COVID-19 EXPOSED
UP-TO-DATE ON YOUR VACCINE & BOOSTER

You are up-to-date if you have been boosted or you have completed the primary series (both doses) of the Pfizer vaccine within the last 5 months or the Moderna vaccine within the last 6 months or you have completed the primary series (single dose) of the J&J vaccine within the last 2 months.

WATCH YOURSELF FOR SYMPTOMS OF COVID-19

- Fever or chills
- Cough
- Shortness of breath or trouble breathing
- Tiredness
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

PROTECT OTHERS

WEAR A MASK AROUND OTHERS FOR 10 DAYS

Especially if you live with someone who is not vaccinated *OR* is at high risk of severe disease.

If you start to have COVID-19 symptoms...

Get a test and stay home.

***see "Isolation Guidance"**

WHAT TO DO: MONITOR, MASK & TEST

Day 0

Day 1

Day 2

Day 3

Day 4

If you have been within 6 feet of someone with COVID-19 for a total of 15 minutes or more on any day that they may have been infectious, you should **monitor** and **mask** for at least 10 days, and **test** if possible.

Day 5

Get tested, if possible.

If test is positive: Start isolation guidance*. Stay home, wear a mask, and tell your close contacts.

If test is negative: Resume normal activities and continue to wear a mask around others.

Day 6

Day 7

Day 8

Day 9

Day 10

Last day of masking around others.