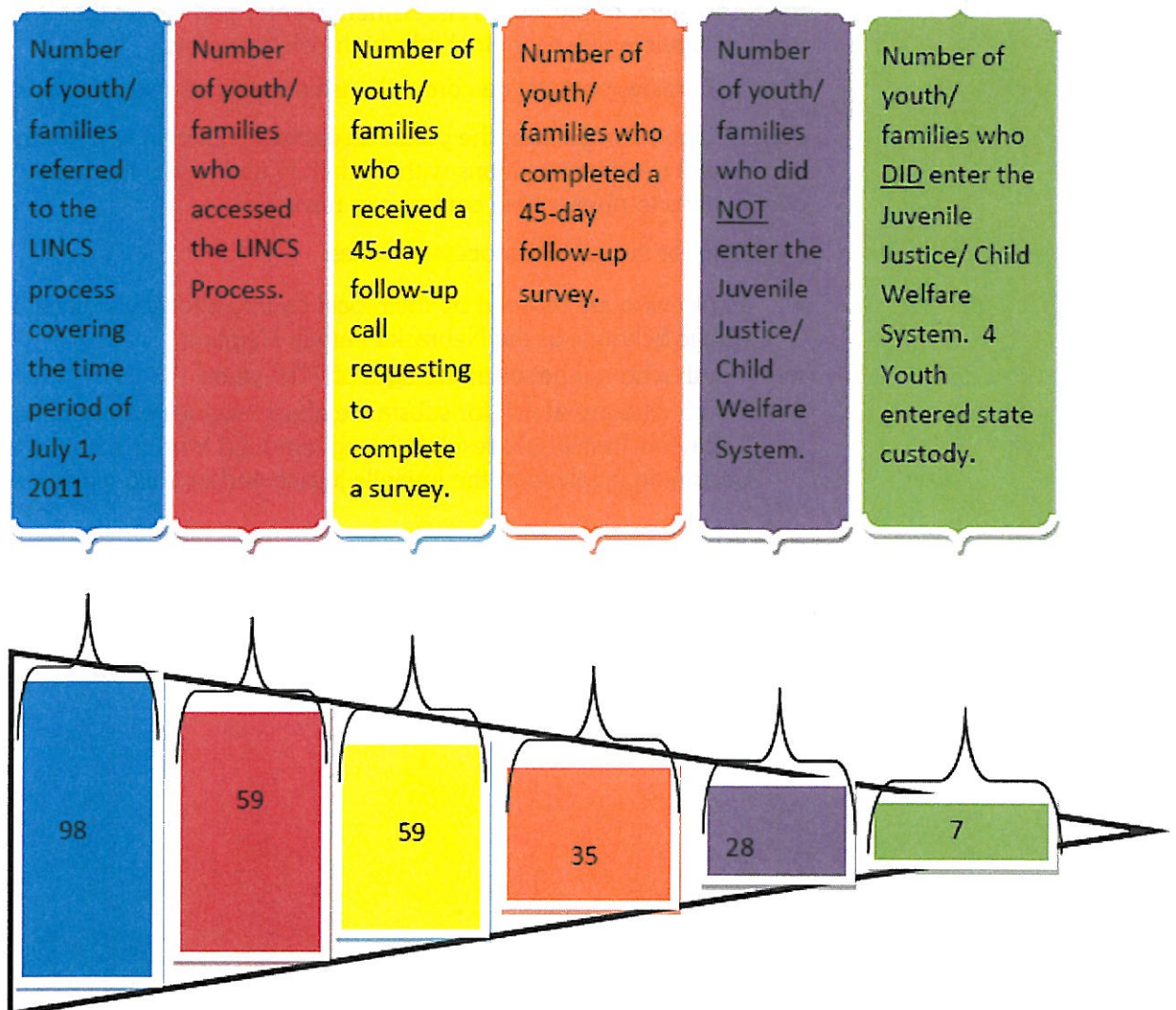
Initiatives cont...

Linking Individuals/Families in Need of Community Support (LINCS) cont...

During FY 11-12, 98 youth were referred to the LINCS process for assessment and or information and referral. Fifty-nine of the referrals went through the process. Follow-up surveys were administered to the families 45 days after completing the LINCS process. The purpose of the survey is to obtain information regarding the impact of the process in meeting the **primary goal to reduce formal juvenile justice and/or child welfare involvement** while generating community supports and services for youth and their families.

- 80% of families surveyed did not have formal juvenile justice and /or child welfare involvement.
- Of the 20% (7 youth) of youth who had juvenile justice and/or child welfare involvement, 4 became wards of the state of Nebraska.

View of youth at different points in time from entering LINCS process until 45 days after.



Initiatives cont...

Special Populations Project

Purpose: Develop comprehensive approaches to meet the needs of special population priority areas as they relate to behavioral health. Grants are awarded to initiate programs, organizations, and community coalitions to meet the needs of the special populations they serve.

How: Region V Systems awards grants to agencies/organizations/individuals that meet special populations in behavioral health criteria. The special populations are:

- Cultural competency
- Elderly
- Families with children with severe emotional disturbances
- Hearing impaired
- Race and ethnicity
- Women

Recipients of Special Populations Grants

Region V Systems awards approximately \$6,000 annually in special population grants. In FY 11-12, funds were awarded to the following:

- CASA for York County, Nebraska, \$1,000
- Lutheran Family Services, \$600
- Families Inspiring Families, \$1,000
- St. Elizabeth Foundation on behalf of ED Connections, \$1,000
- Lincoln Medical Education Partnership's Young Families Program, \$995

Recovery Voucher Project

Purpose: Region V Systems' Recovery Voucher Project is a client-centered, community-based recovery pilot project designed to increase access to substance abuse treatment services for individuals currently on Region V Systems' Network Capacity Waitlist and is intended to reduce time on waitlists and increase access to treatment.

How: The project supports participant choice and delivers funds through a voucher method of payment. Treatment services covered under the voucher project are initially limited to Intensive Outpatient (ASAM Level II.1) and Short-Term Residential Treatment (ASAM Level III.5).

Region V Systems contracted with one voucher provider, Summit Care and Wellness, and issued vouchers to 18 consumers in FY 11-12.

The goal is to decrease wait times and increase access to treatment. During FY 11-12, the average wait time for substance abuse treatment services was 13.6 days.

Initiatives cont...



Let's Build Nebraska

Region V Systems received a \$1.5 million federal grant (Let's Build) in 2007 to provide funding, technical assistance, and training to build the capacity of nonprofits. Because of the successful outcomes the grant provided, several organizations in the Region V area joined together to create a framework and a workable strategy to sustain the capacity-building initiative. The organizational structure that has come out of the work group is an exciting new idea that sets a foundation to support and strengthen the nonprofit community. The initiative is called **Let's Build Nebraska**.

Purpose: Support capacity building to strengthen southeast Nebraska communities by developing an organizational structure to secure, organize, and provide resources to strengthen the capacity and ensure viability of nonprofits and other organizations.

How:

- Develop a website featuring online resources for organizations to find basic information to improve their capacity.
- Identify and coordinate subject matter experts and other volunteer resources to provide training, coaching, and/or mentoring services.
- Create a brand, logo, and marketing plan to promote the efforts.
- Identify and secure financial and other resources necessary to support capacity development.
- Develop methods and tracking systems to quantify success.

Let's Build Nebraska's website, www.letsbuildnebraska.org, was launched in June 2012 to provide resources, expertise, and opportunities for community-minded individuals, nonprofit staff, and volunteers who seek to improve the quality of life in Nebraska. As our nonprofit sector grows in responsibility, it can now continue to grow in excellence.

Client-Directed/Outcome-Informed Care

Purpose: Designed to ensure consumer involvement in planning, delivery, and evaluation of treatment services, focusing on whether treatment is working and then building on successes.

How: Region V Systems' Professional Partner Program, CenterPointe, and Child Guidance Center all utilize this evidence-based practice. Staff members ask consumers to fill out an outcome-rating scale when they first meet in order to hear the consumer's perspective of how things are going in their life. At the end of the session, staff members ask consumers to fill out a session-rating scale to hear the consumer's perspective of how well the staff member listened, worked on the consumer's goals, was respectful, and if the staff member's approach was a good fit.*

*See the Outcome Rating Scale graph on page 15 for further information.

Initiatives cont...

Culturally and Linguistically Appropriate Services (CLAS)

Purpose: Establish an organized and coordinated system to build support services that ensure culturally and linguistically appropriate services in the Region V geographic area. The outcome is improved behavioral health services in Region V for those consumers with culturally and linguistically specific needs.

How: Region V Systems hosts a CLAS Coalition that meets monthly to address cultural and linguistic issues. The coalition membership is open to anyone interested in cultural and linguistic services and supports.

In FY 11-12, funds were disbursed to the following:

Interpreter Reimbursement for Network Providers:

Blue Valley Behavioral Health, \$892

CenterPointe, \$38

Community Mental Health Center of Lancaster County, \$11,881

Cornhusker Place, \$182

Lutheran Family Services, \$249

Recipients of CLAS Grants:

Asian Community and Cultural Center, \$630

Human Services Federation—Community Services Initiative Project, \$400

Lincoln Literacy Council, \$1,000

Lincoln Medical Education Partnership, \$1,000

Nebraska Association for Translators and Interpreters, \$1,000

Initiatives cont...

Trauma-Informed Care Initiative

- Purpose:* To ensure that all network providers providing behavioral health services are:
- Informed about the effects of psychological trauma.
 - Consistently screen for trauma symptoms and history of traumatic events.
 - Provide ongoing assessment of trauma symptoms and problems related to trauma.
 - Offer services that are recovery-oriented and trauma-sensitive.
 - Understand that re-traumatization may occur if safe, effective, responsive services are not available.

How: Region V Systems facilitates a Trauma-Informed Workgroup comprised of consumers, Network Providers, Region V staff, and other community stakeholders that is responsible for planning, developing, and implementing strategies that promote and support a trauma-informed service delivery system within the Region V geographical area.

Efforts in FY 11-12 included:

- Supporting the trauma initiatives of individual provider agencies trauma with the support of trauma informed mini-grant funds.
- Educating and increasing awareness of trauma and its effects through the coordination and sponsorship of a trauma track at the Statewide Behavioral Health Conference.
- Providing for further development and enhancement of trauma specific services within the Region V geographical area.

Lancaster County Consumer Demographics

County of Residence : Lancaster		Unduplicated Count of Persons Served ►	4571	4327
		Total Admissions ►	2987	6966
Demographic	Category	MH	SA	
Service Type	ACT	3		
	ACT Alt	84		
	Acute Psy Inpatient	11		
	Assess/Eval ONLY -SA			94
	Assessment			38
	Assessment Addendum			9
	Ch Halfway House			1
	Ch O/P-MH	178		
	Ch O/P-SA			147
	Ch Prof Partners	237		
	Ch Ther Comm			6
	Ch Yth AssessONLY-SA			2
	Comm Supp - MH	4		
	Comm Supp - SA			1
	Community Support MH	885		
	Community Support SA			105
	CPC			4644
	Crisis AssessLADC/SA			166
	Day Rehab - Full Day	149		
	Day Treatment - MH	64		
	Detox			435
	Dual Dis Res/MH	7		
	Dual Dis Res/SA			52
	Emergency Comm Supp	124		
	EPC	563		
	Family Therapy w/Clt			8
	Group Therapy			38
	Half-way House - SA			114
	ICS/ICM - MH	105		
	ICS/ICM - SA			75
	Int O/P - SA			164
	Int. Res - SA			69
	Medication Managment	7956		
	O/P Dual Dx	3		
	O/P-MH	7477		
	O/P-SA			972
	OpioidRplace-MethBup			32
	Post Com Trt Days/MH	89		
	Post Com Trt Days/SA			5
	Psych Res Rehab - MH	22		
Psych Respite	143			
Recovery Support	241			
Secure Resident - MH	1			
Short-term Res - SA			300	

Lancaster County Consumer Demographics

	Sub Acute	2	
	Supported Employment	81	
	Supported Living	39	
	Therapeutic Com - SA		41
Service Type Total		18468	7518
Sex	Female	9384	1986
	Male	9076	5524
	Unknown	8	
Sex Total		18468	7510
Race	Alaska Native	49	2
	American Indian	442	440
	Asian	223	45
	Black or African American	1437	1024
	Native Hawaiian	27	4
	Other Pacific Islander	62	167
	Unknown	230	25
	White	15998	5803
Race Total		18468	7510
Age	0 - 5 Years Of Age	14	1
	6 - 10 Years Of Age	106	
	11 - 15 Years Of Age	150	53
	16 - 17 Years Of Age	60	134
	18 Years Of Age	67	134
	19 - 20 Years Of Age	750	414
	21 - 25 Years Of Age	1974	1289
	26 - 44 Years Of Age	8410	3198
	45 - 64 Years Of Age	6524	2258
	65+ Years Of Age	413	29
Age Total		18468	7510
Employment Status at Ad	Active/Armed Forces(<35 Hrs)		6
	Active/Armed Forces(35+ Hrs)	8	4
	Disabled	2495	480
	Employed Full Time (35 hrs +)	2159	1779
	Employed Part Time (<35 Hrs)	2491	986
	Homemaker	136	26
	Resident of Institution	8	10
	Retired	103	40
	Sheltered Workshop	31	
	Student	445	320
	Supported Employment	16	5
	Unemployed(Laid off/looking	7201	1286
	Unemployed/Not Seeking	3108	2555
	Unknown	243	9
	Volunteer	24	4
Employment Status at Admission Total		18468	7510
Insurance Coverage	Child Welfare	1	2
	HMO	509	43

Lancaster County Consumer Demographics

	Indian Hlth Svc	2	7
	Medicaid	2054	808
	Medicare	2810	121
	No Insurance	10936	5070
	Other Insurance	1928	1096
	Othr Direct Fed		1
	Othr Direct Sta	3	5
	PPO	53	66
	Priv.Self Paid	126	198
	Unknown	8	
	Veterans Admin	38	93
Insurance Coverage Total		18468	7510
Legal Status at Admission	Civil Protective Custody (CPC)	70	4510
	Court Order	115	498
	Court: Competency Evaluation		1
	Court: Juvenile Commitment	1	4
	Court: Juvenile Evaluation		2
	Court: Mentally disordered sex offender	8	
	Court: Presentence Evaluation	2	39
	Emergency Protective Custody (EPC)	664	167
	Juvenile High Risk Offender	2	
	MHB Commitment	1261	103
	MHB Hold/Custody Warrant	159	8
	Not responsible by reason of insanity	46	7
	Parole	139	14
	Probation	98	182
	Probation due to Gambling	3	
	Voluntary	15403	1847
Voluntary by Guardian	497	128	
Legal Status at Admission Total		18468	7510
Reason for Admission	Dual Diag/Prim.MenHlth/Pri.S/A	2282	445
	Prim CG/Secondary MH	2	
	Prim.Compulsive Gambling	6	
	Prim.Mental Hlth/Secondary S/A	1528	28
	Prim.Mental Retardation	8	3
	Prim.S/A/Secondary Mental Hlth	131	242
	Prim.Sex Offender	321	1
	Primary Mental Health	13739	290
	Primary Substance Abuse	370	6491
	Unknown	81	10
Reason for Admission Total		18468	7510
Diagnostic Categories	Adjustment Disorder	696	105
	Anxiety Disorder	2133	63
	Child/Adolescent Disorder	317	19
	Cognitive Disorder	43	4
	Deferred, Unspecif, Other	348	138
	Dissociative Disorder	12	1

Lancaster County Consumer Demographics

	Eating Disorder	12	3
	Mood Disorder	9229	267
	Other Conditions	42	5
	Other Impulse-Control	104	4
	Personality Disorder	10	
	Schizophrenia & Psychosis	4073	73
	Sexual & Gender Identity	328	1
	Sleep Disorder	11	
	Somatoform Disorder	6	
	Substance-Related Disorder	1029	6827
	Unidentified	75	
	Diagnostic Categories Total	18468	7510

REGION V SYSTEMS

COUNTY CONTRIBUTION (Proposed 4-8-13)

(MENTAL HEALTH)	2010 POPULATION	FY 12-13	PER POP.	Increase (2.25%)	FY 13-14	PER POP.
COUNTY						
Butler	8,395	\$ 12,384	1.4752	\$ 279	\$ 12,663	1.5084
Fillmore	5,890	\$ 8,688	1.4752	\$ 195	\$ 8,883	1.5084
Gage	22,311	\$ 32,913	1.4752	\$ 741	\$ 33,654	1.5084
Jefferson	7,547	\$ 11,134	1.4752	\$ 251	\$ 11,385	1.5084
Johnson	5,217	\$ 7,696	1.4752	\$ 173	\$ 7,869	1.5084
Lancaster	285,407	\$ 588,941	2.0635	\$ 13,251	\$ 652,192 **	2.2851
Nemaha	7,248	\$ 10,692	1.4752	\$ 241	\$ 10,933	1.5084
Otoe	15,740	\$ 23,219	1.4752	\$ 522	\$ 23,741	1.5084
Pawnee	2,773	\$ 4,092	1.4752	\$ 92	\$ 4,184	1.5084
Polk	5,406	\$ 7,975	1.4752	\$ 179	\$ 8,154	1.5084
Richardson	8,363	\$ 12,337	1.4752	\$ 278	\$ 12,615	1.5084
Saline	14,200	\$ 20,948	1.4752	\$ 471	\$ 21,419	1.5084
Saunders	20,780	\$ 30,654	1.4752	\$ 690	\$ 31,344	1.5084
Seward	16,750	\$ 24,709	1.4752	\$ 556	\$ 25,265	1.5084
Thayer	5,228	\$ 7,712	1.4752	\$ 174	\$ 7,886	1.5084
York	13,665	\$ 20,159	1.4752	\$ 454	\$ 20,613	1.5084
Total	444,920	<u>\$ 824,253</u>		<u>\$ 18,547</u>	<u>\$ 892,800</u>	

** Includes reinstatement of prior \$50,000 cut

(SUBSTANCE ABUSE)	2010 POPULATION	FY 12-13	PER POP.	Increase (2.25%)	FY 13-14	PER POP.
COUNTY						
Butler	8,395	\$ 2,228	0.2654	\$ 50	\$ 2,278	0.2714
Fillmore	5,890	\$ 1,563	0.2654	\$ 35	\$ 1,598	0.2714
Gage	22,311	\$ 5,921	0.2654	\$ 133	\$ 6,054	0.2714
Jefferson	7,547	\$ 2,003	0.2654	\$ 45	\$ 2,048	0.2714
Johnson	5,217	\$ 1,384	0.2654	\$ 31	\$ 1,415	0.2714
Lancaster	285,407	\$ 250,852	0.8789	\$ 5,644	\$ 256,496	0.8987
Nemaha	7,248	\$ 1,923	0.2654	\$ 43	\$ 1,966	0.2714
Otoe	15,740	\$ 4,177	0.2654	\$ 94	\$ 4,271	0.2714
Pawnee	2,773	\$ 736	0.2654	\$ 17	\$ 753	0.2714
Polk	5,406	\$ 1,434	0.2654	\$ 32	\$ 1,466	0.2714
Richardson	8,363	\$ 2,220	0.2654	\$ 50	\$ 2,270	0.2714
Saline	14,200	\$ 3,769	0.2654	\$ 85	\$ 3,854	0.2714
Saunders	20,780	\$ 5,515	0.2654	\$ 124	\$ 5,639	0.2714
Seward	16,750	\$ 4,445	0.2654	\$ 100	\$ 4,545	0.2714
Thayer	5,228	\$ 1,388	0.2654	\$ 31	\$ 1,419	0.2714
York	13,665	\$ 3,627	0.2654	\$ 82	\$ 3,709	0.2714
Total	444,920	<u>\$ 293,185</u>		<u>\$ 6,596</u>	<u>\$ 299,781</u>	
GRAND TOTAL		<u><u>\$ 1,117,438</u></u>		<u><u>\$ 25,143</u></u>	<u><u>\$ 1,192,581</u></u>	

3/18/2013



RVS

2012 Annual Report

Region V Services

www.regionvservices.com

boards and committees

Staff Development

Andrea Rinkleff - Auburn
Anni Schaldecker - York/Seward
Bruce Cudly - Central Office
Cami Erb - L-3
Carol Cunningham - Central Office
Deb Brixus - Crete/Beatrice
Greg Hasselman - ServiceLinc
Jack Knickman - L-2
Leon Schiermeyer - Central Office
Linda Plager - Nebraska City
Lisa Bahle - L-5
Richard Soule - L-4/Gretna
Susanne Nelson - Wahoo
Tammy Suey - Fairbury/Hebron
Tessa Humann - L-1
Todd Scholz - Central Office
Traci Ryba-Grant - David City/Columbus

Public Education and Information

Roni Gabel - Central Office
Sonia Kistner - Auburn
Joanne Nolting - Crete/Beatrice
Margo Hlavac - David City/Columbus
Johnita Patterson - Fairbury/Hebron
Dusty Hegwood - L1
Ann McNemar - L2
Tengorn Phaison - L3
Tina Luellen - L4/Gretna
Deb Barnhill - Nebraska City
Terese Croghan - ServiceLinc
Joyce Komeda - Wahoo
Lisa Obermier - York/Seward

The Dinner Dance host and hostess crew. A great team.



Personnel Advisory

Darcy Hinrichsen - Auburn
Lori Gottfried - Central Office
Diane Usher - Crete/Beatrice
Beth Hlavac - David City/Columbus
Jeanette Engelbrecht -
Fairbury/Hebron
JoDee Johnson - L1
Frank Bonsu - L3
Betty Finck - L4/Gretna
Jim Hedrick - L5
Karen Ohnmacht - Nebraska City
Will Howsden - ServiceLinc
Carey Shanahan - Wahoo
Patsy Elliott - York/Seward

Governing Board

Greg Janak - Butler
Dennis Wittmann - Nemaha
Doris Karloff - Saunders
Jerry Galusha - Fillmore
Carol Crook - Otoe
Scott Stuhr - Seward
Dennis Byars - Gage
Janice Lang - Pawnee
Dean Krueger - Thayer
Marvin Yost - Jefferson
LeRoy Gerrard - Polk
Bill Bamesberger - York
Terry Keebler - Johnson
Bill Ely Jr. - Richardson
Brent Smoyer - Lancaster
Janet Henning - Saline
Kevin Jeppson - RVS
Dave Merrill - RVS

Advisory

Susan Brown
Sue Bunde
Hazel Cummins
Terry Dittmer
Clarence Hupka
Courtney Kochner
Mary & Tim McAlpine
Beth Sposato
Wilbert Weldon
Gene Zitek
Donna Zidko
Leonard Glenn

Our Mission Statement

The Mission of Region V Services is to provide desired training and supports that promote interdependence and relationships within community and lessen reliance upon agency services.

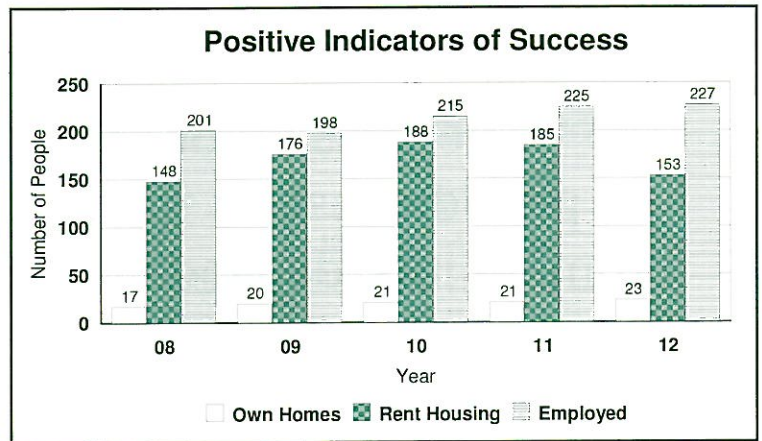
Our Vision Statement

Each Nebraskan with a developmental disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

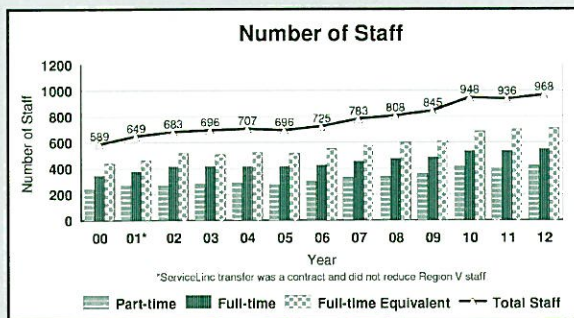
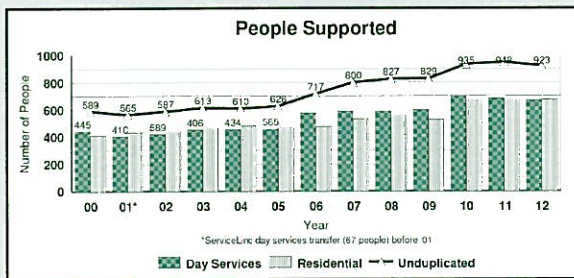
index

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The numbers of positive indicators of success are affected by many factors. We were happy to have two more people own their own homes, and that the number of people with new jobs outpaced the number who lost jobs due to retirement or the economy.



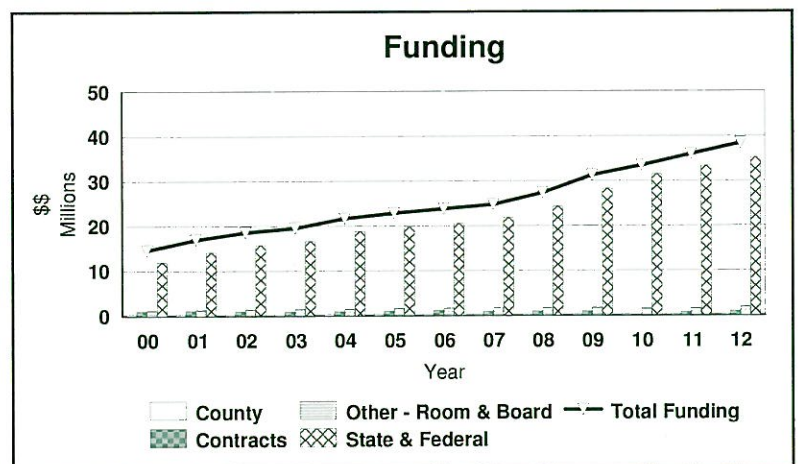
Region V Services



We had expected the number of people supported to rise with the legislature appropriating money to address the waiting list beginning in July, 2012. That process has taken longer than we thought and more people have left due to death or other placements than entered through transfers, priority one placements, or high school transition.

The increase in the number of staff reflects an increase in part time staff as substitutes, and providing more individualized supports with part time staff.

The Federal Medicaid Waiver program provides about half of the funding for community supports. When the legislature addresses the waiting list or provides a rate increase, it brings additional Federal money to Nebraska.





The Central Office staff.



The 2012 Spring Dance and Arts Festival was held at the Courtside Banquet Hall.

Central Office



Region V Services purchased a building at 3151 South Street for L3 to use for their Plaza Connection Day Service program.



Our nurses staffing the exhibit booth during the Life! Live it to the Max! symposium.

- BART 24 classes held
247 staff trained
- Outcomes 3 classes held
31 staff trained
- Orientation 12 classes held
411 staff trained
- Med Class over 76 classes held
over 470 staff trained
- CPR Class over 80 classes held
over 416 staff trained
- Spring Dance and Arts Festival
320 attended
- Annual Picnic at Pioneers Park
700 people attended
- Annual Dinner Dance
650 people attended
- Life! Live it to the Max! Symposium
418 people attended
- Management 2012 Training provided
11 area programs.
- Updated Medication Administration
manual.
- Balanced W2's and completed monthly
payroll for 1,164 employees with
over \$21,500,000 in gross pay.
- Dave Merrill visited 16 counties.
- 13 Central Office Listening Tour visits.
- Switched to a self insured health plan
which will save RVS thousands of
dollars.
- Expanded our Gretna Program.



Brian Wellsandt purchased his home and moved in this summer



Courtney Borrego started her new job at Sonic as onion ring maker.

Auburn (SENDS)



People First supports Neighbor to Neighbor. A donation was made from the many fund raising events by the Auburn Chapter of People First.



Patty Woodward saved money for several years to go on her "dream trip" to San Diego.

Community Contributions

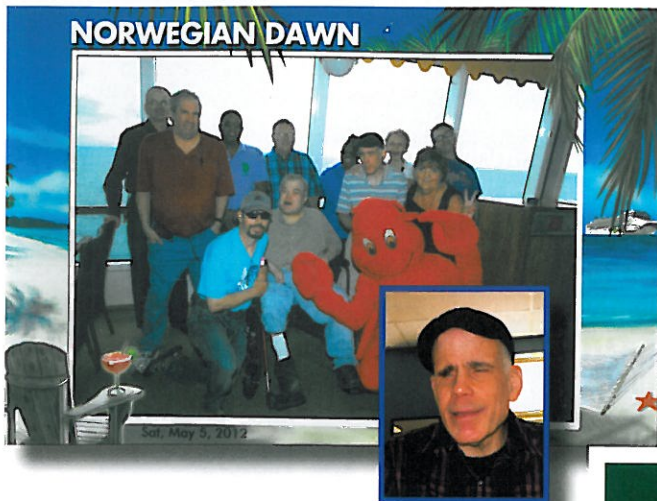
- People First had fund raisers and donated money towards a new addition to the local library, the Back Pack Program and the local theater renovation.
- 10th Year that Retirement Club and others delivered for Meals on Wheels
- Susie Williams, member of the Auburn Ambassadors, handed out water during the county fair
- Retirement Club provided 200 hand made valentines for the Auburn Chamber Ambassadors to give to the elderly of our community
- Members of People First gave a presentation on Self Advocacy to Falls City School. They received a grant for Self Advocacy Awareness
- Nathan Rumery raised money for Special Olympics by participating in the Polar Plunge.

Community Participation

- Joel Pursey participated in the Auburn Community Gardens
- Kernal Crazy Popcorn began e-commerce orders (online sales)
- 3 teams participate in community bowling leagues
- 5 members of Auburn People First attended the Proclamation of Disabilities Awareness Month at the State Capitol

Personal Achievements

- Dave and John Moody vacationed in Canada
- Joel Pursey flew for the first time, vacationing in San Diego
- Joel Pursey got his learner's permit
- Seven members of Auburn People First attended the National Convention in St. Paul, Minneapolis
- People First members participated in the teleconference "Power Up".
- Wade Woerlen began a full time job at Ariens Company in Auburn.
- Jaime Ables started a job at Casey's



David Cople waited for years to have enough money to go on a cruise. He finally did it this summer and he LOVED it! He already has another one booked for 2013.

The Isis Theatre has been an important part of the Crete community for many years. People from Region V Services have been working at the Isis for the past 32 years. The theatre must now raise \$85,000 to convert their equipment to digital technology or close their doors. The owner, Thom Reeves, has been applying for grants to keep the theatre open and several local organizations have sponsored fund raisers.

Larry Synovec, Daryl Kubes and Jacob Castillo each have scheduled days to provide the main weekly cleaning at the theatre. They like working at the theatre and enjoy attending movies. They decided to host a "Save the Isis" fund raiser to help with the digital conversion project. The guys, along with many other helping hands from Region V Services, put on a spaghetti dinner and bake sale. They raised nearly \$2,000!

David Cople finally realized the vacation he has dreamed about for many years. He has gone on vacations before and enjoyed them, but they didn't replace the cruise ship vacation he often talked about. He is still beaming from ear to ear when he talks about the 8 day Bermuda Cruise. It was everything he thought it would be. He loved sleeping on the ship (which was the most important part of the trip) and having all his meals at the ship restaurant. He enjoyed Bermuda and going to the stores. Another cruise is in his near future. He is scheduled to depart in March. Bon Voyage!



Larry Synovec, Daryl Kubes and Jacob Castillo are employed at the Isis Theater in Crete. They hope the theater raises enough money to stay open.

Crete/Beatrice

Agency Highlights:

- Trey Thalmann moved from an assisted setting to an apartment with a room mate.
- Seven people volunteered to ring bells for the Salvation Army during the holidays.
- Three gentlemen started services at the Beatrice Day Center. This is our first time providing supports to triplets.
- Denise Winquest participated in TOPS (Taking Off Pounds Sensibly) and has lost over 65 lbs.
- 16 people qualified to compete in the Special Olympics East Central Bowling Competition at Sun Valley Bowling Lanes in Lincoln.
- We have a local Program Ethics Committee that meets quarterly.
- Approximately 25 people enjoyed a private sky box while attending a Salt Dogs game in Lincoln.
- Larry Peterson attended three Gage County Fair concerts. He is a huge country music fan and had a great time as he experienced his first outdoor concert.
- Several people attended the People First Convention in Kearney.
- Jacob Castillo moved into an apartment which he shares with a roommate.
- Five people we support each have their own adaptive equipment for communication.
- Six people own computers and one person recently purchased a Kindle Fire.
- The Crete/Beatrice program has developed a local Program Ethics Committee.



Justin Steuben

- Agency Goals:**
- To increase integration, social roles & outcomes for people supported.
 - To provide quality training opportunities for staff and individuals served.
 - To celebrate successes & make work fun for everyone.
 - To improve overall wellness of individuals supported & staff.
 - To strengthen the agency relationships at all levels through positive communication.

David City/Columbus

Justin Steuben likes his life. He is happy and proud of his accomplishments. Justin recently celebrated his one year job anniversary at Super Saver in Columbus. He enjoys his job. His duties include bringing in all the carts from around the parking lot, stocking grocery items, emptying trash and assisting customers. He gets along well with his supervisor, which makes work feel less like work.

Justin enjoys volunteering as an escort at the weekly Red Cross Blood Drive, and has been a Red Cross volunteer for many years. He is a member of People First and attends the monthly meetings and helps with their events. He is on the bowling, track and basketball teams with Special Olympics. His favorite hobby is building model cars, trucks and semis. Sometimes he gives them away but mostly he keeps them. He has quite a collection from years of building. They make him proud and happy. Justin likes his life.

Highlights:

- Several staff have received training on sensory processing to better meet individual's needs
- Several individuals participated in life skills training through Central Community College
- Several individuals volunteered within the community while others found or maintained paid employment
- A number of people went on vacations/weekend excursions including Nebraska Passport Tours
- Several people supported have personal cell phone contracts
- Many people attended and enjoyed the RVS Symposium
- We were a sponsor for the Butler County Relay for Life
- For the second year in a row, we were a recipient of the Foundation grant from the department of roads for a new lift van
- Completed DHHS certification review & awarded 2 year certification





Dick Williams raised money for hungry horses at a local shelter.

After watching the evening news about starving horses needing hay and the horse rescue group needing help Dick Williams decided he needed to do something. He placed jars at twelve businesses around town to accept donations and raised over \$200!

Jim Tejral enjoys traveling. And so does Dick Williams. They decided they'd like to try a boat trip. They took a bus from Omaha to Illinois then rode a river boat to Iowa while staying overnight in hotels. Jim said the best part of the trip was staying in a hotel. They both enjoyed the good meals and fresh air on the Mississippi River Cruise.



Dick Williams and Jim Tejral enjoying the sun from the deck during a recent Mississippi River Cruise.



People enjoying the good food while others relaxed in the hot tub during this gathering of friends.

Fairbury/Hebron



Larry Sittler is from a family of rail road workers and enjoyed a trip to the train station and museum. It brought back fond memories.



Sandra Disney and Scott Wood officially made a commitment to their relationship.



Melody & Lee picked up a part-time job this summer helping paint the food truck for Pepe's restaurant.



Audra enjoys socializing with other members at the YMCA as she folds and replenishes clean towels.

Lincoln 1

Highlights:

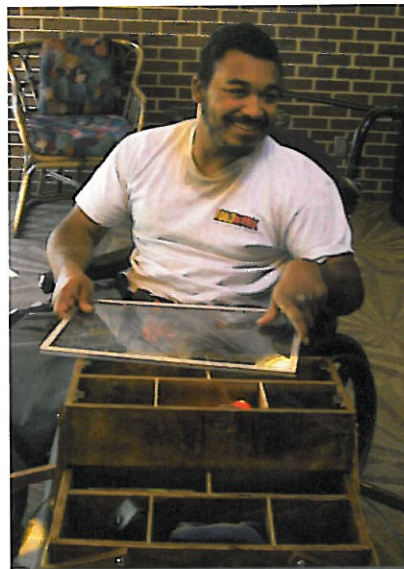
Facebook accounts have been used to promote small businesses, communicate regularly with family & friends and of course to share photos capturing special moments.

The addition of technology has opened many doors for people we support. Utilizing an iPad at day service provides opportunities for communication apps, interactive games and social media. It has given a voice to many people who struggle with communication.

A main training focus of 2012 has been Sensory Processing. Lincoln 1 is proud to have two Sensory trainers in our program able to train employees and set up sensory flows of the day for people we support.

Several individuals went on vacations throughout 2012. Trips included Branson, Kansas City, Wisconsin to a Packers' game, camping at Mahoney State Park & South Dakota to name a few.

Over 40 people, including both people we support and employees, came together to enjoy our agency sponsored Symposium 2012, "Living Life to the Max".



Darnell's business "Thinking Inside the Box" builds double-decker tackle boxes. He plans to expand his product line by adding jewelry boxes in the future.

Lincoln 1 currently supports:

- 66 people who receive day supports
- 43 people who receive residential supports
- 82 people served (unduplicated)
- 1 person who owns their own home
- 8 people who rent their own apartment
- 21 people who live with their family
- 5 people who live with an Extended Family Home
- 6 people who receive 24-hour residential supports
- 12 people who are competitively employed

Agency goal: To listen, communicate and take actions to support people in living the meaningful life of their choice.



Ivan Hall, Dishwasher Supervisor, takes a few minutes with his friend and co-worker, Leslie Day, before he starts his work.



Ivan Hall has worked at Amigos for the past 21 years.

Lincoln 2

Ivan Hall proudly wears his Amigos name badge with Dishwasher Supervisor under his name. He started as the dishwasher 21 years ago and has been adding other duties and responsibilities along the way. He fills the beverage dispenser ice machines, wipes the tables, takes out trash and handles the noon time dishes. He has a job coach that works with him.

Something special about his 21 years at Amigos is that he has worked with the same Amigos management team for all those years. Leslie Day, Public Relation Manager, remembers when Ivan first started. How friendly he was to everyone, how he worked so hard to learn his job and how he recognized the regular customers and makes sure to greet them. He has continued to demonstrate these skills through all the years at Amigos.

Leslie is Ivan's advocate and a true work place support person. She continues to work with him and his job coach, Sam, with great sincerity to help him maintain his employment. She provides ongoing encouragement for Ivan to achieve his highest potential. She and Rob, another Amigos supervisor, are dedicated to the success of each of their employees. Ivan's co-workers look after one another. They care about each other and Ivan is part of this successful culture established by the long standing management team.

Highlights:

- After two years of increasing her exercise and improving her eating habits, Jada has met her goal weight of 110 pounds.
- Alex celebrated his 10 year employment anniversary at Arby's.
- Margaret has accomplished her writing goal and continues to practice writing letters and words.
- Janette is very happy with her new extended family home. She is having many first experiences (new hair style & clothes, making crafts and more).



Katie Dick enjoys making crafts and giving them as gifts in the community.



Michelle Binder loves working with children. She looks forward each day to her job at a day care center.

Ivan Hall experienced his first Husker Football game this fall.





Bob Beckman, like many others, spends most of his time involved in activities in the community. Here he is seen in front of the Region V Services Central Office where he cleans every morning. Bob says that he enjoys the money that he earns and also looks forward to visiting with the staff that works there.

Lincoln 3



Lloyd Houdek stops to greet others as he arrives at the Plaza Connection.

After a long search, the perfect location was found for the Lincoln 3 day program, The Plaza Connection. Then the long and tedious task of designing and renovating the building to meet the needs of those who gather there began. After making choices of everything from ceiling to floor, the building finally transformed into everything we hoped it would be and the doors opened on October 22nd. Everyone pitched in by moving boxes, arranging furniture and decorating, all with great enthusiasm.

The Plaza Connection now is an easy-access building with a wonderful floor plan. The new neighborhood also provides a number of opportunities for community activities and making new friends.



Jason Courtney and Barbara Lyles sneak in a game of UNO before their day starts.



Blake Loos is always willing to help. He admits that he likes to work, but here he is taking a rest on Plaza Connection moving day.



Julie shares her talents cooking at the Gretna day services for their weekly luncheon!



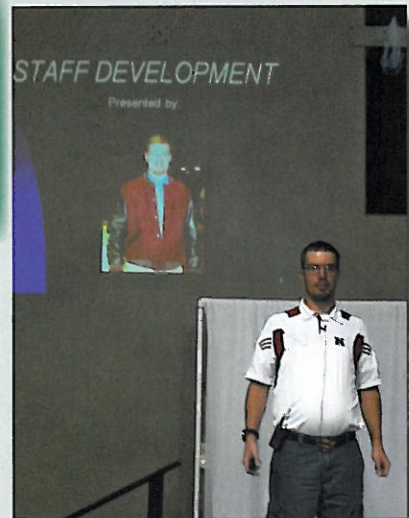
Jeremy supports people with vision impairments by volunteering at the NE Library Commission. He assists with the transferring of books to audio tapes!

Lincoln 4/Gretna

“Diversity Strengthens”
Agency Goal: To strengthen community through relationships of shared talents that engage diversity



Audrey enjoys participating in sensory processing activities while supported by staff at the pool!



Josh presented as the feature lunch hour speaker for the Region V Services annual two day symposium.

Highlights:

- Incorporated sensory processing intervention into residential and day services settings to support individuals with their sensory processing needs.
- Many people attended concerts and sporting events to encompass a variety of community experiences including Barry- Neil Diamond concert, Ardyce- The Oak Ridge Boys, Jeremy- Celtic Thunder, Jenni, Pauline and Jolene- Ballet at the Lied center, to name a few.
- Alex became a member at the St. Matthew’s Episcopal church where he joined the choir. Through connections in choir he found a job at the Center for Great Plains studies!
- Ron purchased an iPod touch to organize and share his love of music.

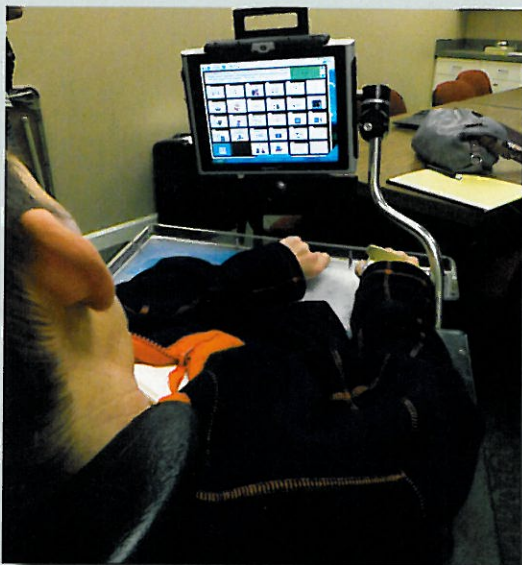


Jessie, Travis and Maggie demonstrate using the exercise balls while participating in a sensory oriented class of Zumba dance!

Lincoln 5

Highlights:

- Brenda H. and Kay O. took a vacation to Hawaii.
- Brittanie C. began as an activities volunteer at a nursing home.
- LEAP had 11 people get one on one services this year.
- Courtney K. won first place for a necklace (most unique) and earrings (participation) that were red, white and blue in the Unique Individuals and Situations category.
- Elise W. began cleaning homes and volunteering at the City Mission.
- LEAP got nearly \$10,000 in donations which allowed us to purchase a vehicle, 2 iPads and a vacation for several people.
- Lori H. organized a craft sale, silent auction and bake sale for her church and made over \$700.



All the information on Larry's communication equipment must be entered in advance. This allows Larry to have a conversation.



Larry Wolfe rehearsing for his presentation for Human Services Students at Southeast Community College.

Larry Wolfe worked at the UNL date entry claims department for over 15 years using software developed by UNL engineers that allowed his adaptive communication equipment to be compatible with the data software.

He was able to enter the information by looking at the letter on his communication device and it would send it to the data software. It was time consuming for sure, but it worked and it worked well for many years. A year or so ago, UNL made some changes and he was let go.

He considered data entry again but then thought this was an opportunity to try something different. A new start. He thought he would like to have a job where he can share his experiences as a person with communication barriers. He is just getting started but he is now prepared to share with any interested group a presentation on the issues of communication barriers and how assistive technology is helping him with communication.

He is currently presenting to Southeast Community College students in the Human Services program. He presents to a new group each quarter. He continues to work on and improve his presentation. He will present to any interested group and charges a small fee.

Nebraska City



Patty creates a new necklace to wear to the Annual Dinner Dance.



Paul taking a helicopter ride!!



Carl helps his brother with harvest every fall.

*"The Inspiration" RVS Nebraska City
 Providing Awesome and Amazing Experiences...
 Enhancing "The Dash"
 Displaying the Values of
 Excellence! Pride! Integrity! Enthusiasm!!*



James and Dave jammin'!
 They have a great time sharing their music!

Highlights:

- People supported had numerous vacation opportunities.
- Two-year certification awarded by the State of Nebraska on July 27.
- Sold 32,658 tool bags valued at \$589,027.
- Received a new, fully-accessible minivan from the Department of Roads through their grant program.



Cast of a Christmas Play, including both Passengers and Crew.



Holiday Fund raising.
 These items and more were given to the Nebraska City Food Pantry and Toys for Tots.

Agency Goals:

- Everyone who wants a job can find a job.
- Everyone supported has a quality of life equal to the people supporting them.
- Everyone supported is empowered and educated on advocating for themselves.
- Each individual's needs are approached with a sense of urgency.



ServiceLinc encourages growth and friendship through their weekly learning labs. Above left: Journaling. Above right: Reading and Math. Below: Yoga. Class themes rotate throughout the year.



ServiceLinc

Agency Highlights:

- Provide supports to 119 individuals.
- 65 are employed in the community.
- 24 receive supported residential.
- 31 people live in their own apartment.



Chad Madsen, Artist

*Chad Madsen
Photography.*



Chad Madsen had an interest in photography dating back to his high school years but it wasn't until fifteen years later when he bought himself a camera and learned to use it. In order to independently use his camera he had a customized tripod welded to his wheelchair.

With the help of his staff and You Tube, Chad has become a photographer.

Chad displays his art at a local coffee shop and participates in the annual art show held at ServiceLinc.





Bernard Franta. Retired and living the good life at the assisted living apartments in Wahoo.

Bernard Franta lived with his parents on their farm near Morse Bluff. Later, lived at the Beatrice State Home from 1959-70 and then moved into the community based services of Region V in 1974.

He was married to his best friend, Evelyn in 1986. They shared a small house within walking distance from Pizza Hut where they both worked.

Evelyn passed away in 1993 and Bernard stayed at the same house until around 5 years ago when he moved to Westview Apartment Homes assisted living in Wahoo.

Bernard still enjoys looking at the livestock at the county fair and if you hear polka music, there is a good chance you'll find him there, tapping along with his cane.



Bernard has received services from RVS since 1974. He earned money from contract work at the workshop until he started working at Pizza Hut.



Bernard Franta married his best friend, Evelyn Knutzen in 1986. She passed away in 1993.

Agency Goals:
 Identifying "Priority Outcomes" to focus on for each person.
 To provide supports which help people improve the quality of their lives

Wahoo

Agency Highlights:

- Individuals enjoyed vacations to Canada, Texas, Colorado, Indiana, South Dakota, Wisconsin, Tennessee, Ohio and various destinations around Nebraska.
- Our People First chapter completed various service projects. One staff person was selected as the "Professional of the Year" at the State People First Conference.
- The AKTION Club (sponsored by Kiwanis) completed various community service projects at our local museum, a local nursing home and at the food bank.
- Eight students attended our Day Service program via school contracts with three individuals graduating from school in May and successfully transitioning to future goals.
- Scott moved from his parent's home in Cedar Bluffs to a residence in Wahoo, a goal realized after three years, and Andrew, an eight year old, began in home supports.
- Several folks attended the Governor's proclamation at the State Capitol and got their picture taken with the Governor.
- In May and November a number of individuals exercised their RIGHT TO VOTE!
- Lake Wanahoo officially "opened" in April and many folks enjoyed fishing and picnics.
- Many people attended the symposium in Lincoln entitled "Life, Live it to the Max!"
- Three staff are serving as our Sensory Processing team to enrich services for the people we support.

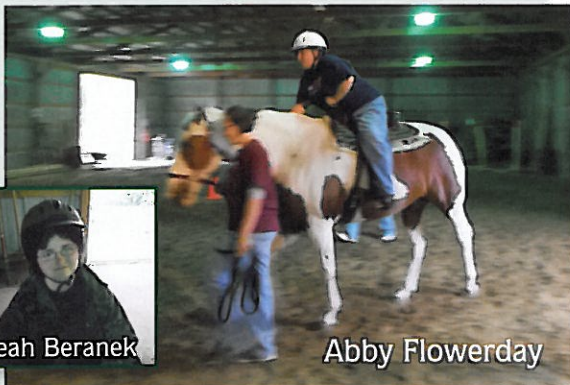


"This is a dream come true! I have always wanted to ride a boat!" Angela Davis was excited to ride the paddle boat at Timberlake Ranch Camp.

York/Seward



Dixie and her friend, Jennifer Anderson.



Aleah Beranek

Abby Flowerday

Dixie Rhodes loved going to Council Bluffs. Just Loved it! She would smile and dream of riding in the big white limo parked outside. On her last trip to Council Bluffs she had a surprise waiting for her. She was greeted with a bouquet of flowers handed to her by the limo driver. She and her friends enjoyed a wonderful limousine ride to Omaha, slowly cruising around the Old Market area. This was Dixie's last ride. She passed away on June 3.

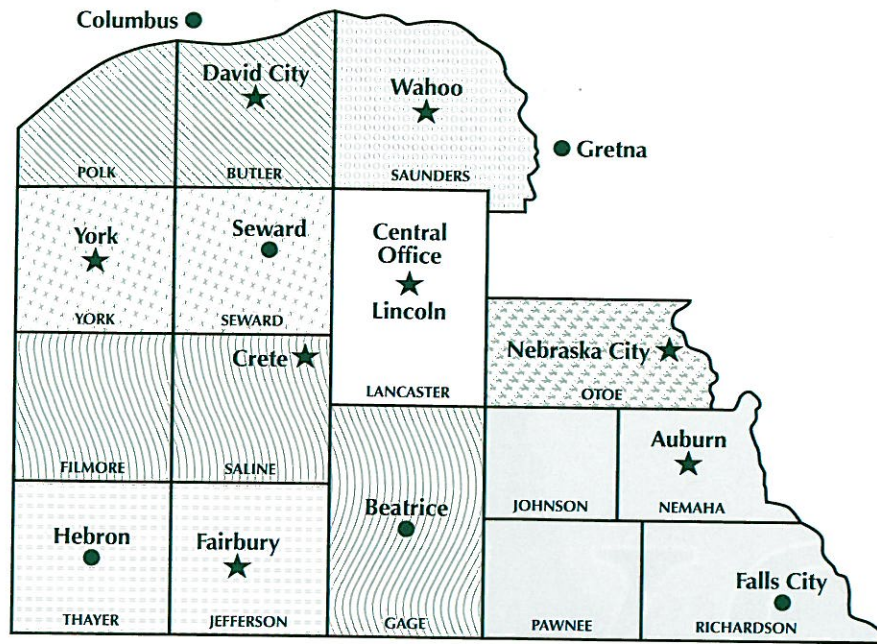
Abby Flowerday and Aleah Beranek both take horseback riding lessons through Windsong Equitherapy.



Tami Kozisek enjoys using the Ipad to learn more about technology.



Todd Ehlers received "The Tanderup" award from the Seward Rotary Club. This annual award is given to an individual who has overcome adversity to achieve success. Todd's boss nominated him due to his outstanding work at Concordia College where Todd has been employed for over 20 years!



Region V Services service area.

- ★ Area Office
- Satellite Office

The Region V Foundation

Supporting people with developmental disabilities throughout the communities of southeast Nebraska by providing safe, reliable and affordable vehicles and housing.



Purchased a new construction home for our Lincoln 4 program.

In 2012 the Foundation purchased a house for L4 and a Day Service location in Auburn.

To date, the Region V Foundation has purchased 39 locations in 10 communities.

In 1994, the Region V Foundation, with a grant from the Nebraska Dept. of Roads, purchased four 15 passenger vans, each with an ADA wheelchair lift.

15 new mini vans and a small bus were purchased with grants from Nebraska Department of Roads in 2012 which brings the total owned to 74.



The board members look over one of the new vans.

Foundation Board

- Julianne Spatz
- Dean Heermann
- Larry Bohlken
- Dave Merrill
- Kevin Jeppson
- Mike Shandera
- Bob Kinghorn

RVF reduced it's debt by 100K!

The Region V Foundation was established in 1991



Region V Services

Region V Services Central Office
1430 South Street, Suite 203
Lincoln, NE 68502-2446
Phone (402) 471-6400
Fax (402) 471-2978
www.regionvservices.com

Memo to : Region V Services Governing Board, Advisory Committee,
all stakeholders

From : *Dave*
Dave Merrill, Executive Director

Date : May 31, 2013

Re : **JUNE** Director's Report

What a week of weather in Nebraska. **We decided to cancel the Region V Services picnic scheduled for tomorrow.** Roni Gabel and Bruce Cudly checked out the picnic spot and it's awfully muddy with the rain we've had and its low lying location. In addition we have a 30% chance of rain for the day of the event. I sometimes feel we can never win with weather decisions, but our hope is that people can adjust their schedules and plans to use whatever weather we get this weekend for the benefit of the people we support. We are not planning to reschedule this event but will hope for better weather next year.

It is also clear why we conduct tornado drills and have plans for the worst weather. Every location should be prepared for high winds, power outages, and whatever rain or hail comes our way. We experienced flooding in our Fairbury office that will take some time to correct.

Lisa Obermier has resigned as Area Director in York. We thank her for her service and wish her the best in her future endeavors. Jennifer Andersen will be Interim Area Director as we proceed with opening the position, interviewing and hiring. We hope to make a selection by the end of June.

The legislature is winding down and we have our contracts and rates for next year. The rates include a 2.25% increase with the idea that the methodology will be implemented July 1st, 2014. We are not planning to make changes in our salary scale at this time as we will be preparing to implement the required changes of the Affordable Care Act that will go into effect in 2014.

I do think that the Division of Developmental Disabilities (DDD) deserves our appreciation for simplifying the contract process and for having our contracts available before our June 10th Governing Board meeting. It is so easy to be critical of others these days that we can overlook the positive changes that occur. This is the earliest that we have had this information in years.

Serving individuals with developmental disabilities

Counties: Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Financial Update

At the end of February our revenues were \$26,196,778 with expenses of \$25,958,398. Revenue exceeded expenses by \$238,380. We look to finish the year with a favorable financial picture. One of the contributors to this situation is the decision to self-insure for part of the health insurance. Our positive results are similar to what several counties reported when they took this step.

Our first year with Meritain had some glitches that we did not expect, though we knew there would be some issues with switching insurance carriers. There seems to be a consensus that we need to give them another year to work some of the issues out.

Kevin Jeppson, Fiscal Director, is conducting a staff survey to determine which benefits are most important to our staff. Benefits are so personal that each individual has different priorities and Kevin wants to have some data from everyone to help us make better decisions on how to best use scarce resources.

Waiting List

We thank Steve Lathrop and the entire Appropriations Committee for their inclusion of funding for the waiting list for the next two years, and the Governor for supporting their recommendation. This should keep the waiting time from growing from 5 years to 7 years over the biennium.

Legislation and Regulation

Please thank Senator Coash for his efforts to eliminate the “R word” from Nebraska statutes and regulations. Self advocates provided the most powerful testimony on the importance of this and the support of DDD complete with testimony was very much appreciated. By the time you receive this report the Governor should have signed it into law.

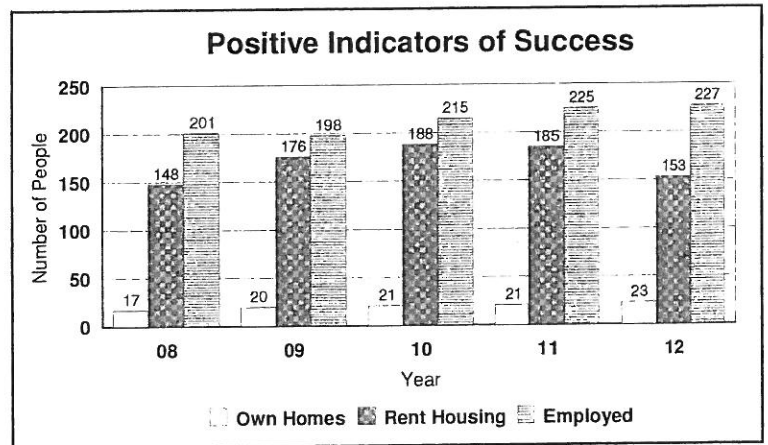
Upcoming Events

October 26 – 5:00 pm – Dinner Dance at Pershing Auditorium

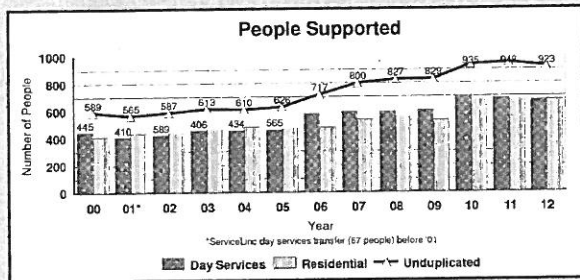
Page 3 is from the 2012 annual report.

Page 4 is the calendar for June.

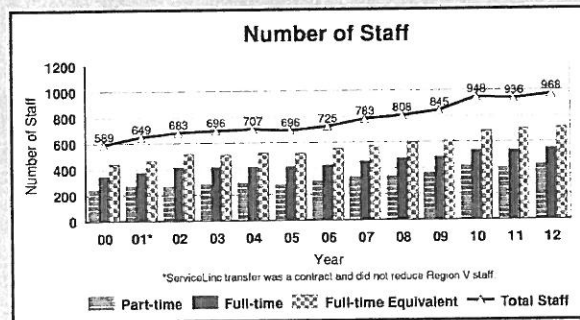
The numbers of positive indicators of success are affected by many factors. We were happy to have two more people own their own homes, and that the number of people with new jobs outpaced the number who lost jobs due to retirement or the economy.



Region V Services

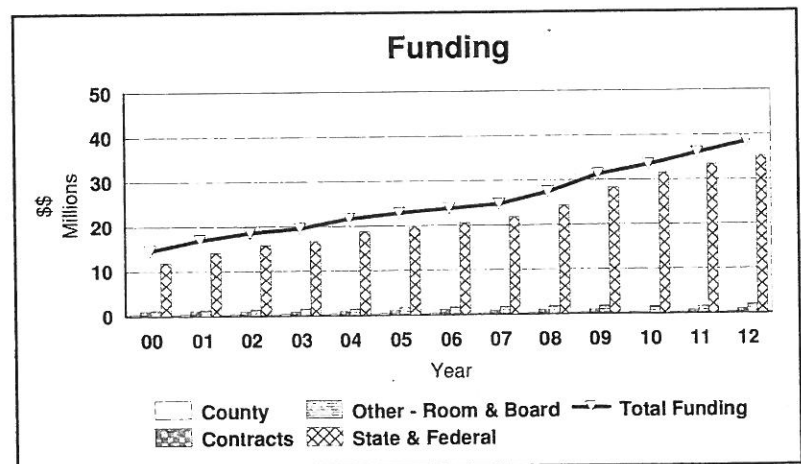


We had expected the number of people supported to rise with the legislature appropriating money to address the waiting list beginning in July, 2012. That process has taken longer than we thought and more people have left due to death or other placements than entered through transfers, priority one placements, or high school transition.



The increase in the number of staff reflects an increase in part time staff as substitutes, and providing more individualized supports with part time staff.

The Federal Medicaid Waiver program provides about half of the funding for community supports. When the legislature addresses the waiting list or provides a rate increase, it brings additional Federal money to Nebraska.



June 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Nurses	6 BART	7 N-Focus Due	8
9	10 PEC Due Governing Board	11 Fillmore County 9:15 a.m.	12 Med Class 9:00 a.m.	13	14 Med Class 9:00 a.m. Payroll Cut-off	15 Med Summaries Due
16	17 PEC 7:00 p.m.	18 Lancaster County 10:30 a.m.	19 Orientation Names Due Time Cards Due	20 ARVAD	21	22
23	24 Orientation Day 2: St. Matthew's Church	25 Otoe County 9:00 a.m.	26	27	28 Payday: 4 week	29
30 Critical Incident Reports Due						

Region V Services

The mission of Region V Services is to provide desired training and supports that promote interdependence and relations within community and lessen reliance upon agency services

Provide desired training and supports

We will use the personal outcome measures from The Council on Quality and Leadership as our guide to process and measure what people desire. The process of discovering what a person truly desires involves listening to the person whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desire.

Promote interdependence and relationships within community

We will use principles from Social Role Valorization and Universal Enhancement as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

1. Showing respect through tone of voice and active listening.
2. Providing people with experiences that offer both image and competency enhancement opportunities.
3. Making sure that our habilitation programs reflect a person's desires.
4. Remembering we work FOR the individual and their family and we do not employ direct care staff, we have Community Support Professionals.
5. At all costs, people must look as good as possible.

Lessen reliance upon agency services

We will utilize teachable moments. Virtually every daily activity provides an opportunity to teach something new.

We will promote less dependency upon Region V Services, including the creation, facilitation, and utilization of natural supports from family, friends, co-workers, etc.



(Logo is Biological Symbol for a New Beginning)



Region V Services' Mission Guidelines

January 2008

Purpose

The purpose of the Mission Guidelines is to provide direction for Region V Services. It replaces the Position Papers that originated in 1995 and were most recently updated in the summer of 2000. The guidelines provide direction of where we are going and what we should be doing. They also indicate how we will act, why we are moving in this direction, and who we are as part of Region V Services.

Our mission is our guidance for how Region V Services can move towards our vision, which will also involve change in our communities and culture. **Our vision** is that each Nebraskan who experiences disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

Desired Training and Supports

We will customize supports to meet the needs and desires of each individual. We will build on the strengths and desires of each person by providing opportunities to experience life in a way that allows for informed choice.

Outcome Based Performance Measures will be used to identify the desired supports for the person.

Many times people we support will tell us they want something because they believe that's what we want to hear or perhaps what their parent wants to hear. Outcomes cause us to delve deeper to see if what an individual does reflects what she/he says.

We will recognize that people may change their minds about what they desire, and that this is a natural reflection of getting new information. When people change their minds, we must respect their new choices.

We will be an "Employment First" and "Authentic Living" organization. This means that the first options considered must be for job placement and least restrictive living environment.

We should seek answers to these questions:

- What job and living experience has the person already had?
- What is the person interested in doing?
- Who does the person know who might help?
- Can other providers be involved (Vocational Rehabilitation, Local Housing Authority, League of Human Dignity, etc.)?
- What typical community services are available that we can support the individual to access?



Promote interdependence and relationships within community

Once we have identified desired training and supports, we will utilize principles of social role valorization and universal enhancement to design and deliver the supports.

We will identify valued social roles that reflect the individuals goals and desires. The program will be designed to develop image and competency enhancement. Habilitation (teaching) will reflect the person's desires and enhance the valued roles each person holds.

We will respect each individual and expectations will be high.

- Are the activities in which he/she participates challenging and interesting?
- Do these activities make efficient use of his/her time?
- How were supports and activities selected for this person?
- What benefits will these provide for this person?
- Has the person made progress? If no, why not?
- What has been done to customize the activities to the person?
- Is the person involved in all decisions affecting his or her life?

We will provide each person with the experience of a meaningful day.

- Employment is the first option to be considered for day services (though employment can include night and weekend jobs as well).
- Supported Living is the first option to be considered for residential supports.
- We recognize that work and non work time are important parts of self perception and how a person is perceived and valued by others. We must demonstrate that we value each individual's time and life.
- We help create and align natural supports, using a "place-train" model with employment consultants (job coaches).

Lessen Reliance on Agency Services

All supports will emphasize the establishment of natural supports.

Natural Supports are types of assistance that are typically available to individuals who are not disabled to help them access and participate in the **employment** and community **environment of their choice**.

- Our mission commits us to "lessen reliance upon agency services." This can only be accomplished if people utilizing supports become more independent and interdependent. Family, friends, co-workers and acquaintances make up the support we all need to lead a happy and fulfilling life.
- We know it works. Long-term success on the job and at home is many times more likely to occur when natural supports are in place.
- A person's pride and self-esteem are enhanced when he/she is more interdependent. We, as individuals and as an agency, should do whatever we can to increase each other's self-esteem.
- Living supports will be customized with the organization in the role of supporter/facilitator.

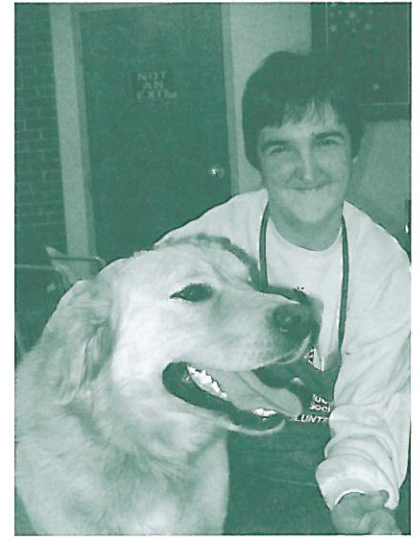


Valued Social Roles

Employee



Volunteer



Spouse



Consultant



Mother





College Student



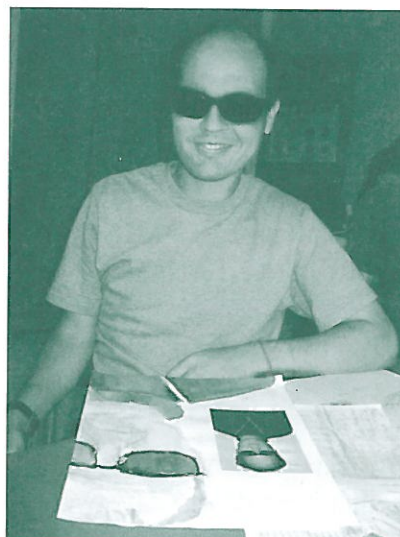
Homeowner



Board Member



Artist



Musician





Definitions and Acronyms

Personal Outcomes - Personal outcomes are centered on the individual, not programs or program categories. The measure of success moves from how well the professionals and programs are doing to how well the individual is doing in those areas that are most important to him or her. We learn about personal outcomes only when we talk to the person and learn about what is important and why. Personal outcomes are not measures of program efficiency or effectiveness.

Social Role Valorization - A framework for understanding that people are seen and judged by the social roles they occupy, realizing that people can learn the behaviors, duties and responsibilities of desired roles and offering methods for designing appropriate supports. Illustrated by pictures on pages 4 and 5.

Acronyms/Organizations

AAIDD - American Association on Intellectual and Developmental Disabilities - A national organization focusing on research, best practice, and professional networking.

ACP - Association of Community Professionals - An organization for people who work in the field of developmental disabilities.

Arc of Nebraska - An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.

DDD - Division of Developmental Disabilities - Division of HHSS devoted to specialized services for people with developmental disabilities.

HHSS - Health and Human Service System - State of Nebraska organization for human services.

NAS - Nebraska Advocacy Services - A federally mandated advocacy organization.

NASP - Nebraska Association of Service Providers - An association of providers affiliated with the national organization American Network of Community Options and Resources, ANCOR

NPN - Nebraska Providers' Network - A voluntary association of Nebraska public and private providers with no fees or staff.

People First - A self advocacy organization for people with a developmental disability, that teaches members that they are the experts. It is the person with the disability that lives day to day, twenty-four hours a day, with their disability and the decisions regarding their life come from them.



Resources

Desired Training and Supports

For additional information on personal outcome measures contact:

The Council on Quality and Leadership in Supports for People with Disabilities.

The Council
100 West Road, Suite 406
Towson, MD 21204
(410)583-0060
www.thecouncil.org

Promote Interdependence and Relationships within community

For additional information on Social Role Valorization contact:

Syracuse University Training Institute for Human Service Planning, Leadership and Change Agency.
800 South Wilbur Avenue, Suite 3B1
Syracuse, New York 13204
(315)473-2978
www.socialrolevalorization.com

For additional information on Universal Enhancement contact:

Universal LifeStiles
8126 Wellsbrook Drive
Indianapolis, Indiana 46278
(317)871-2096
tpomer@aol.com
www.universallifestiles.com

Lessen Reliance on Agency Services

For more information on Region V Services and our mission contact:

Region V Services
1430 South Street, #203
Lincoln, Nebraska 68502
(402)471-6400
regvs1@ix.netcom.com
www.regionvservices.com



Notes

Region V Services

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www.regionvservices.com

-Serving individuals with developmental disabilities-

Locations: Auburn, Beatrice, Columbus, Crete, David City, Fairbury, Hebron, Lincoln, Nebraska City, Seward, Wahoo and York